Summary

Brain networks memorize previous performance to adjust their output in light of past experience. These activity-dependent modifications generally result from changes in synaptic strengths or ionic conductances, and ion pumps have only rarely been demonstrated to play a dynamic role [1–4]. Locomotor behavior is produced by central pattern generator (CPG) networks and modified by sensory and descending signals to allow for changes in movement frequency, intensity, and duration [5–7], but whether or how the CPG networks recall recent activity is largely unknown. In Xenopus frog tadpoles, swim bout duration correlates linearly with interswim interval, suggesting that the locomotor network retains a short-term memory of previous output. We discovered an ultraslow, minute-long afterhyperpolarization (usAHP) in network neurons following locomotor episodes. The usAHP is mediated by an activity- and sodium spike-dependent enhancement of electrogenic Na\(^+/\)K\(^+\) pump function. By integrating spike frequency over time and linking the membrane potential of spinal neurons to network performance, the usAHP plays a dynamic role in short-term motor memory. Because Na\(^+/\)K\(^+\) pumps are ubiquitously expressed in neurons of all animals and because sodium spikes inevitably accompany network activity, the usAHP may represent a phylogenetically conserved but largely overlooked mechanism for short-term memory of neural network function.

Results

Swim Duration Correlates with Interswim Interval

The central pattern generator (CPG) controlling swimming in young Xenopus laevis frog tadpoles around the time of hatching [8] is relatively simple, and one of the most completely described vertebrate CPG networks [9]. During fictive swimming in immobilized tadpoles (stages 37/38–42), rhythmic motor neuron (MN) bursts recorded from ventral roots (Figure 1A1) alternate across the body and propagate from head to tail at 10–20 Hz (Figure 1A2) [9, 10]. Swimming is generated by excitatory glutamatergic interneurons (dINs: descending interneurons) in the hindbrain and rostral spinal cord that are electrically coupled and form a reverberating positive feedback network that maintains activity once initiated [9]. These neurons drive commissural glycinergic interneurons (cINs) thought to couple the two sides in antiphase during swimming, ascending inhibitory interneurons (aINs) that contribute to gating of incoming sensory signals, and myotomal MNs that innervate the segmentally organized axial swimming muscles. Spinal CPG neurons display a range of firing patterns during swimming; some, such as dINs, fire a single action potential per cycle reliably throughout swimming episodes, whereas some are only active during fast, intense activity [10]. Once initiated, swimming episodes last from a few seconds to several minutes, and the duration of each episode is regulated by several factors including inhibition from brainstem interneurons [11] and intrinsic spinal signaling mechanisms [12]. We find that there is a strong linear correlation between interswim interval (~1–30 s) and episode duration (Figure 1B1; n = 6; R\(^2\) = 0.996); when swimming is evoked at decreasing intervals (Figure 1B2, upper trace), the duration of subsequent episodes declines, and vice versa (Figure 1B2, lower trace). This suggests that the locomotor system can retain a short-term memory of previous network activity, which dictates the duration of future network output.

An Ultraslow Postswim Hyperpolarization

Spinal CPG neurons presumably contribute to this memory, so they were studied using whole-cell recordings in current-clamp mode. Spinal CPG neurons depolarized and fired action potentials during episodes of fictive swimming (Figure 1C1). Episodes often terminated coincident with a membrane hyperpolarization (Figure 1C1, dotted line) that gradually returned to the preswim resting potential (Figure 1C1, dashed line). In 26 neurons displaying this postswim phenomenon, the amplitude was 4.4 ± 0.3 mV, but some reached 10 mV (indicated by two- arrow in Figure 1C1). The event was slow; the membrane potential returned to preswim levels only after 49.4 ± 8.4 s. Accordingly, we have termed this event the ultraslow afterhyperpolarization (usAHP) to distinguish it from previously reported fast, medium, or slow AHPs with much more rapid timescales.

Most low-threshold neurons that fired reliably during swimming displayed a postswim usAHP (e.g., Figure 1C1), whereas high-threshold neurons that rarely fired during swimming never showed a postswim usAHP (Figure 1E1). These observations suggest that the usAHP may be linked to action potential firing during swimming. However, some spinal neurons (e.g., Figure 1D1) showed no usAHP despite continuous firing with multiple action potentials per swim cycle during fictive swimming (Figure 1D1, inset). An alternative possibility is that the usAHP could result from local synaptic activity or a modulator released during swimming. To test these two alternatives—neuronal property versus network phenomenon—we applied suprathreshold depolarizing current pulses. Neurons with a postswim usAHP (e.g., Figure 1C1) displayed a similar usAHP following continuous firing induced by suprathreshold depolarizing pulses (Figure 1C2). Neurons that fired reliably during swimming but did not display a postswim usAHP (Figure 1D1) never displayed one in response to current injection either (Figure 1D2). However, neurons with a low firing probability during swimming (e.g., Figure 1E1) could also display a usAHP when made to fire with injected current (Figure 1E2). These data suggest that the usAHP is indeed an intrinsic and neuron-specific property linked to action potential firing.

Additional analyses of the neuronal electrical properties and the presence or absence of a usAHP are described below and summarized in Figure S1 available online.
We next investigated whether the usAHP was associated with particular CPG neuron classes. Only 42% (87 out of 202) of all recorded neurons displayed a prominent usAHP following swimming episodes and/or suprathreshold depolarizing pulses. Neurobiotin fills of 125 spinal neurons revealed that at least 50% of neurons displayed a usAHP in most spinal neuron classes, including MNs (n = 39/67), aINs (n = 8/16), and cINs (n = 18/28), but interestingly not in the rhythm-generating dINs (n = 0/14). The distribution of usAHP in CPG Neurons

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Stage 37/38 MNs reliably fire once per swim cycle, but stage 42 MNs have further differentiated and can fire bursts of action potentials for variable proportions of swim episodes [10]. Stage 42 MNs displaying a usAHP after swimming had higher firing probabilities (Figure S1B; p < 0.001), higher input resistances (Figure S1B; p < 0.05), and lower threshold currents for spiking (Figure S1C; p < 0.05) than those displaying a usAHP only in response to depolarizing current. These data suggest that, where present following swimming, the usAHP relies on action potential discharge, whereas cellular properties determine the firing profile of different neurons during swimming.

Dependence of usAHP on Action Potentials

As described above (Figures 1C2 and 1E2) the usAHP can be induced by continuous high-frequency firing generated by a long depolarizing current pulse. To determine whether the usAHP results from action potential firing at physiological frequencies, we applied a train of suprathreshold pulses (30 ms every 50 ms for 5 s) to mimic locomotor activity (Figure 2A). The usAHP was still observed. We next explored the relationship between action potential generation and usAHP amplitude. A train of depolarizing steps of increasing amplitude (Figure 2B1) revealed that (1) no usAHP was detectable below action potential threshold and (2) usAHP amplitude increased with incremental suprathreshold pulses, summing with the preceding usAHP. Thus, the usAHP amplitude is a function of action potential number over time (Figure 2B2; R^2 = 0.76; n = 21).

If the trigger for the usAHP is indeed action potential firing, then it should be abolished by tetrodotoxin (TTX), which blocks fast Na^+ channels. TTX (1 μM) eliminated all action potentials and simultaneously blocked the usAHP in CPG neurons (Figures 2C2 and 2C3; n = 5; p < 0.05), providing further evidence that the usAHP relies upon action potentials rather than simply membrane depolarization. The usAHP is presumably dependent on the Na^+ influx that results from a train of action potentials, rather than K^+ efflux. Na^+-dependent K^+ channels are present on spinal neurons [13–15] and could be activated by Na^+ influx to produce the usAHP. However, small hyperpolarizing current pulses injected before and during the usAHP showed no change in voltage response amplitude (Figure 2D1), suggesting that no ion channels open

![Figure 2. Dependence of usAHP on Action Potentials and Ionic Basis of usAHP](https://example.com/figure2.png)

(A) Stimulus train induced firing similar to swimming (20 Hz; three spikes per cycle, 5 s) and was followed by a usAHP, reminiscent of the usAHP following swimming. Action potentials are truncated. Arrow indicates usAHP amplitude. Inset: expansion of stimulus protocol and induced action potentials. (B1) Incremental steps (10 pA) of depolarizing pulses (200 ms) gradually induce a usAHP. Asterisks indicate responses to subthreshold depolarizing pulses, when no usAHP was observed. (B2) Correlation of summed action potential number and usAHP amplitude obtained using protocol in (B1). (C1) Neurons in control conditions displayed a usAHP in response to a train of depolarizing pulses. Spike responses to four pulses are expanded below. Note the reduced voltage scale in the lower traces. (C2) The usAHP disappeared in response to 1 μM tetrodotoxin (TTX). Passive responses to four pulses are expanded below. (C3) Histogram shows usAHP amplitudes before and after TTX. Data are represented as mean ± SEM. (D1) Single suprathreshold pulse (1 s) induced continuous firing followed by a usAHP. Input resistance before pulse and during usAHP was checked using hyperpolarizing pulses (~20 pA, 500 ms). Voltage responses were similar throughout. (D2) Input resistance (IR) during usAHP plotted at several time points after end of pulses. Prepulse IR was normalized to 1 and is indicated by the dashed line. Data are represented as mean ± SEM.
or close during the usAHP. The input resistance measured before the depolarizing pulse was compared to that during usAHPs 1, 5, 10, 15, and 20 s after the end of the depolarizing pulse, and no significant difference was found (Figure 2D; n = 8). This result, together with the long duration of the usAHP, is consistent with the involvement of ion pumps rather than ion channels.

**Na+/K+ Pumps Mediate the usAHP**

Na+/K+ exchange pumps seemed the most likely contenders to mediate the usAHP because they (1) set the resting membrane potential, and (2) are affected by transmembrane Na+ and K+ gradients that determine the driving force for pump activity. Indeed, the pump blocker ouabain (0.5–10 μM; n = 10) caused a rapid and complete (but irreversible) block of the usAHP both after swimming (Figure 3A1) and after depolarizing pulses (Figure 3A3). In a complementary approach, the driving force for pump activity was reduced by removing extracellular K+ ions. Zero-K+ saline led to a rapid, total, and reversible block (Figures 3B1 and 3B3; n = 6), confirming that the usAHP is not a K+ conductance and supporting the conclusion that it involves a Na+ spike-dependent increase in Na+/K+ pump activity. Both ouabain and zero-K+ manipulations also increased swimming episode durations (Figures 3A1, 3A2, 3B1, and 3B2), suggesting that altering pump activity influences locomotor behavior.

**Na+/K+ Pumps Regulate Swim Bout Duration**

Fictive swim episode duration correlates linearly with interswim interval (Figure 1B), but is this relationship causally related to an activity-dependent increase in Na+/K+ pump function? The fact that blocking the usAHP has the opposite effect on episode duration (an increase) to that of reducing the swim interval (a decrease) is consistent with the proposal that the usAHP dictates future network performance. To investigate this possibility further, we first obtained relatively constant episode durations by using constant stimulus intervals (Figure 4A, upper trace). Shortly after applying ouabain (0.5–1 μM), much longer swimming episodes, up to several minutes, initially appeared (Figure 4A, middle trace; Figure 4B; n = 9), disrupting the relationship between interswim interval and episode duration. After prolonged exposure to ouabain, an inhibitory effect on swimming occurred and episodes eventually shortened to below control levels (data not shown), presumably due to a gradual loss of ionic homeostasis following longer term inactivation of Na+/K+ pumps. Ouabain effects were sometimes partially reversible (Figure 4A, lower trace), but more usually they were irreversible even after 1 hr of wash. To explore the role of the usAHP at the behavioral level, we applied ouabain to freely swimming *Xenopus* tadpoles while their movements were videoed. The results paralleled the electrophysiological data: ouabain initially significantly increased the duration of swimming bouts (Figures 4C–4E;
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Discussion

Locomotor CPG networks must adapt their output in light of changing environmental conditions, developmental states, or organismal demands. Locomotor activity is influenced by sensory information and descending signals from the brain, but CPGs also display intrinsic flexibility that modifies their output in an activity-dependent, self-regulatory manner. In this report, we provide the first direct demonstration that a potentiation of Na⁺/K⁺ pump activity plays an important role in determining the duration of vertebrate locomotor behavior. The increase in pump activity, presumably triggered by Na⁺ influx, hyperpolarizes the membrane potential of spinal neurons in a manner that integrates spike frequency over time.

We propose that the hyperpolarization of CPG neurons that accumulates during an episode will affect their firing properties [1] and impair their recruitment during locomotion [10], hence reducing network excitability. In effect, this mechanism endows the spinal network with a short-term memory of previous network performance: intense activity will lead to shorter subsequent bouts, whereas weaker activity affords more prolonged locomotion, analogous to sprinting versus long-distance running.

The pump mechanism overlays other more conventional processes that unite to control locomotor bout duration including GABAergic [11], purinergic [12], peptidergic [16], and nitricergic [17, 18] signaling. Modulation of Na⁺/K⁺ dependent channels by network activity also alters cell properties and CPG function [13-15], but evidence that membrane pumps play a role is limited. In zebrafish larvae, 5-hydroxytryptamine decreases the intervals between episodes, without affecting other episode parameters, by modulating the bumetanide-sensitive inward chloride cotransporter [2]. In a disinhibited spinal network of neonatal rats, blocking Na⁺/K⁺ pump activity disrupts rhythmic bursting of lumbar MNs [3, 4]. In Drosophila larvae, MNs controlling crawling show a slow hyperpolarization following depolarizing current injection due to upregulation of Na⁺/K⁺ exchange pumps [1], similar to the usAHP. Genetic inhibition of the Na⁺/K⁺ ATPase reduces crawling suggesting the pumps directly control locomotion, as we demonstrate more directly here in tadpoles at the network and behavioral levels. Activity-dependent upregulation of pump function has also been demonstrated in sensory neurons, where it alters neuronal excitability [19, 20].

What advantage does the network accrue from a pump-based control mechanism? The usAHP does not involve a conductance change, so although the membrane potential hyperpolarizes, there is no shunting of the membrane, and neuronal excitability is relatively unimpaired. The usAHP was only detectable in a proportion of neurons (42%), suggesting that some circuit elements are only indirectly affected by the usAHP mechanism. For example, dINs, the electrically coupled glutamatergic interneurons that are thought to generate and maintain swimming once initiated [9, 21, 22], appear to lack a usAHP. This might ensure that the network always retains some rhythm generating capability to enable escape and enhance survival. However, it also raises the question of why episode durations are affected at all if the dINs have no usAHP. A likely explanation is that the dINs are conditional oscillators that receive feedback from CPG neurons, including midcycle inhibition from cINs. Any reduction in this feedback due to the usAHP will impair dIN rebound firing properties and dampen dIN oscillations. Why don’t all neurons display a usAHP? One possibility is that the change in intracellular Na⁺ concentration during activity could be limited in large neurons and amplified in small ones. However, the presence of a usAHP did not correlate with input resistance (Figure S1A) and therefore cell size. A second possibility is neuron-specific differences in Na⁺/K⁺ pump subunit expression, which determines pump sensitivity to both intracellular Na⁺ and ouabain [23]. Interestingly, a point mutation of the α3 subunit in humans leads to rapid-onset dystonia-parkinsonism [24]. Thirdly, an endogenous ouabain-like molecule could block the usAHP in some neurons but not others [25]. Fourthly, Na⁺/K⁺ pump function is known to be regulated by a range of intracellular second-messenger pathways, including protein kinases and phosphatases [26]. Because these pathways can be accessed by familiar modulators of spinal CPGs, such as serotonin, noradrenaline, and nitric oxide, there could be differential intracellular regulation of pump function in different spinal neurons and neuron classes.

The trigger for the usAHP, action potential firing in network neurons, is ubiquitous, making it likely that the same phenomenon occurs elsewhere. It may serve different functions in different networks; increasing Na⁺/K⁺ pump activity protects...
hippocampal neurons from ischemic damage [27], whereas excitotoxic calcium influx through glutamate receptors following intense activity, such as occurs during brain injury or ischemia, can inhibit pump function [28]. Activity-dependent potentiation of pump function could therefore serve as a useful homeostatic mechanism to maintain network activity within preadapting levels. In tadpole spinal neurons, the usAHP enables the locomotor network to set the excitability of the system in relation to previous activity and thereby provides a novel form of short-term memory that controls future locomotor behavior.

**Experimental Procedures**

All experiments complied with UK Home Office regulations and were approved by the University of St Andrews Animal Welfare Ethics Committee. Experiments were performed on newly hatched *Xenopus laevis* tadpoles (stage 37/38–42) [8] obtained by hormone-assisted mating of adults (chorionic gonadotropin injection; 1,000 U/ml, Sigma). All experimental procedures were described previously [10, 29]. For further details, see Supplemental Experimental Procedures.

**Supplemental Information**

Supplemental Information includes one figure and Supplemental Experimental Procedures and can be found with this article online at doi:10.1016/j.cub.2012.01.058.

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