Epidemiology and Clinical Associations of Human Parechovirus Respiratory Infections

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Infections with human parechoviruses (HPeVs) are prevalent in young children and have been associated with mild gastroenteritis and, less frequently, with meningitis and neonatal sepsis. To investigate the involvement of these viruses in respiratory disease, a highly sensitive nested PCR was used to screen a large archive of respiratory specimens, collected between January and December 2007. Respiratory samples had previously been tested for eight respiratory viruses, including respiratory syncytial virus and adenovirus, by PCR. HPEV was detected in 34 of 3,844 specimens, representing 27 of 2,220 study subjects (1.2%). HPEV types were identified by sequencing the VP3/VP1 junction amplified by PCR directly from clinical specimens. The assay could amplify all HPEV types examined with high sensitivity (types 1 and 3 to 6) and also identified HPEV types in all but one of the screen-positive study specimens (25 HPEV1 and eight HPEV6 specimens). Infections with both HPEV1 and HPEV6 were seasonal, with highest frequencies in July and August, and restricted to children aged between 6 months and 5 years. Other respiratory viruses were frequently codetected in HPEV-positive specimens, with significant overrepresentation of adenovirus coinfections (37%). Most HPEV-positive specimens were referred from emergency departments, although no association with specific respiratory symptoms or disease was found. In summary, the low frequency of detection and lack of clear disease associations indicate that HPEV1 and -6 are not major pathogens in individuals presenting with respiratory disease. However, the screening and typing methods developed will be of value in further HPEV testing, including testing for meningitis cases and other suspected HPEV-associated disease presentations.
Scotland were screened for HPeV by nested reverse transcription-PCR (RT-PCR). The results of diagnostic testing for other viruses and referral and epidemiological information recorded for the samples were combined to enable a comparison of the epidemiologies and clinical associations. As a part of this study, a highly sensitive HPeV typing method, which can be applied directly to clinical specimens rather than to cultured virus, was developed. This assay provides the starting point for future investigations of potential epidemiological and clinical differences between HPeV types.

**MATERIALS AND METHODS**

**Test specimens.** The study was based on a total of 4,173 respiratory samples referred to the Specialist Virology Centre (SVC), Royal Infirmary of Edinburgh, for respiratory virus testing from 1 January to 31 December 2007. The specimens comprised the following: 2,259 nasopharyngeal swabs or aspirates, 1,317 nose and/or throat swabs, 201 tracheal swabs or aspirates, 153 sputum samples, 152 bronchoalveolar lavage specimens, 41 bronchial washings, and 50 “other” types recorded. Routine respiratory virus detection was composed of nested PCR for RSV, FLUA, FLUB, PIV1 to PIV3, and AdV based on previously described assays (16, 29). HPeV-positive samples were additionally screened for HBoV as previously described (22) but using a “detuned” single-round PCR protocol capable of detecting only high-viral-load samples, as recently advocated (24), and for HMPV by nested PCR using primers for the F gene (E. Gaunt, K. Templeton, and P. Simmonds, unpublished data).

All samples were anonymized and deposited in the SVC respiratory sample archive prior to testing. Approval was obtained from the Lothian Regional Ethics Committee (08/S11/02/2) to retain information during the anonymization process for epidemiological purposes while strictly protecting patient confidentiality. The stored data included age band, partial postcode, any recorded symptoms or clinical information, referral source, month of sample collection, and results of other virological testing of the sample.

HPeV1 and -3 isolates cultured on Vero cells were used as assay controls. A proficiency panel was obtained from Quality Control on Molecular Diagnostics (QCMD, Glasgow, United Kingdom). In addition, 21 previously typed clinical isolates (13 HPeV1, four HPeV3, two HPeV4, one HPeV5, and one HPeV6 isolate) were investigated using a modification of a previously described VP1-based PCR method (8), along with 26 nontypeable samples positive by 5′ untranslated region (5′ UTR) screening but negative by VP1 PCR.

**HPeV detection.** RNA was extracted from 100 μl of clinical specimens by using a MinElute virus spin kit according to the manufacturer’s instructions (Qiagen, Hemel Hempstead, United Kingdom). Extracted RNA was stored at −70°C. A nested RT-PCR method was used for HPeV screening, initially carried out in pools of 10, with positive pools split into individual components and retested to identify positive samples.

RNA from pools or individual samples was reverse transcribed into cDNA by use of a reverse transcription system (Promega, Madison, WI). The RT step was performed in a reaction volume of 20 μl per the manufacturers’ instructions but using 5 μl of the extracted RNA. The reaction mixtures were incubated at room temperature for 10 min and at 42°C for 60 min and then heated to 95°C for 5 min and placed on ice for 5 min. cDNA was either used directly for PCR or stored frozen at −20°C.

The primers which target the highly conserved 5′ UTR are as follows (with the positions of the HPeV1 prototype strain [L02971] in parentheses): outer sense and antisense primers 5′GGTTGGGCAAGTGGCGTGCCATAA (253) and 5′CTGCCGTGATCCTTGGCGCATCC (583) and inner sense and antisense primers 5′YCACACAGCCATCTCTATGTAAG (313) and 5′GTGGGCGCTTAACACTAGGTGTGG (556). Amplification was performed using 0.4 U of GoTaq Taq polymerase (Promega, Madison, WI) and the manufacturers’ amplification buffer containing a final concentration of 1.5 mM MgCl₂, 0.5 μM primers, and 30 μM dideoxynucleotide triphosphates in a 20-μl reaction volume for both rounds of PCR. In the first-round PCR, 2 μl of cDNA was amplified using the following parameters: 30 cycles of 18 s at 94°C, 21 s at 50°C, and 90 s at 72°C, combined with a final extension of 5 min. One microliter from the first-round PCR was used as the template in a second round of PCR and amplified using the same cycling parameters, except that the annealing step was performed at 55°C.

**RESULTS**

**Study group.** A total of 3,844 respiratory samples (83% nasopharyngeal swabs or aspirates) from 2,200 different individuals (1,211 male, 989 female) were available from the archive for HPeV screening. These represent 92% of all samples referred to the SVC for respiratory virus screening between January 2007 and December 2007. These samples were referred equally from all age groups, with good representation of samples from very young children (9.5% under 3 months) and older patients (13.3% over 65 years). Over 95% of study subjects were treated in accident and emergency (A&E) departments or inpatient wards in referral hospitals in Edinburgh and surrounding areas.

All samples were screened for a range of respiratory viruses by multiplexed nested PCR for RSV, FLUA and FLUB, PIV1 to PIV3, and AdV. The following viruses were detected in the study samples: RSV in 584 samples, FLUA in 127 samples, FLUB in 0 samples, PIV1 in 44 samples, PIV2 in 27 samples, PIV3 in 109 samples, and AdV in 329 samples. The total number of samples in which respiratory viruses were detected was 1,220 (32%, from 930 patients), of which 101 were coinfections of two viruses. Most often, coinfections consisted of RSV and AdV (n = 54), but other viruses were also found in coinfected individuals, including PIV3/AdV (25 samples), PIV1/AdV (three samples), PIV2/AdV (two samples), FLUA/AdV (one sample), PIV3/RSV (five samples), FLUA/RSV (five samples), PIV2/RSV (four samples), and PIV1/RSV (two samples). In addition, two triple infections were recorded (RSV/AdV/PIV2 and RSV/AdV/PIV3; one each). None of the multiple infections were detected in consecutive samples from the same individual.

**Frequency of HPeV infections.** The sensitivity of the screening PCR (using 5′ UTR primers) for HPeV RNA was assessed...
by using the QCMD 2008 panel for detection of enteroviruses, which contained two HPeV3 specimens (EV08-03 and EV08-08). Both samples were detected by our new HPeV PCR assay. Sample EV08-03 contained a low level of HPeV RNA (stock dilution of $1.0 \times 10^{-7}$), and HPeV was detected in samples from less than one-third of the participants (30.7%).

The 3,844 study samples were screened for HPeV RNA sequences by nested RT-PCR, initially in pools of 10; positive pools were split to identify individual positive samples. For HPeV, a total of 34 individual positive samples were identified with the screening primers from the 5’ UTR; all except one were also positive by RT-PCR using primers from the VP3/VP1 gene region (0.8% sample prevalence). These 33 confirmed samples were taken from a total of 27 different individuals, yielding an overall study subject prevalence of infection of 1.2% in the study group. Interestingly, HPeV was detected more often in males than females (male-to-female ratio of 2.4:1), demonstrating a higher prevalence among males (1.5%, compared to 0.8% in females). Other respiratory viruses were frequently codetected in the HPeV-positive samples (25 of 33), of which 22 were coinfections of two viruses (with AdV [n = 10], RSV [n = 9], PIV3 [n = 2], or PIV1 [n = 1]) and three were triple infections (HPeV/AdV/RSV [n = 2] and HPeV/AdV/PIV3 [n = 1]).

RSV was the most frequently detected virus, amplified from 584 samples from 481 different individuals, followed by AdV (329 samples from 240 individuals). FLUA was detected in 127 samples from 94 individuals, whereas no FLUB was found in the study year 2007. PIV3 was the most often diagnosed para-influenza virus, with 109 positive samples collected from 90 individuals (PIV1 was found in 44 samples from 32 individuals and PIV2 in 27 samples from 23 individuals).

**HPeV typing assay.** The region amplified by the VP3/VP1 primers was highly variable and allowed previously assigned HPeV types to be reliably differentiated. Pairwise distances between and within types of both nucleotide and translated amino acid sequences formed nonoverlapping distributions (Fig. 1A), with thresholds of 18% divergence for nucleotide and 8% divergence for amino acid dividing the intra- and intertype categories. This division is reflected in separate phylogenetic groupings of previously published and typed sequences (Fig. 1B). The only exception was the highly divergent Harris HPeV1 isolate, designated the type member of the parechoviruses but substantially divergent from other published HPeV1 sequences in the amplified region.

To investigate the sensitivity of the typing assay, we reasayed a series of 47 clinical specimens identified as positive by 5’ UTR sequencing, 21 of which had been typed by VP1 sequencing (8) and 26 of which were nontypeable by this method (Table 1). The VP3/VP1 PCR was followed by sequencing, and a much higher frequency of samples overall (including 21 of the 26 previously nontypeable samples) was successfully amplified and sequenced, including type 1, three type 3, one type 4, and two type 5 HPeV variants. The method was applied to identify the HPeV types in the samples found to be positive by the respiratory screen (Fig. 1C). All but 1 of the 34 HPeV-positive samples could be amplified using the VP3/VP1 primers, and sequences from the amplicons grouped closely with either HPeV type 1 (EF051629; 25 specimens from 22 study subjects) or type 6 (AB252582; eight specimens from five individuals) sequences, providing unequivocal HPeV type assignments. Identical or closely similar sequences were obtained from the three study subjects providing multiple positive samples.

**Epidemiological and clinical associations of HPeV infections.** Sample and study subject information was recorded for each sample tested and was available in anonymized form for analysis of virus epidemiology and clinical associations. The analysis of seasonal variation was based on sample totals, whereas the age profiles were based on study subject totals to prevent overrepresentation of individuals from whom multiple samples were referred.

HPeV infections were restricted entirely to children aged between 6 months and 5 years (Fig. 2A). The five study subjects with HPeV6 infections were distributed throughout the age range (two were 7 to 12 months old, one was 1 to 2 years old, and two were 3 to 5 years old). Although RSV tended to infect neonates more frequently than HPeV, RSV infections showed a similar age profile, with infections confined almost completely to young children. Similarly, AdV showed the highest frequencies in the age group from 6 months to 5 years but lower frequencies in very young children. Greater numbers are

![FIG. 1. Identification of HPeV types by sequence comparisons of the VP3/VP1 regions.](image-url)

**TABLE 1. Sensitivity and specificity comparison of HPeV VP3/VP1 typing of previously typed specimens**

<table>
<thead>
<tr>
<th>VP3/VP1 sequencing type</th>
<th>No. of specimens of preassigned type$^a$</th>
<th>No. of specimens not typed$^a$</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>12</td>
<td>15</td>
<td>27</td>
</tr>
<tr>
<td>2</td>
<td>3</td>
<td>4</td>
<td>7</td>
</tr>
<tr>
<td>3</td>
<td>4</td>
<td>2</td>
<td>6</td>
</tr>
<tr>
<td>4</td>
<td>1</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>5</td>
<td>1</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>6</td>
<td>1</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>Negative</td>
<td>1</td>
<td>5</td>
<td>6</td>
</tr>
</tbody>
</table>

$^a$By VP1 sequencing (see reference 8).

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needed to determine whether the incidences of HPeV1 and -6 (and of other types) show different age distributions.

The frequencies of HPeV infection varied substantially over the study period (Fig. 2B), with a high rate of HPeV detection in late summer (July and August) and early winter (November and December). Incidences of RSV and FLUA infections also showed seasonal variation, with peaks during the midwinter from November to February, while AdV showed a relatively constant frequency of infection throughout the year. Infections with HPeV1 and -6 were found throughout the sampling period, with no evidence of differences in seasonal prevalence (from low numbers tested) (data not shown).

HPeV was detected more frequently in samples with other respiratory viruses present, with over two-thirds of HPeV-positive samples containing another virus (Table 2). These frequencies were substantially higher than those observed for other respiratory viruses, AdV being the highest, with co-detected viruses in 86 of 201 study subjects under the age of 5 years (43%). For the HPeV-positive subjects, AdV and RSV were the most frequently co-detected viruses (Table 3), although in the latter case this frequency (9 of 27; 33%) was similar to that observed for HPeV-negative individuals (415 of 1,243; 33%) (P = 1.00). It was only with AdV that a signifi-

**FIG. 2.** Epidemiology of HPeV and other respiratory viruses. Comparison of (A) age distributions and (B) referral months of HPeV infections with those of other frequently detected viruses (RSV, FLUA, PIV3, and AdV). Numbers above bars show numbers of samples (A) or study subjects (B) positive for HPeV. m, months; y, years.

<table>
<thead>
<tr>
<th>Virus</th>
<th>No. of coinfected subjects/total no. of subjects (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>HPeV</td>
<td>19/27 (70)</td>
</tr>
<tr>
<td>Other viruses</td>
<td>70/424 (17)</td>
</tr>
<tr>
<td>RSV</td>
<td>4/51 (8)</td>
</tr>
<tr>
<td>FLUA</td>
<td>5/24 (21)</td>
</tr>
<tr>
<td>PIV1</td>
<td>7/13 (54)</td>
</tr>
<tr>
<td>PIV2</td>
<td>30/70 (43)</td>
</tr>
<tr>
<td>PIV3</td>
<td>86/201 (43)</td>
</tr>
<tr>
<td>AdV</td>
<td>100/783 (13)</td>
</tr>
</tbody>
</table>

* Excluding HPeV.
significantly higher frequency of codetection with HPeV was identified (37%, compared with 15% \( P = 0.006 \)).

Finally, referral information, including the source of samples and reported symptoms of HPeV-positive samples, was compared with those of other commonly detected respiratory viruses (Fig. 3). Over half of the HPeV-positive samples originated from A&E departments, a proportion similar to that of RSV but higher than those of AdV and FLUA. The distribution was distinct from that of samples in which no viruses were detected, in which cases inpatient and critical care unit referral predominated. Although the referral source data suggest that HPeV may present with acute respiratory disease (as typically occurs for RSV), an analysis of clinical data indicated a much higher frequency of samples originating from subjects without respiratory symptoms (approximately 40% of cases, similar to that for samples in which no virus was isolated). In contrast, over 80% of RSV-positive samples originated from individuals with respiratory, particularly LRT, symptoms.

**DISCUSSION**

This is the first systematic study of the incidence, epidemiology, and clinical associations of HPeV infections detected in respiratory samples. The study used a newly developed sensitive and specific nested RT-PCR amplification method with highly conserved primers from the 5' UTR capable of detecting all HPeV types; the sense primers hybridized to conserved regions between positions 235 and 335 distinct from primer targets used in other published 5' UTR-based assays for HPeV (5, 24, 26), while the antisense primers (positions 534 to 583) overlapped probe or primer sites used in these other assays. Its very high sensitivity (as demonstrated using the QCMD panel) also indicated its potential suitability for screening cerebrospinal fluid from meningitis cases, where viral loads are likely to be low.

The direct typing of HPeV by VP3/VP1 PCR and sequencing proved similarly highly sensitive, enabling its use directly on clinical specimens and providing an epidemiological tool much more useful than previously used methods based on serotyping or sequencing HPeV isolates (12, 30); parechoviruses often grow poorly in culture, and antibodies used for typing are not widely available for more recently discovered HPeV types. By use of the panel of previously typed and nontypeable clinical specimens, our new typing method identified HPeV in all but one of the typed samples (20/21) and most of the samples previously refractory to amplification with VP1 primers (8). The high sensitivity of this method demonstrates its potential value in future investigations of the molecular epidemiology of different HPeV types and possible differences in disease associations and tropism for the central nervous system.

**HPeV incidence and epidemiology.** Despite the sensitivity of the screening method used in the current study, we found a relatively low frequency of HPeV infections in the study population (27 of 2,200 different study subjects investigated). Several features of seasonal and age distribution are, however, concordant with previous investigations of HPeV epidemiology, including the observed greater frequencies of infections in late summer and early winter months (13) and an age range of infection restricted to individuals under 5 years old (7, 13). The absence of any detectable HPeV infections in older children and adults (despite representing 37% of the total 3,844 samples in the archive) is consistent with previous seroepidemiological studies documenting 72% seroprevalence of antibodies to HPeV1 by the age of 2, reaching 99% in adulthood (28).

Although HPeV1 was the most common type detected in the study population in Scotland, the relatively frequent detection of type 6 represents the first report of this type from the United Kingdom and confirms previous data indicating its wide geographical distribution (4, 7, 24, 30). Recent studies have pro-

<table>
<thead>
<tr>
<th>Virus</th>
<th>No. of HPeV-coinfected subjects/total no. of subjects (%)</th>
<th>No. of HPeV-negative subjects/total no. of subjects (%)</th>
<th>( P ) value*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Any virus</td>
<td>19/27 (70)</td>
<td>656/1,243 (53)</td>
<td>0.08</td>
</tr>
<tr>
<td>RSV</td>
<td>9/27 (33)</td>
<td>415/1,243 (33)</td>
<td>1.00</td>
</tr>
<tr>
<td>AdV</td>
<td>10/27 (37)</td>
<td>191/1,243 (15)</td>
<td><strong>0.006</strong></td>
</tr>
<tr>
<td>PIV3</td>
<td>2/27 (7)</td>
<td>68/1,243 (5)</td>
<td>0.66</td>
</tr>
</tbody>
</table>

* Calculated by Fisher’s exact test. The value below 0.05 appears in bold.
vided evidence for a biannual cycle of HPeV infections, particularly evident with HPeV3 infections, which occur most frequently in even-numbered years in The Netherlands (32; K. Benshop, X. Thomas, C. Serpenti, R. Molencamp, and K. Wolthers, unpublished data). If this pattern is shared throughout Europe, it might explain the absence of HPeV3 infections in the current study.

**Clinical significance of HPeV infections.** It has been claimed that HPeV1 is a common cause of respiratory disease, including URT and LRT illnesses (13, 15). In addition, HPeV1 has been identified as a cause of nosocomial respiratory infections involving neonates and small children (9, 14). A retrospective investigation of 109 individuals with HPeV1 infection demonstrated respiratory symptoms in 13% of study subjects (13), similar to the 26% frequency in a larger series of 581 cases of HPeV1 and HPeV2 infections (15). Among a group of premature infants in a neonatal ward with respiratory disease, HPeV1 was isolated from 18/64 individuals, of which 11 had URT symptoms and seven had pneumonia, although a range of other respiratory viruses was detected in the study group (9).

Recently, a few isolated cases of HPeV infections have been associated with respiratory tract infections (7, 18, 30), although as with the studies described above (13, 15), other potential viral or bacterial causes for the observed respiratory disease were not always excluded.

In contrast to these previously claimed disease associations, our study does not necessarily provide evidence confirming the proposed etiological role of HPeV in childhood respiratory disease. The observed incidence of HPeV infections in respiratory samples (27 of 1,299 study subjects less than 5 years of age; 2.1%) is arguably not different from the expected frequency of HPeV infections occurring in the general population. There are little data on the duration of HPeV shedding from the respiratory tract during primary infections of immunocompetent individuals. However, a ballpark estimate of 1 to 3 weeks of virus shedding detectable by a highly sensitive PCR such as that used in the current study, based on durations of detection of other respiratory viruses and combined with the documented 70% seroprevalence for HPeV1 antibodies by the age of 2 years, would predict HPeV detection frequencies of 0.7% to 2.1% (assuming they occur at constant frequency between the ages of 6 and 24 months). The observed frequency of 1.9% HPeV-positive study subjects from children aged less than 2 years old thus lies within the range of the expected detection frequency in the nonhospitalized population. HPeV-infected individuals are not overrepresented among individuals presenting predominantly with respiratory symptoms or diagnosed respiratory disease, and thus it might be reasoned that the detection of HPeV is incidental to the respiratory disease and/or other clinical presentation that led to hospital admission and sampling.

Some (but not all) aspects of the data collected in the current study were consistent with this interpretation. First, over two-thirds of children in whom HPeV was detected were coinfected with another respiratory virus that might account for the observed respiratory disease (Table 3; Fig. 3B). An alternative interpretation of the observed high rate of coinfection might be that HPeV plays an exacerbating role in other respiratory virus infections, as has been suggested for HBoV (23). Second, although a direct etiological role in respiratory disease might be considered in the remaining third of cases where HPeV was the only virus detected, this frequency was actually lower than that of samples in the archive negative for all routinely screened respiratory viruses (70%), indicating that a substantial proportion of viruses or bacteria causing respiratory disease are undetected by current diagnostic screening. However, it was interesting that AdV infections were specifically associated with HPeV; 10 of 27 HPeV cases were coinfections with AdV, significantly greater than codetection frequencies for HPeV-negative samples (15%) (Table 3) and comparable to those with other respiratory viruses (43%) (Table 2). One possibility here is that primary HPeV infections may reactivate AdV, leading to respiratory disease.

In the current anonymized study design, the only clinical information available for the study subjects was that recorded on the specimen referral forms. Nevertheless, the available data did show the expected association of LRT symptoms with RSV infections and of URT symptoms with PIVs and AdV and a higher frequency of absent or nonrespiratory symptoms from study subjects whose samples were virus negative on screening (Fig. 3). The data collection procedure and study design used in the Edinburgh respiratory sample archive was previously able to demonstrate the association of HBoV infections with LRT disease at frequencies approaching that of RSV (22) and a lack of respiratory disease associations with WU and KI polyomaviruses (25). Based on the available data, HPeV-positive samples showed a clinical profile with approximately equal frequencies of LRT, URT, and nonrespiratory symptoms that most closely matched that of screen-negative samples. It was distinct from those of RSV and other routinely screened respiratory viruses and is therefore consistent with a potentially incidental role of HPeV in respiratory disease in the study subjects.

In the future, the screening and typing methods developed in the current study will clearly be of value in more-focused testing of individuals with specific illnesses of possible viral etiology, such as neonatal sepsis and meningitis. With evidence for the involvement of HPeV in viral meningitis and possible type-associated differences in viral tropism and disease (7), the ability to detect and type HPeV directly from cerebrospinal fluid would greatly enhance diagnostic testing for these diseases.

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**REFERENCES**


