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Development/Plasticity/Repair

Dendritic Spine Dynamics Regulate the Long-Term Stability of Synaptic Plasticity

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Long-term synaptic plasticity requires postsynaptic influx of Ca 2+ and is accompanied by changes in dendritic spine size. Unless Ca 2+ influx mechanisms and spine volume scale proportionally, changes in spine size will modify spine Ca 2+ concentrations during subsequent synaptic activation. We show that the relationship between Ca 2+ influx and spine volume is a fundamental determinant of synaptic stability. If Ca 2+ influx is undercompensated for increases in spine size, then strong synapses are stabilized and synaptic strength distributions have a single peak. In contrast, overcompensation of Ca 2+ influx leads to binary, persistent synaptic strengths with double-peaked distributions. Biophysical simulations predict that CA1 pyramidal neuron spines are undercompensating. This unifies experimental findings that weak synapses are more plastic than strong synapses, that synaptic strengths are unimodally distributed, and that potentiation saturates for a given stimulus strength. We conclude that structural plasticity provides a simple, local, and general mechanism that allows dendritic spines to foster both rapid memory formation and persistent memory storage.

Introduction

Long-term synaptic plasticity is believed to underlie learning in the brain (Milner et al., 1998; Morris et al., 2003). Synaptic plasticity in central neurons is initiated by changes in dendritic spine Ca 2+ concentration driven by presynaptic and postsynaptic neuronal activity. The Ca 2+ signals are detected by molecular machinery within the spine, triggering a biochemical cascade that leads to potentiation or depression of synaptic efficacy (see Fig. 1A1) (Zucker, 1999; Melanika and Bear, 2004). Successful memory storage requires that changes in synaptic strength persist over time. To achieve this, the synaptic plasticity machinery must remain insensitive to spontaneous Ca 2+ fluctuations from ongoing neural activity. Understanding how dendritic spines and their synapses solve this trade-off between plasticity and stability is a fundamental problem for the neuroscience of memory.

Here we propose that the coupling of synaptic plasticity to structural changes in spines provides a solution to this problem. A close link between spine structural plasticity and synaptic plasticity is suggested by several experimental observations: (1) dendritic spine size is tightly correlated with the strength of the synapse it hosts (Matsuzaki et al., 2001); (2) spine size is actively regulated during synaptic plasticity (Matsuzaki et al., 2004); (3) because of their differences in volume, small spines exhibit greater [Ca 2+] changes during synaptic activation than large spines (Nimchinsky et al., 2004; Noguchi et al., 2005; Sobczyk et al., 2005); and (4) large spines are more persistent in vivo than small spines (Gruetzendier et al., 2002; Trachtenberg et al., 2002; Holtmaat et al., 2005; Zuo et al., 2005; Knott et al., 2006).

Clues to the function of the relationship between spine morphology and synaptic plasticity come from computational models that predict that spine shape and size regulate Ca 2+ dynamics (Gold and Bear, 1994) and the threshold for synaptic plasticity (Kalantzis and Shouval, 2009). Nevertheless, the function and general consequences of the correlation between spine size and synaptic strength remain poorly understood. In particular, it is not known how dynamic structural plasticity of dendritic spines affects either the ability of synapses to encode new information or the robustness of long-term synaptic information storage in the face of ongoing neural activity.

To address these issues, we investigate the consequences of dendritic spine structural plasticity for synaptic Ca 2+ signaling. We find that the exact form of the relationship between Ca 2+ influx and spine size crucially determines long-term synaptic stability, synaptic strength distribution, and whether synapses store information as a binary or continuous variable. We then use a detailed biophysical model to predict that spine structural plasticity enhances the stability of hippocampal CA3–CA1 pyramidal neuron synapses while allowing them to store information as a continuous variable. Our results unify several disparate experimental findings and suggest a novel mechanism for rapid but robust synaptic information storage.

Materials and Methods

Simulations and analysis were carried out using MATLAB (Mathworks) (see Figs. 1–6) and MCell (Stiles et al., 1996) (see Fig. 7). The nomenclature of voltage-gated Ca 2+ channels and glutamate receptors follows the...
guidelines of Catterall et al. (2005) and Collingridge et al. (2009), respectively.

**Ca**\(^{2+}\) signaling-dependent plasticity rule.** Throughout the study, we model the Ca**\(^{2+}\)** dependence of synaptic plasticity as follows: low or baseline spine Ca**\(^{2+}\)** concentration cause no change in synaptic strength, Ca**\(^{2+}\)** concentrations above a moderate threshold trigger depression, and Ca**\(^{2+}\)** concentrations above a higher threshold cause potentiation (see Fig. 1Aii). These assumptions are consistent with many previous studies (Bienenstock et al., 1982; Bear et al., 1987; Lisman, 1988; Cummings et al., 1996; Hansel et al., 1997; Yang et al., 1999; Cho et al., 2001; Cormier et al., 2001; Shouval et al., 2002; Ismailov et al., 2004). We formulate the Ca**\(^{2+}\)**-dependent plasticity rule as the difference of two sigmoid functions, as follows:

\[
\Delta w = \frac{\Delta \text{Ca}^{2+}}{1 + e^{-[(\text{Ca}^{2+}) - \theta]/\sigma}} - \frac{1}{1 + e^{-[(\text{Ca}^{2+}) - H]/\sigma}},
\]

where \(\Delta w\) is the change in synaptic strength, \(\theta\) sets the magnitude of plasticity events, \([\text{Ca}^{2+}]\) is the spine Ca**\(^{2+}\)** concentration (\(\mu M\)), and \(\theta\) (\(\mu M\)) and \(\sigma\) (\(\mu M\)) set the offset and steepness of the sigmoids, respectively. The subscripts \(p\) and \(d\) denote potentiation and depression, respectively. Because we let \(\theta\) and \(\sigma\) be independent of synaptic strength, we are implicitly assuming that the properties of the molecular Ca**\(^{2+}\)** detectors and plasticity machinery do not vary with synaptic strength.

**General conditions for exact, under-, and overcompensation.** We denote the Ca**\(^{2+}\)** influx during a stimulus as \(J_{\text{Ca}}\). The scenario (exact/under-/overcompensation) can be determined by examining the relationship between \(J_{\text{Ca}}\) and spine volume, \(V_{sp}\). To maintain constant stimulus-evoked changes in spine \([\text{Ca}^{2+}]\), an increase in spine volume, \(\Delta V_{sp}\), must be matched by a proportional increase in Ca**\(^{2+}\)** influx, \(\Delta J_{\text{Ca}}\). Exact compensation is achieved only when \(\Delta J_{\text{Ca}}/J_{\text{Ca}} = \Delta V_{sp}/V_{sp}\). For example, a 50% increase in spine volume would require a corresponding 50% increase in Ca**\(^{2+}\)** influx. Undercompensation occurs if there is not a sufficient increase in Ca**\(^{2+}\)** influx to counter the fractional change in spine volume, as follows:

\[
\Delta J_{\text{Ca}}/J_{\text{Ca}} > \Delta V_{sp}/V_{sp}.
\]

Analogously, overcompensation occurs when the fractional increase in Ca**\(^{2+}\)** influx is greater than the fractional change in spine volume, as follows:

\[
\Delta J_{\text{Ca}}/J_{\text{Ca}} < \Delta V_{sp}/V_{sp}.
\]

Quantitative changes in the scaling relationship between spine size and Ca**\(^{2+}\)** influx that do not cross these boundaries will change only the quantitative aspects of synaptic strength dynamics, but not their qualitative behavior.

As an example, consider a spine with a spherical head, surface area \(A_{sp}\), and volume \(V_{sp}\) where spine Ca**\(^{2+}\)** influx arises solely from GluNs (NMlDA receptors). If the number of spine GluNs scales proportionally to spine surface area and is set at 10 channels/\(\mu M^2\), then:

\[
J_{\text{Ca}}(V_{sp}) = 10J_{\text{Ca}}(V_{sp}) = 10J_{\text{Ca}}_{\text{comp}}(36\text{m}^2/\mu M^3 V_{sp}^{1/3}) 
\approx \frac{V_{sp}^{1/3}}{V_{sp}^{1/3}},
\]

where \(J_{\text{Ca}}\) is the Ca**\(^{2+}\)** influx through a single GluN. Then, for small spine volume changes:

\[
\Delta J_{\text{Ca}}/J_{\text{Ca}} = 2 \Delta V_{sp}/3 V_{sp}.
\]

In this case, any increase in spine volume is accompanied by a smaller increase in Ca**\(^{2+}\)** influx. Hence, scaling GluN number proportional to spine surface area leads to undercompensation. Keeping the number of GluNs constant also leads to undercompensation, as does any other condition where there is an insufficient increase in Ca**\(^{2+}\)** influx to match a change in spine volume.

**Integrate-and-fire model.** The subthreshold voltage of the leaky integrate-and-fire neuron (see Figs. 2C, 3) was modeled as

\[
dV/dt = -(V + R_mI_{syn})/\tau_m,
\]

where \(V_m\) is the membrane potential (mV), \(R_m\) is the input resistance (1 GΩ), \(I_{syn} = \sum_{i=1}^{N_{\text{syn}}} I_{syn,i}\) is the summed synaptic input current (pA), and \(\tau_m\) is the membrane time constant (10 ms). When the voltage reaches threshold, \(V_{th}\), a spike is fired and the voltage is reset to zero. We use current-based synapses where single synaptic input currents were modeled as \(I_{syn} = w(e^{-t_{decay}} - e^{-t_{rise}})\), where \(w\) is the synaptic weight (pA) and \(t_{rise} = 0.18 ms\) and \(t_{decay} = 1.8 ms\) set the waveform time course.

In this simplified model, synaptic Ca**\(^{2+}\)** signals arise solely from Glutamate (GluNs) (Sabatini et al., 2002; Shouval et al., 2002). The Ca**\(^{2+}\)** influx (mol/s) through GluNs is modeled as \(f_{\text{NMlDA}} = \rho V\). This is the instantaneous product of a dimensionless variable representing the fraction of glutamate-bound GluNs, \(\rho\), which is synapse specific, with a dimensionless voltage variable representing postsynaptic membrane potential change from a back-propagated action potential, \(V\), which is identical for all synapses (Shouval et al., 2002). This additional voltage variable is necessary because the standard integrate-and-fire model does not describe the voltage during an action potential, which is crucial for relieving the Mg**\(^{2+}\)** block of GluNs. Both \(\rho\) and \(V\) were constrained between 0 and 1, and evolved as:

\[
dx/\tau = -x, \text{ where } x = \begin{cases} \rho & \text{if } V > 0.5 \text{ ms} \text{ and } \tau = 5 \text{ ms}\end{cases}.\]

When the synapse is activated, \(x = x + (1 - p)\), ensuring eventual GluN saturation upon repeated activation. When a postsynaptic spike occurs, \(x \rightarrow 1\). The amount of spine Ca**\(^{2+}\)**, \(C_{\text{sp}}\) (mol), from the Ca**\(^{2+}\)** influx through GluNs follows:

\[
dC_{\text{sp}}/dt = f_{\text{NMlDA}} - C_{\text{sp}}/\tau_Ca\]

(\(\tau_Ca = 20 \text{ ms}\)). Importantly, the spine volume, \(V_{sp}\), is always proportional to the synaptic weight such that \(V_{sp} = w \times 0.01 \mu M^3/\text{pA}\) (Matsuzaki et al., 2001).

To model each of the three scenarios of exact, under-, and overcompensation, we set the magnitude of Ca**\(^{2+}\)** influx through GluNs, \(f_{\text{NMlDA}}\) (mol/s), to be a function of spine volume, as follows:

\[
f_{\text{NMlDA}}(V_{sp}) = \kappa V_{sp}^\alpha,
\]

where \(V_{sp}\) is the spine volume (\(\mu M^3\)), and the exponent \(\alpha\) determines the scenario, as explained below. \(\kappa\) is a constant \(\kappa_{\text{comp}} = 833.3\), \(\kappa_{\text{under}} = 6\), and \(\kappa_{\text{over}} = 100,000 \text{ mol/s}/(\mu M^3/\text{pA})\) that is found by tuning so that spine Ca**\(^{2+}\)** transients were in the range of 0–10 \(\mu M\). This rescaling factor, \(\kappa\), is necessary to implement the phenomenological relationship we impose between spine size and GluN Ca**\(^{2+}\)** influx. The spine Ca**\(^{2+}\)** concentration following synaptic activation is related to the absolute amount of Ca**\(^{2+}\)** by the following:

\[
[\text{Ca}^{2+}] = C_{\text{sp}}/V_{sp} = \kappa V_{sp}^\alpha/\kappa V_{sp}^\alpha = kV_{sp}^{\alpha-1}.
\]

If \(\alpha = 1\), then spine \([\text{Ca}^{2+}]\) is independent of spine volume. This corresponds to the compensating scenario. In contrast, if \(\alpha < 1\), then spine \([\text{Ca}^{2+}]\) is a decreasing function of spine volume, corresponding to the undercompensating scenario. If \(\alpha > 1\), then spine \([\text{Ca}^{2+}]\) increases with spine volume, corresponding to the overcompensating scenario. For the representative simulations in Figures 2Cand 3, we set \(\alpha = 1\) to 1, 0, and 2, respectively, for the compensating, undercompensating, and overcompensating scenarios. Synaptic weights are instantaneously updated at each timestep according to the Ca**\(^{2+}\)**-dependent plasticity rule above.

For simulations described in Figure 3, all 500 synapses were initially set to approximately the same strength (Gaussian distributed with mean of 6 pA and SD of 0.3 pA), and continuously stimulated at a low rate (5 Hz). A
subset (50) of these synapses were then stimulated with either one or three bursts of 40 spikes at 80 Hz. The interburst interval is 1000 ms. We denote the mean strength of the stimulated synapses as $\bar{w}_{\text{stim}}(t) = \frac{\sum_{n=1}^{N_{\text{stim}}}(t)}{N_{\text{stim}}}$. The drift rate, $D$, (see Fig. 3B), was the change in $\bar{w}_{\text{stim}}(t)$ over a time interval, $\Delta t$, divided by $\Delta t$, as follows:

$$D = \frac{\bar{w}_{\text{stim}}(t + \Delta t) - \bar{w}_{\text{stim}}(t)}{\Delta t}.$$ 

In Figure 3B, $D$ is plotted as a function of the initial mean strength, $\bar{w}_{\text{stim}}(t)$, $\Delta t$ here was 60 s (1 min) of biological time.

**Fokker–Planck model.** The Fokker–Planck equation can be used to describe the time evolution of a probability density function (van Kampen, 1992). Here we use the form:

$$\frac{\partial P(V_{\text{sp}},t)}{\partial t} = -\frac{\partial}{\partial V_{\text{sp}}}[A(V_{\text{sp}})P(V_{\text{sp}},t)] + \frac{1}{2}\frac{\partial^2}{\partial V_{\text{sp}}^2}[B'(V_{\text{sp}})P(V_{\text{sp}},t)],$$

where $P(V_{\text{sp}},t)$ is the time-dependent spine volume probability distribution, $V_{\text{sp}}$ is the spine head volume, and $A(V_{\text{sp}})$ and $B'(V_{\text{sp}})$ are the drift and diffusion terms, respectively. We numerically evaluate $A$ and $B'$ as follows. First, we use discretized Ca$^{2+}$ concentration probability distribution. In the implementation described here, the distribution is exponential. Qualitatively similar results were found with either uniform or log-normal distributions, or when a limit of 20 $\mu$m is imposed on the amplitude of the exponential distribution, because of the saturation in the plasticity rule at high [Ca$^{2+}$]. The Ca$^{2+}$-dependent plasticity rule is then used to calculate the discrete probability distribution of plasticity jump sizes for a given spine volume, $Q(\Delta V_{\text{sp}})$. From this we calculate the average jump, $\langle \Delta V_{\text{sp}} \rangle = \sum V_{\text{sp}}Q(V_{\text{sp}})$, and its mean square, $\langle \Delta V_{\text{sp}}^2 \rangle = \sum V_{\text{sp}}^2Q(V_{\text{sp}})$. The average jump size as a function of spine volume gives the drift term, $A(V_{\text{sp}})$, while the mean square jump gives the diffusion term, $B'(V_{\text{sp}})$ (van Kampen, 1992). To incorporate intrinsic fluctuations, we add a volume-dependent term to the diffusion term, based on data demonstrating that the magnitude of spine size fluctuations increases linearly with spine head volume (parameters adapted from Yasumatsu et al., 2008). The final diffusion term, $B'(V_{\text{sp}})$, is given by

$$B'(V_{\text{sp}}) = B(V_{\text{sp}}) + (2 \times 10^{-5})(1 + 20V_{\text{sp}}\text{m}^{-3})^2.$$ 

For simulation, we discretize the spine volume probability distribution, $P(V_{\text{sp}},t)$, at resolutions $\Delta t$ and $\Delta V$. We use the drift and diffusion terms to build a Markov transition matrix, $M$, so that $P(V_{\text{sp}},t + \Delta t) = \Delta t M P(V_{\text{sp}},t)$. It is important that $\Delta t$ are small enough for the Fokker–Planck–Poisson approximations to hold. If we let $a_i = 1/2\Delta t$ and $b_j = 1/(2\Delta t)^2$, then $M$ is the tridiagonal matrix, as follows:

$$M = \begin{pmatrix}
-a_1 - b_1 & -a_1 + b_1 & 0 & \cdots & 0 & 0 \\
0 & -a_1 - b_1 & -a_1 + b_1 & \cdots & 0 & 0 \\
0 & 0 & -a_1 - b_1 & -a_1 + b_1 & \cdots & 0 \\
\vdots & \vdots & \vdots & \ddots & \vdots & \vdots \\
0 & 0 & \cdots & \cdots & -a_1 - b_1 & -a_1 + b_1 \\
0 & 0 & \cdots & \cdots & \cdots & -a_1 - b_1
\end{pmatrix}.$$ 

Because the columns of $M$ sum to zero, it has at least one eigenvalue equal to zero. The eigenvector associated with the zero eigenvalue corresponds to the steady-state probability distribution (see Fig. 5).

For Figure 4, A and B, left column (the compensating scenario), we tune the Ca$^{2+}$ amplitude distribution so that depression is slightly more likely than potentiation. Hence, the synaptic strength probability distribution always drifts to the minimum strength, no matter what the initial strength is. For Figure 4, C and D, we measure the time to steady state (the lifetime) as the time it takes for the median of the spine volume probability distribution to reach $\pm 20\%$ of the steady-state median strength. We choose the median instead of the mean because the distributions were often bimodal, and graphing the median more clearly represented the simulation findings, although the results were qualitatively the same in either case. For Figure 4E, we initially set the synaptic strength to the minimum strength. We then define the probability of a spontaneous transition from the weak to strong stable strength as $P_{\text{sp}} = P(V_{\text{sp}} > V_{\max}/2)$ following a fixed simulation time, $t_{\text{fix}}$. Here $t_{\text{fix}} = 5000$ s, but varying this choice does not change the qualitative shape of the curve in Figure 4E.

**Biophysical model parameter values.** The biophysical spine model (Fig. 6A) includes both Ca$^{2+}$- and electrical dynamics and consists of the following three compartments: a spherical head (volume range 0.01 –0.3 $\mu$m$^3$; Harris and Stevens, 1989); a cylindrical spine neck (diameter 0.1 $\mu$m, length 0.5 $\mu$m) (Harris and Stevens, 1989); and a single-compartment cylindrical dendrite segment (diameter 2 $\mu$m, length 795.77 $\mu$m, surface area 5000 $\mu$m$^2$). The values of the model parameters are given in Table 1. The simulation code is available to download from the online database ModelDB (http://senselab.med.yale.edu/modeldb/).

The electrical component contained GluRs (AMPA receptors), GluNs, a leak conductance, and four different voltage-gated Ca$^{2+}$ conductances: Ca3.1 (T-type), Ca2.3 (R-type), Ca1.2.1.3 (L-type), and Ca2.2.2 (N-type). These four Ca$^{2+}$ channel types can account for a majority of the Ca$^{2+}$ influx through Ca$^{2+}$ channels (CaVs) at hippocampal spines (Bloom and Sabatinli, 2007). The time course of GluA and GluN glutamate binding was expressed as the dimensionless quantity, $G_t$, and modeled as the difference between two exponentials, $G_{\text{Mg}} = e^{-t'}/\tau_{\text{Mg}} - e^{-t'}/\tau_{\text{Mean}}$. The GluN model also contained a voltage-dependent Mg$^{2+}$ block (Jahr and Stevens, 1990), so the total GluN conductance is as follows:

$$G_{\text{Mg}} = \bar{G}_{\text{Mg}} \times G_{\text{Mg}} = 1 + e^{-t'}/\tau_{\text{Mg}} - e^{-t'}/\tau_{\text{Mean}},$$

where $\bar{G}_{\text{Mg}}$ is the peak GluN conductance, $V_{\text{Mg}}$ is the spine membrane potential (mV), and [Mg$^{2+}$] is the extracellular magnesium concentration (mM), here taken as 1 mM (Jahr and Stevens, 1990). The CaV models were adapted from the literature as follows: Ca3.1 (T-type) from Traboulisi et al. (2007); Ca2.3 (R-type) from Grunnditz et al. (2008); Ca1.2.1.3 (L-type) from Carlin et al. (2000); and Ca2.2.2 (N-type) from Huang and Robinson (1998). The postsynaptic voltage was driven to the
specified voltage by a tonic current stimulus to the dendrite, and activation of synaptic conductances depolarized the voltage even further. The three-compartment circuit was simulated using standard compartmental modeling methods (Segev and Koch, 1998).

The $Ca^{2+}$ dynamics had parameters hand tuned to reproduce the data from Sabatini et al. (2002). $Ca^{2+}$ entered the spine head through GluNs and $Ca^{2+}$ channels, and was then buffered, extruded through membrane pumps, or diffused to the dendrite. The spine head $Ca^{2+}$ concentration, $[Ca^{2+}]_{sp}(t)$, evolved as follows:

$$\frac{d[Ca^{2+}]_{sp}(t)}{dt} = - I_{Ca}\frac{zFV_{sp}}{\Delta F} - ((([Ca^{2+}]_{sp}(t)) - ([Ca^{2+}]_{mem})) \beta_{sp}\frac{S_{sp}}{V_{sp}} - D ([Ca^{2+}]_{sp}(t) - ([Ca^{2+}]_{mem}))A_{neck} - k_{f}(B)_{sp}(t)\frac{\nu_{sp}}{V_{sp}} + k_{b}(B)_{sp} - ([Ca^{2+}]_{sp}(t)).$$

The first term on the right-hand side represents $Ca^{2+}$ influx; $I_{Ca}$ (amperes) is the total $Ca^{2+}$ current influx to the spine ($I_{Ca} = I_{Ca,0} + 0.1 \times J_{nmda}$), $z$ is the $Ca^{2+}$ ionic charge, and $F$ is the Faraday constant. The second term represents extrusion through the membrane; $([Ca^{2+}]_{sp}(t))$ is the resting $Ca^{2+}$ concentration ($\mu$M), $\beta_{sp}$ is the extrusion rate ($\mu$M s$^{-1}$), and $S_{sp}$ is the spine head surface area ($\mu$M$^2$). The third term is diffusion through the spine neck according to Fick’s law; $D$ is the $Ca^{2+}$ cytoplasmic diffusion constant ($\mu$M$^2$/s), $([Ca^{2+}]_{mem})$ is the spine neck $Ca^{2+}$ concentration ($\mu$M), $A_{neck}$ is the cross-sectional area of the spine neck ($\mu$M$^2$), and $l_{neck}$ is the length of the spine neck ($\mu$m). The fourth and fifth terms represent $Ca^{2+}$ binding and unbinding with endogenous buffer, respectively; $k_{f}$ and $k_{b}$ are the forward ($\mu$M$^{-1}$ s$^{-1}$) and backward ($s^{-1}$) $Ca^{2+}$ buffer binding rate constants, respectively; $[B]_{sp}$ is the fixed total concentration of endogenous $Ca^{2+}$ buffer ($\mu$M); and $[[Ca^{2+}]_{sp}(t))$ is the dynamic concentration of unbound endogenous $Ca^{2+}$ buffer ($\mu$M). Analogous equations govern $Ca^{2+}$ dynamics in the spine neck and dendrite.

The $Ca^{2+}$-$to-$Ca$^{2+}$ buffer reaction was modeled according to the kinetic equation $[Ca^{2+}]_{sp} + [B]_{sp} \leftrightarrow [BCa]$, where $[BCa]$ is the concentration of $Ca^{2+}$-bound buffer, $[BCa] = [B]_{sp} - [B]_{sp}$. The free buffer, $[B]_{sp}$, evolves as

$$\frac{d[B]_{sp}(t)}{dt} = - k_{f}(B)[Ca^{2+}]_{sp} + k_{b}(B)_{sp} - [B]_{sp}.$$  

In this model, the spine’s endogenous buffer capacity, $k_{f}k_{b}$, is as follows:

$$k_{f} = \frac{[B]_{sp}(t)k_{f}}{k_{b}} = 100 \mu M \times 10^{-4} M^{-1} s^{-1}/500 s^{-1} = 20,$$

implying that $95\%$ of the $Ca^{2+}$ influx to the spine is buffered (Sabatini et al., 2002). The remainder of the $Ca^{2+}$ is rapidly extruded, and only a small fraction ($<1\%$) diffuses to the dendrite (Sabatini et al., 2002). Hence, the spine neck plays only a negligible role in $Ca^{2+}$ dynamics.

The peak Glu conductance, $g_{AMPA}$, was proportional to spine head volume, $g_{AMPA} = 5000 pS/\mu M$, while peak GluN conductance, $g_{NMDA}$, was independent of spine head volume, $g_{NMDA} = 90 pS$ (Fig. 6B). The GluN spine size relationship is crucial for the predictions of the biophysical model. We obtained qualitatively similar results if we assumed a GluN conductance that weakly increased with spine size ($g_{NMDA} = 35 + 250V_{sp}$) (Noguchi et al., 2005).

Although the rate of $Ca^{2+}$ diffusion through the spine neck has been shown to be activity dependent, it appears to be regulated independently of spine head size (Blobelgood and Sabatini, 2005; Grundtztz et al., 2008). EM studies also find that spine neck diameter (a key regulator of diffusion through the spine neck) has no correlation with spine head volume in hippocampus (Harris et al., 1992). This is in contrast to spine head size, which is tightly correlated with synaptic strength (Matsuzaki et al., 2001). It therefore seems unlikely that the rate of diffusion through the spine neck is also tightly scaled with synaptic strength. Hence, we do not investigate the implications of scaling of spine neck properties.

The stimulation protocol for Figure 6 was a burst of 100 synaptic inputs at 100 Hz with the postsynaptic voltage driven to the desired potential by a tonic current stimulus to the dendrite.

Molecular-level MCell spine model. The model was adapted from Keller et al. (2008) and implemented with the MCell simulator (Stiles et al., 1996). The spine head is represented as a single cube with edge length scaled to achieve the desired volume. One side of the cube is chosen as the postsynaptic density (PSD) and contains 20 GluNs, independent of spine volume. GluNs were here represented as simple $Ca^{2+}$ sources, which released $Ca^{2+}$ ions into the spine at a fixed rate, governed by the Mg$^2+$ block voltage dependence (Jahr and Stevens, 1990). To simulate elevated postsynaptic activity during common synaptic plasticity protocols (Lee et al., 2009), the postsynaptic membrane potential is set to $-30$ mV. The spine bulk contains the following three $Ca^{2+}$ buffers: mobile calbindin ($45 \mu$M); immobile calmodulin ($10 \mu$M); and a generic fast immobile endogenous buffer ($5 \mu$M). The spine membrane uniformly contains plasma membrane $Ca^{2+}$ ATPase (PCMA) pumps, $Na^+-Ca^{2+}$ exchangers (NCXs), and a constant low-rate $Ca^{2+}$ influx to maintain resting $Ca^{2+}$ concentration (Keller et al., 2008). The base of the spine contains a square patch of membrane $0.15 \times 0.15 \mu m^2$ that is transparent to $Ca^{2+}$, modeling $Ca^{2+}$ escape by diffusion through the spine neck to the dendrite.

The $Ca^{2+}$ nanodomain signals are measured around a single Ca$_{1}$ (L-type) channel (Magee and Johnston, 1995) that is inserted into the center of the PSD. We measure instantaneous nanodomain $Ca^{2+}$ concentrations by placing a transparent sampling cube of $20 \times 20 \times 20$ nm size at the desired distance from the channel pore, counting the number of molecules in the box and dividing by the volume and Avagadro’s number to get the molar concentration. We choose the L-type CaV because it is the only CaV that has been implicated in local postsynaptic $Ca^{2+}$ signaling involved in synaptic plasticity (Yasuda et al., 2003; Lee et al., 2009). Nanodomains both form and disappear rapidly (within hundreds of microseconds) when the channel opens and closes, respectively, and are maximal in the steady state (Neher, 1998). Because these time scales are comparable to the mean channel open time of L-type channels ($\sim 1$ ms) (Magee and Johnston, 1995), stochastic gating can have the effect of reducing the amplitude of nanodomain $Ca^{2+}$ concentrations by cutting short the transient to steady state. This reduction in the amplitude of nanodomain $Ca^{2+}$ concentrations from stochastic channel gating enhances the effect of spine size on nanodomain signals, because the relative magnitude of the bulk $Ca^{2+}$ concentration (which the spine size directly influences) is greater than it would be compared with the steady-state nanodomain concentration.

Results
The spine size--$Ca^{2+}$ influx relationship is a critical factor in synaptic plasticity
How does the relationship between spine size and $Ca^{2+}$ influx mechanisms affect synaptic plasticity? To address this question, we first consider a single dendritic spine attached to its parent dendrite. We use this generic model to introduce a general framework, which can then be applied to any spine.

Fast EPSCs from synapses are primarily mediated by spine GluAs. The number and state of synaptic GluAs are important factors that determine the strength of a synapse. Throughout this study, we assume that synaptic GluA number, and therefore synaptic efficacy, is proportional to spine head volume (Fig. 1Aii) (Takumi et al., 1999; Matsuoka et al., 2001; Ganeshina et al., 2004; Noguchi et al., 2005).

$Ca^{2+}$ influx to spines arises primarily from GluNs and CaVs, and is determined by both presynaptic and postsynaptic activity patterns. Intracellular $[Ca^{2+}]$ changes of sufficient amplitude can trigger synaptic plasticity (Lynch et al., 1983). We assume that the $Ca^{2+}$ concentration within the spine directly determines both the magnitude and polarity of synaptic plasticity (Bienenstock et al., 1982; Bear et al., 1987; Lisman, 1989; Cummings et al., 1996; Hansel et al., 1997; Yang et al., 1999; Cho et al., 2001; Cormier et al., 2001; Shouval et al., 2002; Ismailov et al., 2004).
Low or baseline [Ca\textsuperscript{2+}] causes no change in synaptic strength. Intermediate [Ca\textsuperscript{2+}] triggers synaptic depression, while high [Ca\textsuperscript{2+}] triggers synaptic potentiation (Fig. 1 Ai), with corresponding changes in spine size.

Given these assumptions, there are three possible scenarios by which spine plasticity can influence spine [Ca\textsuperscript{2+}] changes in response to stimuli (Fig. 1 Bi–D). First, Ca\textsuperscript{2+} concentration in a spine may be independent of spine volume (Fig. 1 B–D, left column). This scenario can only be achieved if Ca\textsuperscript{2+} influx mechanisms are continuously scaled during synaptic plasticity to exactly counter changes in spine volume (Fig. 1 Bi,Ci). We refer to this case as the compensating scenario.

In this case, because Ca\textsuperscript{2+} concentration does not depend upon spine size (Fig. 1 Di), the direction and magnitude of synaptic plasticity is dictated only by neuronal activity and not by synaptic strength. Although possible in principle, exact compensation is perhaps unlikely because it requires the rapid and precise tuning of multiple spine Ca\textsuperscript{2+} properties. For example, to compensate Ca\textsuperscript{2+} influx for changes in spine volume, the spine would need to scale the density of its Ca\textsuperscript{2+}-permeable channels and receptors proportional to \( r^{3/2} \) (where \( r \) is the spine head radius) (see Materials and Methods).

Second, when spines increase in size, there might not be a corresponding increase in the number of Ca\textsuperscript{2+}-permeable channels and receptors. We refer to this case as the undercompensating scenario (Fig. 1 B–D, center column). For example, the number of Ca\textsuperscript{2+}-permeable channels might be independent of spine head volume (Fig. 1 Ci). In this case, small spines will experience greater [Ca\textsuperscript{2+}] transients than large spines (Fig. 1 Di). This also applies to the case where Ca\textsuperscript{2+} influx is proportional to spine surface area (see Materials and Methods). In the undercompensating scenario, a single stimulus might cause a [Ca\textsuperscript{2+}] change sufficient to trigger potentiation at small spines, but might cause a smaller [Ca\textsuperscript{2+}] change that triggers only depression at large spines. Very large spines will have [Ca\textsuperscript{2+}] changes too dilute to trigger synaptic plasticity at all (Fig. 1 Di, spines >0.2 \( \mu \text{m}^3 \)). Hence, undercompensation makes strong synapses on very large spines immune to synaptic plasticity from ongoing neural activity.

Third, when spines increase in size the gain in their number of Ca\textsuperscript{2+}-permeable channels might be greater than that required for exact compensation. We refer to this situation as the overcompensating scenario (Fig. 1 B–D, right column). For example, a spine might double its volume following synaptic potentiation while trebling its number of GluNs. In this case, large spines experience greater-amplitude [Ca\textsuperscript{2+}] transients from synaptic stimulation than small spines (Fig. 1 Di). Hence, according to the Ca\textsuperscript{2+}-dependent plasticity rule, overcompensation makes strong synapses on large spines more susceptible to potentiation, and makes weak synapses on small spines more susceptible to depression (Fig. 1 Di).

In summary, one of the three possible Ca\textsuperscript{2+} influx scenarios must occur when spine volume is changed during synaptic plasticity: compensation, undercompensation, or overcompensa-
consequent increase in spine Ca\(^{2+}\) influx through GluNs and CaVs. Similarly, increased firing of postsynaptic action potentials leads to depolarization at the synapse and an increase of spine Ca\(^{2+}\) influx through GluNs and CaVs. In Figure 2A, we plot spine [Ca\(^{2+}\)] as a function of spine volume for the three scenarios of exact compensation, undercompensation, and overcompensation (Fig. 2Ai, Aii, Aiii, respectively). The thin-to-thick curves indicate [Ca\(^{2+}\)] in spines for stimuli of increasing intensity. In spines of all sizes and in all three scenarios, increasing stimulus intensity always increases spine [Ca\(^{2+}\)]. Importantly however, the consequences of varying stimulus intensity for synaptic plasticity differ between the scenarios. We will consider each scenario individually below.

Because spine [Ca\(^{2+}\)] depends on two different factors (stimulus intensity and spine volume), the direction of synaptic plasticity triggered by a stimulus will also depend on these two factors. To illustrate this point, we plot the direction of synaptic change as a function of both spine volume and stimulus intensity—presynaptic firing rate in this case—for each scenario (Fig. 2B). In the compensating scenario, the direction of synaptic plasticity is independent of spine volume (Fig. 2Bi). In contrast, in both the undercompensating (Fig. 2Bii) and overcompensating (Fig. 2Biii) scenarios the direction of synaptic plasticity depends on spine volume.

To explore how these mechanisms work in practice, we simulate an integrate-and-fire neuron with synapses that obey compensating, undercompensating, or overcompensating plasticity rules (see Materials and Methods). We stimulate all synapses on the neuron with Poisson spike trains of a given rate and observe how the synaptic strengths evolve. Eventually, synaptic strengths settle to steady-state values (Fig. 2C). We measure these steady-state synaptic strength values for a range of different stimulus intensities (presynaptic firing rates). Now we discuss the three scenarios in turn.

If synapses exactly compensate their Ca\(^{2+}\) influx following spine size changes, then the direction of a plasticity event is determined only by stimulus intensity and not by spine volume (Fig. 2Ai, Bi). Weak activity causes no change, intermediate activity causes depression, and high activity causes potentiation (Fig. 2Ai, thin, medium, and thick lines, respectively). With repeated stimulation, a compensating synapse will continue to potentiate or depress without limit because there is no inherent mechanism in the plasticity rule to provide an upper or lower limit to its strength.

In our simulations, we impose hard upper and lower limits on synaptic strength to avoid unphysiologically strong or weak synapses (25 and 5 pA, respectively). Following repeated

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**Figure 2.** The effect of stimulus intensity on the direction of synaptic plasticity for the three different scenarios. **A**, Increasing the stimulus intensity (from thinner to thicker lines) increases the Ca\(^{2+}\) influx across all synaptic strengths in all three cases. **Ai**, For the compensating rule, the direction of synaptic plasticity is dependent on stimulus intensity, but not on synaptic strength. **Aii**, For the undercompensating rule, each stimulus intensity leads to a corresponding stable strength (intersection of orange curves with upper dashed line). Above the stable strength, synapses are depressed, while below the stable strength, synapses are potentiated. Stronger stimuli shift the stable point to greater synaptic strengths. **Aiii**, For the overcompensating rule, each stimulus intensity has a corresponding unstable threshold strength (intersection of red curves with the upper dashed line). Above the threshold synapses are potentiated, while below the threshold synapses are depressed. Stronger stimuli shift the unstable threshold to weaker strengths. **B**, Plasticity direction as a function of both stimulus strength (horizontal axis) and spine volume (vertical axis). Dashed black curves indicate thresholds for LTD and LTP. Arrows indicate the direction of change of synaptic strength. **C**, Final synaptic strengths on an integrate-and-fire neuron following prolonged Poisson stimulation, as a function of presynaptic firing rate. **Ci**, Compensation results in synapses eventually drifting to their maximum or minimum strength, depending on their stimulation rate. **Cii**, Undercompensation yields synapses that represent the stimulation rate as a continuous variable. **Ciii**, Overcompensation leads to either maximal or minimal strengths, but whether a synapse ends up strong or weak depends not only on the stimulus rate, but also on the initial synaptic strength. Above the separatrix (dashed gray curve), the synapse will potentiate, but below it will depress. Depr., Depression; Pot., potentiation.
stimulation synaptic strengths converge to the imposed maximum or minimum strengths. Whether a synapse settles to the maximum or minimum strength depends only on its stimulus intensity, and not on its initial synaptic strength. Hence, exact compensation does not endow any particular initial synaptic strength with extra stability over other strengths. Therefore, while in principle exactly compensating synapses could initially store information as a continuous variable, if potentiation and depression are not finely balanced, they will eventually lose this information by drifting to their maximum or minimum strengths (Fig. 2 [Fusi and Senn, 2006; Fusi and Abbott, 2007]).

In the undercompensating scenario, because a plasticity-inducing stimulus triggers potentiation at weak synapses but depression at strong synapses, it drives synapses toward a stable target strength at the crossover point between potentiation and depression (Fig. 2Aii, intersection of curve with the upper dashed line). Hence, repeating the same plasticity-inducing stimulus at an undercompensating synapse will eventually saturate plasticity at a fixed synaptic strength. Importantly, because increasing the stimulus intensity increases \( \text{Ca}^{2+} \) in synapses of all strengths, stronger stimuli to undercompensating synapses shift the stable target strength to greater values (Fig. 2Aii, thin to thick lines), as observed experimentally (McNaughton et al., 1978). The steady-state synaptic strength is a monotonically increasing function of stimulus intensity (Fig. 2Cii). Hence, undercompensating synapses can store information as a continuous variable. The plasticity rule also naturally regulates synaptic strength so that no externally imposed limits on synaptic strength are necessary.

In the case of overcompensation, a plasticity-inducing stimulus will depress weak synapses but potentiate strong synapses (Fig. 2Aiii,Biii). Hence, all stimuli drive synapses toward either their minimum or maximum limits. As for the compensating case, these minimum and maximum strengths must be imposed by some additional mechanism. Whether a given synapse potentiates or depresses depends on whether its initial synaptic strength is greater or less than a certain threshold [Fig. 2Biii, Ciii (dotted gray line)]. This threshold depends on stimulus intensity such that stronger stimuli lower the threshold (Fig. 2Biii, Ciii). In this scheme, the synapse is effectively binary because only the maximum and minimum synaptic strengths are stable. Although, in general, binary synapses cannot store as much information as multistate synapses (Barrett and van Rossum, 2008), binary storage is robust because small, undesired changes in synaptic strength are automatically corrected, and random transitions between the strong and weak states are unlikely (Petersen et al., 1998).

In summary, we find that the \( \text{Ca}^{2+} \) influx to spine size scenario crucially determines the long-term dynamics of synaptic strength and the form of synaptic information storage. Compensation leads to binary information storage, which is not robust; undercompensation leads to robust continuous-variable information storage; and overcompensation leads to robust binary information storage.

**Spine plasticity determines the influence of ongoing neural activity on synaptic strength stability**

Ongoing neural activity might degrade stored memories by occasionally causing spine \( \text{Ca}^{2+} \) transients large enough to trigger synaptic plasticity. We therefore examine whether the relationship between spine size and \( \text{Ca}^{2+} \) influx affects memory storage in the presence of ongoing neural activity. We compare how well each of the three scenarios allows information about a previous activity pattern to be stored in the synaptic strengths of an integrate-and-fire model neuron, similar to that presented in Figure 2C. We consider a neuron with 500 synapses driven by Poisson inputs that are tonically active at a rate just sufficient to keep the postsynaptic neuron active (both the prefire and postfire rates are \( \approx 5 \text{ Hz} \)). To simulate weak and strong memory events, we subject 50 of the synapses to either one or three brief high-frequency trains of input, respectively (see Materials and Methods). These high-frequency input events potentiate the stimulated synapses. After the input events, synapses are left to evolve their strengths in the presence of baseline neural activity. Because the baseline presynaptic inputs arise randomly in time (but with a fixed average firing rate), occasionally multiple inputs arrive simultaneously by chance. If they are of large enough amplitude, these chance events trigger spontaneous synaptic plasticity. These spontaneous synaptic strength changes will accumulate over time, and might eventually “wash out” the potentiation initially induced by the high-frequency stimulus. The stability of the memory depends on both the magnitude of the initial high-frequency stimulus (\( 1 \times \) or \( 3 \times \)) and on the \( \text{Ca}^{2+} \) influx to spine size scenario. We examine each scenario in turn.
compensating synapses lead to the persistence of strong synapses, and hence protects strong memory traces from plasticity due to ongoing activity.

In the overcompensating scenario, the behavior of synapses is qualitatively different from the two previous cases (Fig. 3Ai, Bi). After initial potentiation, strong synapses are continually potentiated by ongoing activity until reaching the maximum strength (25 pA), because overcompensation makes larger spines have higher-amplitude $[\text{Ca}^{2+}]$ transients and therefore more susceptible to potentiation. Once these synapses reach the maximum strength they are fixed there indefinitely. Weaker synapses, in contrast, are subject to net depression and drift back toward baseline strength. The net drift from spontaneous potentiation and depression is positive for strong synapses and negative for weak synapses (Fig. 3Bii). Thus, overcompensating synapses threshold memory events into two categories: either strong and persistent or weak and transient.

### Spine plasticity increases synaptic lifetimes in the presence of intrinsic fluctuations

In addition to spontaneous synaptic plasticity due to ongoing neural activity, dendritic spines exhibit intrinsic fluctuations in their size (Yasumatsu et al., 2008; Minerbi et al., 2009; Loewenstein et al., 2011), while postsynaptic densities demonstrate intrinsic fluctuations in both their size and shape (Mysore et al., 2007; Blanpied et al., 2008). Because these fluctuations are thought to be random (Yasumatsu et al., 2008), they may over time corrupt information encoded in the synaptic strength. To examine the impact of these fluctuations, we use a reduced mathematical model, based on the Fokker–Planck equation, where synaptic strength is described by a probability distribution. The intrinsic fluctuations have a diffusive effect on this probability distribution. We set the amplitude of intrinsic fluctuations to scale proportionally to spine size (Minerbi et al., 2009). Together, the activity-dependent plasticity and intrinsic fluctuations probabilistically determine the synapse’s evolution (see Materials and Methods). This abstract model’s key strength over more detailed models is that it contains only a small number of free parameters that are all based on clear assumptions. It therefore allows general properties to be established that would be difficult to uncover using either a biophysical or integrate-and-fire model neuron.

Using this model, we change the strength of a single synapse and then follow the time evolution of its synaptic strength probability distribution when the synapse is subject to $[\text{Ca}^{2+}]$ transients from ongoing neural activity (Fig. 4A). We measure how long the synapse takes to equilibrate back to its baseline strength (Fig. 4). Once this equilibrium has been reached, any information

![Figure 4](image-url)
stored in the synaptic strength is lost because it has become indistinguishable from other synapses. We measure the retention time as a function of initial synaptic strength for each of the three spine Ca\(^{2+}\).handling scenarios in the presence of intrinsic spine size fluctuations.

For the compensating scenario, the rate of drift toward equilibrium is independent of synaptic strength (Fig. 4Bi, parallel curves). As a result, the retention time of compensating synapses is poor, but scales linearly with initial strength (Fig. 4Gi). When the amplitude of intrinsic fluctuations is increased, retention time is decreased. The effect is similar for synapses of all strengths (Fig. 4Di).

In contrast to the compensating scenario, in the undercompensating scenario the rate of decay of a potentiated synapse depends nonlinearly on its strength. All synapses eventually drift toward a single stable strength, but, because strong synapses are less susceptible to plasticity, they decay more slowly than weak synapses (Fig. 4Bi,Gi). This relationship saturates only for very strong synapses where plasticity events are uncommon and intrinsic fluctuations begin to dominate (Fig. 4Gi). As we increase the amplitude of intrinsic fluctuations to extremely large values (Fig. 4Dii), synaptic retention time drops dramatically for synapses of all strength, because fluctuations are so large that they corrupt the synapse’s ability to remain potentiated. Importantly, however, the retention time of undercompensating synapses is always greater than that of compensating synapses (Fig. 4, compare Di, Dii, time scales).

The overcompensating scenario causes the synaptic probability distribution to drift either to the minimum or maximum limit, depending both on neural activity and initial strength (Fig. 4Aiii,Bi). Small excursions from the stable minimum or maximum strengths quickly disappear. If intrinsic fluctuations are small, the synapse persists at the stable strengths indefinitely. If fluctuations are large, random transitions between the strong and weak states become likely. As a result, memory storage would be degraded (Fig. 4E).

These results demonstrate that the effect of intrinsic fluctuations on compensating synapses is independent of their size. In contrast, undercompensation reduces the sensitivity of large spines to intrinsic fluctuations, and overcompensation stabilizes spines that are already close to their maximum or minimum size. Thus, imperfect matching of Ca\(^{2+}\) dynamics and spine size may facilitate long-term storage of information by dendritic spines in the presence of intrinsic fluctuations.

**Undercompensation reproduces experimental synaptic strength distributions**

The shape of synaptic strength distributions can provide clues to the form of synaptic memory storage (Barbour et al., 2007). However, the consequences of spine structural dynamics for synaptic strength distributions are unknown. The synaptic strength distributions measured from hippocampus, neocortex, and cerebellum appear qualitatively similar (Barbour et al., 2007). They are typically continuous, unimodal, and have a peak at a nonzero strength and a long tail at high strengths. Although some electrophysiological and light microscopy techniques have noise amplitudes that make them likely to underestimate the prevalence of weak synapses, we note that the qualitative feature of a unimodal distribution with nonzero peak is also reproduced by studies employing electron microscopy, where image resolution is beyond that necessary to unambiguously measure synapses of all size (Harris and Stevens, 1989; Schikorski and Stevens, 1997; Arellano et al., 2007; Mishchenko et al., 2010).

To determine whether any of the three spine size-to-Ca\(^{2+}\). influx scenarios described above could account for the in vivo distribution of spine sizes or synaptic strengths, we calculate equilibrium synaptic strength distributions reached after prolonged stimulation directly from the Fokker–Planck model introduced above (see Materials and Methods). The three scenarios lead to qualitatively different synaptic strength distributions (Fig. 5). Only the undercompensating case predicts a unimodal synaptic strength distribution with a central peak. If synapses compensate or overcompensate, strength distributions are either unimodal or bimodal with peaks at the minimum and/or maximum strengths but not at intermediate strengths. Hence, the undercompensating scenario is the most consistent with experimental findings.

**A dynamic biophysical hippocampal spine model predicts stable and undercompensating synapses**

It is not clear whether biological dendritic spines follow the compensating, undercompensating, or overcompensating scenario. To address this issue, we construct a dynamic model of a CA1 pyramidal neuron spine using available physiological data on spine morphology, and the number and type of spine ion channels and synaptic receptors.

Dendritic spine Ca\(^{2+}\) handling has been intensively studied in CA1 pyramidal neurons. The main source of Ca\(^{2+}\) influx from synaptic activation is GluNs (Sabatini et al., 2002). GluN number has been found to be either independent or weakly dependent on spine volume (Takumi et al., 1999; Racca et al., 2000; Nimchinsky et al., 2004; Noguchi et al., 2005; Sobczyk et al., 2005). In the simulations we describe here, we assume GluN conductance to be independent of spine volume, but similar results are obtained if GluN number is weakly dependent on spine volume (data not shown). In contrast, GluA conductance is directly proportional to spine volume (Nusser et al., 1998; Takumi et al., 1999; Matsuzaki et al., 2001; Noguchi et al., 2005) (Fig. 6B) (see Materials and Methods). In the spine model, we also include four types of voltage-gated Ca\(^{2+}\) channels: Ca\(_{3.1}\) (T-type), Ca\(_{2.3}\) (R-type), Ca\(_{1.2/1.3}\) (L-type), and Ca\(_{2.2}\) (N-type). Together, these channels can account for Ca\(^{2+}\) influx through CaVs to hippocampal spines (Bloodgood and Sabatini, 2007).
Most CA1 pyramidal dendritic spine heads have volumes of ~0.01–0.06 \(\mu\)m\(^3\), but the largest can have volumes of at least ~0.3 \(\mu\)m\(^3\) (Harris and Stevens, 1989; Mishchenko et al., 2010). We select three spine sizes spanning this distribution: 0.01, 0.05, and 0.15 \(\mu\)m\(^3\) (Fig. 6B). We subject the synapses on these spines to a typical experimental protocol used to induce long-term potentiation and spine head enlargement: presynaptic stimulation (100 pulses at 100 Hz) coupled with postsynaptic depolarization (Kauer et al., 1988; Cummings et al., 1996; Ngezahayo et al., 2000; Harvey and Svoboda, 2007). Varying the postsynaptic potential regulates the amount of Mg\(^{2+}\) block of the synaptic GluNs (Jahr and Stevens, 1990), and therefore the amount of Ca\(^{2+}\) influx to the spine. Synaptic plasticity is triggered by the Ca\(^{2+}\) influx during the induction protocol (Fig. 6D, E).

At a moderate holding potential of ~50 mV, the small synapse potentiates, the medium synapse depresses, and the large synapse does not change (Fig. 6D). Importantly, the small and medium synapses converge to the same final strength, as expected for an undercompensating synapse (Fig. 2Aii). The Ca\(^{2+}\) concentration in the large spine does not reach the threshold for LTD, making it resistant to this induction protocol.

Upon repeating the experiment at a more depolarized postsynaptic holding potential of ~30 mV, all three synapses converge to the same strength (Fig. 6E). The final stable synaptic strength is greater than for the ~50 mV holding potential, as predicted for undercompensating synapses (Fig. 2Cii). The large synapse’s depression demonstrates how strong persistent synapses could still be reset under this scheme when given a suitably strong stimulus. We repeat the simulations for a large range of postsynaptic holding potentials (Fig. 6F, G). The weakest synapse is plastic over the entire stimulus range, while the strongest synapse is mostly resistant to change. Notably, an identical stimulus can result in different plasticity outcomes depending on the initial synaptic strength (Fig. 6G). Our model therefore suggests that CA1 pyramidal neuron spines undercompensate.

Because the simulation results we present are for only one set of parameters, we also test cases where GluN number, GluA number, CaV number, buffer concentration, buffer off rate, pump efficacy, spine neck diameter, and spine neck length are both doubled and halved. For all parameter variations, the model retains the qualitative features of undercompensation (data not shown).
Spine volume can influence nanodomain Ca\(^{2+}\) signaling

In the models used for simulations above, we assume that the volume-averaged Ca\(^{2+}\) concentration in the spine is the signal read by the Ca\(^{2+}\)-sensing molecules. This does not account for the possible roles of local Ca\(^{2+}\) signaling either near the pore of single channels (nanodomains) or near small clusters of channels (microdomains) (Augustine et al., 2003). Evidence supporting this assumption includes findings that EGTA, a Ca\(^{2+}\) chelator that binds too slowly to affect nanodomains, blocks hippocampal LTP (Lynch et al., 1983) and perirhinal LTD (Cho et al., 2001). EGTA and BAPTA are also equally effective at blocking neocortical LTD (Egger et al., 1999), spike timing-dependent plasticity (STDP) (Nevian and Sakmann, 2006), and GluN-dependent CaMKII activation (Lee et al., 2009). Finally, postsynaptic Ca\(^{2+}\) uncaging, predicted to be more dilute and diffuse than physiological Ca\(^{2+}\) nanodomains, is sufficient to induce both LTP and LTD (Yang et al., 1999).

Nevertheless, there are also data indicating a role for local Ca\(^{2+}\) interactions in some forms of synaptic plasticity (Hoffman et al., 2002; Yasuda et al., 2003; Lee et al., 2009). This possibility might pose a significant problem for the theory we propose because, if synaptic plasticity were found to be dependent on nanodomain Ca\(^{2+}\) signaling, then spine size changes might not influence the process. Hence, it is important to understand whether the bulk spine [Ca\(^{2+}\)], which is determined by spine volume, can affect Ca\(^{2+}\) concentration changes near the pore of individual Cav.

To address this issue, we use a previously published molecular-level model of a hippocampal CA1-pyramidal neuron dendritic spine (Fig. 7A) adapted from Keller et al. (2008). Nanodomain signaling was tested as follows. Initially, we elevate [Ca\(^{2+}\)] throughout the bulk of the spine by opening multiple GluNs. Then, a single Ca\(_{\text{L}}\) (L-type) channel is allowed to open and close stochastically (with an open probability of 0.1) in addition to the continually open GluNs (Fig. 7B). We choose the L-type CaV because it is the only CaV that has been implicated in local postsynaptic Ca\(^{2+}\) signaling involved in synaptic plasticity (Yasuda et al., 2003; Lee et al., 2009). When the CaV is open, it influxes Ca\(^{2+}\) ions at a rate of \(3.3 \times 10^6\) s\(^{-1}\), rapidly causing a localized elevation of Ca\(^{2+}\) concentration near the channel pore, where Ca\(^{2+}\) buffers are not in their equilibrium binding state (Fig. 7C). We repeat the stochastic simulation 10 times and measure the mean Ca\(^{2+}\) concentration while the channel is open as a function of distance from the channel for a range of spine volumes (Fig. 7D,E). Decreasing the spine volume increased the Ca\(^{2+}\) concentration at all distances from the channel, because the bulk Ca\(^{2+}\) concentration was large enough to substantially add to the local Ca\(^{2+}\) concentration. The effect was greatest for small spine volumes <0.05 \(\mu\text{m}^3\). Therefore, nanodomain signaling is sensitive to changes in spine volume at hippocampal synapses.

In addition to the mechanism described above, there are two further mechanisms through which spine size could regulate local Ca\(^{2+}\) signaling events. First, because small spines have a greater surface-to-volume ratio than large spines, any mobile
Ca^{2+} -sensing molecules are statistically more likely to diffuse closer to membrane-bound Ca^{2+} sources in smaller spines than in larger spines. This mechanism likely exists at dendritic spines in all brain regions. Second, the bulk Ca^{2+} concentration sets the level of endogenous buffer saturation. Hence, if bulk Ca^{2+} concentrations are sufficiently elevated, there is less free buffer available to restrict the Ca^{2+} influx through the channel pore, so elevating microdomain Ca^{2+} signals—a mechanism originally proposed to explain activity-dependent presynaptic facilitation (Neher, 1998). Because this mechanism exists only in situations where buffers are relatively close to saturation, it had only negligible effect in our simulations of hippocampal spines (data not shown). Future experimental data may clarify whether this mechanism exists at dendritic spines in other brain regions. Importantly, both of these additional mechanisms are consistent with the prediction from our earlier simulations, that hippocampal spines undercompensate (Fig. 6).

In summary, our simulation results (Fig. 7) support the viewpoint that even if synaptic plasticity relies on nanodomain or microdomain Ca^{2+} signaling, spine volume will still implement undercompensation as smaller spines experience larger nanodomain Ca^{2+} signals than large spines.

Discussion

Our results introduce several new and general conclusions. First, we provide a framework for understanding the functional consequences of spine structural plasticity by delineating the three scenarios of Ca^{2+} overcompensation, undercompensation, or exact compensation (Fig. 1). Second, we demonstrate the consequences of these three scenarios for the form of synaptic information storage (Fig. 2), the long-term retention of synaptic strength (Figs. 3, 4), the robustness of memory storage to intrinsic synaptic strength fluctuations (Fig. 4), and the distributions of synaptic strength (Fig. 5).

Biophysical simulation of a hippocampal CA1 pyramidal neuron spine suggests that synapses onto these neurons likely undercompensate (Fig. 6). This prediction unifies several disparate pieces of evidence: (1) GluN immunoreactivity (Takumi et al., 1999; Racca et al., 2000; Ganeshina et al., 2004) and GluN EPSC amplitude (Nimchinsky et al., 2004; Noguchi et al., 2005; Sobczyk et al., 2005) are not correlated with spine size; (2) focal glutamate uncaging causes larger Ca^{2+} fluorescence transients in small spines than in large spines (Nimchinsky et al., 2004; Noguchi et al., 2005; Sobczyk et al., 2005); (3) synapses on small spines are easier to potentiate than synapses on large spines (Matsuzaki et al., 2004); (4) weak synapses potentiate more than strong synapses (Larkman et al., 1992; Bi and Poo, 1998; Debanne et al., 1999); (5) potentiated synapses become “locked in” at high strength (O’Connor et al., 2005); (6) repeated LTP saturates (McNaughton et al., 1978; Dudek and Bear, 1993; O’Connor et al., 2005); (7) spine size and synaptic strength distributions are unimodal with a nonzero peak (Harris and Stevens, 1989; Sayer et al., 1990; Schikorski and Stevens, 1997; O’Brien et al., 1998; Yasumatsu et al., 2008; Enoki et al., 2009; Minerbi et al., 2009; Mishchenko et al., 2010; Loewenstein et al., 2011); and (8) longitudinal studies in hippocampal cultures find a negative correlation between momentary synaptic strength and the subsequent change in synaptic strength (Yasumatsu et al., 2008; Minerbi et al., 2009; Loewenstein et al., 2011). Nevertheless, the prediction of our model is strongly dependent on the assumed relationship between spine head volume and GluN number. Future data on the relationship between spine size and GluN number, CaVs, extrusion mechanisms, and endogenous buffers can be used to refine the model to make more quantitative predictions.

There is no known mechanistic reason why spine structural plasticity should necessarily be tethered to synaptic plasticity. The two processes are mediated by signaling pathways that are at least partly independent from one another (Cingolani and Goda, 2008), suggesting that they are coregulated for functional reasons. Our results suggest that the spine size-to-synaptic efficacy relationship is maintained to imprint a strength dependence on the synaptic plasticity rule that preferentially stabilizes some synaptic strengths. Although this mechanism helps to prevent runaway synaptic plasticity, it is not homeostatic. Homeostatic plasticity typically entails a feedback mechanism that returns neural activity to a set point (Davis, 2006), while here there is no such feedback.

What is the relevance of different Ca^{2+}-permeable channel types for the framework we describe here? In our biophysical spine model (Fig. 6), we include one generic GluN type and four different CaV types. Different GluNs and CaVs can have different neurotransmitter affinities, voltage dependences, and time courses of activation/inactivation. This implies that each channel type will respond differently to a given presynaptic and postsynaptic activity pattern. How this feature impacts our scenarios of undercompensation, overcompensation, or exact compensation will depend on how the number of channels of each individual type scales with spine size. For example, consider a hypothetical case where Ca_{3} (T-type) number is proportional to spine volume, but Ca_{1} (L-type) number is fixed and independent of spine volume. Because Ca_{3}s are activated at relatively modest potentials, whereas Ca_{1}s are activated only at very depolarized potentials (Magee and Johnston, 1995), this configuration would make Ca^{2+} influx behave as if in the compensating scenario for stimuli that result in modest depolarizations, but in the undercompensating scenario for stimuli that induced large depolarizations. Hence, a single spine might simultaneously belong to multiple scenarios, depending on the type of stimuli it is subject to.

The plasticity induction protocols we employ in this study were designed to mimic classic LTP and LTD induction protocols where repeated presynaptic stimulation is accompanied by postsynaptic depolarization (Artola et al., 1990; Dudek and Bear, 1992; Mayford et al., 1995; Ngezhahayo et al., 2000; Cho et al., 2001; Ismaïlov et al., 2004; O’Connor et al., 2005). An interesting future extension of our model would be to explore the effects of undercompensation and overcompensation for STDP protocols, where fine time-scale differences between presynaptic and postsynaptic events determine the direction of plasticity (Caporale and Dan, 2008). However, at present no theoretical model of Ca^{2+}-dependent synaptic plasticity can fully account for the data from STDP experiments (for a discussion, see Shouval et al., 2010). Should future experiments resolve this issue, the general framework of exact, under-, and overcompensation we introduce here could be readily applied to the problem.

The consequences of certain weight-dependent synaptic plasticity rules for long-term synaptic strength dynamics have been considered previously (van Rossum et al., 2000; Rubin et al., 2001; Güttig et al., 2003; Zou and Destexhe, 2007; Billings and van Rossum, 2009). However, these phenomenological models often predict that strong synapses are the least stable (but see Shouval, 2005), whereas experimental data suggest that strong synapses and large spines are the most stable (Grutzendler et al., 2002; Trachtenberg et al., 2002; Holtmaat et al., 2005; Zuo et al., 2005; Knott et al., 2006). This stability is successfully explained by the...
mechanisms from spine structural plasticity that we propose here.

A second class of models of synaptic strength stability relies on intricate molecular cascades with multiple stable states (Lisman and Zhobotinsky, 2001; Hayer and Bhalla, 2005; Graupner and Brunel, 2007). However, the model we propose has an advantage over these previous models. Although spines in vivo can exist stably for many months (Gruotendler et al., 2002; Trachtenberg et al., 2002; Holmata et al., 2005; Zuo et al., 2005; Knott et al., 2006), the spine and PSD are tiny devices (volume < 1 fl), implying that the molecular reactions at the synapse involve a small number of particles and may therefore be noisy (Franks and Semenowski, 2002; Keller et al., 2008). When LTP cascades are modeled stochastically, spontaneous transitions are found to occur between states that are stable in an equivalent deterministic model (Bhalla, 2004). Changing parameters to reduce the spontaneous transitions also makes the system insensitive to stimuli (but see Miller et al., 2005). In contrast, undercompensating and overcompensating synapses can both override the effects of noise on stability (Fig. 4).

The framework we propose makes specific experimental predictions. Undercompensating synapses should show the following properties collectively: (1) stable strong synapses but plastic weak synapses; (2) synaptic retention time should increase dramatically with synaptic strength; (3) a plasticity-inducing stimulus should drive all stimulated synapses toward a single common strength; (4) the stable synaptic strength should be an increasing, continuous function of stimulus strength; (5) the stable strength can be varied by enhancing or reducing Ca2+ influx to the spine; and (6) the distribution of synaptic strengths should be unimodal with a central nonzero peak. Overcompensating synapses, in contrast, should show collectively the following: (1) individual synapses should be most stable at a maximum or minimum strength, but not at intermediate strengths; (2) a plasticity-inducing stimulus should potentiate all synapses with a strength greater than a certain threshold and depress all synapses with a strength weaker than the same threshold; (3) the threshold should be a continuously increasing function of stimulus strength; (4) the threshold can be varied by enhancing or reducing Ca2+ influx to the spine; (5) there should be some additional mechanism to limit synaptic strength at its maximum and minimum values; and (6) synaptic strength distributions should appear bimodal.

A powerful approach to test the predictions of our model will be by pharmacological or genetic dissociation of spine size from synaptic strength (Zhou et al., 2004; Wang et al., 2007). For example, manipulations that permit synaptic plasticity while blocking spine structural plasticity would make synapses behave as if in the compensating mode where our model predicts the following: (1) individual synaptic strengths drift at an elevated rate that is independent of synaptic strength; (2) potentiated synapses rapidly decay to naive strengths; and (3) synaptic strength distributions spread. A further critical experiment would be the tracking of individual synaptic strengths over time in vivo. Correlating spine and synaptic strength changes with physiological activity patterns could uncover strength-dependent plasticity rules.

In summary, our findings provide a general theoretical framework for understanding how dendritic spine structural plasticity actively regulates synaptic learning rules to stabilize some synaptic strengths over others. This mechanism allows synapses to retain both the features of rapid plasticity and of persistent information storage without precise tuning of the molecular synaptic plasticity cascade.

References


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