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Mitochondrial defects in acute multiple sclerosis lesions

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Multiple sclerosis is a chronic inflammatory disease, which leads to focal plaques of demyelination and tissue injury in the CNS. The structural and immunopathological patterns of demyelination suggest that different immune mechanisms may be involved in tissue damage. In a subtype of lesions, which are mainly found in patients with acute fulminant multiple sclerosis with Balo’s type concentric sclerosis and in a subset of early relapsing remitting multiple sclerosis, the initial myelin changes closely resemble those seen in white matter stroke (WMS), suggesting a hypoxia-like tissue injury. Since mitochondrial injury may be involved in the pathogenesis of such lesions, we analysed a number of mitochondrial respiratory chain proteins in active lesions from acute multiple sclerosis and from WMS using immunohistochemistry. Functionally important defects of mitochondrial respiratory chain complex IV [cytochrome c oxidase (COX)] including its catalytic component (COX-I) are present in Pattern III but not in Pattern II multiple sclerosis lesions. The lack of immunohistochemically detected COX-I is apparent in oligodendrocytes, hypertrophied astrocytes and axons, but not in microglia. The profile of immunohistochemically detected mitochondrial respiratory chain subunits differs between multiple sclerosis and WMS. The findings suggest that hypoxia-like tissue injury in Pattern III multiple sclerosis lesions may be due to mitochondrial impairment.

Keywords: multiple sclerosis; Pattern III lesion; mitochondria; cytochrome c oxidase

Abbreviations: CNPase = cyclic nucleotide phosphodiesterase; COX = cytochrome c oxidase; LFB = Luxol fast blue; MAG = myelin associated glycoprotein; MBP = myelin basic protein; mtDNA = mitochondrial DNA; NO = nitric oxide; NWM = normal white matter; PLP = proteolipid protein; WMS = white matter stroke


Introduction
Multiple sclerosis is an inflammatory demyelinating disease of the central nervous system with axonal degeneration and astrogliosis (Frohman et al., 2006). The loss of myelin in multiple sclerosis may be the result of direct damage to myelin through immune mediated processes and/or dysfunction of oligodendrocytes (Lassmann et al., 2001; Barnett and Prineas, 2004). A particular subtype of active multiple sclerosis lesions (Pattern III, Lucchinetti et al. 2000), which are mainly found in patients with acute fulminant multiple sclerosis with Balo’s type concentric sclerosis and in a subset of early relapsing remitting multiple sclerosis, has been defined by the selective early loss of myelin associated glycoprotein (MAG) and cyclic nucleotide phosphodiesterase (CNPase) together with apoptotic cell death of oligodendrocytes (Itoyama et al., 1980; Lucchinetti et al., 2000; Barnett and Prineas, 2004; Stadelmann et al., 2005). Indirect evidence suggests that hypoxia-like tissue injury may play a role in their pathogenesis. A comparable loss of MAG and CNPase together with oligodendrocyte apoptosis is also seen in initial lesions in white matter stroke (WMS) and hypoxia inducible factor-1α, a transcription factor induced in hypoxic condition, is expressed in such multiple sclerosis and WMS lesions (Aboul-Enein et al., 2003; Stadelmann et al., 2005). Profound microglia and macrophage activation with expression of inducible nitric oxide synthase (i-NOS) and myeloperoxidase is another characteristic feature of such multiple sclerosis lesions (Stadelmann et al., 2005; Marik et al., 2007). Reactive oxygen species and nitric oxide (NO), produced by these enzymes, may impair mitochondrial function (Bolanos et al., 1997) and thus may link...
Microglial activation in such lesions with a hypoxia-like tissue injury.

Mitochondria contain the respiratory chain where energy in the form of ATP is most efficiently produced (DiMauro and Schon, 2003). Mitochondria also play an important role in apoptosis and calcium homeostasis (Rizzuto and Pozzan, 2006; Kalman et al., 2007). The mitochondrial respiratory chain is located in the inner mitochondrial membrane and consists of four complexes (complexes I–IV, Fig. 1) whilst complex V is directly involved in ATP synthesis (DiMauro and Schon, 2003). The complexes of the mitochondrial respiratory chain are made up of multiple subunits encoded by nuclear DNA and mtDNA, except complex II which is entirely encoded by nuclear DNA. We investigated two subunits of complex I (20 and 30 kDa), one of complex II (70 kDa) and two of complex IV (subunits I and IV of complex IV or COX-I and COX-IV, respectively) in brain tissue. Porin, a voltage gated anion channel located in the outer mitochondrial membrane, was used as a mitochondrial marker. The activity of succinate dehydrogenase (complex II) and COX (complex IV) can be determined at the single cell level using an enzyme histochemical assay (COX/succinate dehydrogenase histochemistry). NO inhibits complex IV activity by competing with oxygen for the oxygen binding sites, of which three out of the four are located in COX-I. Both complexes I and IV are susceptible to peroxynitrite (ONOO−) mediated damage.

![Fig. 1](image-url) The mitochondrial respiratory chain. The mitochondrial respiratory chain consists of four complexes (complexes I–IV) and complex V, which is directly involved in ATP synthesis. The complexes are made up of multiple subunits encoded by nuclear DNA and mtDNA, except complex II which is entirely encoded by nuclear DNA. We investigated two subunits of complex I (20 and 30 kDa), one of complex II (70 kDa) and two of complex IV (subunits I and IV of complex IV or COX-I and COX-IV, respectively) in brain tissue. Porin, a voltage gated anion channel located in the outer mitochondrial membrane, was used as a mitochondrial marker. The activity of succinate dehydrogenase (complex II) and COX (complex IV) can be determined at the single cell level using an enzyme histochemical assay (COX/succinate dehydrogenase histochemistry). NO inhibits complex IV activity by competing with oxygen for the oxygen binding sites, of which three out of the four are located in COX-I. Both complexes I and IV are susceptible to peroxynitrite (ONOO−) mediated damage.

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Materials and Methods

Autopsy tissue

Paraffin embedded brain tissue from acute multiple sclerosis cases is part of the well-characterized archival material used to identify the four patterns of acute multiple sclerosis lesions (MS1–MS9, Table 1) (Lucchinetti et al., 2000). Tissue from WMS cases (WMS1–WMS6, Table 1) containing lesions with active demyelination was provided by the University of Vienna (Aboul-Enein et al., 2003). Control tissue (CON1–CON8, Table 1) was provided by the UK multiple sclerosis tissue resource, London. Although the exact post-mortem delay for the acute multiple sclerosis cases...
are unknown, the tissue is well preserved with respect to detection of mRNA by in situ hybridization as well as protein epitopes by immunohistochemistry. For fixed control tissue, the range for post-mortem time is 4–63 h (median = 18). The cause of death for all multiple sclerosis cases and controls (Table 1) was either cardiorespiratory failure/arrest or pneumonia. The control cases had underlying carcinomatosis originating from bowel or prostate.

For validation of immunoreactivity of monoclonal antibodies against a number of mitochondrial respiratory chain complex subunits in fixed brain tissue, both paraffin embedded and frozen hippocampal sections were used from a case with multiple mtDNA deletions (Taylor and Turnbull, 2005). The Newcastle and North Tyneside Local Research Ethics Committee approved the study (205/Q0906/182).

**Immunohistochemistry**

Following rehydration of fixed and paraffin embedded sections (5 μm thickness) antigen retrieval was performed using EDTA buffer pH 8.0. The endogenous peroxidase activity was blocked using 3% hydrogen peroxide for 30 min and non-specific antibody binding was prevented by blocking sections in 1% normal goat serum (Sigma) for 30 min prior to incubation with the primary antibody (Table 2). Both mtDNA and nuclear DNA encoded...
subunits were included for the immunohistochemical detection (Rahman et al., 2000; Taylor and Turnbull, 2005). The secondary antibody (goat anti-mouse or goat anti-rabbit, Vector), avidin-biotin amplification system with peroxidase (Vector) and diamino benzidine tetrahydrochloride (DAB, Sigma) were used according to manufactures protocols. The sections were counter stained with hematoxylin prior to dehydration and mounting. Serial sections from each block were used for staining with antibodies against mitochondrial respiratory chain subunits and porin, a voltage-dependent anion channel expressed on the outer mitochondrial membrane (Table 2). For co-staining using chromogens (DAB and Vector SG) one anti-mitochondrial respiratory chain subunit antibody was developed with DAB (brown) and then the sections were re-blocked and incubated with anti-glial fibrillarry acidic protein antibody which was detected using HRP conjugated anti-rabbit secondary antibody (DAKO) and Vector SG (grey). The appropriate control experiments were performed to exclude cross reactivity of secondary antibodies.

**Immunofluorescent histochemistry**

Dual immunofluorescence was utilized for cellular localization of mitochondrial respiratory chain subunits. The paraffin embedded tissue sections were prepared as for immunohistochemistry without hydrogen peroxide. The pairs of primary antibodies were co-incubated for 90 min at room temperature followed by two subtype specific secondary antibodies (Jackson immunoResearch), one rhodamine conjugated and other biotinylated. The biotinylated secondary antibody was amplified using streptavidin fluoroisothiocyanate (Alexis). The sections were mounted using Vectashield with DAPI (Vector). Lack of cross reactivity and non-specific binding of secondary antibodies was determined using appropriate controls.

**Histology**

For detection of complex IV activity within individual cells in the case with primary mitochondrial disease, frozen hippocampal sections (8 μm) were air dried for 60 min at room temperature prior to incubation in COX medium (100 μM cytochrome c, 4 mM diaminobenzidine tetrahydro-chloride and 20 μg/ml catalase in 0.2 M phosphate buffer, pH 7.0) at 37°C for 50 min (Clark et al., 1997). To detect mitochondrial elements that lack complex IV activity, the activity of complex II (unaffected by the mtDNA deletions) was determined by incubating in succinate dehydrogenase medium (130 mM sodium succinate, 200 μM phenazine methosulphate, 1 mM sodium azide, 1.5 mM nitroblue tetrazolium in 0.2 M phosphate buffer, pH 7.0) at 37°C for 40 min once the incubation in COX medium for 50 min and the subsequent washing steps were completed. Following histochemistry, the sections were dehydrated in 70, 90 and 100% ethanol followed by HistoClear (National Diagnostics, Atlanta, Georgia, USA) and mounted in Glycerol (Citifluor).

**Lesion classification**

The Pattern III lesions in the early active (EA) stage (n = 12), including Balo’s type, were identified based on the preferential loss of MAG and CNPase and the absence of immunoglobulins and complement deposition, as previously described (Lucchinetti et al., 2000). In contrast, Pattern II lesions, similarly staged by the presence of early myelin degradation products in macrophages (n = 9), show a comparable loss of MAG and other myelin components [myelin basic protein (MBP), proteolipid protein (PLP) and myelin oligodendrocyte glycoprotein]. The EA regions of WMS lesions (n = 10) showed preferential loss of MAG and CNPase as in Pattern III lesions. The late active (LA) regions of all lesion types are demyelinated and contain phagocytic macrophages with only the major myelin degradation products (MBP, PLP and myelin oligodendrocyte glycoprotein). All lesion types show inflammatory activity as shown by HLA staining. No lesions were present in control tissue. The two stages of demyelination (EA and LA) were present in all Pattern III, 8 of the 9 Pattern II and 9 of the 10 WMS lesions. One Pattern II lesion and one WMS lesion contained only a LA and EA stage, respectively. The regions of ‘normal’ white matter (NWM), without macroscopic or histological evidence of demyelination, were identified as internal controls for Pattern III (n = 12), Pattern II (n = 9) and WMS (n = 10) lesions.

**Confocal laser fluorescence microscopy**

The sections double labelled for mitochondrial proteins and neurofilaments (SMI31 and SMI32) or CNPase using immunofluorescence were analysed on a Leica laser scanning microscope (Heidelberg, Germany). Individual optical sections with 1 μm thickness were taken through the tissue sections. The minimum number of optical sections was combined to track axons in Pattern III lesions. Fluoroisothiocyanate and TRIC channels were imaged sequentially and the optimal number of images stacked to ensure that the yellow elements are a result of co-localisation rather than superimposition of non-axonal porin (fluoroisothiocyanate) elements. The offset and gain were kept constant during imaging of all sections. A single x–z optical section was taken through axons.

**Quantification of mitochondrial respiratory chain complex subunit immunoreactivity in fixed brain tissue**

Due to the ubiquitous nature of mitochondrial immunoreactivity in the brain, the immunoreactive elements were captured using a 100× oil lens (Axioplan, Zeiss) and the well demarcated punctate elements were manually counted in two 100× fields (6044 μm²/field) for each lesion stage and NWM of every acute multiple sclerosis and WMS case. We also counted the immunoreactive elements within individual hippocampal cells from the case with mtDNA deletions. The assessors were blinded to tissue type and lesion stage. In order to correct for loss of tissue and/or mitochondria, the immunoreactivity of mitochondrial respiratory chain complex subunits is calculated as a percentage of porin immunoreactivity within each region in serial sections. The difficulty in identifying individual immunoreactive elements within cell bodies of glia limited the manual quantitation of immunoreactivity within hypertrophied astrocytes and activated microglia, which were excluded from this analysis. As the second method of analysis, the optical density of grey scale 100× images with identical exposure times were measured using densitometry (Zeiss Axiosvision), which included immunoreactive elements within glia.

**Statistical analysis**

Parametric tests (ANOVA) and SPSS version 14 were used for statistical analysis of immunoreactivity in multiple sclerosis, WMS...
and control white matter cases as well as the mitochondrial case. The immunoreactivity within lesion stages were compared with the corresponding NWM in multiple sclerosis and WMS cases using the posttest (Newman-Keuls), when ANOVA test indicated a P-value of <0.05.

Results

Since hypoxia-like tissue injury, described in a subset of multiple sclerosis lesions (Pattern III, Lucchinetti et al., 2000), may be caused by mitochondrial dysfunction we analysed the expression patterns of mitochondrial proteins in these lesions in comparison to that in other multiple sclerosis lesions (Pattern II) and control brain white matter by quantitative immunohistochemistry (Lucchinetti et al., 2000). We then correlated our findings in multiple sclerosis with those seen in lesions of acute WMS and mitochondrial encephalopathy.

Pattern III multiple sclerosis lesions show alterations in the expression of mitochondrial proteins, mainly affecting COX-I and COX-IV

Pattern III lesions in multiple sclerosis are inflammatory demyelinating lesions with profound microglial activation (Fig. 2a and b). In the EA stage, they are characterized by reduced myelin density in Luxol fast blue (LFB) stained sections (Fig. 2a) and a prominent loss of MAG (Fig. 2c) and CNPase, while other myelin proteins remain preserved (Fig. 2d). In more advanced lesions, called LA lesions, myelin is completely lost (Fig. 2a, c and d). Some of the lesions may show concentric rims of demyelinated and myelinated tissue (Fig. 2a, c and d). Staining for mitochondrial proteins revealed a profound loss of COX-I (Fig. 2e and g) and COX-IV of complex IV (Fig. 2i) in EA and LA lesion areas, while a general reduction of mitochondrial density is not reduced in comparison to that in NWM. Counting individual immunoreactive mitochondrial profiles revealed significant reduction of COX-I reactive elements in the EA stage (Table 3). In the LA stage, the number of immunoreactive mitochondria was also seen for COX-IV in the LA stage (Table 3).

The defect in the catalytic subunit of complex IV (COX-I) in Pattern III multiple sclerosis lesions involves oligodendrocytes, axons and astrocytes, but not macrophages and microglia

In the next step we analysed mitochondrial immunoreactivity in different cell types within active multiple sclerosis lesions by double labelling immunohistochemistry and confocal laser microscopy. The absence or massive decrease of COX-I reactivity was seen in oligodendrocytes (Fig. 3a), axons (Fig. 3c) as well as in a subpopulation (~50%) of glial fibrillary acidic protein positive astrocytes (Fig. 3e), despite the abundance of porin reactive mitochondria in the same cellular sites (Fig. 3b, d and f).

The mitochondria located within activated microglia in EA and LA stages of Pattern III multiple sclerosis lesions retain COX-I immunoreactivity despite the diffuse reduction in COX-I immunoreactivity involving other cell types in the same regions (Fig. 3g–i).

No cellular mitochondrial defects are detectable in Pattern II multiple sclerosis lesions

As in Pattern III, Pattern II multiple sclerosis lesions develop on the background of inflammation with activation of complement (Marik et al., 2007). In EA stages perivascular sheaths of demyelination are seen, which are separated by areas of partly preserved myelin with abundant macrophages, containing early myelin degradation products (Fig. 4a and b). In contrast to Pattern III multiple sclerosis lesions, there is no preferential loss of MAG or CNPase in comparison to other myelin proteins (Fig. 4c and d). At higher magnification, the tissue in EA and LA stages appears vacuolated, due to profound oedema, which extends into the adjacent NWM. A general reduction in the density of mitochondrial profiles, seen in quantitative analysis (Table 3), reflects the absence of mitochondria in oedematous vacuoles (Fig. 4e and f). Within the cellular profiles, however, mitochondrial density is not reduced in comparison to that seen in the NWM of controls. We did not find significant changes in the expression of different mitochondrial proteins between NWM of controls and Pattern II multiple sclerosis lesions, when the expression is corrected for porin containing elements (Table 3).

Widespread defects of mitochondrial respiratory chain complexes in WMS lesions

The transcription of mtDNA and nuclear DNA encoded subunits of the mitochondrial respiratory chain complexes are modulated by hypoxia (Vijayasarathy et al., 2003; Piruat and Lopez-Barneo, 2005; Fukuda et al., 2007).
Fig. 2 Pattern III multiple sclerosis lesions. (a–d) The brain sections containing Pattern III and Baló’s type (with concentric rings of preserved myelin) active multiple sclerosis lesions are stained for LFB (a), HLA (b), MAG (c) and PLP (d). There is reduced density of LFB staining (a, asterisks) in the EA stage, whereas LFB staining is absent (a, arrows) in the LA stage of Pattern III lesions compared with NWM. The neuropathological hallmark of Pattern III lesions is the preferential loss of MAG, as indicated here by the loss of MAG immunoreactivity (c, asterisks) and intact PLP immunoreactivity (d, asterisks) in the EA stage. In contrast, MAG and PLP immunoreactivity is lost in the LA stage of Pattern III lesions (c and d, arrows). e and f: In deeper sections from the same block, there is a decrease in complex IV subunit-I (COX-I) immunoreactivity, which is diffuse in the EA stage (e, asterisks) and most prominent in the LA stage (e, arrows) compared with NWM. The porin immunoreactivity in the EA stage (f, asterisks) of Pattern III lesions is similar to the NWM. However, there is a decrease in porin immunoreactivity in the LA stage (f, arrows). Interestingly, COX-I immunoreactivity is preserved in the concentric rings of the Baló’s type multiple sclerosis lesion (e). g–i: Higher magnification images show the punctate COX-I (g), porin (h) and COX-IV (i) immunoreactive elements, typical of mitochondrial staining, in the NWM (left column), EA stage (middle column) and LA stage (right column). There is a global reduction in the number of COX-I immunoreactive elements in the EA (gg) and LA (ggg) stages of Pattern III lesions compared with NWM (g). There are ramified cells consistent with microglia containing dense COX-I immunoreactivity in Pattern III lesions (gg–ggg). The number of porin immunoreactive elements appears reduced in LA (hhh), where there is tissue vacuolation, but not EA (hh) stage compared with NWM (h). The cells with enlarged cytoplasm (consistent with hypertrophied astrocytes) contain a peripheral rim of dense porin (hhh) but not COX-I (ggg) immunoreactivity, and clearly illustrate the disproportionate loss of COX-I compared with porin immunoreactivity in Pattern III lesions. The number of COX-IV immunoreactive elements is also decreased in Pattern III lesions (ii and iii) compared with NWM (i). Scale bars = 8 mm (a–f) and 10 μm (g–i).
Therefore, we immunohistochemically analysed mitochondrial respiratory chain subunits in WMS lesions (Table 4). Similar to Pattern III multiple sclerosis lesions, the EA stage of WMS lesions is characterized by the loss of MAG and CNPase, while other myelin proteins are preserved (Aboul-Enein et al., 2003). In the LA stage tissue is severely damaged, reflected by global loss of myelin, profound axonal degeneration and astrocytic damage (Fig. 5a–bbb). In contrast to multiple sclerosis Pattern III lesions, all the mtDNA and nuclear DNA encoded mitochondrial proteins, with the exception of complex IV, were reduced in the EA stage (Fig. 5c–hhh). When corrected for porin expression a significant decrease of mitochondrial immunoreactivity was seen for COX-I, complex I 20 kDa or ND6, complex I 30 kDa and complex II 70 kDa proteins, but not for COX-IV. In LA lesions, where tissue loss is extensive, we found a general loss of mitochondria (including porin reactive elements) except within phagocytic macrophages (Fig. 5ccc–hhh). These data show, that Pattern III multiple sclerosis as well as WMS lesions are associated with mitochondrial injury, but that the profiles of mitochondrial injury are different.

### Reduced mitochondrial respiratory chain complex subunit immunoreactivity is associated with decreased functional complex IV activity in mitochondrial encephalopathy

So far we have shown that the expression of mitochondrial proteins, in particular COX-I and COX-IV, is reduced in oligodendrocytes, axons and astrocytes in Pattern III multiple sclerosis lesions and that this reduction is associated with a hypoxia-like tissue injury. The question thus arises, whether such a decrease in mitochondrial proteins may result in a functional defect of the respiratory chain. This can be analysed in frozen tissue sections at the single cell level using enzyme histochemistry for COX

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### Table 3 Quantitation of immunoreactive elements of mitochondrial respiratory chain subunits and porin in Patterns II and III multiple sclerosis lesions and control white matter

<table>
<thead>
<tr>
<th>Antigen mean ± SD (No. of lesions)</th>
<th>Porin</th>
<th>COX-I (mtDNA)</th>
<th>COX-IV (nuclear)</th>
<th>Complex I 20 kDa or ND6 (mtDNA)</th>
<th>Complex I 30 kDa (nuclear)</th>
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<td>228.8 ± 23.3</td>
<td>207.2 ± 16.9</td>
<td>152.4 ± 12.8</td>
<td>141.0 ± 16.5</td>
<td>139.3 ± 17.3</td>
<td>119.5 ± 13.4</td>
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<td>202.1 ± 33.9</td>
<td>185.4 ± 17.5</td>
<td>144.2 ± 27.8</td>
<td>131.4 ± 16.9</td>
<td>115.4 ± 26.9</td>
<td>92.9 ± 12.8</td>
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<td>193.1 ± 26.6</td>
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<td>187.1 ± 22.2</td>
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The values indicated in the first line are the mean and standard deviation of the absolute number of punctate elements per 100x field (6044 μm²); second line are the mean and standard deviation of the percentages of porin elements containing respiratory chain complex subunit immunoreactivity (in serial sections) and third line are the mean and standard deviation of the densitometric values of whole grey scale 100x images. The densitometric value is inversely related to the intensity of the immunoreactivity. The number of lesions or NWM regions analysed for each stage is indicated within parentheses in column one. The immunoreactivity within lesions was compared with the corresponding NWM in multiple sclerosis and WMS cases (P<0.01 and +P<0.001).

CON WM = control white matter. EA = early active stage. LA = late active stage. MS = multiple sclerosis. NWM = normal white matter.
Fig. 3 The oligodendrocytes, axons and hypertrophied astrocytes but not microglia lack COX-I immunoreactivity in Pattern III multiple sclerosis lesions. a–f: The left and right columns of images show COX-I and porin immunoreactivity, respectively. a and b: The double immunofluorescent labelling of COX-I (a, green) and oligodendrocyte marker, CNPase (a, red) identifies oligodendrocytes lacking COX-I immunoreactivity (a, arrowheads and insert) in the EA stage of Pattern III lesions. The cells with COX-I immunoreactivity in the EA stage lack CNPase immunoreactivity (a, arrow). In serial sections, CNPase (red) immunoreactive oligodendrocytes (b, arrowhead and insert) as well as numerous other cells in EA stage contain porin (green) immunoreactive elements. c and d: The double immunofluorescent labelling of COX-I (c, green) and axonal markers [phosphorylated (SMI31) and non-phosphorylated (SMI32) neurofilaments in red] identifies axons with only a small number of COX-I immunoreactive elements (c) in the LA stage of Pattern III lesions. In serial sections, the porin elements (d, green) are more numerous than COX-I elements (c, green) within demyelinated axons in the LA stage of Pattern III lesions. A confocal x–z image (d, insert) confirms the axonal location of the porin immunoreactive elements in the x–y images (d). e and f: The mitochondrial proteins [COX-I (e) and porin (f)] are co-stained with a astrocyte marker, glial fibrillarry acidic protein, using chromogens [DAB (brown) and Vector SG (grey), respectively]. The COX-I immunoreactive elements are absent in a proportion of hypertrophied astrocytes (e) in Pattern III lesions. The hypertrophied astrocytes in serial sections contain abundant porin immunoreactivity (f). g–i: In the LA stage of Pattern III lesions, the activated microglia distributed around the blood vessels and identified by the CD163 (h, red) immunoreactivity contain COX-I immunoreactivity (g and i, green). a–d: Confocal images. Scale bars = 10 μm (a–f) and 50 μm (g–i).
complex IV activity) and succinate dehydrogenase (complex II activity). Since, frozen material from Pattern III multiple sclerosis lesions were not available we investigated hippocampal sections of a case with multiple mtDNA deletions. Since the extent of mitochondrial defects in primary mitochondrial disorders varies between cells in the nervous system, we found low expression of mtDNA encoded subunits (COX-I and complex I 20 kDa or ND6) in a subset of pyramidal cells of the CA2 layer, while nuclear DNA encoded proteins and the number of porin reactive mitochondria were unaffected (Fig. 6a–e). Quantitative studies on these cells, done by manual counting of immunoreactive mitochondria, revealed a 60% decrease in the number of COX-I reactive mitochondrial elements and show the feasibility and reliability of the manual counting method. This was confirmed by densitometry, showing a significant decrease ($P < 0.001$) in COX-I reactivity within affected cells in comparison to unaffected adjacent cells.

In a snap frozen section of the contralateral hippocampus the enzyme histochemical analysis shows a proportion of cells, lacking complex IV activity with normal complex II activity (blue cells) and the remaining cells with complexes IV and II activity (brown cells; Fig. 6f). Cells deficient in COX-I and ND6 immunoreactivity or lacking complex IV activity were absent in similarly processed control tissue. These data indicate that the decrease in COX-I
Mitochondrial defects in acute multiple sclerosis lesions

**Table 4** Quantitation of immunoreactive elements of mitochondrial respiratory chain subunits in WMS lesions

<table>
<thead>
<tr>
<th></th>
<th>Porin (mtDNA)</th>
<th>COX-I (Nuclear)</th>
<th>COX-IV</th>
<th>Complex I 20 kDa or ND6 (mtDNA)</th>
<th>Complex I 30 kDa (Nuclear)</th>
<th>Complex II 70 kDa (Nuclear)</th>
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<tbody>
<tr>
<td>WMS</td>
<td>217.58 ± 17.67</td>
<td>186.64 ± 7.23</td>
<td>155.67 ± 14.59</td>
<td>133.62 ± 10.17</td>
<td>162.14 ± 10.58</td>
<td>124.13 ± 15.09</td>
</tr>
<tr>
<td>NWM (8–10)</td>
<td>133.9 ± 4.6</td>
<td>145.9 ± 3.7</td>
<td>150.0 ± 3.6</td>
<td>159.9 ± 4.5</td>
<td>153.3 ± 4.3</td>
<td>162.4 ± 4.6</td>
</tr>
<tr>
<td>WMS (7–9)</td>
<td>182.41 ± 19.31</td>
<td>93.96 ± 17.52</td>
<td>113.44 ± 11.27</td>
<td>51.3 ± 12.65</td>
<td>102.29 ± 14.51</td>
<td>61.35 ± 9.30</td>
</tr>
<tr>
<td>EA (7–9)</td>
<td>130.6 ± 4.8</td>
<td>173.1 ± 4.2</td>
<td>159.2 ± 4.7</td>
<td>171.8 ± 4.9</td>
<td>168.4 ± 3.9</td>
<td>176.4 ± 4.8</td>
</tr>
</tbody>
</table>

The values indicated in the first line are the mean and standard deviation of the absolute number of punctate elements per 100x field (6044 μm²), second line are the mean and standard deviation of the percentages of porin elements containing respiratory chain complex subunit immunoreactivity (in serial sections) and third line are the mean and standard deviation of the densitometric values of whole grey scale 100x images. The densitometric value is inversely related to the intensity of the immunoreactivity. The number of lesions or NWM regions analysed for each stage is indicated within parentheses in column one. The immunoreactivity within lesions was compared with the corresponding NWM in multiple sclerosis and WMS cases (∗P < 0.01 and †P < 0.001).

**Fig. 5** WMS lesions. The three columns show immunoreactivity in NWM (left), EA (middle) and LA (right) stages of WMS tissue. a and b: Both CNPase and MBP immunoreactivity are detectable in the NWM, whereas CNPase immunoreactivity is intact in the EA stage of WMS lesions. In the LA stage, both CNPase and MBP immunoreactivity are lost except within phagocytic macrophages. c: The porin immunoreactive punctate elements are numerous in the NWM and EA stage. In the LA stage of WMS lesions, there is severe tissue loss and mitochondria are mostly located in phagocytic macrophages. d–h: The number of immunoreactive elements for all mitochondrial respiratory chain complex subunits (COX-I, complex I 20 kDa or ND6, complex I 30 kDa and complex II 70 kDa) except COX-IV appears decreased in EA stage compared with NWM. Furthermore, the majority of phagocytic macrophages in LA stage show a decrease in immunoreactivity for the mitochondrial respiratory chain complex subunits (except for COX-IV) despite the abundance of porin immunoreactive elements (ccc). Asterisk indicates subunits encoded by mtDNA. Scale bars = 10 μm (a–h).
immunoreactivity like that seen in Pattern III multiple sclerosis lesions is associated with a functional defect of the respiratory chain.

**Discussion**

In this study, we explored mitochondrial defects in fixed brain tissue from cases with multiple sclerosis by immunohistochemistry detecting a number of mtDNA and nuclear DNA encoded subunits of the respiratory chain complexes. We then directly compared the changes in acute multiple sclerosis lesions with those observed in WMS. In comparison to the white matter of normal brains and the NWM of multiple sclerosis tissue, we found two distinct patterns in mitochondrial changes. The first was reflected by a global reduction of mitochondrial density, seen also in sections stained for porin. This was seen in all multiple sclerosis and stroke tissues and apparently is due to the increase in extracellular space due to oedema and tissue loss/vacuolation. The second was a selective affection of certain mitochondrial proteins in relation to the global number of porin reactive mitochondria. This second pattern of mitochondrial alterations appears to be relevant for understanding mechanisms of tissue injury in the lesions.

In Pattern III lesions of multiple sclerosis patients, the mitochondrial proteins which were most affected, were COX-I and COX-IV. The analysis of the number of immunoreactive elements in serial sections shows that approximately a quarter of mitochondrial elements in EA and half of the mitochondrial elements in LA stages of Pattern III lesions lack COX-I immunoreactivity. It is well established that mtDNA encoded subunit-I of complex IV (COX-I) is essential for the activity of complex IV or COX (Comi et al., 1998; Bruno et al., 1999; Kollberg et al., 2005). There was, however, also a deficiency of COX-IV (subunit IV of complex IV) in approximately a quarter of mitochondrial elements in Pattern III lesions. A defect in COX-I leads to degradation of unassembled COX-IV, which may be the reason for a COX-IV defect in LA stage of Pattern III lesions (Nijtmans et al., 1995). Alternatively, COX-IV may succumb to the same process that injures COX-I in Pattern III lesions. Hence, the mitochondrial defects in Pattern III lesions most likely impair activity, assembly and stability of complex IV. As shown in the case with multiple deletions of mtDNA and complex IV deficiency, the mitochondria devoid of COX-I immunoreactivity in Pattern III lesions are likely to lack complex IV activity.

The mitochondrial defects described above were seen in oligodendrocytes, axons and astrocytes, but not in macrophages and microglia. Oligodendrocytes are more susceptible to oxidative stress in vitro compared with astrocytes and microglia despite similar inhibition of mitochondrial activity (Mitrovic et al., 1994). This differential susceptibility to oxidative stress may explain why oligodendrocytes undergo apoptosis in Pattern III lesions, while astrocytes are resistant. This difference may be due to astrocytes...
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being able to maintain ATP production through induction of glycolysis (Almeida et al., 2001, 2004). Induction of glycolysis in astrocytes with mitochondrial defects causes an increase in lactate production (Almeida et al., 2001). Indeed, magnetic resonance spectroscopic studies of Balo’s type lesions have found consistently increased lactate peaks (Lindquist et al., 2007; Mowry et al., 2007). Furthermore, CSF lactate levels may be elevated in patients with primary mitochondrial disorders (Jackson et al., 1995).

Mitochondrial injury may also be important in driving axonal degeneration. In acutely demyelinated axons, the efflux of sodium (Na⁺) entering through the redistributed Na⁺ channels and ionic homeostasis are energy dependant processes (Waxman, 2006). The demyelinated axons can be protected from NO mediated degeneration, which involves an energy deficient state, using Na⁺ channel blockers or inhibitors of Na⁺/Ca²⁺ exchanger (Garthwaite et al., 2002; Kapoor et al., 2003). Hence, the complex IV defect involving axons in Pattern III lesions may augment axonal degeneration through an increase in intra-axonal Na⁺ and imbalance of Ca²⁺.

What drives the complex IV defects in Pattern III lesions needs further investigation. The differential expression of mtDNA-encoded subunits is physiologically regulated at a post-transcriptional level. The COX-I mRNA is rapidly degraded in vitro compared to a number of other subunits when exposed to NO (Wei et al., 2002). Hence, we speculate that the mitochondrial defects in Pattern III lesions identified in this study are due to post-transcriptional modification of COX-I mRNA by NO and subsequent degradation of unassembled COX-IV (Nijtmans et al., 1995; Williams et al., 2001; Wei et al., 2002; Fukuda et al., 2007). Alternative explanations include damage to COX-I gene (mutations of COX-I gene) or selective degradation of complex IV subunits. However, the above hypothesis does not address why the mitochondrial defects in acute lesions are confined to Pattern III in multiple sclerosis. There is evidence that distinct inflammatory pathways exist between Pattern II and Pattern III lesions. The expression of chemokine receptors differs in Pattern II from Pattern III lesions (Mahad et al., 2004). The microglia appear to be activated via Toll-like receptors in the early stages of Pattern III and not Pattern II lesions (Smiley et al., 2001; Marik et al., 2007). These activated microglia, found in close proximity to apoptotic oligodendrocytes, may release a range of mediators (Barnett and Prineas, 2004; Perry et al., 2007). Hence, the differences in immune response and extent of NO production may explain the selectivity of complex IV defects in acute multiple sclerosis lesions.

Little is known about the state of mitochondrial respiratory chain in WMS lesions. However, in vitro and in vivo studies have identified a decrease in transcription of mtDNA and nuclear DNA encoded subunits within 24 h of exposure to hypoxia (Vijayasarthay et al., 2003; Piruat and Lopez-Barneo, 2005; Fukuda et al., 2007). Accordingly, we identify a decrease in a number of immunohistochemically detectable subunits of complexes I, II and IV except COX-IV. What is intriguing about the profile of immunohistochemically detected mitochondrial respiratory chain subunits in WMS lesions is the preservation of COX-IV when COX-I is profoundly reduced (from 91% to 49%). COX-IV has two isoforms (COX-IV-1, which is present under physiological conditions and COX-IV-2). The stabilisation of HIF-1α by hypoxia increases transcription of COX-IV-2, which transfers electrons more efficiently than COX-IV-1 (Fukuda et al., 2007). HIF-1α is up-regulated in WMS lesions and early stages of Pattern III lesions, where COX-IV is relatively preserved. HIF-1α is minimal or absent in LA stage of Pattern III lesions, where COX-IV is reduced (Marik et al., 2007). The monoclonal antibody against COX-IV does not differentiate the isoforms. Hence, the stabilisation of HIF-1α may explain the difference in immunohistochemically detected COX-IV between WMS and Pattern III lesions.

In conclusion, our study provides evidence for mitochondrial defects, which may at least in part explain the hypoxia-like tissue injury seen in a subtype of multiple sclerosis lesions. The data are consistent with the hypothesis that radicals, produced by activated macrophages and microglia, are a major driving force in the pathogenesis of such lesions. The mechanism of tissue injury, described here, may not be restricted to these fulminant lesions of acute and early relapsing multiple sclerosis. Microarray studies from cortical and white matter tissue of patients with progressive multiple sclerosis showed up-regulation of genes involved in (hypoxic) preconditioning (Graumann et al., 2003) and decreased expression of mRNA for mitochondrial proteins (Dutta et al., 2006). Furthermore, the dominant loss of small calibre axons in multiple sclerosis lesions suggests energy deficiency as a major mechanism involved in axonal degeneration (DeLuca et al., 2004; Stys, 2005). Thus, the mitochondrial alterations seen in fulminant Pattern III multiple sclerosis lesions may in milder form also drive oligodendrocyte and axonal injury in the progressive stage of the disease.

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References


