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Synapse diversity and synaptome architecture in human genetic disorders

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Abstract

Over 130 brain diseases are caused by mutations that disrupt genes encoding the proteome of excitatory synapses. These include neurological and psychiatric disorders with early and late onset such as autism, schizophrenia and depression and many other rarer conditions. The proteome of synapses is highly complex with over 1000 conserved proteins which are differentially expressed in individual synapses generating a vast, potentially unlimited, number of synapse types. The diversity of synapses and their location in the brain is described by the synaptome. A recent study has mapped the synaptome across the mouse brain revealing that synapse diversity is distributed into an anatomical architecture observed at scales from individual dendrites to the whole systems level. The synaptome architecture is built from the hierarchical expression and assembly of proteins into complexes and supercomplexes which are distributed into different synapses. Mutations in synapse proteins change the synaptome architecture leading to behavioural phenotypes. Mutations in the mechanisms regulating the hierarchical assembly of the synaptome, including transcription and proteostasis, could also change synapse diversity and synaptome architecture. The logic of synaptome hierarchical assembly provides a mechanistic framework that explains how diverse genetic disorders can converge on synapses in different brain circuits to produce behavioural phenotypes.

Synapse proteome complexity and genetic disorders

The brain is the most anatomically complex organ and synapses are the hallmark of this complexity – they are present in vast numbers and their proteome comprises thousands of proteins. The discovery in 2000 that the synapse proteome is highly
complex(1, 2) transformed concepts of synapse molecular function and has had a major impact on uncovering the role of synapses in disease. The complexity of the synapse proteome became apparent when proteomic mass spectrometry was used to characterise NMDA receptors and MAGUK proteins purified from the mouse brain. This revealed that 77 proteins assembled into large multiprotein complexes and this increased the number of known proteins ten-fold(1, 2). This discovery raised the possibility that there might be many more proteins in the postsynaptic proteome, which was confirmed by numerous studies(3-10). It is now widely accepted that there is over 1000 highly conserved proteins in the postsynaptic proteome of vertebrate excitatory synapses and several thousand proteins in the total synapse proteome.

The first clue that the synapse proteome could be the target of many genetic disorders came from the finding that mutations in three of the 77 proteins caused intellectual disability and that mutations in 15 of the 77 genes caused learning impairments in mice(1). Since then, the combination of synapse proteomic and human genetic studies has progressively added to the list of synapse proteins involved with human genetic diseases. There have also been many more studies demonstrating that mice carrying mutations in synaptic proteins show behavioural abnormalities. Characterisation of the postsynaptic proteome purified from human brain tissue in 2011 revealed that over 130 brain diseases arise from mutations in hundreds of genes encoding proteins in the postsynaptic proteome of excitatory synapses(5). These diseases include common and rare neurological, psychiatric, neurodevelopmental and neurodegenerative disorders of monogenic and polygenic origin. As human genome sequencing is applied to more brain disorders, the number of genetic variants targeting synapse proteins continues to increase and this set of proteins appears to be responsible for more brain diseases than any other set of brain proteins.

**Synapses are highly complex and sophisticated signalling machines**

The recognition that the synapse proteome is highly complex has required a shift in the basic concepts of synapse physiological function. Before 2000, neurophysiologists had focussed on the concept that the major role of the synapse is to maintain stable synaptic transmission between nerve cells and that changing the
stable strength is the primary behavioural function of synapses. With this concept in mind, investigations of molecular mechanisms sought to identify synaptic proteins that would subserve these roles. John Lisman proposed that a mere handful of proteins (the subunits of three protein complexes: the NMDA and AMPA receptors and the serine-threonine kinase CamKII) in mammalian excitatory synapses would be necessary and sufficient for synaptic transmission and the plasticity underlying learning(11). However, proteomics revealed that these proteins represent fewer than 1% of all proteins in the postsynaptic proteome. Furthermore, genetic studies of many of the other 99% of postsynaptic proteins showed that these proteins control synapse stable strength too, as well as the dynamic synapse strength and many different innate and learned behaviours(12, 13). Moreover, the model that stable synapse strength is the core mechanism of learning has been challenged by many genetic and pharmacological dissociations between synaptic physiology and learning behaviour. Thus, the emerging view is that innate and learned behaviours are controlled by diverse sets of proteins in the synapse that act in highly integrated and complex molecular networks(14-16). The output of this protein network is the modulation of a plethora of cellular mechanisms ranging from instantaneous control of synaptic strength to regulation of metabolic, proteostatic and transcriptomic cellular mechanisms.

Understanding how the signalling functions of synaptic proteins are integrated requires an understanding of the physical structure and organization of the proteins. Eukaryotic proteins are rarely found as monomers and almost all are assembled with binding partners into multiprotein complexes(17, 18). A survey of over 60 synaptic proteins found that all were assembled into a hierarchy of multiprotein complexes and supercomplexes (complexes of complexes)(19). The close physical location of proteins and their domains within these supramolecular assemblies confers their integrative functions and sophisticated signalling properties. Disruption of these signalling complexes, as evidenced by mutations in the scaffold protein PSD95 and its interacting proteins, causes behavioural abnormalities and interferes with the ability of synapses to respond to patterns of nerve cell activity(12, 13, 20, 21). This integrative function of multiprotein complexes can explain why mutations in the cognate genes converge to produce similar phenotypes. For example, 'studies in mice and humans have provided abundant evidence that PSD95 supercomplexes
(also known as MASC) are targets of many human disease genes that cause cognitive impairments including schizophrenia(15, 22-26).

**From synapse proteome complexity to synapse diversity and the synaptome**

It has long been known from physiological, pharmacological and anatomical studies that there are different synapse types. For example, in the mammalian central nervous system the major synapse types can be functionally catalogued into excitatory and inhibitory synapses which use the neurotransmitters glutamate and GABA, respectively. However, with the advent of gene cloning and molecular labelling methods it became apparent that this classification was overly simplistic and could not describe the diversity of synapses. There are many subtypes of glutamate and GABA receptor subunits and combinations of these are differentially expressed in different synapses and confer different physiological properties. When we consider that synapses are built from more than 1000 proteins in many different structural classes and they too are expressed in different combinations then there is a potentially vast, if not unlimited, number of synapse types. Not only can combinatorial usage of proteins generate synapse diversity, but so can differential splicing and post-translational modifications(14, 27). For example, alternatively spliced neurexin isoforms can potentially produce many thousands of different proteins from a single gene, and triggering of neurotransmitter receptors can induce post-translational changes in hundreds of proteins(14, 27).

Synapse diversity is now beginning to be studied with modern molecular techniques(28, 29) but remains poorly understood for at least two reasons. First, there is a need to develop a conceptual framework and nomenclature to describe the diversity(28, 30). Second, tools are needed to characterise the diversity at the scale of the whole brain and not just in small samples(31). As a step toward addressing the first issue, the term ‘synaptome’ was coined to describe the full set of synapses in the brain(31, 32). Much as the genome describes the location and features of each gene, the synaptome describes the location and features of each synapse. Just as there has been a set of terms to describe gene structure and genome architecture, there is a need to develop a language to describe the synaptome.
The first whole brain scale synaptome was recently reported(31). The protein composition and morphological features of ~1 billion individual synapses across all regions of the mouse brain were used to create unbiased synapse catalogues describing synapse diversity and synaptome maps showing the location of all the different synapse types (Figure 1). Using high speed spinning disc confocal microscopy, the amounts of two proteins (PSD95 and SAP102) found in the postsynaptic terminal of excitatory synapses, together with synapse size and shape parameters, were quantified. These two proteins, which were genetically labelled in mice by fusing fluorescent proteins to the carboxyl-terminus of the endogenous protein, are required for the assembly of two distinct multiprotein complexes and thus the imaging reveals how supramolecular complexes are the building blocks for synapse diversity and synaptome architecture (Figure 1).

To characterise synapse diversity from the brain-wide dataset, a classification scheme that defines synapse types based on the molecular composition of the synapse as the primary feature and the morphology of synapses as a secondary feature was devised(31). Type 1 synapses express PSD95, type 2 express SAP102 and type 3 express both proteins (Figure 1A-C). The addition of morphological parameters enabled each of these types to be further divided into a total of 37 subtypes. Strikingly, each type and subtype showed a unique anatomical distribution pattern across the brain. Each region of the brain could be characterised by a particular composition of synapse types and subtypes. Regions of the neocortex and hippocampus showed highest synapse diversity, whereas basal structures, such as the brainstem, showed lowest diversity (Figure 1D). To facilitate access to the data and visualization of synapses across the brain, a set of maps was compiled into the Mouse Synaptome Atlas resource (http://synaptome.genes2cognition.org) and a versatile viewer called the Synaptome Explorer was developed(31).

The spatial distribution of synapse types and subtypes was shown to be relevant to the connectivity of circuits and behavioural functions. For example, different long-range inputs to the thalamus employed synapses with different combinations of proteins. At the global systems level of the brain the synapse composition of different brain regions exhibited a network topology that correlated with the topology of the functional connectivity of those regions as measured with resting state functional...
magnetic resonance imaging (fMRI). This indicates that the synaptome molecular architecture is relevant to the large-scale electrophysiological network properties of the brain.

The study of synapse diversity arising from only two postsynaptic proteins revealed combinatorial principles that extend to any number of other synapse proteins. Each protein had a unique synaptome map. In other words, each protein was localized into a unique subset of the total number of synapses. As a result, protein combinations generate synapses containing either or both proteins. The number of synapse types arising from \( n \) different proteins is described as \( N_{\text{types}} = 2^n - 1 \), and 50 proteins (< 5% of the synapse proteome) could potentially generate more types than there are synapses in the human brain (5 x 10^14). With the addition of size and shape parameters, the number of synapse subtypes expands exponentially to a number far beyond the largest and most complex brain of any animal. While there is no doubt that there is vast synapse diversity conferred by molecular combinatorial mechanisms, there are in fact constraints that limit the combinations and diversity. As described above, the proteome of individual synapses is not a soup of promiscuously expressed individual proteins but is a structured assembly of protein complexes and supercomplexes that are built from combinations of proteins, and these supramolecular structures have constraints that limit and define their protein composition (Figure 2). Considering that synapses are composed of combinations of complexes (and supercomplexes) and these in turn are composed of combinations of proteins, then the impact of a given mutation on a subset of synapses will be determined by the rules of assembly of this molecular hierarchy (Figure 2).

**Synaptome modification in genetic disorders**

Synapse diversity and synaptome architecture have important implications for understanding the mechanism of genetic disorders and where they exert their effects in the brain. In the following section, I will present evidence that suggests that most, and perhaps all, brain diseases will manifest with changes in synaptome architecture and that different diseases will target specific subsets of synapse types. Mutations can act through at least four different mechanisms to change the synaptome:
**Mechanism 1: mutations target subsets of vulnerable synapses**

As exemplified by the three synapse types that arise from the combinatorial expression of two synapse proteins, a mutation that results in a change in one protein will affect a subset of synapses (Figure 3A, B). Thus, to understand which synapses (and circuits) are affected by a disease gene it will be necessary to create a synaptome map of its cognate protein. The subset of synapses within this synaptome map can be considered to be the genetically “vulnerable” synapses and those that are unaffected as the “resilient” synapses. The versatile synaptome mapping pipeline SYNMAP is well suited and scalable for creating these maps(31).

**Mechanism 2: mutations induce synaptome reprogramming**

Synaptome reprogramming is a fascinating and potentially important regulatory mechanism in disease(31). We found that mutations in PSD93 and SAP102 (Psd93 knockout mice, which are a model of schizophrenia, and Sap102 knockouts, which are a model of X-linked intellectual disability) changed the synaptome map of PSD95 (Figure 3C). Thus, a mutation in one synapse protein changes the synaptome map of another synapse protein. To understand the mechanisms involved we reasoned that because PSD93 is a component of PSD95 supercomplexes then the mutation could change the supercomplex localisation and the PSD95 synaptome map. This suggests that mutations in other PSD95-interacting proteins could also change the PSD95 synaptome. However, this mechanism would not apply to SAP102 because it is in physically distinct complexes to those housing PSD95. This suggests that a mutation in a different complex could also change the PSD95 synaptome. Together, these observations suggest that a mutation in any synapse protein could change the synaptome map of PSD95 through synaptome reprogramming. Thus, when we consider how a mutation in a gene could generate a synaptome phenotype we need to consider the role of mechanisms 1 and 2. At a practical level, it means that in addition to mapping the synaptome of the mutant protein, it will be important to map the synaptome of other synapse proteins. In this model, we are considering that the connectome anatomy has not changed and it is the synapse proteins that are different. To fully dissect the consequences of the mutation on the connectome and the synaptome, in future studies it will be useful to use conditional knockout approaches and measurements of dendritic and axonal anatomy.
**Mechanism 3: lifespan temporal synaptome architecture and phenotype penetrance**

One of the most puzzling features of some germline mutations is that their phenotypes manifest at late ages and in particular regions of the brain despite the gene being widely and continuously expressed\(^{33}\). A parsimonious explanation for this phenomenon is that the ‘molecular context’ of the mutation changes with age and brain region and, as a result, the penetrance of the mutation is affected. In the context of synaptic disorders, a change in synapse diversity with age and brain region might account for a genetic disorder targeting a particular brain circuit at a particular age. Toward this possibility, we have been mapping the synaptome of the mouse brain across the lifespan and find that there are marked changes at different ages (M. Cizeron, Z. Qiu, E. Fransén, S.G.N. Grant, personal communication). It is very likely that the two mechanisms described above will vary with age and brain region and studying this in the context of genetic disorders may show why some genetic diseases exert their phenotypes later in life.

**Mechanism 4: disruption to the molecular hierarchy that assembles the synaptome**

The synaptome is built from a hierarchy of molecular mechanisms ranging from the transcriptome (e.g. the cell type-specific transcriptome), protein turnover (e.g. translation, proteostasis), mechanisms of assembly of complexes into supercomplexes and trafficking of these assemblies into different synapses (Figure 2)\(^{31, 34, 35}\). Above, we considered the impact of genetic disorders that directly target the synapse proteome and the assembly of complexes and supercomplexes into the synaptome. However, in the broader context of this hierarchical assembly model there will be mutations that interfere with mechanisms at all levels and these will be expected to impact on synapse diversity and synaptome architecture. Although there is much research to be conducted toward understanding how basic cell biological mechanisms control the synaptome architecture of the whole brain, focussed studies have shown that mice carrying a mutation in Fmr1, an RNA-binding protein involved with autism, exhibit changes in distinct subpopulations of synapses in the neocortex\(^{36}\). It is likely that synaptome pathology will be a common feature of autism as many of the susceptibility genes encode synapse proteins and regulators of proteostasis\(^{37}\). Convergence of phenotypes arising from mutations in different classes of disease genes may also occur in schizophrenia because the susceptibility genes are enriched in proteins in PSD95 supercomplexes\(^{22-26}\).
Given the synapse proteome complexity and its diversity of protein types, it is very likely that mutations in most general regulatory mechanisms (transcription, translation and protein turnover) will impact on the synaptome. Human brain diseases arise from a wide range of different genomic structural alterations including mutations affecting gene regulation, protein structure, copy number and chromosomal rearrangements. All of these genomic structural changes could impact on the molecular hierarchy and thereby change synaptome architecture. Thus, synaptome mapping in models of these genetic and cell biological mechanisms will be rich areas of investigation in the future.

**The functional importance of synaptome architecture for behaviour**

I have described how synapse diversity and synaptome architecture will be targeted in a very wide range of diseases, and from this it should be clear that we need to understand how the synaptome is important for behaviour so that we can interpret how these diseases produce their behavioural phenotypes. Central to this issue is the need to understand the functional importance of synapse diversity in behaviour, which is a subject that has received very little attention and is not part of the standard literature on synapse physiology and behaviour. It is well known that synapse proteome composition controls synaptic transmission and synaptic plasticity and thus, by extension, different synapse types will show different functional properties. We have developed ‘Synaptomic Theory’ to explain how synapse diversity and synaptome maps can store information (innate and learned behaviours) that can be “recalled” by patterns of nerve cell activity(38).

Because the release of a neurotransmitter generates a postsynaptic response amplitude that is modulated during the train of activity, synapses with different proteomes show different patterns of response. This means that the proteome of a synapse type can be identified by its response to a pattern of activity. In other words, the information stored in the proteome of individual synapses can be functionally accessed or recalled by examining the response of that synapse to a pattern of activity. The spatial distribution of these different synapse types on dendrites, cell types and brain regions will therefore control the physiological output from their
relevant circuits. Altered synaptome maps arising from genetic disorders could then produce different electrophysiological outputs that could produce behavioural phenotypes associated with the disease.

Concluding comments and future perspectives

One of the most powerful features of synapse proteome and synaptome biology is their direct connection to the genome and hence genetic disorders. A huge number of diseases directly target the genes encoding the synapse proteome, and each could potentially result in an altered synaptome architecture. A further set of diseases targeting regulatory proteins could also result in changes to the synaptome. It seems probable that genetic disorders that interfere with non-neuronal cells may in some cases alter the synaptome too, since astrocytes and microglia are known to modulate synapse biology. Because synapse proteomes are spatially distributed into diverse synapses and they are distributed into an architecture, the synaptome and its hierarchical molecular assembly provides a roadmap from the gene to the brain circuit and to behaviour that can be applied in genetic disorders of the brain.

Synaptomic methods are in their infancy and there is a need to enhance and develop many aspects of the technology. Alongside the molecular labelling and imaging technology there is a need to expand the Mouse Synaptome Atlas resource with data across all ages of the lifespan and in the many different neuronal cell types. Linking synapse types and cell types (defined by transcriptomes) will be of major importance for linking genes to the anatomy and function of neural circuits.

There are no systematic synapse catalogues that embrace our current knowledge of synapse proteome complexity. We require research programs that will identify the range of synapse types using protein markers, and new classification schemes of synapse types that take into consideration the complexity and dynamics of the synapse proteome. This knowledge will be of value in identifying the synapse types and subtypes that are the targets of genetic disorders.

Programs of research that map the synaptome will be required in human and in organisms that are considered as models for human brain disease. We have begun
to apply the SYNMAP pipeline (31), which was developed for the mouse, to the human brain and found that it is possible to map billions of synapses and catalogue the synapse types in the synaptome of normal and Alzheimer's disease human postmortem tissue (O. Curran, C. Smith, Z. Qiu, S.G. Grant, personal communication). Very little is known about species differences in synapse diversity and this may be very important in understanding the utility of model organisms and why drugs target certain synapse types. Studying the conserved and derived features of synaptomes in different species will enable us to identify the ancestral synaptome maps and the lineage-specific changes that characterise each species.

The synaptome contains three-dimensional molecular information about brain structure and function and has the potential to link with the established brain imaging methods used in the clinic. We have shown that the differential synapse proteome composition of regions of the human neocortex correlates with functional brain imaging (PET and fMRI) (39) and that the mouse synaptome network topology correlates with the resting state fMRI network (31). These findings are a step toward using fMRI and PET imaging to study the synaptome in living individuals over the lifespan.

In conclusion, the complexity of the synapse proteome and the remarkable and beautiful architecture of the synaptome present a framework that enables us to understand the link between genetic disorders, the architecture of the brain and behaviour. Synaptomic methods will enable a new range of basic science investigations that, together with genetic and clinical imaging approaches, have the potential to provide a rational and general model of the genetic basis of behavioural disorders.

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References


Figure 1. Synaptome mapping in mouse.

A. Genes expressing synapse proteins are tagged in mice by fusing a genetically encoded fluorescent protein onto the C-terminus of postsynaptic scaffold proteins that assemble signalling complexes (PSD95, green; SAP102, magenta). These complexes are distributed into different synapse types that can be visualized with confocal microscopy. The synaptome map is built by quantification of synapse types from regions of the mouse brain.

B. Coronal mouse brain section showing the differential distribution of PSD95 (green) and SAP102 (magenta).

C. Synaptome map of a coronal section showing the dominant or major subtype from 37 subtypes in different regions.

D. Synaptome map showing the extent of synapse diversity in different regions of the mouse brain. Figures adapted from (31).
Figure 2. Synaptome hierarchical assembly. The diversity of synapse types and their spatial distribution in the synaptome arise from a hierarchical regulatory mechanism controlling gene and protein expression, assembly of proteins into complexes and supercomplexes, and distribution of these supramolecular assemblies into synapses. Mutations acting on regulatory mechanisms at all levels of the hierarchy could influence synapse diversity and synaptome architecture.
Figure 3. Mutations reprogram synaptome architecture.

A. Model of a normal synaptome comprising 36 synapses of three types assembled from two proteins (PSD95 and SAP102). Type 1 synapses express only PSD95, type 2 express only SAP102, and type 3 a mixture of both proteins.

B. A mutation that knocks out PSD95 changes the synaptome architecture by abolishing type 1 synapses (empty circles in top two rows) and converts type 3 to type 2 synapses.

C. A mutation that knocks out SAP102 does not affect type 1 synapses, but abolishes type 2 synapses and converts type 3 synapses into type 1 synapses.