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ILF3 contributes to the establishment of the antiviral type I interferon program

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ABSTRACT

Upon detection of viral infections, cells activate the expression of type I interferons (IFNs) and proinflammatory cytokines to control viral dissemination. As part of their antiviral response, cells also trigger the translational shutoff response which prevents translation of viral mRNAs and cellular mRNAs in a non-selective manner. Intriguingly, mRNAs encoding for antiviral factors bypass this translational shutoff, suggesting the presence of additional regulatory mechanisms enabling expression of the self-defence genes. Here, we identified the dsRNA binding protein ILF3 as an essential host factor required for efficient translation of the central antiviral cytokine, IFNB1, and a subset of interferon-stimulated genes. By combining polysome profiling and next-generation sequencing, ILF3 was also found to be necessary to establish the dsRNA-induced transcriptional and translational programs. We propose a central role for the host factor ILF3 in enhancing expression of the antiviral defence mRNAs in cellular conditions where cap-dependent translation is compromised.

INTRODUCTION

The presence of virus-derived double-stranded RNA (dsRNA) in the cytoplasm of infected cells is a hallmark of active viral replication. Mammals have developed several sensors, known as pathogen recognition receptors (PRRs), capable of recognizing these virus-derived pathogen-associated molecular patterns (PAMPs). For instance, RIG-I-like receptors (RLRs), with MDA5 and RIG-I as central members of the family, sense dsRNA and signal through the mitochondrial associated antiviral factor, MAVS to induce the expression of type I interferons (IFNs) and proinflammatory cytokines (reviewed in (1)). Secreted type I IFNs bind the cell surface receptor IFNAR on infected and neighbouring cells to activate a second transcriptional response of approximately 500 interferon-stimulated genes (ISGs), which are responsible for establishing an antiviral state and preventing viral replication and dissemination (2,3).

Virus-derived dsRNA also activates the cytoplasmic kinase PKR, which phosphorylates the initiation factor of translation eIF2α, resulting in a non-selective translational arrest of viral and cellular mRNAs also known as the host translational shutoff (4–7). Regulation of eIF2α activity by phosphorylation provides a fast-acting mechanism to control protein expression in response to other stimuli, including amino acid starvation or endoplasmic reticulum stress (8–10). In addition to phosphorylating eIF2α and inducing the translational shutoff response, PKR can also phosphorylate the two major alternatively spliced isoforms encoded by the ILF3 gene, known as NF90 and NF110 (11–13). NF90/110 are involved in regulating different steps of gene expression, including pre-mRNA splicing, mRNA biogenesis and mRNA stability amongst others, and in controlling the life cycle of several viruses (reviewed in (14,15)). Both ILF3 isoforms bind RNA through two tandem dsRNA-binding motifs and an RGG-rich domain (16,17). In agreement with their association with polyribosomes, these factors can negatively regulate the translation of cellular mRNAs, and in particular, mRNAs containing AU-rich motifs (18,19). In the context of viral infections, the current model suggests that NF90 and NF110 work in a complex with NF45 (20–22), and upon PKR-mediated phosphorylation, dissociate from NF45 and are retained on ribosomes to prevent translation of viral mRNAs (13). However, the translational targets of ILF3 during homeostasis or the antiviral response remain unknown. ILF3 isoforms have also been implicated in promoting the formation of stress granules during the antiviral response (23,24), as well as being required for successful biogenesis of circular RNAs, a function that is impaired by activation of the antiviral response by the viral dsRNA mimic, poly (I:C) (25). However, the function of ILF3 during activation and establishment of the type I IFN response has not been characterized.

Besides the classical sensors of viral-derived dsRNA, other cellular dsRNA binding proteins are involved in limiting viral replication. Both dsRNA binding proteins TRBP and PACT regulate PKR activity and consequently the
host-translational shutoff (26, 27). The OAS/RNase L system binds dsRNA and induces cleavage and degradation of RNA to limit viral replication, and participates in the translational shut off response by promoting turnover of the host mRNAs (28–30). In addition to their role as direct antiviral factors, the dsRNA binding proteins DICER, DGC85 and DROSHA have been shown to be essential to control the antiviral response (31–34). Considering that both NF90 and NF110 can also bind dsRNA, and their previously reported role as direct antiviral factors by interfering with the function of viral-encoded proteins and viral RNAs, here we characterized the role of NF90/NF110 in regulating the activation of the IFN pathway by dsRNA stimulation and in the establishment of the host translational shutoff. By combining polysome profiling and high-throughput RNA sequencing analyses, we uncovered a role for NF90/NF110 in establishing the gene expression profile associated with the activation of the dsRNA-mediated type I IFN response, at the transcriptional and translational level. Specifically, the NF110 isoform was found to be essential for efficient translation of IFNB1 mRNA, the central cytokine of the antiviral response and a subset of ISGs in an environment where cap-dependent translation is compromised. In agreement, in the absence of NF90/NF110, cells displayed impaired antiviral activity, which correlated with attenuated production of ISGs. We propose a role for ILF3 in enhancing translation of IFNB1 and ISGs during the host translational shutoff response, thereby providing effective levels of these antiviral proteins and ensuring a competent type I IFN response.

**MATERIALS AND METHODS**

**Cell lines, transfections, poly(I:C) and IFN-β stimulation**

HeLa and A549 cell lines were maintained in DMEM supplemented with 10% (v/v) foetal calf serum and 1% Penicillin/streptomycin at 37°C and 5% CO2. Transfections of poly(I:C) (2 μg/ml, HMW, tlr3-pic; Invivogen) were performed using Lipofectamine 2000 according to the manufacturer’s instructions. Four hours post-transfection, cells were collected for downstream applications. For IFN-β stimulation, HeLa cells were treated with 100U of recombinant human IFN-β (Peprotech, 300–02BC) for 4 h and harvested. Knock-down experiments were performed by two consecutive rounds of transfection with siRNA pools against ILF3 (L-012442–00-0005, Dharmacon) or EIF2AK2 (L-003527–00-0005, Dharmacon) in HeLa or A549s. As a negative control, a non-targeting siRNA pool was used (D-001810–10-05, Dharmacon). Individually, siRNAs against both major ILF3 isoforms were adapted from Guan et al., (21). For NF110 (Sense- CUACGAGAGCAUAUCA C[dT][dT], antisense– GUUGAUAUUGCUCUGUAG[dT][dT]), and NF90 (sense-G[mC]CCACCC[mU]UUUG[2fC][U][2fU][U]AU AU[dT][dT], antisense- AUA[mA]AAACCAAGGG GU[2fG][C]) siRNAs were used. Briefly, cells were seeded at 50–60% confluency and transfected with 25 nM siRNAs using Dharmafect. After 24 h, cells were split and transfected with a second round of siRNAs. Cells were collected for downstream processing 72 h after the first transfection.

**RNA extraction and RT/qRT-PCR analyses**

Total RNA was extracted using Trizol and reverse transcribed (RT) using MMLV (Promega) or Transcriptor Universal cDNA master (Roche) using random hexamers or oligo-dT and analysed by quantitative polymerase chain reaction (qPCR) in a Roche Lightcycler 480 II system. For oligonucleotides sequences see Supplementary Table S1. Analyses (2-ΔCt) were performed by normalization against RN7SK or 18S rRNA levels.

**Cell lysis and western blotting**

Cells were lysed in RIPA buffer (50 mM Tris–HCl, pH 7.5, 1% Triton X-100, 0.5% Na-deoxycholate, 0.1% sodium deoxycholate, SDS, 150 mM NaCl), supplemented with protease inhibitor cocktail (Roche), 5 mM NaF and 0.2 mM Sodium orthovanadate. Protein lysates were mixed with reducing agent and LDS sample buffer (Novex, ThermoFisher) and denatured at 70°C for 10 min and loaded in Novex Nupage 4–12% Bis-Tris gels. Gels were transferred onto nitrocellulose membrane using the iBlot2 system (ThermoFisher). Membranes were blocked with PBS-0.05% Tween and 5% milk for 1 h at room temperature with agitation, before overnight incubation with primary antibodies. Antibodies against PKR (ab45427 Abcam), ILF3 (ab92355 Abcam), s6RP (2317S CST), elastin (ab5821 Abcam), α-tubulin (CP06 Merck), fibrillarin (ab5821 Abcam), phospho-eIF2α (Ser-51) (D9G8) (3938S CST), IFNAR1 (ab10739 Abcam), IFIT3 (ab76818 Abcam), OASL (ab191701), IRF1 (CST #8478), eIF3M (Bethyl, A305–029A), anti-rabbit HRP (CST) and anti-mouse HRP (Bio-Rad) were used. Proteins were visualized using ECL (Pierce) on a Bio-Rad ChemiDoc imaging system. Protein bands were quantified using ImageJ (v1.51p) software and normalized to α-tubulin or fibrillarin.

**ELISA, IFN bioactivity and virus protection assay (TCID₅₀)**

A549 and HeLa cells were depleted of ILF3 and poly(I:C) stimulated as described above. Conditioned medium was harvested after 4 h of poly(I:C) stimulation for HeLa cells and 6 h in A549 to quantify IFN-β production by ELISA using the Quantikine human IFN-β ELISA kit (R&D systems, DIFNB0) according to the manufacturer’s protocol. Data were collected using a Varioskan Flash plate reader. For viral protection assays, A549 were transfected with either mock (non-targeting siRNA) or siRNAs against ILF3 for 72 h, prior to poly(I:C) transfection (2 μg/ml). Next, medium was collected, centrifuged for 3 min at 500 x g and filtered using a 0.22 μm filter. For ISG induction analyses, A549 cells were seeded and treated with a 1:2 dilution of conditioned medium for 4 h and harvested for qRT-PCR analyses. For the 50% Tissue Culture Infective dose (TCID₅₀) assays, A549 cells were seeded in 96-well plates and treated for 4 h with the following conditioned medium dilutions: 1:2, 1:10, 1:50, 1:100 and 1:250. Next, cells were infected with eight serial dilutions of Echovirus 7, with at least 6 wells per dilution and incubated for at least 24 h before counting infected wells. TCID₅₀ values were calculated using the Spearman and Kärber algorithm, as in Witteveeld et al., (34). As a control, IFN-β signalling was blocked with
1.5 μg/ml of neutralizing antibodies against IFNAR1 for 2 h prior to the conditioned media treatment, as previously described in Szabo et al., (35).

**Polysome profiling**

Gradient buffer solution (0.3 M NaCl, 150 mM MgCl₂, 15 mM Tris–HCl pH 7.5, 2 mM DTT and 0.1 mg/ml cyclohexamide) containing different sucrose concentrations was layered in Beckman Coulter 14 ml polypropylene ultracentrifuge tubes. A total of 0.5 ml of 60% sucrose followed by 1.6 ml of each, 50, 42, 34, 26, 18 and 10% sucrose solutions were poured followed by flash freezing in liquid nitrogen after every layer. Gradients were stored at −80°C until use and defrosted overnight at 4°C to allow them to equilibrate. For polysome fractionation, 10 cm 10 pmole of HeLa cells at 80% confluency was used. Fresh medium was added to cells for 1 h prior harvesting to ensure active protein synthesis. Next, 50 ng/ml cycloheximide (CHX, Sigma) was added to the medium and incubated for further 30 min at 37°C, before transferring to ice, where cells were washed twice with 2 ml ice-cold phosphate-buffered saline (PBS) containing 50 ng/ml CHX. To harvest, cells were scraped into 2 ml ice-cold PBS containing 50 ng/ml CHX and pelleted by centrifugation at 1400 rpm (300 × g) at 4°C for 5 min. The supernatant was removed and 0.5 ml ice-cold lysis buffer (Gradient Buffer; 1% Triton X 100) was added, lysates were passed several times through a 25G needle and incubated on ice for 10 min. Lysates were then transferred to a 1.5 ml microfuge tube and centrifuged at maximum speed (20 000 × g) for 10 min at 4°C. Supernatant was next carefully layered onto a sucrose gradient, and centrifuged at 256 000 × g (38 000 rpm) for 1 h 50 min at 4°C in a SW40 rotor in a Beckman L60 Ultracentrifuge. Ten 1-ml fractions were collected using a fraction collector (FoxyR1) monitoring optical density (Teledyne ISCO UA-6 detector with Optical unit 11). Constant flow rate was achieved using a pump syringe (Brandel) and Fluorinert FC770 (Fluorinert). Optical absorbance of the solution was read at 254 nM and recorded directly using PeakTrak software V. 1.1. For protein extraction, 20% (v/v) final of cold TCA was added to each fraction and incubated on ice for 10 min prior centrifugation (20 000 × g for 5 min at 4°C). The pellet was washed twice in 1 ml acetone (−20°C) followed by centrifugation. After the last acetone wash, the pellet was air-dried and dissolved in 100 mM Tris–HCl pH 8.0 to be loaded into SDS-polyacrylamide gel electrophoresis gels and western blot analyses. For RNA analyses, RNA was either extracted from each individual fraction or pooled into subpolysomal or polysomal pools. For this, three volumes of absolute ethanol were added to each fraction along with 0.1% SDS and precipitated overnight at −20°C. Samples were centrifuged at 5000 × g for 50 min at 4°C, and pellets resuspended in 50 μl water at 4°C with gentle agitation for an hour. Finally, Trizol LS was used to extract RNA, according to the manufacturer’s protocol. To disrupt polysomes by ethylenediaminetetraacetic acid (EDTA) treatment, lysates were pre-treated with EDTA (50 mM) before sucrose fractionation.

For high-throughput sequencing analyses, RNA was extracted from pooled polysomal fractions (polysome profiling) or directly from cells (total RNA profiling). HeLa cells were either ILF3-depleted by ILF3-targeting siRNAs or transfected with non-targeting siRNAs as a control (siMock), followed by stimulation with poly(I:C). Experiments were performed in three biological replicates. For total RNA profiling, library preparation and sequencing for total RNA sequencing was carried out by BGI (Hong Kong). Briefly, total RNA was rRNA-depleted using the Ribo-zero rRNA depletion kit (Illumina) and strand-specific libraries were prepared using the Illumina Truseq protocol (Illumina) and sequenced on an Illumina HiSeq 4000 generating 100 bp paired end reads. For polysome profiling, library preparation and sequencing were carried out by Novogene (Hong Kong). Libraries were enriched for mRNA using polyA + selection and non-strand-specific libraries prepared using the Illumina Truseq protocol (Illumina) and sequenced on an Illumina HiSeq 4000 generating 150 bp single end reads.

**Bioinformatic analyses**

Total and polysome associated RNA-sequencing datasets were processed with the following RNA-seq pipeline; quantification of transcript and gene level abundances per sample were performed with Salmon v0.9.1 (parameters: –seqBias -g) (36) over the Gencode v24 reference human transcriptome (37). Estimated counts were retrieved as input for differential expression analyses. Only protein coding genes were considered in the case of polysomal samples. Statistical inference of regulated genes between each pair of conditions were calculated with the EgdeR v3.24.3 (38) R library using trimmed mean of M-value normalization (TMM) and the generalized linear model (GLM). Differentially regulated genes were examined with an FDR cut-off of 0.05 obtained with the Benjamini & Hochberg correction. MA-plots, heatmaps, boxplots were generated using gplots, heatmap and the viridis R libraries. Overlapped MA-plot representations (Figures 1B, 4A and D) were obtained using sliding bins along the complete range of the average expression logCPM (size = 1.5, step = 0.5), quartiles and median were retrieved in bins with more than 25 genes. The average expression for each gene was calculated using the logCPMs obtained in each of the conditions compared.

For GC-content analyses, the longest isoform annotated for each protein coding gene was retrieved (Gencode v24, (37)). Genic regions were obtained according to the annotations and the following nucleotide contents calculated: GC-content (S/W), R/Y, A/T and G/C. To define the subset of GC or AT-richness, groups were chosen after splitting by the median of the total protein coding genes.

The list of ISGs was generated from the significantly up-regulated genes in our total RNA-seq dataset and cross-referenced using the Interferome 2.0 database (39) with the following search conditions; Interferon type: Type I, Sub-type: IFN-beta, Species: Homo sapiens. 5TOP mRNAs were obtained from Yamashita et al., (40). IRES-containing genes were obtained from Weingarten-Gabbay et al., (41) and IRESite (www.IRESite.org) (42). For a complete list of ISGs, TOP and IREs genes see Supplementary Excel File 1.

Functional enrichment analysis of significantly differentially expressed genes were performed using the Kyoto En-
RESULTS

ILF3 depletion affects expression of the antiviral type I IFN program

During homeostasis, ILF3 has been involved in most steps of the gene expression pathway, from transcription to translation, including splicing, RNA stability and export (14). However, the role of ILF3 during cellular stress, such as the antiviral IFN response, is still unknown. To elucidate the function of ILF3 during the antiviral response, total gene expression analyses by RNA-sequencing were performed during ILF3 depletion in conditions of type I IFN activation (Supplementary Figure S1A). For this purpose, HeLa cells were depleted of ILF3 with siRNAs targeting both major isoforms, NF90 and NF110, and the type I IFN response was induced by transfection of the dsRNA analogue, poly(I:C). This analogue activates the expression of type I IFNs, but also induces translational shut-off by stimulation of PKR and RNAse L activity. Analysis of total RNA sequencing of poly(I:C)-stimulated HeLa cells confirmed the expression of the type I IFN IFNB1,
but not IFNA, and induction of more than 300 classical interferon-stimulated genes (ISGs), as expected (Figure 1A and Supplementary Excel File 2). KEGG and Reactome analyses for upregulated genes were enriched for ‘Interferon alpha/beta signalling’ and ‘immune system’ categories, whereas metabolic genes were represented in the group of downregulated genes during dsRNA stimulation (Supplementary Figure S1B). The depletion of ILF3 significantly changed the levels of 12% of the poly(I:C)-induced genes and 10% of the poly(I:C)-downregulated genes, suggesting that most of the observed changes in gene expression upon activating the type I IFN response were conserved in the absence of ILF3 (Supplementary Figure S2A ‘siILF3 p(I:C) versus siMock p(I:C)’ and ‘siILF3 p(I:C) versus siILF3’), for depletion levels see Supplementary Figure S2B). During homeostasis, ILF3 depletion only caused a minor effect on the steady-state levels of transcripts, as <1% of the analysed genes displayed significant changes in their relative expression (Supplementary Figure S2A, for a complete list see Supplementary Excel File 2). A more detailed analysis of ILF3-dependent changes in gene expression revealed differential behaviour depending on the average expression of the genes (average expression is calculated using the logCPMs obtained for each gene in the two conditions compared). Upon dsRNA stimulation, on average lowly expressed genes were upregulated and highly expressed genes were downregulated. The depletion of ILF3 partially impaired this response to dsRNA (Figure 1B). Specific analyses of annotated interferon-stimulated genes (ISGs) upregulated after poly(I:C) transfection revealed that ILF3 was necessary to stimulate their expression (Figure 1A and C). Other subgroups of genes, such as IRES and TOP (5’terminal oligopyrimidine motif)-containing mRNAs were not negatively affected by ILF3 depletion, suggesting that the positive effect of ILF3 on expression was ISG-specific (Figure 1C and Supplementary Figure S2C). TOP mRNAs are enriched for genes encoding protein synthesis factors, such as ribosomal proteins, and their translation is regulated during stress growth conditions by the mTOR pathway (45). On the other hand, IRES-containing mRNAs bypass the need of 5’end cap structure to initiate translation and directly recruit the ribosome internally to the mRNA (46). These results were validated by qRT-PCR, confirming a reduction in the production of the ISGs, IFT12, ISG15, CCL5 and CXCL10 in the absence of ILF3 (Figure 1D). The expression levels of IFNB1 mRNA, the central player in initiating the type I IFN response and inducing the expression of ISGs, remained unchanged in the absence of ILF3 (Figure 1D). These analyses suggest that ILF3 is essential to induce a robust type I IFN gene expression program.

ILF3 associates with polysomes and regulates IFNB1 mRNA translation

While the levels of some ISGs were reduced in the absence of ILF3, the mRNA levels of IFNB1, the major driver in inducing their expression, were unchanged. Considering the previously reported role of ILF3 on mRNA translation (18,19), we next aimed to study if ILF3 could be regulating the translation of IFNB1 mRNA, and as consequence differential ISG expression. To test this possibility, we assessed the rate of IFNB1 translation by polysome profiling, in addition to measuring IFN-β protein levels by ELISA. First, co-sedimentation of the different ILF3 isoforms with polysomes was characterized by sucrose fractionation analyses of HeLa cytoplasmic extracts stimulated with or without poly(I:C). During homeostasis, both major alternatively spliced isoforms of ILF3, NF90 and NF110, were found to associate with polysomes (Figure 2A, fractions 6–9), as well as lighter fractions, containing the 40S and 60S ribosomal particles (Figure 2A fractions 3–4, respectively), and monosomes (80S) (Figure 2A, fraction 5, quantification in Figure 2B). After stimulation with poly(I:C), a major drop in the levels of actively translating polysomes was observed, as expected by the dsRNA-activated translational shutoff (Figure 2A, top right panel). The translational shutdown was further confirmed by assessing the co-sedimentation profiles of ribosomal markers. eIF6 serves as a marker for pre-ribosomal subunit 60S, which dissociates from the nascent 60S particle when the mature 80S ribosome is formed (47). The ribosomal protein S6 (S6RP) serves as a marker for the small 40S ribosomal subunit. In poly(I:C)-stimulated conditions, S6RP no longer co-sedimented in the heavier polysomal fractions, confirming successful activation of the translational shutoff response (Figure 2A, bottom right panel). Under these conditions, NF110 isoform disengaged from heavier polysomal fractions, accumulating in the lighter fractions (Figure 2A, quantification in Figure 2B top panel), whereas NF90 profile remained similar when compared to non-stimulated cells (Figure 2A, quantification in Figure 2B bottom panel).

Both NF90 and NF110 are known substrates of the kinase PKR, one of the essential factors driving the translational shutoff during the dsRNA-mediated antiviral response (13). We therefore measured ILF3 isoforms association with polysomes in the absence of PKR (Figure 2C). Interestingly, the NF110 isoform shifted to lighter molecular weight fractions in the absence of PKR during homeostasis (Figure 2D left panel, compared to Figure 2A left panel), suggesting that association of this isoform with polysomes depends on PKR. Stimulation of PKR-depleted cells with poly(I:C) did not result in further changes in NF90 and NF110 sedimentation, when compared to non-stimulated PKR-depleted cells (Figure 2D), even though a less pronounced translational shutoff was observed, as evidenced by residual S6RP co-fractionation with higher molecular weight fractions (compare Figure 2D, right panel with Figure 2A, right panel). To confirm that ILF3 isoforms were indeed associated with polysomes, cytoplasmic extracts pre-treated with EDTA were fractionated to monosomal fractions (compare Figure 2E, from fraction 6 onwards). All these data suggest that NF90 and NF110 directly associate with actively translating polysomes, and NF110 association with polysomes is dependent on PKR.
Figure 2. ILF3 isoforms associate with polyribosomes (A) (top) Sucrose fractionation of cytoplasmic extracts from mock (top left) or poly(I:C) (top right) stimulated HeLa cells. UV absorbance (254 nm) is represented in the y-axis, for each of the fractions collected after centrifugation (x-axis) (bottom) western blot analyses for co-sedimentation studies of NF110, NF90 and NF45 in the collected fractions. eIF6 and S6RP serve as markers for free 60S and mature ribosomes containing 40S, respectively (representative blots for each condition) (B) Average (n = 5) distribution of the co-sedimentation of the NF110 (top) and NF90 (bottom) isoforms in polysomal fractionation during homeostasis (-p(I:C)) and the dsRNA-activated response (+p(I:C)) (C) qRT-PCR quantification of EIF2AK2 mRNA after transient depletion in HeLa cells (top), data shown are the average (n = 3) ± sem, (*) P-value < 0.05 by Student’s t-test. Western blot analyses of PKR protein levels upon transient depletion (bottom), GAPDH serves as a loading control (D) (top) Sucrose fractionation of cytoplasmic extracts from PKR (EIF2AK2) depleted HeLa cells during mock (left) or dsRNA-stimulated conditions (right) (bottom) western blot analyses of NF90 and NF110 in fractions after gradient centrifugation of cytoplasmic extracts from PKR-depleted (siEIF2AK2) HeLa cells in the absence (left) and presence of dsRNA stimulation (right) (E) Sucrose fractionation of EDTA-treated cytoplasmic extracts.
translational shutoff was confirmed by the shift of FOS mRNA from
to heavier to lighter polysomal fractions (Figure 3D, compare top left and right panels). Interestingly, the
depletion of IFL3 affected the distribution and association of
IFNB1 mRNA with polysomes, suggesting that IFL3 regulat-
es translation of this mRNA (Figure 3D, bottom gels). In addition, IFNB1 mRNA in pooled subpolysomal and
polysomal fractions was quantified by qRT-PCR and con-
firmed that IFL3 depletion significantly decreased the co-
sedimentation of IFNB1 mRNA with polysomes, suggest-
ing that IFL3 may indeed regulate IFN-β protein production
(Figure 3E). This was confirmed by quantifying IFN-β
protein levels by ELISA in the supernatants of both HeLa and
A549 cells after stimulation with poly(I:C). IFL3 de-
pleted cells showed a significant decrease in IFN-β protein
levels (Figure 3F).

As IFL3 encodes the two major isoforms NF90 and
NF110 and only the NF110 association with polysomes was
affected during poly(I:C) stimulation, we next assessed if
regulation of IFNB1 mRNA association with polysomes is
isoform specific. For this purpose, we designed specific siR-
NAs targeting NF90 or NF110. Extracts depleted for these
factors were fractionated, and subpolysomal and polyso-
mal fractions were pooled to quantify the IFNB1 mRNA
in these two populations. Interestingly, the depletion of
NF110, but not NF90, caused a decrease in the associ-
ation of IFNB1 mRNA with the polysomal fractions (Figure
3G–I). All these results suggest that translation of IFNB1
mRNA is enhanced by the NF110 isoform of IFL3 after
dsRNA stimulation.

ILF3 is necessary for the host translational shutoff and trans-
lation of ISGs

Considering the previously reported role of IFL3 in regulat-
ing translation during homeostasis and its role in enhancing
IFNB1 mRNA translation, we next wanted to characterize
the impact of IFL3 function in global translation during the
type I IFN response. For this purpose, mRNA was ex-
tracted in triplicates from pooled polysomal fractions from
poly(I:C) stimulated and unstimulated HeLa cells in the
presence or absence of IFL3 and the transcriptome was se-
quenced (Supplementary Figure S3A). After dsRNA stimu-
lation, we observed two populations of protein-coding mR-
NAs that were differentially affected by IFL3. First, a pop-
ulation of low abundance transcripts that became more as-
sociated with polysomes during dsRNA stimulation, and
second, a highly expressed population that became less as-
sociated (Figure 4A and Supplementary Figure S3B, for
complete list see Supplementary Excel File 3). Interestingly,
those mRNAs that were recruited to polysomes during ac-
tivation of the type I IFN response, which were mainly cy-
tokines and ISGs, were less engaged in the absence of IFL3
(Figure 4A, for KEGG analyses Supplementary Figure
S4A). Conversely, highly associated mRNAs, which contain
housekeeping genes and ribosomal proteins, no longer dis-
sociated from polysomes during poly(I:C) stimulation upon
IFL3 depletion (Figure 4A, for KEGG analyses Supple-
mental Figure S4B). To explore these observations further,
we analysed subgroups of protein-coding genes separately
and confirmed that ISGs were significantly less enriched
in polysomes in the absence of IFL3, whereas TOP mR-
NAs became more enriched, and IRES mRNAs remained
similarly enriched in polysomes upon IFL3 depletion (Figure
4B and Supplementary Figure S4C). There are several
features in mRNAs that dictate their translatability, for in-
stance, the GC-content of an mRNA positively correlates
with efficient polysomal association (48). In agreement with
this, we observed that GC-rich genes were also more asso-
ciated with polysomes upon dsRNA stimulation, whereas
AT-rich genes were disengaged, and this effect was attenu-
atated upon IFL3 depletion (Figure 4C). A more refined
analysis, considering the average expression of these genes,
revealed that IFL3 depletion reversed some of these observa-
ions. Highly expressed AT-rich genes were no longer disen-
gaged from polysomes, and low and medium-expressed GC-
rich genes were less efficiently associated with polysomes
(Figure 4D). Importantly, ISGs have a heterogeneous GC-
content distribution, suggesting that the differential associ-
atation of these genes with polysomes cannot be directly at-
tributed to the GC-content effect revealed by our analyses.

Our data suggest that the ISGs and TOP mRNAs sub-
groups display opposite behaviours in polysomal associ-
ation upon IFL3 depletion. ISGs association with polysomes
was affected by the absence of IFL3 (Figure 5A), whereas
TOP mRNAs, which are disengaged from polysomes upon
activating the host translational shutoff, reverted to almost
homeostatic levels in the absence of IFL3 (Figure 5B). qRT-
PCR analyses of pooled subpolysomal and polysomal frac-
tions confirmed that IFL3 depletion led to a significant re-
duction in polysome association for the ISGs IFIT3, CCL5,
IFIT2, ISG15, CXCL10 and DDX58, supporting a positive role of IFL3 in ISGs translation (Figure 5C). At the protein
level, we confirmed that in the absence of IFL3, ISGs such as
IFIT3, OASL and IRF1 were less induced (Figure 5D).
The opposite effect was confirmed for the TOP mRNA,
EIF3M. Polysomal association of EIF3M was lost during
dsRNA stimulation, and this effect was reversed by deple-
tion of IFL3, as a control ACTB association was quantified
(Supplementary Figure S5A and B). However, no changes
in eIF3M protein levels were observed, which may be due to
the its high stability and the brief time of stimulation with
poly(I:C) (Supplementary Figure S5A).

To further elucidate the function of IFL3 on ISGs mRNA
translation, we assessed if differential ISG polysomal asso-
ciation could be directly attributed to IFL3 presence or
be a secondary consequence of lowered IFN-β production
and ISG expression. To this end, polysome profiles of cells
depleted or not of IFL3 and stimulated with recominant
IFN-β were compared. A proportion of the tested ISGs
(IFIT3, IFIT2 and ISG15) followed the same behaviour as
seen after poly(I:C) stimulation, suggesting that the differ-
Figure 3. NF110 is necessary for IFNB1 mRNA translation. (A) Quantification of IFNB1 mRNA levels 4 h after poly(I:C) transfection in mock (siMock) or ILF3-depleted cells (siILF3) by qRT-PCR. Data show the average (n = 12) ± sem relative to mock and normalized to RN7SK. P-value (N.S., not significant by two-way ANOVA followed by Tukey’s multiple comparison test. (B) Representative western blot analyses for NF90 and NF110 depletion after siRNA transfection, and NF45 and phosphorylated eIF2α levels. Fibrillarin serves as a loading control. (C) (top) Sucrose fractionation of cytoplasmic extracts from mock siRNA transfected HeLa cells stimulated or not with poly(I:C) (top right versus top left). (bottom) Polysomal fractionation of siILF3 depleted HeLa cell extracts stimulated or not with poly(I:C) (right versus left). UV absorbance (254 nm) is represented in the y-axis, for each of the fractions collected after centrifugation (x-axis). (D) RT-PCR detection of FOS (top) and IFNB1 (bottom) mRNA co-sedimentation in each of the fractions collected in (C). (E) qRT-PCR analyses of IFNB1 mRNA relative abundance in subpolysomal and polysomal pooled fractions. Data show the average (n = 4) ± sem normalized to 18S rRNA and relative to subpolysomal levels in mock, (** P < 0.001 by two-way ANOVA followed by Tukey’s multiple comparison test. (F) IFN-β quantification by ELISA from poly(I:C) stimulated A549 cells (left) and HeLa (right) upon ILF3 depletion, compared to mock-depleted cells (siMock). Data show the average (n = 4 in A549, n = 3 in HeLa ± sem, (** P < 0.001 by two-way ANOVA followed by Tukey’s multiple comparison test. (G and H) qRT-PCR quantification of IFNB1 mRNA relative abundance in subpolysomal and polysomal pooled fractions from NF110 (G), or NF90 depleted HeLa cells (H), data show the average, (n = 3 in (F), n = 2 in (G)) ± sem, normalized to 18S rRNA and relative to subpolysomal levels in mock, (*) P < 0.05, (**) P < 0.001 by two-way ANOVA followed by Tukey’s multiple comparison test. N.S. not significant. (I) Representative western blot analyses for NF110 (top) and NF90 (bottom) isoform depletions for experiments in (G) and (H), respectively. Fibrillarin serves as a loading control.
Figure 4. ILF3 controls dsRNA-mediated translational response. (A) Log2 fold change of differential enrichment of genes in polysomal fractions during dsRNA stimulation (siMock p(I:C) versus siMock) and in the absence of ILF3 (siILF3 p(I:C) versus siMock), x-axis represents the average expression for each of the genes in the two compared conditions. (B) Box-plot analyses of differential enrichment in polysomal fractions for: all genes, induced ISGs, TOP and IRES mRNAs during the type I IFN response (siMock p(I:C) versus siMock) and upon ILF3 depletion (siILF3 p(I:C) versus siMock), Mann–Whitney U test P-value. (C) Box-plot analyses of differential enrichment in polysomal fractions for AT-rich (left) and GC-rich (right) genes upon the antiviral response (siMock p(IC) versus siMock) and after ILF3 depletion during the antiviral response (siILF3 p(IC) versus siMock) and homeostasis (siILF3 versus siMock). (D) Log2 fold change of differential enrichment of AT- and GC-rich genes in polysomal fractions during dsRNA stimulation (siMock p(I-C) versus siMock) and in the absence of ILF3 (siILF3 p(I-C) versus siMock), x-axis represents the average expression for each of the genes in the two compared conditions.

Figure 6A and 6B. ILF3 is necessary for type I IFN induction in response to dsRNA

As we have shown that ILF3 has an essential role in the expression of ISGs, we next wanted to evaluate the functional relevance of this regulation. For this purpose, mock or ILF3-depleted A549 cells were stimulated with poly(I:C) and the supernatant, or conditioned medium, was collected and added to naive cells to measure ISG induction and confirm differential type I IFN production and secondly, measure differential protection against viral infections (Figure 6A). Addition of conditioned medium from poly(I:C) stimulated cells induced the expression of ISGs *IFIT1*, *RSAD2*, *IFIH1* and *DDX58*, and as expected, medium from ILF3-depleted cells resulted in significantly lower expression levels of the same ISGs (Figure 6B), confirming that the production of type I IFN, which is essential to drive the expression of these genes, is diminished in the absence of ILF3.

As a functional approach, we tested if conditioned medium generated in the absence of ILF3 conferred decreased resistance to viral infections. Serial dilutions of con-
Figure 5. ILF3 is necessary for translation of ISGs. (A) Heatmap of ISGs enrichment in polysomal fractions (n = 374) during homeostasis (mock), versus activated type I IFN response (siMock p(I:C)) and activated IFN response in the absence of ILF3 (siILF3 p(I:C)). (B) Heatmap of TOP mRNAs enrichment in polysomal fractions (n = 45) in the same conditions as in (A). (C) qRT-PCR quantification of ISG enrichment in subpolysomal and polysomal pooled fractions in mock (-p(I:C)) or stimulated (+p(I:C)) HeLa cells, in the presence or absence of ILF3. Data show the average (n = 3) ± s.e.m, normalized to 18S rRNA and relative to subpolysomal level in mock (*). P<0.05, (**) P<0.001 by two-way ANOVA followed by Tukey’s multiple comparison test, N.S, non-significant. (D) IFIT3, OASL and IRF1 western blot analyses upon dsRNA stimulation (lane 2), and in the absence of ILF3 (lane 4), tubulin and fibrillarin serve as loading controls.

ditioned medium were added to fresh A549 cells to test their sensitivity to Echovirus 7 infection by TCID₅₀. Conditioned medium generated in ILF3-depleted cells was able to confer less resistance to Echovirus 7 infections, with an almost 100-fold reduction in protection observed at the lowest dilution (Figure 6C). To verify if the differential expression of IFN-β was in part responsible for the observed difference in susceptibility, one of the subunits of the type I IFN receptor, IFNAR1, was neutralized by pre-incubating cells with an anti-IFNAR1 antibody before addition of conditioned medium. Mock versus ILF3-depleted conditioned medium resulted again in significant differences in conferring viral protection to Echovirus 7 and blocking of IFNAR receptor impaired the antiviral protection effect, rendering cells susceptible to Echovirus 7 reaching similar levels to the untreated control (Figure 6D). These results support the hypothesis that differences in viral protection observed between mock and ILF3-depleted cells are caused by differential production of ISGs, highlighting again the central role for ILF3 in facilitating the establishment of a robust cellular type I IFN response upon dsRNA stimulation.

DISCUSSION

The activation of the dsRNA-mediated antiviral response involves drastic changes in the gene expression program of cells which needs to be tightly regulated from transcription to translation. In this work, we propose that the RNA-binding protein ILF3, which is involved in many steps of RNA processing during homeostasis, is also essential for es-
ILF3 is necessary to establish antiviral protection (A) Schematic representation of the experiments performed in (B), (C) and (D). A549 cells were siMock or ILF3-depleted followed by stimulation with poly(I:C). Medium was collected, and specific or serial dilutions were added into fresh A549 cells to test ISGs induction levels or conferred protection to viral infections. (B) qRT-PCR quantification of ISG expression levels after incubation with siMock or ILF3-depleted conditioned medium. Data show the average (n = 4) ± sem, (*) P < 0.05, (**) P < 0.001 by one-way ANOVA followed by Tukey’s multiple comparison test. (C) TCID50 assay using Echovirus 7 on A549 cells pre-incubated with serial dilutions of conditioned medium (y-axis) from ILF3- or siMock-depleted A549 cells. Data show the average (n = 3) ± sd normalized to each siMock dilution, (*) P-value < 0.05 by Student’s t-test. (D) TCID50 assay using Echovirus 7 on A549 cell pre-incubated with a single dilution (20×) of conditioned medium produced in siMock and ILF3-depleted cells, as a control, non-conditioned medium was added. Prior to infection, A549 were pre-incubated with anti-IFNAR1 receptor antibody. Data show the average (n = 3) ± sd, (*) P-value < 0.05 by Student’s t-test.

Establishing a robust type I IFN program upon dsRNA stimulation. We found this factor acts at the level of induction of ISGs as well as enhancing their translation. These results agree with the previously reported antiviral role of the ILF3 isoforms in the context of HIV and (+) ssRNA viral infections, although these effects were proposed to be mediated by direct binding of ILF3 isoforms to the viral genome or viral proteins (49–52). To assess whether ILF3-mediated regulation of the gene expression pathway was mediated by direct association of ILF3 with the different transcripts, we compared our results to publicly available CLIP datasets (53). Unfortunately, ILF3 binding is too ubiquitous to obtain clear correlations between binding and changes in gene expression upon ILF3 depletion. Whereas our analyses revealed that ILF3 binds to thousands of different genes, it primarily overlapped with Alu-derived sequences (data not shown), confirming similar recent observations (25,54).

ILF3 had been previously suggested to have an inhibitory role for the translation of mRNAs harbouring AT-rich motifs during homeostasis (18,19). Interestingly, our results suggest a similar role for ILF3 during the type I IFN response. AT-rich mRNAs were dissociated from polysomes during the host translational shutoff, but this effect was reverted in the absence of ILF3, confirming a role of ILF3 in inhibiting translation of AT-rich mRNAs during the host translational shutoff. In addition, ILF3 was found to be essential for efficient polysomal dissociation of TOP mRNAs upon dsRNA stimulation. This effect did not seem to be a consequence of differential activation of the host translational shutoff in the absence of ILF3, since similar levels of phosphorylated eIF2α were detected. However, a decrease in total mRNA levels for TOP genes was also observed upon dsRNA stimulation (Figure 1C), suggesting that the differential polysome loading could be the combined result of regulating the available pool of TOP mRNAs as well as their association with polysomes. In contrast to these, ILF3 was shown to be required for efficient translation of IFNB1 and a subgroup of ISGs, suggesting an additional role for ILF3 as a positive factor for translating essential self-defence genes during the inhibition of cap-dependent translation. Regarding ISGs, such as IFIT3 and DDX58, ILF3 only affected their association with polysomes, resulting in decreased protein production. However, in a considerable proportion of the ISGs analysed, ILF3 depletion resulted in both changes in their RNA steady state levels and their polysomal association, suggesting that both effects could provide a certain level of redundancy to guarantee optimal levels of these antiviral factors. An additional
layer of complexity is provided by the fact that ILF3 directly regulates the production of the main inducer of ISGs, the type I IFN, IFN-β. To disentangle the specific contribution of ILF3 in controlling ISGs translation, polysome profiling of these mRNAs was studied upon exogenous IFN-β stimulation in the absence of ILF3. These analyses revealed that the role of ILF3 in controlling ISG levels and polysome loading was largely conserved between dsRNA and exogenous IFN-β stimulation, suggesting that direct ILF3 action and not the differential expression of IFN-β is responsible for this regulation. Considering these results, we also hypothesize that other cues resulting in type I IFN expression, such as cytoplasmic DNA or Toll-like receptors ligands, could also depend on ILF3 to provide effective levels of these relevant antiviral products.

To date, it is still unknown how ISGs escape the host translational shutoff and engage with polysomes in the infected cells. Upon dsRNA stimulation, TOP mRNAs and other highly expressed genes disengage from polysomes. This observation raises the exciting hypothesis that disengagement of highly expressed genes from the polysomal fractions during stress or poor-translating environments, may be an essential step to allow polysomal engagement of IFNs and ISGs. Interestingly, the regulation of IFNβ1 mRNA translation was found to be specific for the NF110 isoform, which correlates with a shift in its polysomal cosedimentation pattern upon dsRNA stimulation. The shift of NF110 to lighter ribosomal fractions during the translational shutoff leads us to hypothesize that NF110 could be supporting successful initiation of translation of IFNβ1 and specific ISGs. In agreement with previous reports, we also found PKR to be essential for efficient association of NF110 with translating ribosomes (13), which also suggests that either direct protein-protein interactions with PKR, or some basal phosphorylating activity of PKR on NF110 may be necessary to retain this factor associated with polysomes during homeostasis.

Whereas our study supports a positive role for ILF3 in promoting type I IFN and ISGs translation in cells in which cap-dependent translation is compromised, the specific mechanism by which the translation of these cytokines bypasses the translation shutoff during the antiviral response remains unknown. Although type I IFNs increased the levels of PKR, thus amplifying the translational shutoff response, they have also been shown to stimulate the translation of certain ISGs in specific cell types. Type I IFNs can activate the AKT-mTOR pathway, which in turns phosphorylates and inactivates the repressor of translation 4E-BP1 (55). In agreement, absence of 4EBP1 enhances expression of ISG15 and CXCL10 upon IFN stimulation (56). In addition, type I IFNs activate the MAPK pathways, a necessary step for efficient translation of ISG15 and IFIT2 (57). Taking all these results into account, differential translation and production of the type I IFN, IFN-β, upon ILF3 depletion could also be indirectly affecting the levels and translation of some ISGs.

In summary, we have identified ILF3 as a stimulatory factor in the establishment of an optimal type I IFN antiviral program, in which ILF3 enhances the production of IFN-β and ISGs, thus ensuring effective levels of antiviral factors in conditions where cap-dependent translation is compromised.

**DATA AVAILABILITY**

All high-throughput sequencing data has been deposited in the GEO database, with accession number GSE130618.

**SUPPLEMENTARY DATA**

Supplementary Data are available at NAR Online.

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