septicaemia. The condition is fatal if not treated. In 1999, doctors were issued guidelines not to prescribe antibiotics for sore throats in an attempt to tackle the growing problem of antibiotic resistance. In that year, there were 37 cases of Lemierre’s disease and numbers were even higher in 2001. Differential diagnosis from viral pharyngitis is by symptoms such as fever, swollen lymph glands and absence of dry cough and runny nose. CK http://www.medscape.com/infectiousdiseaseshome

Broad-spectrum drugs providing diminishing returns

In the past ten years, the effectiveness of fluoroquinolones against Pseudomonas aeruginosa has decreased >30%. Ciprofloxacin and other fluoroquinolones are the only antibiotics that cystic fibrosis patients can take orally to combat P. aeruginosa infection. The effectiveness of these broad-spectrum antibiotics against Escherichia coli has also dropped. A study by the University of California, San Francisco, reveals that hospitals prescribe fluoroquinolones to 30–35% of patients with streptococcal pneumonia when they are discharged, instead of penicillin.

The investigators caution that doctors should routinely prescribe the narrowest-spectrum antibiotic appropriate. AV http://www.eurekalert.com

Mars origin for ‘superbug’?

The super-bacterium Deinococcus radiodurans, which can withstand radiation doses of several thousand times the lethal dose for humans, might have evolved its resistance properties on Mars. This is the exciting conclusion by a group of scientists from the Ioffe Physico-Technical Institute in St Petersburg, Russia. Based on a study of induced resistance to gamma radiation in Escherichia coli, the Russian scientists predicted that there has not been enough time for Deinococcus to have developed its remarkable radioresistance on Earth. However, the Russians have calculated that D. radiodurans could have been exposed to the necessary radiation levels on Mars in only a few hundred thousand years. It is speculated that the bacterium might have made the journey to Earth on rock fragments blasted from the red planet by a meteorite impact. CK http://www.newscientist.com/news

N-9 and HIV risk

The spermicidal gel nonoxynol-9 (N-9), which was thought to confer protection against HIV infection, could turn out to have quite the reverse effect. This is the alarming finding of Lut Van Damme and her research team at the Institute of Tropical Medicine, Antwerp, Belgium. In a randomised trial of 765 female prostitutes in South Africa, Côte d’Ivoire, Benin and Thailand, around a third of whom used N-9 frequently, there was a doubling of the HIV-1 infection rate compared with women using a placebo gel. There was no difference in the incidence of other sexually transmitted diseases between the two groups. The study showed that frequent use of N-9 causes lesions in the vaginal wall, thereby allowing transmission of HIV. CK http://www.newscientist.com/news

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Letters

Bacterial growth in the cytosol: lessons from Listeria

I read with interest the article in Trends in Microbiology by O’Riordan and Portnoy addressing the issue of whether the mammalian cytosol is permissive for bacterial growth [1]. This question was raised by a recent paper reporting that only bacteria that naturally replicate in the cytosol can grow in this host compartment following direct microinjection [2]. Previous experimental evidence, however, suggested that the cytosol is a nutrient-rich environment that can support the growth of any bacterium [1]. Observations made with Listeria monocytogenes might shed some light on the characteristics of the host cytosol as a replication niche and on microbial adaptations for cytosolic growth.

Unlike intracellular pathogens that proliferate in an acidic vacuole (e.g. Salmonella enterica), the replication of L. monocytogenes in the cytosol does not seem to involve the induction of stress proteins [3,4]. Although L. monocytogenes apparently replicates in a non-aggressive environment, its maximal generation time is longer in intracellular conditions than in rich medium (~30 min during exponential growth in brain–heart infusion vs ~60 min in 774 macrophages and ~80 min in epithelial cells and hepatocytes) [J.A. Vázquez-Boland et al., unpublished]. This suggests that the host cytosol is only partially permissive for bacterial growth.

L. monocytogenes auxotrophic mutants requiring purines, pyrimidines or amino acids show no substantial defects in intracellular proliferation [5,6]. However, listerial metabolic genes involved in nucleotide biosynthesis and the uptake of amino acids are induced during intracellular infection [6]. In synthetic medium, purine and pyrimidine auxotrophs are unable to grow and express the targeted genes at high levels; these effects can be reversed by the addition of 0.5 mM of the corresponding nucleotides [6]. Thus, although the host cytosol provides all of the necessary nutrients, the concentrations which some are available might be limiting, resulting in sub-optimal growth. Metabolic intermediates are often subject to substrate channeling, that is, they are directly transferred between the consecutive enzymes of a pathway without escaping into the bulk phase [7]. Therefore, many of the essential metabolites present in the cytosol might be “sequestered” in functional microcompartments, making it necessary for bacteria to adopt specific strategies to facilitate the de novo synthesis of essential intermediates or the acquisition of nutrients from the host cytosol.

Hpt, a UhpT-related hexose phosphate transporter recently identified in pathogenic Listeria spp., provides clear proof that efficient replication in the cytosol requires specific microbial adaptations [8]. hpt mutants do not grow on hexose phosphates but can still grow on glucose or...
Glycogen phosphorylase impairs cytosolic replication of L. monocytogenes [16]. Phosphoglucomutase (G6P), as well as glucose (Glc), is converted to its active form by phosphorylase kinase (PhK). One of the mechanisms of PhK activation involves interaction of its calmodulin-like domain with Ca++. Several glycogenolytic agents, such as adrenaline, vasopressin and eicosanoids, activate glycogen phosphorylase via a Ca++-dependent mechanism involving the mobilization of Ca++ stores from the endoplasmic reticulum (ER) by inositol-1,4,5 trisphosphate [Ins(1,4,5)P3], which is generated via hydrolysis of membrane phosphatidylinositol-4,5-bisphosphate by a phospholipase C coupled to a G protein. The other lipid metabolite generated by the endogenous phospholipase, diacylglycerol (DAG), activates protein kinase C (PKC), which seems to have also an important role in glycogenolysis by an as yet unknown mechanism (reviewed in [14]).

Listeria monocytogenes induces Ca++ waves in infected host cells via its phospholipases [15]. Therefore, pathogenic listeriae can potentially promote their rapid intracellular replication by actively mobilizing a sustained flux of fueling metabolites (the Hpt-transported substrates glucose-1-phosphate (G1P), glucose-6-phosphate (G6P) and fructose-6-phosphate (F6P), as well as glucose (Glc)) to the cytosol. Interestingly, treatment of host cells with an inhibitor of glycogen phosphorylase impairs cytosolic replication of L. monocytogenes [16].

in rich medium. The lack of Hpt permease halves the speed of cytosolic proliferation of L. monocytogenes in various cell types [8], indicating that intracellular bacteria need to use not only glucose but also its phosphorylated intermediates. Thus, access to sufficient amounts of a carbon source appears to be a major limiting factor for rapid microbial proliferation in the host cytosol. Hpt is homologous to the mammalian translocase that transports glucose-6-phosphate from the cytosol into the endoplasmic reticulum in the final step of gluconeogenesis and glycogenolysis [8], illustrating that adaptation to intracellular parasitism involves mimicry of key physiological mechanisms of the eukaryotic host cell.

Hpt is tightly controlled by PrfA [8,9], the master regulator of listerial virulence. The PrfA virulence regulon is induced when bacteria enter the cytosol but is inactive in the phagosomal or extracellularly [10]. Hence, although prfA mutants have an intact hpt gene, they are significantly impaired in cytosolic replication because they lack an essential component of the PhK-PKC signalling pathway [8].

Hence, although prfA mutants have an intact hpt gene, they are significantly impaired in cytosolic replication because they lack an essential component of the PhK-PKC signalling pathway [8]. Therefore, cytosolic listeriae can take an active role in optimizing their intracellular replication rate by subverting host cell signalling pathways (Fig 1).

In conclusion, it seems that the question is not so much whether any bacterium with access to the cytosol can multiply there, but rather whether this bacterium has evolved to multiply in that compartment efficiently.
Bacterial growth in the cytosol: lessons from Listeria

Response from O’Riordan and Portnoy

We suggest that the significance of studying the capacity of the cytosol to support bacterial growth is not to debate whether cytosolic pathogens have adapted to grow efficiently in this niche, but to understand the molecular barriers to the evolution of cytosolic pathogens. If a bacterial species can access the cytosol and replicate to some extent, selection for more rapid growth can occur. By contrast, if access to the cytosol does not provide at least a minimally permissive environment, it is hard to envision how cytosolic pathogens might have evolved. Thus, the ability of the host cytosol to support some bacterial growth would probably be a prerequisite for the evolution of an intracytosolic pathogen.

Vázquez-Boland appears to be essentially in agreement with our conclusion that only specifically adapted bacteria can grow efficiently in the cytosol [1]. Control of the Listeria monocytogenes hpt gene by PrfA, a transcriptional regulator of L. monocytogenes virulence factors, is a good example of a specific bacterial adaptation to the intracellular environment. Nevertheless, a mutation in hpt results in only a 50% reduction in the intracellular replication rate, and bacterial numbers still increase significantly [2]. This suggests that in the absence of such a specific adaptation, the cytosol can still support significant bacterial growth, consistent with the original observation that Bacillus subtilis could grow in the host cytosol [3]. Furthermore, we observe that the optimal intracellular doubling time of L. monocytogenes in J774 macrophages (approximately 45 minutes) is very similar to that of bacteria grown in rich broth (brain–heart infusion) (M. O’Riordan and D.A. Portnoy, unpublished). This does not support the idea that the host cytosol is poor in available nutrients.

Goebel and colleagues used a novel approach to address this question, microinjecting bacteria into the host cytosol to determine its replication potential. They concluded that non-adapted bacterial species could only grow in the cytosolic environment if the host cell was undergoing apoptosis [4]. This phenomenon was proffered as an explanation for the results of multiple studies in which non-adapted bacteria did grow in the cytosol of the host cell (reviewed in [1]). It is not apparent that non-adapted bacteria, such as B. subtilis, engineered to access the cytosol by the expression of listeriolysin O (LLO), would cause host cell apoptosis. In the case of L. monocytogenes, only one cell line, derived from dendritic cells, has been shown to undergo apoptosis upon infection or upon treatment with LLO [5]. The epithelial and macrophage cell lines used in the microinjection study have not been shown to be susceptible to apoptosis by treatment with LLO or by L. monocytogenes infection. Indeed, macrophages do not undergo apoptotic death when infected by wild-type L. monocytogenes expressing LLO [6]. In addition, unlike wild-type Salmonella typhimurium, which normally replicates in a vacuole, an S. typhimurium Δfa mutant can grow in the cytosol of epithelial cells [7]; in this case, no LLO is present. Therefore, we maintain that non-adapted bacteria are able to grow in the intact host cytosol, and that the apparent contradictions between published studies result from differences in technical approach and interpretation, in addition to the host cell type.

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