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Citation for published version:

Digital Object Identifier (DOI):
10.1523/JNEUROSCI.0881-13.2013

Link:
Link to publication record in Edinburgh Research Explorer

Document Version:
Publisher's PDF, also known as Version of record

Published In:
Journal of Neuroscience

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Reversal of Neurofibrillar Tangles and Tau-Associated Phenotype in the rTgTauEC Model of Early Alzheimer’s Disease

Manuela Polydoro,1 Alix de Calignon,1 Marc Suárez-Calvet,1,2 Laura Sanchez,1 Kevin R. Kay,1 Samantha B. Nicholls,1 Allyson D. Roe,1 Rose Pitstick,1 George A. Carlson,3 Teresa Gómez-Isla,1,2 Tara L. Spises-Jones,1 and Bradley T. Hyman1
1Mass General Institute for Neurodegenerative Disease, Department of Neurology, Alzheimer’s Disease Research Laboratory, Massachusetts General Hospital, Harvard Medical School, Charlestown, Massachusetts 02129, 2Neurology Department, Hospital de la Santa Creu i Sant Pau, Universitat Autònoma de Barcelona, Barcelona, 08025, Spain, and 3McLaughlin Research Institute, Great Falls, Montana 59405

Neurofibrillary tangles (NFTs), a marker of neuronal alterations in Alzheimer’s disease (AD) and other tauopathies, are comprised of aggregates of hyperphosphorylated tau protein. We recently studied the formation of NFTs in the entorhinal cortex (EC) and their subsequent propagation through neural circuits in the rTgTauEC mouse model (de Calignon et al., 2012). We now examine the consequences of suppressing transgene expression with doxycycline on the NFT-associated pathological features of neuronal system deafferentation, NFT progression and propagation, and neuronal loss. At 21 months of age we observe that EC axonal lesions are associated with an abnormal sprouting response of acetylcholinesterase (AChE)-positive fibers, a phenotype reminiscent of human AD. At 24 months, NFTs progress, tau inclusions propagate to the dentate gyrus, and neuronal loss is evident. Suppression of the transgene expression from 18 to 24 months led to reversal of AChE sprouting, resolution of Gallyas-positive and Alz50-positive NFTs, and abrogation of progressive neuronal loss. These data suggest that propagation of NFTs, as well as some of the neural system consequences of NFTs, can be reversed in an animal model of NFT-associated toxicity, providing proof in principle that these lesions can be halted, even in established disease.

Introduction
An early and prominent neuropathological lesion in human AD is neurofibrillary tangles (NFTs) in the entorhinal cortex (EC), which then extend to the hippocampus, and ultimately the neocortex (Hyman et al., 1984; Braak and Braak, 1991; Delacourte et al., 1999). Recently, three groups modeled this process taking advantage of the fortuitous observation that a line of neuropsin (kallkrein related-peptidase 8, Klk8) promoter-driven tTa mice expressed this transcriptional activator primarily in the medial EC (Yasuda and Mayford, 2006). When crossed with a responder line that expresses the P301L mutant version of human tau, restricted and controllable expression of the transgene in the medial EC was obtained (Harris et al., 2012; Liu et al., 2012; de Calignon et al., 2012). As the animals age, tau becomes mislocalized from the axons to the soma, tau-positive NFT-like aggregates form, and human tau-positive aggregates develop in downstream targets of the EC. We showed by in situ hybridization and by laser capture microdissection and qRT-PCR that tau mRNA is not detectable in the dentate gyrus neurons that are human tau protein-positive and RNA-negative, suggestive of a transsynaptic propagation of tau (de Calignon et al., 2012). These results show that tau overexpression in the EC led to damage of its major efferent projection to the dentate gyrus (DG), the perforant pathway. Damage of this neural system in patients is thought to underlie memory impairment in AD (Hyman et al., 1984; Gómez-Isla et al., 1996), and to be the first stage of what has been considered to be an irreversible cascade of lesions leading ultimately to widespread damage and dementia.

Taking advantage of the restricted pattern of expression, well defined anatomy, and the suppressible nature of transgene expression in the rTgTauEC line, we now studied the consequences of prolonged expression of the transgene, and asked whether, and to what extent, the damage caused could be reversed by suppressing tau overexpression. Remarkably, we found that extended transgene suppression for 6 months reverses many of the transgene-associated phenotypes, including Gallyas-positive NFTs, and stops neuronal loss, providing proof in principle that these lesions could be halted, even in established disease.

Materials and Methods

Animals
rTgTauEC mice. We generated transgenic animals (called rTgTauEC—for reversible tau restricted to entorhinal cortex) by crossing FVB-Tg(tetO-TauP301L) 4510 mice (Santacruz et al., 2005) with a transgenic
mouse line on a C57BL/6 genetic background expressing tet transactivator under the control of the K18δI neuronus promoter (EC-tTa) that was developed at the Scripps Research Institute (Yasuda and Mayford, 2006). F1 offspring were used as experimental animals ensuring a uniform 50:50 mix of FVB and C57BL/6 genetic background. Inheritance of both the responder and activator transgenes (designated rTgTauEC) results in P301L mutant tau expression restricted to layer II of the EC and presubiculum and parasubiculum (de Calignon et al., 2012). Age-matched littersmates expressing only the activator transgene were used as human tau-negative controls. rTgTauEC and control mice were identified by PCR screening using the primer pairs 5′-ACCTTGGAATGCCTGATGAA-3′ and 5′-TGCTCCCCATCTGACATGCCC-3′ for activator transgenes, and 5′-TAAAGCCAGATGGCTGAGCC-3′ and 5′-TGCTCATGCTTCCCATGCCTC-3′ for responder transgenes. Each of the different age groups studied (3, 18, 21, 24 months) contained transgenic and control animals of either sex. Three groups of animals were treated with doxycycline (dox; 200 ppm in chow ad libitum) to suppress the transgene expression: 18-month-old mice were treated for 3 months or 6 months, and 21-month-old mice were treated for 3 months. 

**Western blot analysis**

Dissected EC were homogenized in RIPA buffer (Invitrogen) supplemented with a mixture of protease and phosphatase inhibitors (Roche). Samples were homogenized using a Polytron and the protein content was determined with a mixture of protease and phosphatase inhibitors (Roche). Dissected EC were homogenized in RIPA buffer (Invitrogen) supplemented with a mixture of protease and phosphatase inhibitors (Roche). Samples were homogenized using a Polytron and the protein content was determined with a mixture of protease and phosphatase inhibitors (Roche).

**Immunochemistry**

Standard immunofluorescence techniques were used. Briefly, animals were killed by CO2 inhalation and brains were fixed in 4% paraformaldehyde with 15% glycerol protocryoprotectant for 48 h. Horizontal floating sections throughout the entire brain were cut at 40 or 50 μm. Endogenous peroxidase activity was quenched for 30 min in H2O2 and sections were blocked for 20 min in 1% normal goat serum (NGS). After blocking in 5% normal goat serum (NGS) for 1 h, the appropriate primary antibody was applied in 5% NGS, and sections were incubated overnight at 4°C. The antibody SA6 antibody (1:1000) (courtesy of Dr. G.V. Johnson, University of Rochester, Rochester, NY), a monoclonal antibody raised against the longest form of recombinant human tau that recognizes an epitope between amino acids 19 and 46 (Johnson et al., 1997) was used to detect human tau; the conformation-specific Alz50 antibody (courtesy of Peter Davies, Albert Einstein College of Medicine, Bronx, NY; 1:50) was used to detect misfolded tau; and CP13 (pS202) and PHF1 (pS204/206) (courtesy Peter Davies, Albert Einstein College of Medicine; 1:500) were used to detect phospho-tau. GFP antibody (BD Biosciences; 1:10000) was used to reveal Sy-GFP fusion protein. Sections were subsequently washed in TBS to remove excess primary antibody. Sections were incubated in the appropriate secondary antibody in 5% NGS for 1 h at room temperature. For immunofluorescence, Fluorescent Alexa Fluor 488 (Invitrogen) or CY3-labeled secondary antibodies (Jackson ImmunoResearch) were used to reveal primary antibodies; or horseradish peroxidase (HRP)- conjugated secondary antibodies were used and developed with diaminobenzidine (DAB) substrate by using the avidin-biotin horseradish peroxidase system (Vector Laboratories).

**Stereology**

To assess the effects of transgene suppression on cholinergic innervation, neuronal loss, and the percentage of Alz50 and Gallyas-positive aggregates in the medial EC and DG, brains were collected from 24-month-old rTgTauEC mice and control littersmates. Subsets of mice were either aged without treatment (no transgene suppression n = 5 rTgTauEC, 4 wild-
Acetylcholinesterase histochemistry

Cholinergic innervation was revealed by histochemical staining for acetylcholinesterase (AChE), a general marker for cholinergic fibers and noncholinergic neurons that express AChE (Levey et al., 1984; Mesulam and Geula, 1991; Aubert et al., 1994). AChE histochemistry was performed as previously described (Geneser-Jensen and Blackstad, 1971). Before incubation, brain sections mounted on the slides were brought to room temperature and air-dried for 45 min. AChE activity was formed as previously described (Geneser-Jensen and Blackstad, 1971; Aubert et al., 1994). AChE histochemistry was performed five times with distilled water, sections were transferred to a 1% sodium sulfide solution in distilled water (pH 4.0, freshly prepared) for 1 min at 25°C. After rinsing sections five times with distilled water, sections were transferred to a 1% silver nitrate solution in distilled water for 2 min, and then rinsed five times with distilled water.

Images for figures were collected on an upright Olympus BX51 microscope (Olympus America).

Array tomography

Tissue from 24-month-old mice, n = 3–5 per group, was fixed, dehydrated, and embedded in LR white resin as described previously (Micheva and Smith, 2007; Koffie et al., 2009). Ribbons of 70 nm serial sections were cut on an ultracut microtome (Leica) and immunostained with antibodies for synaptophysin (mouse, Abcam AB8049 lot GR83310-1), and secondary anti-mouse 488 (Jackson ImmunoResearch Laboratories). Nuclei were counter-stained with DAPI. Images were acquired with a Zeiss AxioImager Z2 microscope equipped with automated stage, digital camera, and array tomography automated imaging plugins in AxioVision software. A tile scan of the entire ribbon was acquired at 10X magnification, then images taken of the same place in the molecular layer of the DG on each serial section with a 63X 1.2 NA oil objective. Images were aligned and stacked using custom macros in ImageJ software. Regions of interest (crops) were selected on each image stack from the middle molecular layer of the dentate gyrus from areas that did not contain any neuronal nuclei or capillaries. The synaptophysin staining in each crop volume was thresholded using the “Li” algorithm in Fiji and the number of synapses in each volume was counted using the Watershed program from the Smithlab. Synapse density was calculated as the number of synapses in each crop divided by the crop volume. An average density of synapses was calculated for each animal and the means of all animals in each genotypic and treatment group compared with ANOVAs (data were normally distributed, Shapiro—Wilks’ test p > 0.05).

Results

In this study we used the rTgTauEC mouse line that reversibly expresses human mutant tau P301L primarily in layer II of entorhinal cortex (EC-II) (de Calignon et al., 2012). The human tau gene with the P301L mutation, placed downstream of a tetracycline-operon responsive element from the rTg4510 mice, is coexpressed with an activator transgene consisting of the tet-off open reading frame (Gossen and Bujard, 1992) that is downstream of the neuropsin promoter (Yasuda and Mayford, 2006), resulting in P301L tau expression largely restricted to a subset of neurons in the medial EC-II as well as adjacent presubiculum and parasubiculum (de Calignon et al., 2012) shown by immunohistochemistry using the human tau-specific antibody 5A6 (Fig. 1A). The medial entorhinal cortex as a whole has a known projection pattern that terminates in approximately the middle third of the molecular layer of the dentate gyrus (van Groen, 2001; Witter, 2007). To examine the specific pattern of terminals associated with the subset of medial EC-II neurons driven by this promoter, we generated a reporter line in which the neuropsin promoter (EC-TTa) line was crossed with the Tg(tetO-tdTomo, -Syp/mut4EGFP)1.1 transgenic mice (Li et al., 2010; Miyamichi et al., 2011) that express Myc-tagged tdtomo and full-length mouse synaptophysin/mut4EGFP fusion protein (Syp- GFP). Expression of these proteins is under the control of the bidirectional tet-responsive promoter (tetO or TRE). tdtomo expression is cytoplasmic, marking the entire cell, while GFP expression is directed to the synapse/synaptic vesicle. The EC-tdtomo/Syp-GFP mice show tdtomo in the cell bodies, dendrites, and axons of neurons in the medial EC-II as well as in the presubiculum and parasubiculum. The distribution of Syp-GFP shows that the terminals of these tdtomo-expressing cells are in the middle molecular layer of DG (Fig. 1B), allowing direct visualization of the pattern of expression and synaptic connections generated by the neuropsin promoter activator line.

As expected, the distribution of tdtomo shows the neurons of origin and the axons of passage of the perforant pathway, with a band of axon terminals specifically occupying the middle molecular layer of the DG. This corresponds to the patterns of tau immunoreactivity observed in young (3 months old) rTgTauEC line (Fig. 1A), confirming the exquisite anatomic specificity of the
pattern of transgene expression driven by the neuropsin promoter. Of importance, neither human tau immunostaining nor tdTomato revealed expression in the DG granule cells (marked by DAPI in Fig. 1B), suggesting that the amount of leakiness of the tTa promoter is minimal. The distribution of synaptophysin-GFP fusion protein is even more restricted, representing a fine discrete band occupying part of the middle molecular layer of the DG (Fig. 1B) as well as showing local terminals within the EC and presubiculum and parasubiculum. This pattern emphasizes the limited terminal zone of fibers from neuropsin tTa driven EC cells, and hence the area most likely to be deafferented if the tau containing terminals in the rTgTauEC line degenerate.

We confirm that doxycycline treatment suppressed transgene expression in animals at 24 months of age treated with doxycycline either from 21 months of age for 3 months or from 18 months of age for 6 months (Fig. 2A–C). Western blot analysis using a human tau-specific antibody HT7 revealed that doxycycline treatment reduced the levels of soluble human tau protein ~60 and 90% after 3 months and 6 months of treatment, respectively (Fig. 2A). The levels of human tau mRNA were quantified by qPCR and showed a reduction of 78% after 3 months and 88% after 6 months of treatment (Fig. 2B). Immunocytochemistry confirmed a marked decrease in protein levels in the entorhinal cortex following transgene suppression (Fig. 2C).

Reversal of deafferentation phenotype by suppression of the tau transgene

Classic acute deafferentation experiments in the hippocampus demonstrate a reinervation of the deafferented perforant pathway terminal zone by sprouting of axon terminals from adjacent fields (Lynch et al., 1972), a homeostatic mechanism that preserves synapses. One robust response is due to AChE-positive fibers, which appear to sprout from the inner third of the DG molecular layer (their normal termination) to the deafferented portions of the DG molecular layer. We asked whether the slow, more chronic months-long process of deafferentation that plays out in the rTgTauEC line would also lead to similar plasticity and sprouting responses. We looked for aberrant sprouting of the AChE-positive fibers in the middle molecular layer of the DG.

To further evaluate the extent of apparent degeneration of the terminal zone of the perforant pathway, we quantified the degree of AChE-positive fibers sprouting into the middle molecular layer of the DG at different ages compared with the age-matched control. We observed a significant difference starting from 21 months of age that intensified at 24 months, suggesting that synaptic connections, in the area of projection of tau-expressing neurons, were altered (Fig. 3A) with resultant exuberant reinervation by adjacent fibers.

We next evaluated the effect of transgene suppression on the sprouting of AChE fibers. Groups of mice were treated with doxycycline either from 18 months of age for 3 months (n = 4) or for 6 months (n = 6), or from 21 months of age for 3 months (n = 7) and compared with untreated groups of equal size. Groups of age-matched control animals were similarly analyzed. When started at 18 months of age, before the initial change in AChE staining patterns, doxycycline treatment for 6 months prevented the sprouting of AChE fibers, while a shorter treatment gave an intermediate result with some animals showing decreased AChE sprouting. When started at 21 months of age, suppression of the transgene led to a normalized AChE pattern, suggesting that the AChE sprouting might not only be prevented, but also reversed by transgene suppression (Fig. 3 B, C).
Suppression of the transgene prevents aggregation of tau in the entorhinal cortex and propagation of tau to dentate gyrus.

Human tau labeling revealed diffuse axonal staining in the middle molecular layer of the DG, which receives axons originating in the medial entorhinal cortex (MEC) of rTgTauEC (Fig. 1). This observation indicates that in young rTgTauEC mice human tau has a normal axonal distribution, similar to the physiological distribution of tau. As tau pathology progresses, human tau expression in the MEC results in age-dependent pathological changes in tau, including misfolding, hyperphosphorylation, and mislocalization to the somatodendritic compartment in EC-II transgene-expressing neurons. To quantify tau accumulation following transgene suppression, groups of mice were treated with doxycycline for 3 months or 6 months; another group was treated from 21 months of age for 3 months. Groups of equal size of age-matched control animals were similarly treated. Stereological counting was performed by an investigator who was unaware of treatment status to quantify the number of Alz50-positive (misfolded tau) neurons in the EC (Fig. 4A).

**Figure 2.** Tau expression in the medial entorhinal cortex is suppressed with doxycycline treatment. A–C. Doxycycline treatment suppressed transgene expression in animals at 24 months of age treated with doxycycline from 21 months of age for 3 months or from 18 months of age for 6 months. Results are labeled nontransgenic (NTG) and transgenic (TG). A. Western blot analysis using a human tau-specific antibody HT7 shows decreased levels of human tau protein (hTau) after 3 months and 6 months of DOX treatment. Levels of human tau protein were calculated by normalizing it to actin and are expressed as percentage of levels of hTau in 24-month-old animals that did not receive doxycycline treatment (n = 3 per group). *p = 0.005 and p = 0.008, respectively. B, The levels of human tau RNA were quantified by qPCR and showed reduced levels of RNA. The levels of hTau RNA were calculated by normalizing it to levels of endogenous mouse tau (n = 3 per group) and are expressed as percentage of levels of hTau in 24-month-old animals that did not receive doxycycline treatment. *p = 0.000147 and p = 0.00000057, respectively. C, Immunocytochemistry using HT7 confirmed a marked decrease in protein levels in the medial entorhinal cortex following transgene suppression. Scale bar, 200 μm. Results are expressed as the mean ± SEM.
By 18 months of age, both the rTgTauEC line and similar lines developed by the Duff laboratory (Liu et al., 2012) and by the Mucke laboratory (Harris et al., 2012) developed tau aggregates in neurons synaptically downstream from EC-II, including the DG granule cells. These results were interpreted as propagation of tau protein into the extracellular space and uptake at postsynaptic sites. We took advantage of the ability to suppress the transgene expression using doxycycline to ask whether, once started, this process of tau protein propagation was irreversible or whether it could be intercepted by a tau-specific intervention. Doxycycline treatment was started at 18 months of age, when there is already obvious spread of tau pathology into the DG. At this age, EC terminal staining for human tau protein is fainter; with age the DG neurons become more prominently stained. At 24 months of age the transmission of the pathology is even more evident with a large number of human-tau positive aggregates in DG neurons (Fig. 4B). Human tau-positive aggregates in the DG are decreased following 3 months of transgene suppression and are almost completely blocked after 6 months of transgene suppression (Fig. 4B).

Spreading of the pathology was quantified by Alz50-positive neurons counts in the granular layer of the DG. For each brain, three sections representing the dorsal, middle, and ventral parts of the DG were quantified by an investigator who was unaware of treatment status or age. There was no change in the extent of Alz50 staining, which labels misfolded tau, in the granule cells after 3 months of doxycycline treatment. However, a longer treatment of 6 months significantly reduced the detection of Alz50-positive tau in the DG (Fig. 4C). Propagation of hyperphosphorylated tau to the DG was accessed by CP13 antibody against pSer202, an early tau pathology marker, and PHF1 that recognizes pSer396/404 (PHF tau), a marker of neurofibrillary tangles. The number of neurons labeled with both phospho-tau antibodies were markedly reduced by 3 and 6 months of tau suppression. Both markers were quantified and calculated as the percentage of cresyl violet stained granule cells in the DG labeled with the phospho-tau antibodies. While there were no significant differences, CP13 staining decreased ~28% and PHF1 staining showed a 49% decrease after 3 months of transgene suppression. There was a trend toward reduction in CP13 (~73%, p = 0.1) and PHF1 (~72%) staining by 6 months of tau suppression (p = 0.1 and p = 0.07, respectively). This experiment was not powered to detect a statistical difference with the small sample size available (n = 5 mice, 2 sections per mouse; Fig. 5). Nonetheless, when considered with the results of the Gallyas staining, these data are consistent with the idea that the ab-

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**Figure 3.** Reorganization of AChE fibers in the perforant pathway terminal zone. Histochemistry for AChE-positive fibers in the middle molecular layer (mml) of dentate gyrus (DG) at 18, 21, and 24 months, in rTgTauEC mice and age-matched controls shows a deafferentation-induced AChE sprouting response at 21 and 24 months (A, arrow). Images are labeled nontransgenic (NTG) and transgenic (TG). Scale bar, 200 μm. A, Acetylcholinesterase staining showed sprouting of axon terminals from the inner molecular layer (IML) to a thinner and denser line in the middle molecular layer (MML). B shows a diagram representation of MEC, perforant pathway (PP), hippocampal regions CA1, CA3, and dentate gyrus (DG) with the region demarcated by black box (molecular layer) enlarged on the top left. Representative images of the molecular layer of the DG are shown on the bottom left. Scale bar, 50 μm. C, Comparing the ratio of optical densities between MML and IML reveals that the sprouting of AChE fibers is significant at 21 months of age and increases at 24 months, and that suppression of the transgene with a 3-month DOX treatment (n = 7) stops this synaptic reorganization when started at earlier age (p = 0.009) or at later age (p = 0.01). A 6-month treatment (n = 6) was more efficient (p = 0.006). Results are labeled nontransgenic (NTG) and transgenic (TG). Results are expressed as the mean ± SEM. *p < 0.05.
Figure 4. Transgene suppression reduces tau aggregation and propagation down neural circuits. A, Stereological counting of Alz50-positive neurons in the EC-II after transgene suppression shows that 3 and 6 months of DOX treatment significantly reduced the detection of Alz50-positive tau in the EC. This indicates that aggregation of misfolded tau in the entorhinal cortex is also prevented by 3 ($p = 0.01751$) and 6 months ($p = 0.00973$) of tau suppression. B, Higher magnification of these sections stained with Alz50 and cresyl violet illustrate the dense, punctate staining of misfolded tau in 24-month-old transgenic animals without DOX treatment, which is reduced with tau suppression. C, Immunocytochemistry using HT7 human tau-specific antibody shows a marked decrease in propagation of human tau protein to the dentate gyrus granular cells in animals at 24 months of age treated with doxycycline from 21 months of age (Figure legend continues.)
The sense of granule cell and EC pathology was due to the turnover of existing aggregated mutant human tau protein after prolonged transgene suppression.

Tangles, visualized by Gallyas silver staining, are reversed by 6 months of tau suppression.

The reduction of misfolded tau, a pre-tangle marker as well as hyperphosphorylated PHF tau, led us to ask whether tangles had been cleared from the EC as suggested by the decrease in PHF-1 staining, a known moderate to late stage marker of pathological change. We next evaluated the effect of transgene suppression on the progression of neurofibrillary tangles as assessed by silver staining in the EC. Silver-positive tangles are generally believed to be insoluble, long-lived lesions (Sun et al., 2002; Kertesz et al., 2005; Lee et al., 2010; Braak et al., 2011). We quantified the number of Gallyas-positive neurons after transgene suppression in the EC-II and found that 6 months of doxycycline treatment significantly reduced the detection of Gallyas-positive neurons in the EC (Fig. 6).

All of the markers of tau pathology tested, Alz50 (Fig. 4), pSer202, pSer396/404 (Fig. 5), and Gallyas (Fig. 6), seem to be either ameliorated or reversed in parallel.

Synaptic loss in the target zone of the perforant pathway and neuronal loss is prevented by transgene suppression.

Synapse loss is an early AD hallmark and it strongly correlates with cognitive impairment (DeKosky and Scheff, 1990; Terry et al., 1991; Scheff and Price, 2006). We have previously shown that rTgTauEC mice have synapse loss at 24 months of age in the middle molecular layer of the DG, indicating loss of synapses between EC-II neurons and DG neurons (de Calignon et al., 2012). To assess whether transgene suppression can improve synapse loss, we used array tomography to allow high-resolution quantitative measurement of synaptic densities in the perforant pathway terminal zone of rTgTauEC mice after doxycycline treatment. Array tomography analysis using synaptophysin reveals a significant 16% decrease in presynaptic bouton density in the middle molecular layer of 24-month-old rTgTauEC mice. After 3 or 6 month transgene suppression (Fig. 7A), synapse density in the middle molecular layer was not different from controls.

We have previously shown that rTgTauEC mice have significant neuronal loss at 24 months of age, in the areas of robust transgene expression, EC-II and parasubiculum. The striking clearance of Gallyas-positive NFTs could be explained by either turnover or clearance of the misfolded human tau making up the aggregates, or progressive loss of NFT-bearing neurons. The latency of granule cell and EC pathology was due to the turnover of existing aggregated mutant human tau protein after prolonged transgene suppression.
ter would manifest in continued neuronal loss despite transgene suppression. To examine whether transgene suppression would affect ongoing neuronal loss, neuronal counts were performed on transgenic and control animals at 24 months of age treated with doxycycline either from 21 months of age for 3 months or from 18 months of age for 6 months, using stereological estimations of cresyl violet-labeled neuronal nuclei. In concert with the decrease in tau propagation, we observe a stabilization of neuron number in the EC after 6 months of doxycycline treatment (Fig. 7B), supporting the idea that NFTs are cleared rather than neurons that contained NFTs at 18 months of age degenerating during 6 months of transgene suppression.

**Discussion**

In this study, we used a mouse model that shows slow progression of tau aggregation and NFT formation starting in a subset of neurons in the EC-II and extending over time to the hippocampus and other fields. The model allows us to examine the natural history and consequences of existing NFTs on a synaptic neuronal circuit in isolation from the continued mutant human tau transgene expression. Our results suggest that (1) NFTs, even Gallyas-positive lesions, are reversible; (2) the axonal deafferentation/plasticity phenotype observed due to hippocampal deafferentation is reversible; (3) progressive synaptic and neuronal loss is stabilized. These results suggest an unexpected conclusion: many of the neural system consequences of tau overexpression, including aggregation, NFT formation and propagation, neuronal and synaptic deafferentation, can be reversed or stabilized by suppression of soluble human tau expression rather than being irreversible consequences of the formation of NFT. The latter conclusion is in accord with recent observations implicating soluble, nonfibrillar forms of tau in induction of caspases (Spires-Jones et al., 2008; de Calignon et al., 2010) and mitochondrial mislocalization (Ebnet et al., 1998; Stamer et al., 2002; Stoothoff et al., 2009; Kopeikina et al., 2011; Matenia et al., 2012). Together, these results argue that stabilization and reversal of NFT-associated damage may be possible even in established disease when the lesions are already present.

We took advantage of the slowly progressive nature of the axonal lesions present in the rTgTauEC line to ask questions about the nature of chronic deafferentation and reinnervation of the perforant pathway zone. Sprouting of neighboring afferents is a compensatory plastic response thought to be an attempt to preserve synaptic inputs. Although most studies of lesion-induced plasticity use acute maximal lesions and relatively short-term follow up, it has been noted in multiple settings that chronic reinnervation of deafferented brain structures can occur. For example, the pattern of sprouting of AChE fibers that is observed both after acute entorhinal or perforant pathway lesion in the rodent and nonhuman primate (Geddes et al., 1985; Hyman et al., 1987; Ihara, 1988; Deller and Frotscher, 1997; Shamy et al., 2007; Kadish and van Groen, 2009) is also observed in some AD patients, presumably due to the EC lesion-induced deafferentation of the hippocampus in AD (Geddes et al., 1985; Hyman et al., 1987). Our current data show that chronic slow deafferentation of the hippocampus results in a very similar process of induced plasticity in an experimental model as well.

In a related line (rTg4510) with more widespread expression in which the tau P301L transgene is driven by a CaMKIIα promoter in the majority of pyramidal neurons in the brain, suppression of the transgene expression with doxycycline for 6 weeks led to an improvement in behavioral phenotype and an arrest of progression of neuronal loss, but NFTs continued to be present (Santacruz et al., 2005). The persistence of NFTs and tau aggregates in the rTg4510 mouse line after doxycycline treatment can be explained by both the short-term transgene suppression, for only 6 weeks, which led to diminished soluble tau but continued presence of aggregated tau. By contrast, our current data in the rTgTauEC reflect doxycycline suppression of transgene expression for prolonged periods—up to 6 months—suggesting that prolonged suppression of the tau transgene appears to lead to resolution of much of the fibrillar tau pathology. These cross-sectional studies cannot unambiguously differentiate between the possibilities that tau aggregate containing neurons die in the ensuing 6 month period after the transgene is turned off, leading to a relative paucity of tangle-containing cells after 6 months of transgene suppression, or the possibility that the tau aggregates are actually slowly cleared in the absence of new synthesis of tau molecules. However, stereological assessment of neuron number in the EC showed that turning off transgene expression for 6 months resulted in stabilization of neuron numbers. Thus, it seems more likely that tangles are cleared rather than having a large number of tangle-bearing neurons die, because we do not detect ongoing additional neuronal loss after the transgene is suppressed.
The reversal of tangles is especially striking because assessment of tangles in this mouse model included not only immunostaining for human misfolded tau but also the robust NFT reagent Gallyas silver stain (de Calignon et al., 2012). Gallyas-positive NFTs are believed to be stable conformations of tau (Sun et al., 2002; Kertesz et al., 2005; Lee et al., 2010; Braak et al., 2011), and their apparent clearance leads to the conclusion that even highly aggregated tau inclusions can be cleared by neurons if the driving force of aggregation—in this case overexpression of P301L tau—is suppressed. Intriguingly, Gallyas-positive NFTs were completely cleared in some brains that still exhibited Alz50- and PHF1-positive lesions, implying that tangles may be cleared in the reverse order from which they were formed with silver-positive aggregates dissolving followed by hyperphosphorylated and misfolded forms of tau.

The mechanism whereby aggregated tau is cleared is unknown. Possibly, human tau soluble oligomeric species may impair the proteasome- or macroautophagy-mediated protein turn-over and degradation that have been implicated in tau clearance (Berger et al., 2007; Dickey et al., 2007; Carrettiero et al., 2009; Wang et al., 2009; Tai et al., 2012). We postulate that release of such clearance mechanisms from tau-based inhibition may...
allow slow but ultimately successful restoration of neuronal morphology. Alternatively, tau aggregates may not be a permanent accumulation of fibrillogenic proteins but rather a dynamic structure in a constant slow turnover. Although the clearance of tau in these studies makes lowering tau an attractive drug target in the treatment of neurodegeneration, the response of lesions in human tauopathy and the prevention of propagation by tau reduction has yet to be demonstrated as feasible.

In summary, turning off production of newly synthesized soluble tau is sufficient to prevent synapse and neuronal loss, reverse the transmission of tau to areas downstream from EC, and restore the normal pattern of AChE in a deafferented terminal zone. These observations also lead to several new questions: which pathways contribute to clearance of tau protein and of the abnormal tau aggregates? Which tau species are transmitted between neurons? Does the normalization of AChE staining after transgene suppression reflect also normalized function of the perforant pathway? Finally, extrapolation from this and other animal models suggest that caspase activation and cleavage of tau (Gamblin et al., 2003; Rissman et al., 2004; Spires-Jones et al., 2008; de Calignon et al., 2010), mitochondrial mislocalization (Ebneth et al., 1998; Stamer et al., 2002; Stoothoff et al., 2009; Kopeikina et al., 2011; Matenia et al., 2012), phospho- and aggregation-specific epitopes (Sydow et al., 2011a, b; Van der Jeugd et al., 2012), and even Gallyas-positive lesions can all be reversed by reduction of soluble tau expression. While there is presumably a “point of no return” after which neuronal death ensues, we postulate that some or all of these phenomena, long held to be end-stage pathology lesions in human AD, may be at least in part amenable to therapeutic intervention as well.

References

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