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Genes From a Translational Analysis Support a Multifactorial Nature of White Matter Hyperintensities

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Background and Purpose—White matter hyperintensities (WMH) of presumed vascular origin increase the risk of stroke and dementia. Despite strong WMH heritability, few gene associations have been identified. Relevant experimental models may be informative.

Methods—We tested the associations between genes that were differentially expressed in brains of young spontaneously hypertensive stroke–prone rats and human WMH (using volume and visual score) in 621 subjects from the Lothian Birth Cohort 1936 (LBC1936). We then attempted replication in 9361 subjects from the Cohorts for Heart and Aging Research in Genomic Epidemiology (CHARGE). We also tested the subjects from LBC1936 for previous genome-wide WMH associations found in subjects from CHARGE.

Results—Of 126 spontaneously hypertensive stroke–prone rat genes, 10 were nominally associated with WMH volume or score in subjects from LBC1936, of which 5 (AFP, ALB, GNAI1, RBM8a, and MRPL18) were associated with both WMH volume and score (P<0.05); 2 of the 10 (XPNPEP1; P=6.7×10−4; FAR1, P=0.024) plus another spontaneously hypertensive stroke–prone rat gene (USMG5; P=0.00014), on chromosomes 10, 13, and 10 respectively, were associated with WMH in subjects from CHARGE. Gene set enrichment showed significant associations for downregulated spontaneously hypertensive stroke–prone rat genes with WMH in humans. In subjects from LBC1936, we replicated CHARGE’s genome-wide WMH associations on chromosomes 17 (TRIM65 and TRIM47) and, for the first time, 1 (PMF1).

Conclusions—Despite not passing multiple testing thresholds individually, these genes collectively are relevant to known WMH associations, proposed WMH mechanisms, or dementia: associations with Alzheimer’s disease, late-life depression, ATP production, osmotic regulation, neurodevelopmental abnormalities, and cognitive impairment. If replicated further, they suggest a multifactorial nature for WMH and argue for more consideration of vascular contributions to dementia. (Stroke. 2015;46:00-00. DOI: 10.1161/STROKEAHA.114.007649.)

Key Words: genetics ■ humans ■ leukoencephalopathies ■ magnetic resonance imaging
White matter hyperintensities (WMH) of presumed vascular origin, a major component of cerebral small vessel disease (SVD), double the risk of stroke and dementia. Despite considerable societal effect, the causes of WMH and SVD are poorly understood. Conventional vascular risk factors explain little of the WMH variance. Family studies, several rare monogenic SVD disorders, and epidemiology suggest that genetic predisposition is important.

Identification of genetic factors for SVD has been challenging. Several replicable single-nucleotide polymorphisms (SNPs) associated with WMH have been identified in 1 locus on chromosome 17q25, although the exact gene(s) and biological pathways to WMH are unclear. Few other replicable genes have been found in genome-wide association studies (GWAS), and little is known of their functional significance.

Experimental SVD models provide insight into human SVD. The spontaneously hypertensive stroke–prone rat (SHRSP) is a relevant model of spontaneous SVD. It was selectively crossbred (1974) from Wistar-Kyoto (WKY) rats via the spontaneously hypertensive rat (SHR, 1963). Hypertension, established in SHRSP rats by 10 weeks of age, is considered to be the main cause of their brain disease. However, differences in protein and gene expression in SHRSP rats versus WKY rats at 5 weeks of age (before measurable blood pressure rises) suggest underlying susceptibilities to SVD. Compared with WKY controls, 5-week-old SHRSP rats have reduced claudin 5 (tight junction) and myelin basic protein and increased microglia (IBA1) and glial activation (GFAP); at 16 and 21 weeks, increase in smooth muscle actin was seen, thought to reflect arteriolar smooth muscle hyperplasia secondary to hypertension. SHRSP gene expression differences at 5 weeks of age were more numerous than at 16 or 21 weeks of age and included downregulation of Mmp14, Mbp, Gfap, Afp, Alb, and Igg2, upregulation of Gucy1a3, Rps9, Fos, and JunB, early-growth response, cell-signaling genes, and overexpression of genes involved in neurological diseases (stroke, depression, and blood–brain barrier leakage), rather than just hypertension. Recent gene sequencing of SHRSP rats (and 26 other rat models of common human diseases) revealed that genes that were either shared between or uniquely mutated in these rat models were significantly over-represented in human GWAS hits for hypertension or metabolism-related phenotypes, suggesting coevolution of these genes and their role in common diseases in models and humans.

In a hypothesis-driven collaborative approach, we tested for associations between genes that were differentially expressed in the brains of 5-week-old SHRSP rats and WMH in humans. We used data from 5-week-old rats because gene expression differences were more frequent at that age than at 16 or 21 weeks, and we wanted to minimize the confounding of tissue changes by secondary effects of hypertension and to optimize the chances of detecting genes related to WMH susceptibility. We focused on WMH as the most frequent feature of SVD with the most data available in replication cohorts. We first tested the subjects from Lothian Birth Cohort 1936 (LBC1936) and then attempted replication in subjects from the Cohorts for Heart and Aging Research in Genomic Epidemiology (CHARGE) consortium. To provide confidence in the relevance of subjects from LBC1936, we also sought CHARGE’s previously reported WMH-gene associations in the subjects from LBC1936.

**Methods**

**Subjects**

The subjects from LBC1936 are community-dwelling individuals living in South East Scotland who underwent detailed cognitive, biomedical, genetic assessments, and detailed brain MRI at ≈73 years of age (n=866). The MRI acquisition, methods for assessing WMH burden quantitatively and qualitatively, and proportions with WMH by either method have been reported. This study was approved by the Lothian (REC 07/MEE00/58) and Scottish Multicentre

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nSNPs is the number of SNPs considered in the gene test. CHARGE indicates Cohorts for Heart and Aging Research in Genomic Epidemiology; LBC1936, Lothian Birth Cohort 1936; SNP, single-nucleotide polymorphism; and WMH, white matter hyperintensities.
Methods in the online-only Data Supplement). We excluded 48 sub-
genetic data (mean age, 72.67 years; SD=0.73 years; Table I and 
were 621 participants (392 men) from LBC1936 with both MRI and 
stratification components as covariates. We used both WMH volume 
variance in subjects from LBC1936. The VEGAS software summa-
it was the strongest vascular risk factor) explained <2% of WMH 
Genome Analysis
In the 5-week-old SHRSP rats, 162 genes were differentially ex-
pressed compared with 5-week-old WKY rats in frontal and midcor-
onal brain sections (Table II in the online-only Data Supplement). We 
the following databases to match the SHRSP Illumina IDs to human 
genes (Materials and Table II in the online-only Data Supplement): Ensembl—http://www.ensembl.org, GeneCards—
Database—http://www.rgd.mcw.edu. Of the 162 SHRSP genes, 132 
had an equivalent human gene, 8 transcripts were mapped to the same 
genome, 20 were uncharacterized in humans, and 2 had no human ho-
mologue. Of the 132 genes, 126 were available for association testing 
using the Versatile Gene-based Association Study (VEGAS) test. We 
first performed a genome-wide association analysis on subjects 
from LBC1936 using PLINK software to test the genetic associa-
tion between 542050 genotyped SNPs and 2 WMH measurements 
using a linear regression analysis: (1) log transformed WMH volume 

tion between 542 subjects from LBC1936, we attempted replication of CHARGE's 

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Results

SHRSP Genes in Subjects From LBC1936
Of the 126 candidate SHRSP-derived genes, 10 were nominally 
associated with WMH in subjects from LBC1936 (P<0.05; 
Table 1). Using imputed or genotyped data, 5 genes were 
associated with WMH volume (AFIP, ALB, GNAI1 [RBMY8A 
and INPP5D, both borderline]); 3 of these (AFIP, ALB, and 
GNAI1) and 2 others (MRPL18 and SIPA1L2) were associated 
with WMH Fazekas scores. Three other genes were associated 
with WMH volume using genotyped data only (XNXP2P1, 
NRAA3, and FARP1). None of these genes individually passed 
Bonferroni correction in subjects from LBC1936 (all were 
individuals had an equivalent human gene, 8 transcripts were 

Gene Set Enrichment
Using gene set enrichment analysis, all 126 SHRSP candidate 
genomic-wide associations with WMH in the subjects from the 
LBC1936 Cohort in a genome-wide association analysis using the 
2534887 SNPs imputed to HapMap2, with WMH (volume and 
Fazekas score) in MachQTL software.

We applied Bonferroni correction for multiple testing (P=0.05/126 
genes=0.0004). We did not include the 2 WMH phenotypes in the 
Bonferroni correction as they are highly correlated (r²=0.77). Because 
of the overconservative nature of Bonferroni correction for multiple 
testing, a nominal significance threshold of P value of <0.05 was 
required for replication efforts.

Replication in Subjects From CHARGE
Two of these 10 genes were also associated with WMH in 
subjects from CHARGE (XNXP2P1, P=6.7x10⁻⁵; 
and FARP1, P=0.024; Table 1). Full details of all 126 SHRSP to 
LBC1936 to CHARGE gene associations are given in Table 
III in the online-only Data Supplement. Several other of 
the 126 SHRSP genes (outside the 10/126 described above) 
showed significance at P<0.05 in subjects from CHARGE (eg, 
USMG5, MED17, ZNF461, C20orf7, EGR1, ARC, NUDT14, 
and MMP7) of which 1 (USMG5, P=0.000142) passed 
Bonferroni correction (P=0.0004).

Replication of Previous CHARGE Findings in 
Subjects From LBC1936
To demonstrate our ability to detect WMH-gene associations in 
subjects from LBC1936, we attempted replication of CHARGE’s
15 SNPs ($P<1\times10^{-5}$) associated with WMH (Table 2). 3 SNPs replicated in subjects from LBC1936 with both WMH volume and Fazekas score at $P<0.05$ (rs3744028, rs1055129, and rs1052053); rs1052053, a miss-sense variant on chromosome 1 in the polyamine-modulated factor 1 gene (PMF1), has not replicated previously.

### Discussion

We used a clinically relevant translational approach to identify potential new gene associations for WMH, a common cause of cognitive impairment, stroke, and dementia. We found parallels between differentially expressed genes in a young spontaneous SVD model and WMH-gene associations in older humans. Two novel genes on chromosome 10 derived from SHRSP rats were associated with WMH, XPNPEP1 in both LBC1936 and CHARGE and USMG5 in CHARGE only. Several other genes were nominally associated with WMH in LBC1936 or CHARGE although none passed multiple testing. We replicated 3 of CHARGE's WMH-gene associations in subjects from LBC1936: 2 (rs3744028 and rs1055129) on chromosome 17q25 and 1 previously unreplicated SNP (rs1052053) on chromosome 1, a miss-sense variant in the polyamine-modulated factor 1 gene, PMF1, that has a role in the cell cycle. Jointly, these approaches yielded 6 genes (3 from the SHRSP rats and 3 replicates of a GWAS finding) and 5 further rat-derived genes based on the LBC1936 sample alone, which despite not passing multiple testing thresholds individually, as a group they are notable for their involvement in biological pathways relevant to WMH pathogenesis.

Of the 2 SHRSP genes found in LBC1936 and CHARGE, XPNPEP1 is X-prolyl aminopeptidase (aminopeptidase P) 1, soluble, associated with biliary atresia, and located in a region on chromosome 10 that is associated with Alzheimer's disease. FAR1 is Pleckstrin domain protein 1, associated with brain volume differences, and important in synapse development. The SHRSP-CHARGE–associated gene USMG5 is upregulated during skeletal muscle growth 5 homolog (also known as diabetes mellitus–associated protein in insulin sensitive tissues, or DAPIT), sits on chromosome 10, and maintains ATP synthase populations in mitochondria. 5 All 5 SHRSP genes associated with both WMH volume and Fazekas score in subjects from LBC1936 (AFP, ALB, GNAI1, RBMSA, and MRPL18) are associated with white matter–relevant diseases in humans. Despite not surviving correction for multiple testing, there was a notable consistency in their association with 2 separate WMH measures. AFP encodes α-fetoprotein, a major plasma protein produced in the yolk sac and liver during fetal life. Abnormally, high amounts of α-fetoprotein are found in ataxia telangiectasia, also associated with abnormal white matter. ALB encodes albumin, a soluble monomeric protein important for maintaining plasma oncotic pressure found in cerebral WMH, and cerebrospinal fluid as blood–brain barrier function deteriorates with age and dementia. GNAI1 encodes guanine nucleotide–binding protein (G protein), alpha-inhibiting activity polypeptide 1, implicated with Alzheimer's disease. RBMSA is an RNA binding protein that has differential expression in Alzheimer's disease, associations with a range of intellectual disabilities in humans and anxiety-related behavior in mice, with schizophrenia, several neurodevelopmental intellectual disabilities, anxiety behavior and may target neuronal genes to regulate behaviors. WMH in old age are known associates of late-onset depression, and they are also associated with lower age 11 IQ. MRPL18 is the mitochondrial ribosomal protein L18, previously associated with neurodevelopmental intellectual disabilities, anxiety behavior in older humans. Despite not surviving correction for multiple testing, there was a notable consistency in their association with 2 separate WMH measures. AFP encodes α-fetoprotein, a major plasma protein produced in the yolk sac and liver during fetal life. Abnormally, high amounts of α-fetoprotein are found in ataxia telangiectasia, also associated with abnormal white matter. ALB encodes albumin, a soluble monomeric protein important for maintaining plasma oncotic pressure found in cerebral WMH, and cerebrospinal fluid as blood–brain barrier function deteriorates with age and dementia. GNAI1 encodes guanine nucleotide–binding protein (G protein), alpha-inhibiting activity polypeptide 1, implicated with Alzheimer's disease. RBMSA is an RNA binding protein that has differential expression in Alzheimer's disease, associations with a range of intellectual disabilities in humans and anxiety-related behavior in mice, with schizophrenia, several neurodevelopmental intellectual disabilities, anxiety behavior and may target neuronal genes to regulate behaviors. WMH in old age are known associates of late-onset depression, and they are also associated with lower age 11 IQ. MRPL18 is the mitochondrial ribosomal protein L18, previously associated with neurodevelopmental intellectual disabilities, anxiety behavior in older humans.
with multiple sclerosis. These 7 SHRSP-derived genes are related to pathologies (ataxia telangiectasia, blood–brain barrier impairment, Alzheimer's disease, multiple sclerosis, depression, developmental intellectual disabilities, and brain size) that display white matter abnormalities or affect intellectual function. Impaired ATP production because of defects in UMSG5, the gene that replicated from SHRSP to CHARGE, could increase susceptibility to WMH via ischemia.

The genes that were downregulated in the SHRSP were significantly enriched in subjects from LBC1936 for WMH. This may be because, in a complex disease such as SVD/WMH, several individually modest genetic defects in different components of key pathways, when present in combination, increase disease risk. This interpretation is consistent with differential protein expression seen in SHRSP and the absence, so far, of individual major human gene defects explaining either sporadic WMH or lacunar stroke.9

The lack of consistent replication from SHRSP to LBC1936 to CHARGE requires caution. The power and required significance threshold of the LBC1936 was modest for GWAS, hence our hypothesis-driven approach. Genes associated with WMH in subjects from LBC1936 but not CHARGE could be false positives; other factors include greater heterogeneity of WMH assessment and greater age range in subjects from CHARGE. The narrow age range of subjects from LBC1936 minimizes the effect of age, possibly helping to expose relevant genes. CHARGE-contributing studies used several methods of quantifying WMH, different MR scanner field strengths, and generations of technology and sequences. However, WMH volume and visual scores are highly correlated, and our replication of 3 findings from CHARGE in subjects from LBC1936 suggests that our approach has some validity. The CHARGE cohorts may have used different imputation platforms or more SNPs may have failed quality assurance in subjects from LBC1936, contributing to differences between the imputation results. There are several limitations to gene-based analysis, including the omission of nonautosomal genes, the effect of noncausal SNPs to dilute association (in particular, in the presence of a strong genetic association with a single locus within or in the regulatory region of a given gene, thus missing important associations), the lack of knowledge on (and overlap of) gene boundaries, the possibility that an SNP variant may influence a gene distal to its site, thus not corresponding to a gene that it is located next to it, and the potential of the genetic data not to tag causative genetic variants. Power may have been limited (despite CHARGE’s large sample size) to detect associations with some genes. We did not stratify the human cohorts by risk factors as these explained <2% of WMH variance in subjects from LBC1936, and risk-stratified genetic data were unavailable for CHARGE. We did not test gene associations with other SVD features in addition to WMH because a total SVD burden score was not available for CHARGE. Although it is a relevant model of spontaneous SVD and of human hypertension and metabolic disorders, like any model, the SHRSP has translational limitations, arguing for additional studies at different ages and brain regions, with or without environmental stressors.

This work has the following strengths: accurate LBC1936 WMH phenotyping and genetic information in this relatively large narrow age-range older population. The Glasgow SHRSP colony is long established, with carefully controlled environments. The mRNA data were obtained from the same rats that provided protein expression data. Replication in other SHRSP colonies and examination of related strains (eg, SHR’s) may be informative. The genomes of SHRSP and 26 other complex disease phenotype models were recently sequenced, showing associations between genes in rat models of hypertension and human GWAS for hypertension phenotypes. This provides support for our reverse-translational discovery approach, suggesting that genes in disease models have coevolved and may contribute to disease-related phenotypes in humans.

Our findings require validation. The selection of candidate genes for investigation could be widened by examining more genes from the 5-week-old SHRSP rats (Table II in the online-only Data Supplement), other models, and in larger samples of well-phenotyped humans, such as from METASTROKE and the Wellcome Trust Case-Control Consortium. This translational analysis of experimental models and human disease suggests some aspects of the genetic architecture underlying SVD, stroke, and dementia and argues for greater awareness of vascular contributions to neurodegeneration.

Figure I and Tables IV and V in the online-only Data Supplement provide the top SNP (P<1×10⁻⁶) and gene (P<0.001) associations with WMH variables in subjects from LBC1936 for further reference.

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Disclosures

None.

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