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Genes From a Translational Analysis Support a Multifactorial Nature of White Matter Hyperintensities

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Background and Purpose—White matter hyperintensities (WMH) of presumed vascular origin increase the risk of stroke and dementia. Despite strong WMH heritability, few gene associations have been identified. Relevant experimental models may be informative.

Methods—We tested the associations between genes that were differentially expressed in brains of young spontaneously hypertensive stroke–prone rats and human WMH (using volume and visual score) in 621 subjects from the Lothian Birth Cohort 1936 (LBC1936). We then attempted replication in 9361 subjects from the Cohorts for Heart and Aging Research in Genomic Epidemiology (CHARGE). We also tested the subjects from LBC1936 for previous genome-wide WMH associations found in subjects from CHARGE.

Results—Of 126 spontaneously hypertensive stroke–prone rat genes, 10 were nominally associated with WMH volume or score in subjects from LBC1936, of which 5 (AFP, ALB, GNAI1, RBM8a, and MRPL18) were associated with both WMH volume and score ($P<0.05$); 2 of the 10 (XPNPEP1, $P=6.7\times10^{-5}$; FAR2, $P=0.024$) plus another spontaneously hypertensive stroke–prone rat gene (USMG5, $P=0.00014$), on chromosomes 10, 13, and 10 respectively, were associated with WMH in subjects from CHARGE. Gene set enrichment showed significant associations for downregulated spontaneously hypertensive stroke–prone rat genes with WMH in humans. In subjects from LBC1936, we replicated CHARGE’s genome-wide WMH associations on chromosomes 17 (TRIM65 and TRIM47) and, for the first time, 1 ($PMF1$).

Conclusions—Despite not passing multiple testing thresholds individually, these genes collectively are relevant to known WMH associations, proposed WMH mechanisms, or dementia: associations with Alzheimer’s disease, late-life depression, ATP production, osmotic regulation, neurodevelopmental abnormalities, and cognitive impairment. If replicated further, they suggest a multifactorial nature for WMH and argue for more consideration of vascular contributions to dementia. (Stroke. 2015;46:00-00. DOI: 10.1161/STROKEAHA.114.007649.)

Key Words: genetics ■ humans ■ leukoencephalopathies ■ magnetic resonance imaging
White matter hyperintensities (WMH) of presumed vascular origin, a major component of cerebral small vessel disease (SVD), double the risk of stroke and dementia. Despite considerable societal effect, the causes of WMH and SVD are poorly understood. Conventional vascular risk factors explain little of the WMH variance. Family studies, several rare monogenic SVD disorders, and epidemiology suggest that genetic predisposition is important.

Identification of genetic factors for SVD has been challenging. Several replicable single-nucleotide polymorphisms (SNPs) associated with WMH have been identified in 1 locus on chromosome 17q25, although the exact gene(s) and biological pathways to WMH are unclear. Few other replicable genes have been found in genome-wide association studies (GWAS), and little is known of their functional significance.

Experimental SVD models may provide insight into human SVD. The spontaneously hypertensive stroke−prone rat (SHRSP) is a relevant model of spontaneous SVD. It was selectively bred (1974) from Wistar-Kyoto (WKY) rats via the spontaneously hypertensive rat (SHR, 1963). Hypertension, established in SHRSP rats by 10 weeks of age, is considered to be the main cause of their brain disease. However, differences in protein and gene expression in SHRSP rats versus WKY rats at 5 weeks of age (before measurable blood pressure rises) suggest underlying susceptibilities to SVD. Compared with WKY controls, 5-week-old SHRSP rats have reduced Claudin 5 (tight junction) and myelin basic protein and increased microglia (IBA1) and glial activation (GFAP) at 16 and 21 weeks, increase in smooth muscle actin was seen, thought to reflect arteriolar smooth muscle hyperplasia secondary to hypertension. SHRSP gene expression differences at 5 weeks of age were more numerous than at 16 or 21 weeks of age and included downregulation of Mmp14, Mbp, GFAP, Afp, Alb, and Igf2, upregulation of Gucy1A3, Rgs9, Fos, and JunB, early-growth response, cell-signaling genes, and overexpression of genes involved in neurological diseases (stroke, depression, and blood−brain barrier leakage), rather than just hypertension. Recent gene sequencing of SHRSP rats (and 26 other rat models of common human diseases) revealed that genes that were shared between or uniquely mutated in these rat models were significantly over-represented in human GWAS hits for hypertension or metabolism-related phenotypes, suggesting coevolution of these genes and their role in common diseases in models and humans.

In a hypothesis-driven collaborative approach, we tested for associations between genes that were differentially expressed in the brains of 5-week-old SHRSP rats and WMH in humans. We used data from 5-week-old rats because gene expression differences were more frequent at that age than at 16 or 21 weeks, and we wanted to minimize the confounding of tissue changes by secondary effects of hypertension and to optimize the chances of detecting genes related to WMH susceptibility. We focused on WMH as the most frequent feature of SVD with the most data available in replication cohorts. We first tested the subjects from Lothian Birth Cohort 1936 (LBC1936) and then attempted replication in subjects from the Cohorts for Heart and Aging Research in Genomic Epidemiology (CHARGE) consortium. To provide confidence in the relevance of subjects from LBC1936, we also sought CHARGE’s previously reported WMH-gene associations in the subjects from LBC1936.

### Methods

The subjects from LBC1936 are community-dwelling individuals living in South East Scotland who underwent detailed cognitive, biomedical, genetic assessments, and detailed brain MRI at ≈73 years of age (n=866). The MRI acquisition, methods for assessing WMH burden qualitatively and quantitatively, and proportions with WMH by each method have been reported. This study was approved by the Lothian (REC 07/05/MRE00/58) and Scottish Multicentre...

### Table 1. Genes Associated With Cerebral Small Vessel Disease in Rats That Are Associated With WMH in Older Humans: 126 Differentially Expressed Genes Between Spontaneously Hypertensive Stroke Prone and Wild-Type Rats Were Tested for Association With WMH in Subjects From LBC1936 and 10 Genes Were Significantly Associated (P<0.05) With Either WMH Volume or Fazekas Score

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nSNPs is the number of SNPs considered in the gene test. CHARGE indicates Cohorts for Heart and Aging Research in Genomic Epidemiology; LBC1936, Lothian Birth Cohort 1936; SNP, single-nucleotide polymorphism; and WMH, white matter hyperintensities.
The subjects from LBC1936 had genome-wide SNP data on 542050 SNPs, imputed to 2.5 million SNPs with HapMap2. There were 621 participants (392 men) from LBC1936 with both MRI and genetic data (mean age, 72.67 years; SD=0.73 years; Table I and Methods in the online-only Data Supplement). We excluded 48 subjects from LBC1936 with a history of stroke or dementia.

Gene Analysis
In the 5-week-old SHRSP rats, 162 genes were differentially expressed compared with 5-week-old WKY rats in frontal and midcoronal brain sections (Table II in the online-only Data Supplement). We used the following databases to match the SHRSP Illumina IDs to human genes (Materials and Table II in the online-only Data Supplement): Ensembl—http://www.ensembl.org, GeneCards—http://www.genecards.org, Illumina ID search—http://www.genscript.com, NCBI—http://www.ncbi.nlm.nih.gov, and Rat Genome Database—http://www.rgd.mcw.edu. Of the 162 SHRSP genes, 132 had an equivalent human gene, 8 transcripts were mapped to the same gene, 20 were uncharacterized in humans, and 2 had no human homologue. Of the 132 genes, 126 were available for association testing using the Versatile Gene-based Association Study (VEGAS) test. We first performed a genome-wide association analysis on subjects from LBC1936 using PLINK software to test the genetic association between 542050 genotyped SNPs and 2 WMH measurements using a linear regression analysis: (1) log transformed WMH volume (mL), with age, sex, intracranial volume, and first 4 multiple dimension scaling components for population stratification as covariates; and (2) summed Fazekas score of periventricular and deep WMH, with age, sex, and the first 4 multiple dimension scaling population stratification components as covariates. We used both WMH volume and Fazekas score to increase the reliability of the results. We did not stratify by vascular risk factors because hypertension (although it was the strongest vascular risk factor) explained <2% of WMH variance in subjects from LBC1936. The VEGAS software summarized evidence for association with WMH in subjects from LBC1936 per gene by considering the P values of all 542050 SNPs that were located within 17861 unique autosomal genes (including SNPs±50 kb outside of genes to include regulatory regions). For a more direct comparison with CHARGE (which used imputed data), we also performed a gene-based test on LBC1936’s 2447226 HapMap2 derived P values (after removing SNPs with a minor allele frequency of <0.01 and imputation quality of <0.3) with VEGAS software as above.

Replication in Subjects From CHARGE
We then tested whether any of the 126 SHRSP genes were also associated with WMH in subjects from CHARGE by using data from CHARGE’s published genome-wide meta-analysis of WMH in 9361 stroke-free individuals from 7 community-based cohorts. We performed a gene-based test using VEGAS software, which summarized the evidence for association with WMH burden on a per gene basis, as above, by considering the associated P values of all HapMap2 SNPs located within 17787 autosomal genes (including SNPs±50 kb outside of genes to include regulatory regions).

Gene Set Enrichment
We performed a gene set enrichment analysis to investigate the enrichment of the 126 SHRSP genes in the LBC1936 and CHARGE data associated with WMH, accounting for whether these were upregulated or downregulated (online-only Data Supplement), corrected for multiple testing using a false discovery rate (FDR) method.

Replication of Previous CHARGE Findings in Subjects From LBC1936
To demonstrate our ability to detect WMH-gene associations in subjects from LBC1936, we attempted replication of CHARGE’s genome-wide associations with WMH in the subjects from the LBC1936 Cohort in a genome-wide association analysis using the 2534887 SNPs imputed to HapMap2, with WMH (volume and Fazekas score) in Mach2QTL software.

We applied Bonferroni correction for multiple testing (P=0.05/126 genes=0.0004). We did not include the 2 WMH phenotypes in the Bonferroni correction as they are highly correlated (r=0.77). Because of the over-conservative nature of Bonferroni correction for multiple testing, a nominal significance threshold of P value of <0.05 was required for replication efforts.

Results

SHRSP Genes in Subjects From LBC1936
Of the 126 candidate SHRSP-derived genes, 10 were nominally associated with WMH in subjects from LBC1936 (P<0.05; Table I). Using imputed or genotyped data, 5 genes were associated with WMH volume (AFP, ALB, GNAI1 [RBM8A and INPP5D, both borderline]); 3 of these (AFP, ALB, and GNAI1) and 2 others (MRPL18 and SIPA1L2) were associated with WMH Fazekas scores. Three other genes were associated with WMH volume using genotyped data only (XNXP2P1, NRA4A3, and FARP1). None of these genes individually passed Bonferroni correction in subjects from LBC1936 (all were P>0.0004), in part, reflecting the LBC1936 sample size.

SHRSP Genes in Subjects From CHARGE
Two of these 10 genes were also associated with WMH in subjects from CHARGE (XNXP2P1, P=6.7×10−5; and FARP1, P=0.024; Table I). Full details of all 126 SHRSP to LBC1936 to CHARGE gene associations are given in Table III in the online-only Data Supplement. Seven of the 126 SHRSP genes (outside the 10/126 described above) showed significance at P<0.05 in subjects from CHARGE (eg, USMG5, MED17, ZNF461, C20orf7, EGR1, ARC, NUDT14, and MMP7) of which 1 (USMG5, P<0.000142) passed Bonferroni correction (P<0.0004).

Gene Set Enrichment
Using gene set enrichment analysis, all 126 SHRSP candidate genes were not enriched in subjects from LBC1936 for association with WMH in the 17861 genes tested here (WMH volume, P=0.34; Fazekas score, P=0.81), but this would not preclude the possibility that in either upregulated or downregulated gene sets, there was an abundance of genes showing an enriched association. We tested the upregulated (n=76) and downregulated (n=50) SHRSP genes separately and found significant enrichment for Fazekas scores in SHRSP downregulated genes (P=0.035; FDR, 0.046) but not SHRSP upregulated genes (P=0.921; FDR, 0.899). WMH volume showed significant enrichment in downregulated (P=0.018; FDR, 0.025) but not upregulated (P=0.802; FDR, 0.780) genes. In the CHARGE consortium, there was no significant enrichment for either the total set of 126 genes (P=0.0514), the upregulated (P=0.109; FDR, 0.266) or the downregulated genes (P=0.173; FDR, 0.149).

Replication of CHARGE’s Previous Genome-Wide Association in Subjects From LBC1936
We sought CHARGE’s previous genome-wide association results for WMH in subjects from LBC1936. Of CHARGE’s
15 SNPs ($P<1 \times 10^{-5}$) associated with WMH (Table 2). Three SNPs replicated in subjects from LBC1936 with both WMH volume and Fazekas score at $P<0.05$ ($rs1055129$ and $rs1052053$); $rs1052053$, a miss-sense variant on chromosome 1, has not replicated previously.

**Discussion**

We used a clinically relevant translational approach to identify potential new gene associations for WMH, a common cause of cognitive impairment, stroke, and dementia. We found parallels between differentially expressed genes in a young spontaneous SVD model and WMH-gene associations in older humans. Two novel genes on chromosome 10 derived from SHRSP rats were associated with WMH, $XPNPEP1$ in both LBC1936 and CHARGE and $USMG5$ in CHARGE only. Several other genes were nominally associated with WMH in LBC1936 or CHARGE although none passed multiple testing. We replicated 3 of CHARGE’s WMH-gene associations in subjects from LBC1936: 2 ($rs3744028$ and $rs1055129$) on chromosome 17q25 and 1 previously unreplicated SNP ($rs1052053$) on chromosome 1, a miss-sense variant in the polyamine-modulated factor 1 gene, $PMF1$, that has a role in the cell cycle. Jointly, these approaches yielded 6 genes (3 from the SHRSP rats and 3 replicates of a GWAS finding) and 5 further rat-derived genes based on the LBC1936 sample alone, which despite not passing multiple testing thresholds individually, as a group they are notable for their involvement in biological pathways relevant to WMH pathogenesis.

Of the 2 SHRSP genes found in LBC1936 and CHARGE, $XPNPEP1$ is X-prolyl aminopeptidase (aminopeptidase P) 1, soluble, associated with biliary atresia, and located in a region on chromosome 10 that is associated with Alzheimer’s disease. $FARP1$ is Pleckstrin domain protein 1, associated with brain volume differences, and important in synapse development. The SHRSP-CHARGE–associated gene $USMG5$ is upregulated during skeletal muscle growth 5 homolog (also known as diabetes mellitus–associated protein in insulin sensitive tissues, or $DAPIT$), sits on chromosome 10, and maintains ATP synthase populations in mitochondria. All 5 SHRSP genes associated with both WMH volume and Fazekas score in subjects from LBC1936 ($AFP$, $ALB$, $GNAI1$, $RBMSA$, and $MRPL18$) are associated with white matter–relevant diseases in humans. Despite not surviving correction for multiple testing, there was a notable consistency in their association with 2 separate WMH measures. $AFP$ encodes $\alpha$-fetoprotein, a major plasma protein produced in the yolk sac and liver during fetal life. Abnormally, high amounts of $\alpha$-fetoprotein are found in ataxia telangiectasia, also associated with abnormal white matter. $ALB$ encodes albumin, a soluble monomeric protein important for maintaining plasma oncotic pressure found in cerebral WMH, and cerebrospinal fluid as blood–brain barrier function deteriorates with age and dementia. $GNAI1$ encodes guanine nucleotide–binding protein (G protein), alpha-inhibiting activity polypeptide 1, implicated with Alzheimer’s disease. $RBMSA$ is an RNA binding protein that has differential expression in Alzheimer’s disease, associations with a range of intellectual disabilities in humans and anxiety-related behavior in mice, with schizophrenia, several neurodevelopmental intellectual disabilities, anxiety behavior and may target neuronal genes to regulate behaviors. WMH in old age are known associates of late-onset depression, and they are also associated with lower age 11 IQ. $MRPL18$ is the mitochondrial ribosomal protein L18, previously associated

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<td>0.23</td>
<td>1.00</td>
<td>-0.051</td>
<td>0.460</td>
<td>-0.021</td>
<td>0.792</td>
</tr>
<tr>
<td>rs16901064</td>
<td>5</td>
<td>RNASEN</td>
<td>C</td>
<td>0.84</td>
<td>$7.8 \times 10^{-8}$</td>
<td>C</td>
<td>0.85</td>
<td>0.99</td>
<td>0.030</td>
<td>0.695</td>
<td>0.055</td>
<td>0.532</td>
</tr>
<tr>
<td>rs6945846</td>
<td>7</td>
<td>FOXP2</td>
<td>A</td>
<td>0.2</td>
<td>$7 \times 10^{-8}$</td>
<td>T</td>
<td>0.78</td>
<td>0.90</td>
<td>-0.036</td>
<td>0.625</td>
<td>0.113</td>
<td>0.175</td>
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<tr>
<td>rs11629135</td>
<td>14</td>
<td>MTHFD1</td>
<td>G</td>
<td>0.93</td>
<td>$8.6 \times 10^{-8}$</td>
<td>G</td>
<td>0.92</td>
<td>0.99</td>
<td>0.034</td>
<td>0.749</td>
<td>-0.057</td>
<td>0.641</td>
</tr>
<tr>
<td>rs9410016</td>
<td>9</td>
<td>Colr62</td>
<td>G</td>
<td>0.41</td>
<td>$9.7 \times 10^{-8}$</td>
<td>G</td>
<td>0.39</td>
<td>0.99</td>
<td>-0.029</td>
<td>0.603</td>
<td>-0.041</td>
<td>0.521</td>
</tr>
</tbody>
</table>

Allele frequency is the frequency of the effect allele. $r^2$ is a measure of the imputation quality to HapMap2. $\beta$ is the regression coefficient. CHARGE indicates Cohorts for Heart and Aging Research in Genomic Epidemiology; LBC1936, Lothian Birth Cohort 1936; SNP, single-nucleotide polymorphism; and WMH, white matter hyperintensities.
with multiple sclerosis. These 7 SHRSP-derived genes are related to pathologies (ataxia telangiectasia, blood–brain barrier impairment, Alzheimer’s disease, multiple sclerosis, depression, developmental intellectual disabilities, and brain size) that display white matter abnormalities or affect intellectual function. Impaired ATP production because of defects in USMG3, the gene that replicated from SHRSP to CHARGE, could increase susceptibility to WMH via ischemia.

The genes that were downregulated in the SHRSP were significantly enriched in subjects from LBC1936 for WMH. This may be because, in a complex disease such as SVD/WMH, several individually modest genetic defects in different components of key pathways, when present in combination, increase disease risk. This interpretation is consistent with differential protein expression seen in SHRSP and the absence, so far, of individual major human gene defects explaining either sporadic WMH or lacunar stroke.

The lack of consistent replication from SHRSP to LBC1936 to CHARGE requires caution. The power and required significance threshold of the LBC1936 was modest for GWAS, hence our hypothesis-driven approach. Genes associated with WMH in subjects from LBC1936 but not CHARGE could be false positives; other factors include greater heterogeneity of WMH assessment and greater age range in subjects from CHARGE. The narrow age range of subjects from LBC1936 minimizes the effect of age, possibly helping to expose relevant genes. CHARGE-contributing studies used several methods of quantifying WMH, different MR scanner field strengths, and generations of technology and sequences. However, WMH volume and visual scores are highly correlated, and our replication of 3 findings from CHARGE in subjects from LBC1936 suggests that our approach has some validity. The CHARGE cohorts may have used different imputation platforms or more SNPs may have failed quality assurance in subjects from LBC1936, contributing to differences between the imputation results. There are several limitations to gene-based analysis, including the omission of nonautosomal genes, the effect of noncausal SNPs to dilute association (in particular, in the presence of a strong genetic association with a single locus within or in the regulatory region of a given gene, thus missing important associations), the lack of knowledge on (and overlap of) gene boundaries, the possibility that an SNP variant may influence a gene distal to its site, thus not corresponding to a gene that it is located next to it, and the potential of the genetic data not to tag causative genetic variants. Power may have been limited (despite CHARGE’s large sample size) to detect associations with some genes. We did not stratify the human cohorts by risk factors as these explained <2% of WMH variance in subjects from LBC1936, and risk-stratified genetic data were unavailable for CHARGE. We did not test gene associations with other SVD features in addition to WMH because a total SVD burden score was not available for CHARGE. Although it is a relevant model of spontaneous SVD and of human hypertension and metabolic disorders, like any model, the SHRSP has translational limitations, arguing for additional studies at different ages and brain regions, with or without environmental stressors.

This work has the following strengths: accurate LBC1936 WMH phenotyping and genetic information in this relatively large narrow age-range older population. The Glasgow SHRSP colony is long established, with carefully controlled environments. The mRNA data were obtained from the same rats that provided protein expression data. Replication in other SHRSP colonies and examination of related strains (eg, SHR’s) may be informative. The genomes of SHRSP and 26 other complex disease phenotype models were recently sequenced, showing associations between genes in rat models of hypertension and human GWAS hits for hypertension phenotypes. This provides support for our reverse-translational discovery approach, suggesting that genes in disease models have coevolved and may contribute to disease-related phenotypes in humans.

Our findings require validation. The selection of candidate genes for investigation could be widened by examining more genes from the 5-week-old SHRSP rats (Table II in the online-only Data Supplement), other models, and in larger samples of well-phenotyped humans, such as from METASTROKE and the Wellcome Trust Case-Control Consortium. The transnational analysis of experimental models and human disease suggests some aspects of the genetic architecture underlying SVD, stroke, and dementia and argues for greater awareness of vascular contributions to neurodegeneration.

Figure I and Tables IV and V in the online-only Data Supplement provide the top SNP \( P<1\times10^{-4} \) and gene \( (P<0.001) \) associations with WMH variables in subjects from LBC1936 for further reference.

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Disclosures

None.

References


Genes From a Translational Analysis Support a Multifactorial Nature of White Matter Hyperintensities

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