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Parental care buffers against inbreeding depression in burying beetles

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Keywords: parental care, environmental stress, fitness, inbreeding depression, inbreeding tolerance
Abstract

When relatives mate, their inbred offspring often suffer a reduction in fitness-related traits known as inbreeding depression. There is mounting evidence that inbreeding depression can be exacerbated by environmental stresses, such as starvation, predation, parasitism, and competition. Parental care may play an important role as a buffer against inbreeding depression in the offspring by alleviating these environmental stresses. Here, we examine the effect of parental care on the fitness costs of inbreeding in the burying beetle *Nicrophorus vespilloides*, an insect with facultative parental care. We used a 2×2 factorial design with the following factors: (i) the presence or absence of a caring female parent during larval development and (ii) inbred or outbred offspring. We examined the joint influence of maternal care and inbreeding status on fitness-related offspring traits to test the hypothesis that maternal care improves the performance of inbred offspring more than that of outbred offspring. Indeed, the female's presence led to a higher increase in larval survival in inbred than in outbred broods. Receiving care at the larval stage also increased the lifespan of inbred but not outbred adults, suggesting that the beneficial buffering effects of maternal care can persist long after the offspring have become independent. Our results show that parental care has the potential to moderate the severity of inbreeding depression, which in turn may favor inbreeding tolerance and influence the evolution of mating systems and other inbreeding avoidance mechanisms.

Significance Statement

When relatives mate, their inbred offspring often suffer a reduction in fitness-related traits known as inbreeding depression. Environmental stresses, such as starvation and competition, can exacerbate these fitness costs of inbreeding. However, caring parents could mitigate the fitness
costs of inbreeding by neutralizing the effects of these environmental stresses. We tested the
hypothesis that maternal care can buffer against inbreeding depression in the offspring in burying
beetles. Indeed, the female's presence led to a higher increase in larval survival in inbred than in
outbred broods, and it increased the lifespan of inbred but not outbred adults. This suggests that
parental care can moderate the severity of inbreeding depression, which could affect how
parental care strategies and inbreeding avoidance mechanisms evolve.

Introduction
Inbreeding is an important issue in evolutionary biology and ecology because of its profound
implications for genetic variation and the evolution of mating systems and reproductive
strategies (1-5). Inbreeding results from matings between related individuals and can cause a
reduction in offspring fitness because the higher degree of homozygosity associated with
inbreeding increases the risk that deleterious recessive alleles are expressed (6). Evidence for
such fitness costs of inbreeding, known as inbreeding depression, has been documented in a wide
range of taxa, including mammals, birds, insects, and plants (7). There is, however, substantial
variation in the severity of inbreeding depression among species as well as among and within
populations of a species (7-10). This variation may be in part driven by differences in the
physical or social environment, which can have a major effect on the severity of inbreeding
depression (11, 12). For example, environmental stresses, such as starvation and competition, are
expected to exacerbate inbreeding depression (9, 11).

Parental care is an important component of the social environment in many birds, mammals,
and insects (13). It is thought to have evolved as a means by which parents enhance their
offspring’s fitness by neutralizing the detrimental effects of a wide range of environmental
stresses, including starvation, predation, parasitism, and competition (13). Thus, parental care may indirectly buffer against inbreeding depression by alleviating these stresses (14), but there is currently little empirical evidence in support of this suggestion. A study on a subsocial spider (Anelosimus cf. jucundus, currently Anelosimus arizona) proposed that the absence of detectable inbreeding depression in the offspring of this species could be due to the buffering effects of either parental care or group living (14). The only experimental test of this hypothesis, conducted on the European earwig (Forficula auricularia), found no evidence that maternal care reduced the fitness costs of inbreeding depression (9).

Here, we tested whether parental care can buffer against inbreeding depression in the burying beetle Nicrophorus vespilloides, an insect with facultative parental care. Although there is no prior information on the effect of the interaction between parental care and the offspring’s inbreeding status, the independent effects of parental care and inbreeding status on offspring fitness are well established in this species (15, 16). Parental removal experiments show that larval growth is reduced if the caring parents are removed during the early stages of development when offspring are too young to self-feed efficiently (15). Furthermore, inbred offspring suffer reduced survival at the larval stage (16).

To test for a causal effect of parental care on the severity of inbreeding depression, we used a 2×2 factorial design with the following factors: (i) presence or absence of post-hatching maternal care and (ii) inbred or outbred offspring. All parents used in this experiment were outbred. Because inbreeding depression can affect traits across the entire life cycle of an organism, we assessed the joint effects of inbreeding status and maternal care on the following fitness-related offspring traits: (i) time to dispersal from the carcass (corresponding to the end of the parental care period); (ii) larval survival to dispersal; (iii) average larval mass at the time of dispersal; (iv)
survival from dispersal to eclosion as an adult; and (v) post-eclosion lifespan. We predicted that if maternal care can buffer against inbreeding depression, the presence of the mother would have a stronger fitness effect on inbred offspring than on outbred offspring.

**Results**

Maternal care shortened the time to dispersal from the carcass, but there was no difference in time to dispersal between inbred and outbred broods, and there was no effect of the interaction between maternal care and the offspring’s inbreeding status (Tables 1 and 2). Time to dispersal was significantly shorter when the female parent was younger ($Estimate=0.038$ days, $SE=0.008$, $t_{84}=4.87$, $P<0.0001$). Finally, there was no effect of carcass size ($t_{84}=1.21$, $P=0.23$) or the number of larvae dispersing ($t_{84}=-0.127$, $P=0.90$) on time to dispersal.

Maternal care significantly increased the probability that at least one larva in a brood survived to dispersal (zero hurdle model: $Estimate=0.964$, $SE=0.241$, $z_{84}=4.00$, $P<0.0001$). The offspring’s inbreeding status had a nonsignificant effect on this component of larval survival (zero hurdle model: $z_{84}=1.91$, $P=0.056$), and there was no effect of the interaction between maternal care and inbreeding status (zero hurdle model: $z_{84}=1.09$, $P=0.28$). For broods in which at least one larva was present at dispersal, both maternal care and offspring inbreeding status had an effect on larval survival (Tables 1 and 2). There was also a significant effect of the interaction between these two factors (Table 1), as maternal presence improved the survival of inbred larvae more than that of outbred larvae (Table 2). There were no detectable effects of carcass size ($z_{84}=-0.62$, $P=0.54$) or female age ($z_{84}=1.77$, $P=0.076$) on larval survival to dispersal.

Maternal care significantly increased larval mass at dispersal, but there was no significant effect of inbreeding status on larval mass and no significant interaction between maternal care
and inbreeding status (Tables 1 and 2). Furthermore, larval mass did not depend on carcass size ($t_{84}=-0.15$, $P=0.88$) or female age ($t_{84}=-1.08$, $P=0.28$).

Both maternal care and inbreeding status had significant effects on the offspring's survival to eclosion. Maternal care increased survival to eclosion, and outbred larvae had higher survival than inbred ones (Tables 1 and 2). Survival to eclosion was not influenced by the interaction between parental care and inbreeding status (Table 1).

Lastly, maternal care increased the lifespan of offspring after eclosion, and outbred offspring had longer lifespan than inbred ones (Tables 1 and 2). The statistically significant interaction between inbreeding status and maternal care reflected that receiving care improved the lifespan of inbred adults but not of outbred adults (Tables 1 and 2). There was no evidence for a difference in lifespan after eclosion between males and females ($z_{448}=-0.33$, $P=0.74$).

Overall, we found evidence for inbreeding depression in survival to dispersal, survival from dispersal to eclosion, and lifespan after eclosion (Table 1). Moreover, we found evidence for a significant interaction between maternal care and inbreeding status for survival to dispersal and lifespan, which indicates a buffering effect of maternal care (Table 1). This conclusion is supported by our estimates of inbreeding depression ($\delta$), which show that maternal care moderates the severity of inbreeding depression in these two traits (Table 2; Fig. 1).

Discussion

We provide experimental evidence supporting the suggestion that parental care can buffer against the deleterious effects of inbreeding on offspring fitness (14). Firstly, we found that maternal care had a greater positive effect on larval survival to dispersal in inbred broods than in outbred broods. Secondly, we found that maternal care increased the lifespan of inbred offspring.
but not of outbred offspring. Thus, our results show that the buffering effects of parental care are detectable not only during the period when offspring depend on parental care (i.e., from egg laying to dispersal from the carcass) but also later in life when offspring have become independent. To our knowledge, this is the first study to show a causal effect of parental care on the severity of inbreeding depression. We provide a more detailed discussion of our results below.

Our first key finding was that maternal care had a stronger effect on survival to dispersal in inbred than in outbred larvae. This finding provides clear evidence that maternal care buffers against inbreeding depression during the period when larvae depend on maternal care. Before independence, larvae benefit directly from various components of maternal care, such as food provisioning (16, 17), defense against conspecific intruders (18), and defense against bacterial and fungal competitors through antimicrobial secretions (19). Thus, during this period, caring parents are in a position to neutralize directly the negative effects of the environmental stresses that are otherwise expected to exacerbate the fitness costs of inbreeding depression (11, 12).

Our second key finding was that maternal care increased the adult lifespan of inbred offspring but not of outbred offspring. This finding shows that parental care can buffer against inbreeding depression in offspring long after they have become independent of their parents. The extended adult lifespan of inbred offspring due to maternal care may reflect that maternal care increases the general condition of inbred offspring, thereby enhancing their survival prospects after the end of the parental care period. Our results highlight that the buffering effects of parental care against inbreeding depression can occur across different life stages, reinforcing the importance of measuring fitness consequences across an individual's whole life span (6).
Our finding that maternal care in *N. vespilloides* buffers against inbreeding depression in larval survival and adult lifespan contrasts with a recent study that found no evidence for a buffering effect on larval survival in the European earwig (9). One potential explanation for these opposing results is that no inbreeding depression in larval survival was observed in European earwigs. In contrast, we found evidence for substantial inbreeding depression in this trait, which is consistent with previous work on *N. vespilloides* (16). We suggest that parental care can buffer against inbreeding depression only when the following two conditions are met: (i) offspring suffer from inbreeding depression in a particular trait and (ii) parental care can improve offspring performance with regard to that trait. Our results confirm that both conditions were met in *N. vespilloides*, while only the second condition was met in European earwigs (9).

Given that matings between close relatives are relatively uncommon in most natural populations of animals (20, 21), it seems unlikely that parental care evolved specifically to buffer against inbreeding depression. Instead, it is generally accepted that parental care evolves as a mechanism for neutralizing the effects of environmental stresses, such as starvation, predation, parasitism, and competition, on the offspring’s fitness (13, 22). However, once parental care has evolved, it may inadvertently moderate the severity of inbreeding depression because it alleviates many of the same stresses that are predicted to exacerbate inbreeding depression (11). We therefore expect similar buffering effects against inbreeding to be widespread across species with parental care, regardless of whether they have a history of inbreeding or not. Furthermore, we suggest that whenever a previously outbred population becomes subject to inbreeding (e.g. due to habitat fragmentation or a population bottleneck), the severity of inbreeding depression may depend on the pre-existing form or level of parental care. Thus, the buffering effect of parental
care is likely to be non-adaptive in the context of coping with inbreeding but adaptive in the
context of neutralizing environmental stresses.

Although it seems unlikely that parental care originated to provide a buffer against
inbreeding, the form or level of parental care may subsequently be modified due to its capacity to
buffer against the fitness costs of inbreeding depression should the population remain inbred
over many subsequent generations. Such evolutionary changes in parental care might occur in
animal taxa with inbred mating systems (14, 23). Avilés and Bukowski (14) proposed that
parental care or other forms of sociality that buffer against inbreeding depression could facilitate
the transition from an ancestral outbred mating system towards an inbred mating system as found
in social spiders and other inbred social systems (23). Our finding that parental care buffers
against inbreeding depression provides experimental evidence that parental care may facilitate
the evolution of inbred social systems by reducing the fitness costs of inbreeding depression
associated with such a transition. Nevertheless, the argument by Avilés and Bukowski (14)
implicitly assumes that parental care itself is not subject to inbreeding depression. Theoretical
considerations suggest that this assumption might be violated (24, 25), in which case persistent
inbreeding might affect the parents' ability to buffer against inbreeding depression in their
offspring. Given these theoretical predictions and some mixed evidence from empirical studies
on the effect of inbreeding on parental care (26, 27, 28), we encourage further work in this area.

Based on our findings, we expect selection for inbreeding avoidance to be relaxed when
parental care can moderate the deleterious effects of inbreeding in the offspring (provided that
parental care itself is not subject to inbreeding depression). Under these conditions, the buffering
effects of parental care may favor inbreeding tolerance or even inbreeding preference, a
possibility that so far has been overlooked in the literature. Theoretical models emphasize the
importance of the costs of dispersal, mating system, mate encounter rate, and kin recognition, as important factors shaping the balance between inbreeding tolerance and avoidance (29-31). To our knowledge, the only theoretical study to specifically consider the role of parental care concludes that biparental care should lead to lower inbreeding tolerance, because both parents have to put in a substantial amount of parental care for a relatively small return in the form of inbred offspring (30). However, existing theory has not considered that parental care might moderate the severity of inbreeding depression in the offspring, in which case it could have the opposite effect of leading to higher inbreeding tolerance. For example, in an African cichlid with biparental care (Pelvicachromis taeniatus), both sexes preferentially mate with a close relative (32). There is no evidence for inbreeding depression in this species, and this has been suggested to be due to the occurrence of parental care (9, 32). The buffering effects of parental care on offspring fitness may interact with life-history traits and mating dynamics to determine an organism's inbreeding strategy, which can in turn have profound implications for the maintenance of genetic variation within a population (5, 6). Considering the wider implications of the potential effects of parental care on the severity of inbreeding depression may help us better understand and predict when animals should avoid, tolerate, or prefer inbreeding, which has so far been challenging (5).

In summary, our findings have important implications for the understanding of inbreeding, a central topic in ecology and evolutionary biology. Firstly, we show that the buffering effects of parental care were detectable not only during the period when larvae depend on parental care (i.e., from egg laying to dispersal from the carcass) but also long after independence. We expect such buffering to be widespread in species with parental care, even in populations with no history of inbreeding, as long as parental care can alleviate environmental stress and kin matings
lead to considerable inbreeding depression in the offspring. Secondly, the buffering effects of
parental care may favor the evolution of inbred mating systems or inbreeding tolerance by
reducing the fitness costs to inbred offspring (14). Therefore, a better understanding of how
parental care and other forms of sociality can influence the expression of inbreeding depression
may help us explain the observed variation in animal inbreeding strategies.

**Materials and Methods**

**Study species**

Burying beetles (*Nicrophorus vespilloides*) breed on carcasses of small vertebrates and have
facultative biparental care. Parents bury the carcass in the soil and lay the eggs around it (33).
They prepare the carcass by removing any fur or feathers and apply antimicrobial secretions to
suppress bacterial and fungal growth (33, 34). After hatching, larvae crawl to the carcass and
start feeding in a crater created by the parents. The larvae can self-feed, but parents also
provision larvae with predigested carrion (16). In addition, parents defend the brood from
predators and conspecific competitors (35). The larvae disperse from the carcass about 5 days
after hatching, pupate about 10 days after dispersal, and eclose as adults about 10 days after
pupation.

**Experimental design**

We used beetles from an outbred laboratory population maintained at The University of
Edinburgh. To avoid inbreeding in the stock population, we maintained a large population (500-
1000 individuals per generation) and only mated unrelated or distantly related individuals (i.e.,
no common ancestors for at least two generations). The beetles used in this study comprised of
third- and fourth-generation beetles from lines originally collected in Edinburgh, UK and Warmond, The Netherlands. Similar numbers of beetles were used from each line and there was no evidence of outbreeding depression. They were housed individually in transparent plastic containers (12 x 8 x 2 cm) filled with moist soil and kept at 20°C and constant light. Non-breeding adults were fed raw organic beef twice a week.

To examine whether parental care buffers against inbreeding depression, we used a 2x2 factorial design with the following treatment groups: (i) outbred offspring that received maternal care \((n=32)\), (ii) outbred offspring that received no maternal care \((n=33)\), (iii) inbred offspring that received maternal care \((n=33)\), and (iv) inbred offspring that received no maternal care \((n=33)\). To produce outbred offspring for treatments (i) and (ii), we paired outbred virgin beetles that did not share ancestors for at least two generations. To produce inbred offspring for treatments (iii) and (iv), we paired outbred virgin beetles that were full siblings. These experimental pairs \((n=131)\) were randomly assigned to treatments (care or no care). They were then transferred to transparent plastic containers (17cm x 12cm x 6cm) filled with 1 cm of moist soil and provided with a previously frozen mouse carcass (Livefoods Direct Ltd, Sheffield, UK) of a standardized size (24-27 g). In this species, the amount of care provided by the male is highly variable and male removal has no average effect on offspring fitness under laboratory conditions (36). For this reason, we removed males from all treatments after eggs were laid but before the larvae had hatched. In treatments (ii) and (iv), we also removed females at the same time, whereas females were left to care for their brood until dispersal in treatments (i) and (iii).

When all larvae had dispersed from the carcass, we recorded the date, the number of surviving larvae, and the total mass of the brood. These data were used to calculate time to dispersal and average larval mass for each brood. All larvae, up to a maximum of 15 per brood,
were placed into large transparent boxes filled with moist soil. At eclosion, we recorded the proportion of individuals that eclosed successfully from each brood and placed up to six beetles into individual containers. We tracked the mortality of these beetles (n=449) by checking them twice a week until death.

Statistical analyses

All data were analyzed using R version 3.1.1. We used general linear models for traits that had a normal error structure (average larval mass and time to dispersal). For survival to eclosion, we used a generalized linear model fitted with a quasbinomial error distribution and for post-eclosion lifespan, we used a generalized linear model fitted with a negative binomial error distribution. Because of a high proportion of zeros in the larval survival data, we ran a zero-adjusted Poisson (ZAP) regression, using the 'hurdle' function in the 'pscl' package (37). A Poisson structure was assumed for the count model and a binomial structure for the zero-hurdle model. Significant values on the count model indicate that a given variable had an effect on the number of larvae surviving to dispersal, whereas significant values on the zero-hurdle model indicate that a given variable had an effect on the probability of having zero versus non-zero larvae at dispersal.

All models included parental care (maternal presence or absence) and inbreeding status (inbred or outbred offspring) as main effects, as well as an interaction between these two factors. Carcass size was included as an additional covariate in the models for time to dispersal, survival to dispersal, and average larval mass, because the amount of resources available may influence offspring growth and survival. We also added female age to the models for time to dispersal, survival to dispersal, and average larval mass, because the amount of care a female provides may
depend on her age. Note that there was no significant difference in female age between treatments (one-way ANOVA: $F(3,127)=0.26, P=0.86$). Lastly, we added sex as a factor in the lifespan model because of the possibility of sex-specific mortality (38). Decisions as to which variables to include in the final model were based on AIC model-selection criteria.

To compare inbreeding depression in offspring fitness traits between the care and no care treatments, we calculated inbreeding depression as a proportional change in mean fitness of outbred ($w_o$) and inbred offspring ($w_i$) based on the equation $\delta = (w_o - w_i)/w_o$ (39; Table 2).

Acknowledgments

We thank the Edinburgh Countryside Rangers for permission to collect beetles at Corstorphine Hill and Daniel Rozen for supplying beetles from the Netherlands. We also thank Charlotte Regan for suggestions on the statistical analyses, Maarit Mäenpää and Ashleigh Whiffin for assistance in maintaining the laboratory population, and three anonymous reviewers for helpful comments on the manuscript.

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http://pscl.stanford.edu/

Figure legends

Fig. 1. Inbreeding depression ($\delta$) in offspring when the female parent was present (black) or absent (grey) during the larval stage. Three of these fitness traits were measured before independence (time to dispersal, survival to dispersal, and mass at dispersal), whereas the other two traits were measured after offspring became independent (survival from dispersal to eclosion and post-eclosion lifespan). Inbreeding depression was calculated as a proportional change in mean fitness of outbred ($w_o$) and inbred ($w_i$) offspring, using the equation $\delta = (w_o - w_i)/w_o$. 
Table 1. Effects of parental care and offspring inbreeding status on fitness-related offspring traits.

<table>
<thead>
<tr>
<th>Offspring trait</th>
<th>Parental care</th>
<th>Inbreeding status</th>
<th>Interaction</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Est</td>
<td>SE</td>
<td>z/t</td>
</tr>
<tr>
<td>Time to dispersal</td>
<td>-1.00</td>
<td>0.25</td>
<td>-4.0</td>
</tr>
<tr>
<td>Survival to dispersal</td>
<td>0.67</td>
<td>0.10</td>
<td>6.8</td>
</tr>
<tr>
<td>Larval mass</td>
<td>0.027</td>
<td>0.008</td>
<td>3.5</td>
</tr>
<tr>
<td>Survival to eclosion</td>
<td>1.22</td>
<td>0.41</td>
<td>3.0</td>
</tr>
<tr>
<td>Lifespan</td>
<td>0.53</td>
<td>0.09</td>
<td>5.8</td>
</tr>
</tbody>
</table>

We provide information on the parameter estimates (Est), standard errors (SE), test statistics (z- and t-values), and P-values for time to dispersal (days), larval survival to dispersal (%), larval mass (g), survival from dispersal to eclosion (%), and post-eclosion lifespan (days). The data were analyzed using general linear models for time to dispersal and larval mass, and generalized linear models for survival to eclosion (fitted with a quasibinomial error structure) and lifespan (fitted with a negative binomial error structure). We used a ZAP regression to analyze the zero-inflated data on survival to dispersal, and here we present the results for the count model (see text for zero-hurdle model results). Statistically significant P-values are indicated in bold.
Table 2. Means (± SE) and estimates of inbreeding depression (δ) for fitness-related traits for offspring that did or did not receive maternal care during the larval stage.

<table>
<thead>
<tr>
<th>Trait</th>
<th>Means ± SE</th>
<th></th>
<th>δ</th>
<th></th>
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</thead>
<tbody>
<tr>
<td></td>
<td>Care</td>
<td>No care</td>
<td>Care</td>
<td>No care</td>
</tr>
<tr>
<td><strong>Time to dispersal</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Outbred</td>
<td>9.57 ± 0.23</td>
<td>10.90 ± 0.26</td>
<td>-0.028</td>
<td>0.054</td>
</tr>
<tr>
<td>Inbred</td>
<td>9.84 ± 0.24</td>
<td>10.31 ± 0.43</td>
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<td></td>
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<tr>
<td><strong>Survival to dispersal</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Outbred</td>
<td>23.28 ± 2.56</td>
<td>12.67 ± 2.74</td>
<td>0.36</td>
<td>0.69</td>
</tr>
<tr>
<td>Inbred</td>
<td>14.97 ± 2.20</td>
<td>3.94 ± 1.27</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Larval mass at dispersal</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Outbred</td>
<td>0.180 ± 0.006</td>
<td>0.147 ± 0.005</td>
<td>0.072</td>
<td>0.048</td>
</tr>
<tr>
<td>Inbred</td>
<td>0.167 ± 0.004</td>
<td>0.140 ± 0.006</td>
<td></td>
<td></td>
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<tr>
<td><strong>Survival to eclosion</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Outbred</td>
<td>96.54 ± 1.44</td>
<td>90.33 ± 3.09</td>
<td>0.14</td>
<td>0.35</td>
</tr>
<tr>
<td>Inbred</td>
<td>82.72 ± 3.98</td>
<td>58.7 ± 10.7</td>
<td></td>
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<tr>
<td><strong>Post-eclosion lifespan</strong></td>
<td></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Outbred</td>
<td>32.93 ± 1.34</td>
<td>39.15 ± 1.92</td>
<td>-0.006</td>
<td>0.41</td>
</tr>
<tr>
<td>Inbred</td>
<td>33.12 ± 1.19</td>
<td>23.11 ± 2.29</td>
<td></td>
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</tr>
</tbody>
</table>

We provide information on time to dispersal (days), larval survival to dispersal (%), larval mass (g), survival from dispersal to eclosion (%), and lifespan (days). For each of these traits, we used the equation $\delta = (w_o - w_i)/w_o$ to calculate inbreeding depression as a proportional change in mean fitness of outbred and inbred offspring.
Inbreeding depression ($\delta$)