Diagnosing limb paresis and paralysis in sheep

James Patrick Crilly, Nina Rzechorzek, Philip Scott

Paresis and paralysis are uncommon problems in sheep but are likely to prompt farmers to seek veterinary advice. A thorough and logical approach can aid in determining the cause of the problem and highlighting the benefit of veterinary involvement. While this may not necessarily alter the prognosis for an individual animal, it can help in formulating preventive measures and avoid the costs – both in economic and in welfare terms – of misdirected treatment. Distinguishing between central and peripheral lesions is most important, as the relative prognoses are markedly different, and this can often be achieved with minimal equipment. This article describes an approach to performing a neurological examination of the ovine trunk and limbs, the ancillary tests available and the common and important causes of paresis and paralysis in sheep.

Neurological examination

The core objectives of a neurological examination, together with the history, are to determine:
- Whether the condition is neurological;
- What part of the nervous system is affected;
- A list of differential diagnoses for the clinical signs observed;
- An appreciation of the severity of the disease (in order to give a prognosis).

A neurological examination should always be accompanied by a full clinical examination to avoid missing non-neurological causes of the presenting complaint leg, orthopaedic, as well as those that manifest in neurological signs secondary to generalised metabolic, infectious, toxic or nutritional disturbances (Box 1).

Initial assessment

An initial assessment should be made from a distance. The demeanour, stance and posture of the animal should be observed. If it is recumbent, is there opisthotonos (marked dorsal extension of the head and neck)? Do the limbs appear flaccid or rigidly extended? Does it display a neurological signs secondary to generalised metabolic, infectious, toxic or nutritional disturbances (Box 1).

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History taking

With reference to the chief complaint, it is important to ask the farmer about onset, duration, evolution (static, progressive, waxing and waning, episodic) and lateralisation of clinical signs (unilateral, bilateral, more marked on the right or left). Ascertaining which animals and how many are affected is also important, as are any relevant husbandry factors. Examples include:
- What is the origin of the affected animals?
- Are there known/suspected mineral/trace element deficiencies on the farm?
- Are the sheep currently being fed? Has the diet changed recently?
- What is the face symmetrical? If not, which areas are affected (twisting of the neck) or an abnormal head carriage? Are the elbows, hocks or fetlocks dropped?
- Is there any ataxia (poor coordination when moving) and which limbs are affected?
- Does the problem affect one limb, a pair of limbs or all four limbs?
- Is the gait normal?
- Is there any paresis or plegia? (Note, toe dragging may be heard than seen but hoof scuffing may give clues);
- Is the gait stiff or stilted?
- Is the protraction–retraction of each limb normal, hypometric or hypermetric?
- Is the gait stiff or stilted?
- Is there any paresis or plegia? (Note, toe dragging indicates paresis; this is sometimes more easily heard than seen but hoof scuffing may give clues);
- Does the problem affect one limb, a pair of limbs or all four limbs?
- If the animal circles, are the circles tight or wide and in which direction?

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Box 1: Common causes of recumbency in sheep

It is important to determine whether a recumbent sheep is down due to a primary nervous system lesion or is affected by a different problem that may be unrelated to the nervous system or that may affect it indirectly. Examples of commonly encountered causes of recumbency include:

**Primary neurological disorders**
- Listeriosis (infection of the trigeminal nerve and associated brainstem nuclei by *Listeria monocytogenes*);
- Spinal cord trauma.

**Systemic disturbances that affect the nervous system (secondary neurological disorders)**
- Hypocalcaemia (see Video 1);
- Hypomagnesaemia;
- Polioencephalomalacia (cerebrocortical necrosis), eg, thiamine deficiency.

**Non-neurological problems**
- Multiple limb lameness;
- Severe debility and emaciation*;
- Septicaemic and toxaemic states (eg, acute mastitis, metritis, clostridial disease)*;
- Severe pneumonia;
- Acute fasciolosis.

* These conditions may present with secondary neurological disorders

contraction followed by immediate relaxation of a specific muscle group).

The assessment should then be followed by a general clinical examination and a specific neurological examination. Particular attention should focus on eliminating other causes if a neurological problem is suspected. For example, muscle wasting of a limb may be the result of prolonged disuse due to an orthopaedic cause of lameness, and cardiovascular or respiratory embarrassment may be responsible for episodes of collapse. Important differential diagnoses for recumbency other than those covered in this article are given in Box 1.

**Localising the lesion**

A neuroanatomical diagnosis is required before listing differential diagnoses of any neurological problem. Certain problems/pathologies are more common at particular sites than others. A systematic approach using only very basic tools can yield accurate information about a lesion’s location and distribution (whether it is focal, multifocal or diffuse, and symmetrical or asymmetrical). The priority is to identify a single site that explains all of the neurological signs observed, since multifocal lesions are less common.

The stages of the close-up neurological examination can be performed in any order but should be methodical and consistent to avoid missing important information. The authors find it easiest to start at the head with assessment of mentation and behaviour, abnormal head carriage, head tremor, head turn or head tilt, facial symmetry and more specific testing of the cranial nerves (Table 1). When assessing the indicators of cranial nerve function, it must be remembered that non-neurological causes of abnormalities are also possible (eg, facial symmetry disrupted by swelling and tongue position, and movement disrupted by injury). The gag reflex is difficult to assess in sheep due to the narrow oral aperture and long buccal cavity. Facial and trigeminal nerve dysfunction is often accompanied by food packing into the cheeks, and the corneal reflex is a reliable test of cranial nerve VI function only if the eyelids are held open to observe the retraction of the globe.

The range of motion of the neck or a pain response elicited on manipulation or palpation of the neck, back, muscles or joints may identify a region for further investigation. Subsequently, if the animal is standing, tests of proprioception, such as a modified ‘paper-slide test’, should be performed (Box 2).

Table 1: Tests of cranial nerve function

<table>
<thead>
<tr>
<th>Test/observation</th>
<th>Cranial nerve involved</th>
</tr>
</thead>
<tbody>
<tr>
<td>Facial symmetry</td>
<td>VII</td>
</tr>
<tr>
<td>Ear position</td>
<td>VII</td>
</tr>
<tr>
<td>Ocular aperture</td>
<td>VII</td>
</tr>
<tr>
<td>Eye position</td>
<td>III, IV, VI</td>
</tr>
<tr>
<td>Auditory response</td>
<td>VIII</td>
</tr>
<tr>
<td>Menace response</td>
<td>II, VII</td>
</tr>
<tr>
<td>Palpebral reflex</td>
<td>V, VII</td>
</tr>
<tr>
<td>Corneal reflex</td>
<td>V, VII, VI</td>
</tr>
<tr>
<td>Pupillary light reflex</td>
<td>II, III</td>
</tr>
<tr>
<td>Facial sensation</td>
<td>V</td>
</tr>
<tr>
<td>Jaw tone</td>
<td>V</td>
</tr>
<tr>
<td>Tongue tone and position</td>
<td>XII</td>
</tr>
<tr>
<td>Vestibulo-ocular reflex</td>
<td>VIII, III, VI, IV</td>
</tr>
</tbody>
</table>

The animal can then be laid on its side and the spinal reflexes of the uppermost limbs tested, after which the animal should be turned over and the tests repeated on the contralateral limbs. Other spinal reflexes can be tested while the animal is standing or recumbent and are described in Box 2.

Urinary function is an important indicator of caudal spinal cord disorders but is hard to assess in sheep. Has the farmer seen the animal urinate recently? Some animals will void the bladder if the nostrils are covered but this test is not an accurate assessment of urinary function as it is an upper urinary tract reflex. It will not be performed at the end of the examination as it will distress the animal. Transabdominal ultrasonography (inguinal window) allows bladder size to be measured (Scott 2012).

Neural control of the limb musculature can be divided into local reflex arcs [Fig 1] and a descending modulation of these, which largely reduces the responsiveness of the reflex arc. Disruption of the efferent arm of a local reflex arc (a lower motor neuron [LMN] lesion) results in hyporeflexia, flaccid paralysis and rapid loss of muscle mass. Such lesions affect (from the peripheral to central aspects) the neuromuscular junction, the nerve trunk itself, the plexi where these nerves form from segmental...
Farm Animals

Box 2: Testing postural reactions and spinal reflexes

**Proprionicceptive positioning**
It is more difficult to test postural reactions in sheep than in small animals or horses because they are less tolerant of their limbs being handled. The authors find the easiest method is to place a foot on a robust piece of plastic (eg, an old feed sack) and, ensuring the animal is weight bearing on that limb, drawing the plastic laterally to assess how rapidly the animal detects the displacement of the limb and how accurately it returns the limb to the accustomed position. Hopping tests, wheelbarrow tests, hemiwalking, and visual and tactile placing tests as performed in small animals can be performed with lambs and small adult sheep.

**Cutaneous trunci (panniculus) reflex**
This reflex has a segmental input and a unitary output at the level of C8-T1 running to the cutaneous trunci muscle of the flank. In response to a light stimulus (eg, a fly landing on the animal’s side), the cutaneous trunci contracts several times. It is best stimulated by gently pinching the skin in the region of the sublumbar fossa and the corresponding area of the thoracic flank (it can frequently be elicited by touching the tip of a ballpoint pen on the skin). Sequential stimulation of the flank from the caudal to cranial aspect can help locate a spinal lesion, ie, the cutaneous trunci reflex cannot be stimulated below the lesion but is intact above it. Due to the overlap of dermatomes, precise localisation (ie, to a single nerve root segment) is often not possible.

**Perineal reflex**
To assess the perineal reflex, the skin of the perineal region is pinched firmly. A normal response entails contraction of the anal sphincter and ventroflexion of the tail, and should occur irrespective of which side of the perineum is pinched. A reduced response indicates damage to the sacral spinal cord segments or damage to the pudendal and caudal rectal nerves (Constable 2004).

**Myotatic reflexes**
Tests for myotatic reflexes involve an afferent (sensory) arm and an efferent (motor) arm that often involve the same nerve trunk; both arms communicate in the same spinal segment. Decreased reflexes are due to muscular disorders, peripheral neuropathies or damage to the spinal segment where the nerves involved originate. An exaggerated reflex is most frequently due to a lack of descending inhibition resulting from a spinal lesion cranial to the spinal segment of nerve origin, but it may also be exaggerated if the antagonistic muscle tone is reduced. Clonus indicates a lack of descending inhibition. The most commonly used tests involve the following:
- **Patellar reflex.** This reflex tests the integrity of spinal cord segments L4-L6 and the femoral nerve. The stifle is flexed to tense the patellar tendon and the crus rested on an open palm (to avoid restricting its movement). The patellar tendon is struck with a narrow, hard object (eg, the handle of a pair of scissors). The intact reflex produces a rapid contraction of the quadriceps and extension of the stifle. When performing this test, it may help to displace the skin of the limb laterally to ensure that woolless skin overlies the tendon. Striking the muscle body or the bones will produce misleading results;
- **Extensor carpi radialis (ECR) reflex.** This reflex tests the integrity of spinal cord segments C7-T2. The carpus is flexed and the metacarpus rested on the open palm. The front of the carpus is palpated and the tendon of the ECR located. This is again lightly and sharply struck, and contraction of the ECR results in an extension of the carpus;
- **Tendons of gastrocnemius (testing L7-S1 and the tibial nerve),** biceps brachii (testing C6-C8), triceps brachii (testing C6-C8) and the muscle belly of the cranial tibial muscle (testing L6-S1 and the peroneal nerve) may be struck, but the authors find the response difficult to reliably produce in neurologically normal animals.

**Withdrawal reflexes**
A painful stimulus to the distal limb (eg, pinching between the toes with artery forceps) will produce a withdrawal of the limb and should elicit flexion at all joints of that limb. This involves multiple motor units and therefore tests the integrity of a single sensory input but multiple motor outputs. A neurologically normal animal should be conscious of the stimulus as well but as sheep are stoic animals this may be hard to judge.

Once the ability to withdraw the limb has been established, stimulation of different parts of the limb (eg, using a pen or forceps) can be used to assess the integrity of the sensory innervation to different parts of the limb. The crossed extensor reflex (extension of the contralateral limb when the withdrawal reflex is stimulated) is normal in neonates but indicates an upper motor neuron lesion if seen in an adult.

Videos showing some of the conditions discussed in this article are provided with the online version of this article at inpractice.bmj.com.

Spinal nerves, the ventral nerve roots of the segmental nerves or the spinal cord where the nerves originate. Disruption of the descending neurons (an upper motor neuron [UMN] lesion) removes inhibition from the reflex arc resulting in hyper-reflexia, spastic paralysis and a slower loss of muscle mass (Fig 2). Such a lesion occurs in the spinal cord cranial to the segment where the nerve roots give rise to the nerves involved in the reflex arc. It is accompanied by loss of conscious sensation and proprioception caudal to the lesion. An L MN lesion may have only motor deficits (damage to peripheral nerve trunks will result in sensory deficits distal to the lesion) and may occur in the spinal cord or involve only the peripheral nervous system; UMN lesions are always central (Fig 3). This distinction is important because the peripheral nervous system has a greater regenerative capacity than the central nervous system (CNS).

At the end of the neurological examination it should be possible to locate the lesion within one of the following functionally anatomical groups:
- Forebrain
- Cerebellum
- Vestibular system
- Brainstem

**Peripheral nerve lesions**
Peripheral lesions may affect either a single nerve trunk or multiple nerves within the same limb. Generalised peripheral neuropathies do occur (botulism, for example) but are rare in sheep. The number of nerves affected and the degree of nerve disruption affect the clinical signs seen.

The large myelinated A fibres convey motor signals to the muscle fibres and also carry proprioceptive information and are the most vulnerable to injury (eg, hypoxia). C fibres are the smallest fibres and have the lowest conduction speed but are the more refractory to injury. They convey temperature, itch and deep pain sensation.

A mild insult may result in neuropraxia – a temporary dysfunction of the axon. Spontaneous recovery is relatively rapid, within a matter of days. If the insult is
more severe, resulting in transection of the axons, then recovery is possible but this relies on the myelin sheath and connective tissue surrounding the nerve remaining intact. The axon can re-extend within this framework but this is a slow process. This type of injury is known as axonotmesis. If the nerve structure (ie, axons and myelin sheaths) is highly disrupted (neurotmesis), then this axonal regeneration may well not reach its intended target, leading to a permanent loss of function. Whether reinnervation occurs depends on the size of the gap between the proximal and distal nerve segments. Neuroma (a swelling resulting from haphazard regrowth of the axons and often a cause of discomfort) is one potential outcome of failed regeneration. Functional deficits may also arise due to ‘reorganisation’, in which suboptimal repair results in the axon terminating in an ‘off-target’ site.

Presenting signs and common causes of some peripheral nerve lesions are listed in Table 2.

As spontaneous recovery is possible, and as long as any rectifiable problem has been attended to (eg, a foreign body removed, an abscess drained), then supportive care and minimising the accidental self-trauma that accompanies limb flaccidity can yield satisfactory results. For example, where fetlock ‘knuckling’ occurs, splinting of the distal limb to prevent trauma to the dorsum of the foot is indicated. Spontaneous recovery may take many weeks and clients must be prepared for a long wait without a guarantee of recovery.

**Spinal lesions**

Spinal lesions have a poorer prognosis than peripheral nerve lesions due to the difference in response to injury. Unlike the nerve regeneration witnessed peripherally, axonal regeneration is poor in the central nervous system due to the physical barrier presented by the glial scar and the local factors produced by CNS glia and myelin debris that are non-permissive for growth (Kotter and others 2006).

The clinical signs associated with lesions of each of the major spinal cord segments are listed in Table 3 and will...
Farm Animals

Table 2: Presenting signs and potential causes of peripheral nerve lesions

<table>
<thead>
<tr>
<th>Problem</th>
<th>Presenting signs</th>
<th>Potential causes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brachial plexus avulsion</td>
<td>Dropped elbow, passively flexed fellock and carpus, generalised decreased limb tone (unable to bear weight), easily abducted limb, decreased limb sensation, decreased extensor carpi radialis (ECR) reflex, possible disruption of the panniculus reflex, possible Horner’s syndrome</td>
<td>Forelimb stuck in fence/gate, ill-fitting harness in rams</td>
</tr>
<tr>
<td>Radial nerve damage</td>
<td>Knuckling of the fellock and carpus but the animal can bear weight, decreased sensation of antebrachium, metacarpus and foot, possible flexed elbow if the damage is higher up, decreased ECR reflex</td>
<td>Prolonged lateral recumbency, trauma to the lateral aspect of the forelimb</td>
</tr>
<tr>
<td>Sciatic nerve damage</td>
<td>Decreased sensation of the whole limb except the medial aspect, decreased tone except in the quadriceps and psoas musculature, decreased withdrawal reflex, intact or exaggerated patellar reflex</td>
<td>Latrogenic damage due to injection into the hamstrings or caudal gluteal areas</td>
</tr>
<tr>
<td>Femoral nerve damage</td>
<td>Animal is unable to bear weight (if bilateral, the animal exhibits a frog-legged position), inability to extend the stifles, decreased patellar reflex, decreased skin sensation over the craniomedial crus</td>
<td>Hindlimb stuck over a gate/litence, trauma to the cranial aspect of the thigh, hyperextension of the hip</td>
</tr>
<tr>
<td>Distal limb nerve damage</td>
<td>Variable, depending on precisely which nerves are involved and the degree of damage</td>
<td>Trauma to a distal limb (e.g., entrapped in wire)</td>
</tr>
<tr>
<td>Obturator nerve paralysis, which presents as weakness of the adductor and gracilis muscles leading to an inability to adduct the hindlimbs, is a known sequela to dystocia in cattle but is rare in sheep.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Table 3: Clinical signs associated with lesions of the spinal cord

<table>
<thead>
<tr>
<th>Lesion location</th>
<th>Forelimb intrinsic reflexes</th>
<th>Forelimb conscious sensation and proprioception</th>
<th>Hindlimb intrinsic reflexes</th>
<th>Hindlimb conscious sensation and proprioception</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>C1-C5</td>
<td>Increased</td>
<td>Decreased</td>
<td>Increased</td>
<td>Decreased</td>
<td></td>
</tr>
<tr>
<td>C6-T2</td>
<td>Decreased</td>
<td>Decreased</td>
<td>Increased</td>
<td>Decreased</td>
<td>Disruption of the spinal cord at the level of T1-T3 could theoretically abolish the origin of the sympathetic supply to the head leading to Horner’s syndrome.</td>
</tr>
<tr>
<td>T3-L3</td>
<td>Normal</td>
<td>Normal</td>
<td>Increased</td>
<td>Decreased</td>
<td>Schiff-Sherrington phenomenon may occur with severe acute lesions and involves an increased thoracic limb extensor tone with retention of voluntary movements and normal proprioceptive placing in these limbs, accompanied by hindlimb paresis/paralysis.</td>
</tr>
<tr>
<td>L4-S2</td>
<td>Normal</td>
<td>Normal</td>
<td>Decreased</td>
<td>Decreased</td>
<td>Cauda equina syndrome seen: decreased tail tone, altered perineal sensation, disrupted perineal reflex, passive bladder distension.</td>
</tr>
<tr>
<td>S2 onwards</td>
<td>Normal</td>
<td>Normal</td>
<td>Normal</td>
<td>Normal</td>
<td></td>
</tr>
</tbody>
</table>
hindlimb paralysis, recumbency and death. Other signs include fine head tremor, circling, progressive head tilt, visual impairment and separation from the rest of the flock (Pritchard and McConnell 2007). Affected animals are usually four to five years old but rapidly progressive disease has been reported in lambs as young as four months of age (Benavides and others 2007). Visna is more rapidly progressive than maedi, with affected animals dying or being euthanased within weeks of the onset of clinical signs. As visna is usually seen in flocks in which maedi is already present, suspicion may be high on clinical signs alone.

Affected animals are seropositive. Histopathology findings at postmortem examination include non-suppurative encephalitis affecting the cerebellum. MVV

Table 4: Common causes of neurological signs that indicate a spinal cord lesion

<table>
<thead>
<tr>
<th>Lesion</th>
<th>Location</th>
<th>Common signalment</th>
<th>Clinical signs</th>
<th>Treatment</th>
<th>Cause</th>
</tr>
</thead>
<tbody>
<tr>
<td>Atlanto-occipital joint infection</td>
<td>Atlanto-occipital joint</td>
<td>Usually in young lambs (within the first two weeks of life)</td>
<td>Low head carriage, ataxia (hindlimb more noticeable), tetraparesis, neck pain (see Video 2)</td>
<td>Single injection of dexamethasone and seven days of procaine penicillin</td>
<td>Effectively a form of neonatal septic polyarthritis (joint ill), which is frequently caused by Streptococcus dysgalactiae</td>
</tr>
<tr>
<td>Compressive cervical myeloencephalopathy (wobbler syndrome)</td>
<td>Cervical</td>
<td>Texel and Beltex rams</td>
<td>Ataxia of all four limbs (see Video 3), paresis, may progress to tetraplegia</td>
<td>None</td>
<td>Fatty nodules on the floor of the spinal canal. There appears to be a hereditary component, so affected animals should not be bred from</td>
</tr>
<tr>
<td>Traumatic injury</td>
<td>Anywhere, frequently cervical</td>
<td>Often in rams that have been fighting</td>
<td>Clinical signs consistent with location, greater severity in cases of fracture</td>
<td>Mild cases frequently recover within a few days. Treatment should involve isolation, confinement and anti-inflammatory medication. Cases with unstable or displaced fractures should be euthanased</td>
<td>Often due to fighting among rams or other trauma [eg, being hit by car]</td>
</tr>
<tr>
<td>Vertebral body osteomyelitis</td>
<td>Frequently thoracolumbar but may be anywhere along the spinal cord</td>
<td>May be seen in any age of sheep but many cases involve lambs aged four to 12 weeks. It is usually a sporadic problem affecting individual animals</td>
<td>Dependant on location, onset usually sudden. If thoracolumbar, the animal will be bright, alert and responsive but with paresis or paralysis of the hindlimbs. It will often sit like a dog and move by pulling itself along using its forelimbs (see Videos 5 and 6)</td>
<td>Euthanasia</td>
<td>Thought to be due to bacterial infection of the vertebral body following bacteremia but this is unproven</td>
</tr>
<tr>
<td>Delayed swayback</td>
<td>Clinical signs indicate a cranially progressive problem</td>
<td>Most commonly in lambs aged four to 12 weeks. It is usually a flock problem</td>
<td>Ascending paresis/paralysis and ataxia, gradual onset (see Video 7)</td>
<td>If mildly affected, an animal may make slaughter weight. If severely affected, the animal should be euthanased</td>
<td>Copper deficiency during pregnancy</td>
</tr>
<tr>
<td>Sarcocystosis</td>
<td>Clinical signs frequently consistent with a thoracolumbar lesion</td>
<td>Usually lambs about one year of age. Multiple animals are usually affected</td>
<td>Hindlimb paresis/paralysis, may be tetraparetic (see Video 8)</td>
<td>Mild cases may recover with nursing care but severe cases should be euthanased</td>
<td>Ingestion of sarcocysts (shed in dog faeces) by naïve animals</td>
</tr>
</tbody>
</table>

Fig 4: Limb paralysis due to infection with maedi-visna virus (MVV). Early in the disease course animals often show unilateral hindlimb paresis (a). The disease then progresses to ataxia, hindlimb paralysis (b), recumbency and death. Animals affected with visna are usually a small subsection of those infected with MVV in a flock (Picture b: Valentín Pérez and Julio Benavides)
Box 3: Technique for sampling cerebrospinal fluid

- Place the sheep in sternal recumbency with an assistant kneeling in front and grasping the animal’s hocks. Positioning may be assisted by sedation of the animal.
- Pull the hocks forward to extend the leg, flex the hip and flex the caudal spine; this widens the lumbosacral space. The landmarks that can be seen are the two wings of the ilium and the dorsal spinous processes.
- With the thumb and ring finger on the wings of the ilium and the index finger lying along the dorsal spinous processes, feel the lumbosacral space as a depression just caudal to a line drawn between the two iliac crests, as shown in the photograph on the right.
- Prepare this area surgically and place a small bleb of local anaesthetic beneath the skin.
- Advance a needle slowly, perpendicular to the skin. A decrease in resistance will be felt as the point passes through the interarcuate ligament. The needle should be cautiously advanced until cerebrospinal fluid wells up in the hub.
- Collect the fluid as it drips from the needle hub or attach a 5 ml syringe and apply gentle suction. No more than 2 ml should be aspirated.
- Place the fluid in an EDTA tube immediately (Scott 1993).

The lumbosacral space can be felt as a depression just caudal to a line drawn between the two iliac crests.

Ancillary diagnostic techniques

Additional diagnostic techniques can help to confirm a diagnosis; however, those that are within the remit of specialist referral centres, such as computed tomography (CT) and magnetic resonance imaging (MRI), will not be considered here.

Cerebrospinal fluid sampling

Cerebrospinal fluid bathes the CNS and protects it from mechanical damage. It is produced at the choroid plexi within the ventricles of the brain. Under normal circumstances it is a clear, colourless fluid with a very low cell count, consisting mainly of macrophages. It can be sampled from two sites – the cisterna magna, which lies deep to the foramen magnum of the skull, and the lumbosacral space. Sampling from the cisterna magna requires deep sedation or general anaesthesia and carries with it the risk of iatrogenic brain damage. Sampling from the lumbosacral space is much easier, can be performed on the conscious animal and carries a lower risk of iatrogenic damage. Box 3 describes the sampling method. As there is rarely a significant difference between the samples obtained from either site, lumbosacral sampling is preferred in the majority of cases.

Changes to the CSF that are relevant include:

- Blood staining – this is due to very recent haemorrhage or artefactual due to iatrogenic damage of vessels within the spinal canal. Sedimentation over several hours or centrifugation will clear the colour;
- Xanthochromic appearance – yellow/orange discoloration is indicative of past haemorrhage; centrifugation will not clear the colour. Haemosiderophages may be seen among the cells present;
- Frothy appearance, which forms a stable foam when shaken – this indicates that the protein content is increased;
- Turbidity – the cell count is much higher than normal (eg, in bacterial meningitis; in this case the fraction of neutrophils is also increased).

If there are no gross changes, the fluid should be submitted for laboratory analysis of the protein concentration because disruption of the flow of CSF (as occurs with a space-occupying lesion compressing the spinal cord) results in an increase in the protein concentration of the CSF caudal to the lesion – a phenomenon known as Froin’s syndrome (Scott and Will 1991). This increase is too small to be detected using a refractometer.

Analysis of the cell types present within the CSF can also aid in diagnosis and can be performed at a low cost using sedimentation with standard Diff-Quik staining of the sediment and simple light microscopy (see Lowrie and Anderson [2011] for a full description of this technique). Sarcocystis merozoites have also been identified in CSF samples from sheep with neurological signs (Formisano et al 2013).

Radiography

Radiography of the spine can detect gross distortions of the bones of the vertebral column or the limbs. The
clarity of images of sheep is often limited by the fleece, which adds artefacts and prevents placement of the plate as close to the area in question as is possible in other species. Nonetheless, it can be helpful in the detection of fractures or gross changes associated with osteomyelitis or perivertebral infections (Fig 5).

**Ultrasonography**

Ultrasonography can be used to detect perivertebral abscesses in the cervical area, for example, those derived from intramuscular injection in the neck using dirty needles or irritant substances (see Video 4). It may also be used to assess the degree of urinary bladder distension (Scott and Sargison 2010) that may occur as a result of damage to the pelvic nerves (eg, in cauda equina syndrome).

**Myelography**

The injection of contrast material into the epidural space can be performed at the same lumbosacral site as for CSF sampling (Fig 6). Approximately 5 ml injected into a two- to three-month-old lamb (15 to 20 kg) will allow imaging of the thoracolumbar spine. Elevating the hindquarters after injection aids cranial spread of the contrast material. The dorsal and or ventral columns on the lateral view will appear narrowed if the spinal cord is compressed. Dorsoventral projections are often very hard to interpret in sheep.

While this technique can aid the detection of spinal cord compression that is not accompanied by bony changes, it may not add any further information on localisation and is probably too costly for all but the most valuable animals.

**Flock implications**

The diagnosis of certain causes of paresis or paralysis may have implications for the flock as a whole. The
signalment, will often allow a presumptive diagnosis of paresis or paralysis. This, alongside history and examination can allow localisation of lesions causing the neurological deficit. A logical approach incorporating a basic neurological examination and examples of control measures are summarised in Table 5.

Table 5. Common causes of paresis and paralysis, and examples of flock control measures

<table>
<thead>
<tr>
<th>Problem</th>
<th>Examples of control measures at flock level</th>
</tr>
</thead>
<tbody>
<tr>
<td>Atlanto-occipital joint infection</td>
<td>Improve colostrum intake, navel dipping and lambing shed hygiene. Tick control may be appropriate if the involvement of tick-borne fever or tick pyaemia is suspected</td>
</tr>
<tr>
<td>Swayback</td>
<td>Increase dietary provision of copper for pregnant ewes (beware overcompensation and subsequent copper toxicity)</td>
</tr>
<tr>
<td>Vertebral body osteomyelitis</td>
<td>Aetiology not fully elucidated but any risk factors for bacteraemia or immunosuppression should be identified and controlled</td>
</tr>
<tr>
<td>Sarcocystosis</td>
<td>Identify the at-risk pasture/feedstuffs and remove young animals from it. Prevent dog access to sheep carcases and ensure feedstuffs cannot become contaminated by dog faeces</td>
</tr>
<tr>
<td>Abnormal localisation of Taenia multiceps lesions</td>
<td>This is a rare presentation; classical gid is also likely to be seen. Control is as for sarcocystosis and includes regular worming of farm dogs with praziquantel</td>
</tr>
<tr>
<td>Compressive cervical myeloencephalopathy (‘wobbler syndrome’)</td>
<td>Do not breed from affected rams (and ewes), identify and outcross or remove at-risk family lines</td>
</tr>
<tr>
<td>Traumatic injury</td>
<td>Identify and remove the causes (eg, take care when mixing rams, ensure any trailers used to transport animals are fit for purpose)</td>
</tr>
<tr>
<td>Perivertebral abscessation</td>
<td>Identify the causes and, where abscesses are thought to result from iatrogenic injury, review the injection site, technique, equipment and product</td>
</tr>
<tr>
<td>Maedi–visna</td>
<td>Test the flock serologically to establish prevalence levels – test and cull policies have been successful in eliminating disease. Complete depopulation followed by repopulation from accredited disease-free sources is also possible. If neither option is practical, mitigate the spread and effects of the disease by ensuring a relatively young age profile to the flock, avoid or limit the period of housing and keep good records to identify and remove offspring or ewes identified as being clinical cases of maedi–visna</td>
</tr>
<tr>
<td>Brachial plexus damage</td>
<td>Identify and remove the inciting causes, for example, poorly fitted raddle harnesses on rams, poor injection site choice, poorly designed pens or fences that allow entrapment of limbs, and unsympathetic handling causing panicking sheep to become entrapped or trampled</td>
</tr>
<tr>
<td>Damage to individual nerve trunks</td>
<td>Control is as for brachial plexus damage</td>
</tr>
</tbody>
</table>

response may be governed by law, as with suspected scrapie, or will have to be worked out between the vet and the flock owner.

Some sporadic problems, such as neuropathies due to injury or occasional cases of vertebral body osteomyelitis, may not require any changes to flock management if they occur in singly; however, larger numbers of these problems should prompt careful investigation to identify the risk factors. For example, if many cases of atlanto-occipital joint infection (Fig 7) are seen in a flock, then colostrum intake, lambing shed hygiene and tick challenge, as well as the incidence of related problems such as infectious polyarthritis, should be evaluated.

Other problems, such as swayback (which rarely occurs singly and has a management-related cause (insufficient copper available in the diet of the pregnant ewe)), should automatically prompt discussion of the cause of the disease and control of risk factors pertaining to it.

Causes of paresis and paralysis with flock implications and examples of control measures are summarised in Table 5.

Summary

A logical approach incorporating a basic neurological examination can allow localisation of lesions causing paresis or paralysis. This, alongside history and signalment, will often allow a presumptive diagnosis that is sufficient to provide a prognosis and decide on treatment. Further diagnostic tests will allow confirmation of diagnoses made on clinical grounds. The individual prognosis and flock implications of the various causes of limb paresis/paralysis in sheep are widely variable and an accurate diagnosis is vital in ensuring the welfare of individuals and the health of the flock.

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References

Farm Animals

Diagnosing limb paresis and paralysis in sheep

A number of videos accompany the online version of this article at: http://inpractice.bmj.com

Video 1: Ewe with paresis suffering from hypocalcaemia

Video 2: Lamb displaying tetraparesis, ataxia (especially of the hindlimbs) and restricted neck movements

Video 3: Two Texel rams with compressive cervical myelencephalopathy

Video 4: This gimmer presented with a two-week history of paresis progressing to tetraplegia

Video 5: Lamb with thoracolumbar vertebral osteomyelitis, showing paresis of the hindlimbs

Video 6: Lamb with thoracolumbar vertebral osteomyelitis. This lamb is completely paralytic in the hindlimbs

Video 7: Lamb with delayed swayback showing hindlimb ataxia and paresis

Video 8: Scottish Blackface gimmer displaying hindlimb paresis but with hindlimb myotatic reflexes of normal to increased intensity

Further reading


While admittedly focussed on small animals, the principles of spinal and peripheral nerve disorders and the neurological examination are very well explained in this book, which is probably more easily available to many practitioners than specific large animal neurology textbooks.


SCOTT, P. R. (2012) Clinical, ultrasonographic and pathological description of bladder distension with consequent hydrourerets, severe hydronephrosis and perirenal fluid accumulation in two rams putatively ascribed to pelvic nerve dysfunction. Small Ruminant Research 107, 45-48


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