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FGF and EDA pathways control initiation and branching of distinct subsets of developing nasal glands

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1. Introduction

Impaired mucus clearance and pulmonary obstruction are common symptoms of a number of life-threatening respiratory diseases. Mucus hyper-secretion by the submucosal glands (SMG) is an important etiological factor in asthma, chronic bronchitis and cystic fibrosis with SMG hyperplasia and mucous metaplasia common to all (Reid, 1960; Oppenheimer and Esterly, 1975; Aikawa et al., 1992). Hyper-secretion and abnormal mucociliary clearance leads to a build-up of mucus with a thick viscosity which can obstruct airways and increase bacterial lung infection, leading to premature death in severe cases (Oppenheimer and Esterly, 1975; Hoegger et al., 2014; Robinson and Bye, 2002). More commonly, altered mucus secretion of the nasal glands, particularly the sinuses, gives rise to chronic rhinosinusitis and infection of the upper airway tract (Peña et al., 2007; Wu et al., 2011). Considering this significant involvement of SMGs in pulmonary diseases, research is lacking in the mechanisms modulating gland development and homeostasis. To understand the progression of airway disease, it is critical to elucidate the signalling factors and pathways required during SMG morphogenesis, and investigate if these mechanisms are defective in disease states.

The SMGs are found in the submucosal connective tissue beneath the respiratory epithelium (RE) of the conductive airways (Fig. 1). The anterior nasal SMGs provide the first line of defence within the airway. The medial and lateral glands are found within the submucosa between the cartilaginous rings of the distal airways, stretching throughout the trachea and bronchi (Borthwick et al., 1999; Sturgess and Imrie, 1982). In mice,
SMGs extend to the anterior trachea, where they are found at high density adjacent to the cricoid cartilage (CC) and develop no further than the sixth cartilaginous tracheal ring (Borthwick et al., 1999; Rawlins and Hogan, 2005).

The SMGs develop through a process of branching morphogenesis. This process, common to other mammalian epithelial organs such as the mammary gland, salivary gland and lung, involves the formation of a single tube from an epithelial sheath that undergoes continual elongation and clefting to create a complex network of branched tubes and terminal buds. Cellular differentiation occurs within these structures to form ductal units that transport liquid or gas. In SMGs, these distal functional units are composed of serous and mucous cells that produce airway mucus rich in mucins and bactericidal enzymes (Meyrick et al., 1969; Meyrick and Reid, 1970).

Members of the fibroblast growth factor (FGFs) family of polypeptide proteins have been shown to be involved in branching morphogenesis of other organs such as the lung, salivary and lacrimal glands. The FGF family consists of 22 ligands (FGF1–FGF22) and four cell membrane-bound tyrosine kinase FGF receptors (FGFR1–FGFR4) (Ornitz and Itoh, 2001). The essential requirement for FGF10 and its receptor FGFR2b during lung morphogenesis is emphasised by the shared defects of both Fgf10 homozygous (−/−) and Fgfr2b−/− mice, who die at birth due to agenesis of the lungs (Sekine et al., 1999; Min et al., 1998; De Moerlooze et al., 2000). FGF10 and FGFR2b are also critical for salivary gland duct elongation and branching (Jaskoll et al., 2005; Steinberg et al., 2005). The submandibular salivary gland fails to develop past the initial bud stage at embryonic day E12.5 in both Fgf10−/− and Fgfr2b−/− mice, and salivary glands are hypoplastic and secrete a reduced volume of saliva in Fgf10 heterozygous (+/−) adults (May et al., 2015). Mutations in FGF10 or its receptor FGFR2b, lead to Lacrimo Auriculo Dento Digital (LADD) syndrome (OMIM 149730) in humans. This anomaly is characterized by hypoplasia, atresia or aplasia of the salivary glands and the lacrimal glands of the eyes, and obstruction of the nasolacrimal duct (Shiang and Holmes, 1977; Inan et al., 2006). A milder form of this disease, known as Aplasia of Lacrimal and Salivary Glands (ALSG) (OMIM 180920), gives rise to the same symptoms as LADD, most often including xerostomia (dryness of the mouth) (Wiedemann, 1997; Milunsky et al., 1990).

The Ectodysplasin A (EDA) pathway is also required for morphogenesis of many glandular structures (Mikkola, 2009). A naturally occurring mutation in the EDA gene arises in the Tabby mouse, leading to defective hair, tooth and salivary gland development (Srivastava et al., 1997). Investigation of the nasal SMGs in the Tabby mouse revealed absence of some of the nasal glands, while others, such as Steno’s gland, the largest of the nasal glands, develop normally in the Tabby mouse (Grüneberg, 1971). mRNA expression of Edar, the receptor for EDA, was found in the tracheal respiratory epithelium during postnatal SMG development (Rawlins and Hogan, 2005). The absence of tracheal SMGs were observed in both the adult Tabby mouse and postnatally in the Edaradd knockout mouse, which lacks an EDAR signalling adapter molecule, highlighting the requirement of the EDA signalling pathway in successful tracheal SMG morphogenesis (Rawlins and Hogan, 2005). Human patients with hypohidrotic ectodermal dysplasia (HED) have developmental defects in teeth, hair and salivary glands caused by mutations in EDA, EDAR or EDARADD (Mikkola, 2009). Respiratory difficulties and nasal gland defects have also been reported in HED patients with nasal dryness of the nasal mucosa, nasal crusting and abnormal nasal discharge all being symptoms of the disease (Al-Jassim and Swift, 1996; Dietz et al., 2013).

In this study, we have investigated the requirement for FGF10/FGFR2b and EDA signalling during the crucial stages of SMG development among the different nasal gland populations. We
conclude that the Steno’s gland and sinus glands are predominantly dependent on FGF10/FGFR2b signalling from initial stages of gland budding and elongation, while the medial and lateral glands require this pathway for later gland branching stages. It is suggested that the medial glands are reliant on FGF7/FGFR2b signalling from early development while the lateral glands are more dependent on EDA-mediated signalling. Elucidating these heterogeneous signalling mechanisms will further our understanding in the complex organization and maintenance of these glands, in hopes to combat disease occurrence and progression.

2. Material and methods

2.1. Experimental animals

Fgf10-deficient mice were first generated by Min et al. (1998) (Mouse Genome Informatics ID 1099809). Fgf2b−/− specimens have been previously described (De Moerlooze et al., 2000) (Mouse Genome Informatics ID 2153811). EdaTa/Y males and EdaTa/Ta females were used in the analysis of the glands. All procedures and culling methods were performed under a project licence approved by the United Kingdom’s Home Office and in accordance with the Animal (Scientific Procedures) Act of 1986, United Kingdom.

2.2. Animal collection

For embryo collection, adult mice were mated in the late evening and a midnight mating was assumed. Midday of the day at which a vaginal plug was discovered was recorded as embryonic day (E) 0.5. For postnatal pup collection, the day female mice littered down was recorded as P0. Adult males and females were culled by exposure to rising levels of CO2 gas. Primers used to detect wildtype Fgf10 locus were 5′-GAGGAAATCGCTGGCA-CATGTATACTCGG-3′ (Fgf233 forward primer) and 5′-GGA-TACTGACACATTGTGCCTCAGCCTTTC-3′ (Fgf234 reverse primer) while the mutant Fgf10 locus was detected by primers 5′-GCTTGGTGGAGGCTTATCCTTG-3′ (Fgf204 reverse primer) and 5′-CAAGGTGAGATGACAGGAGATC-3′ (Fgf234 reverse primer) of the neo-cassette insert (Sekine et al., 1999). Fgf2b and Eda mutants were genotyped as previously described (Charles et al., 2009; De Moerlooze et al., 2000).

2.3. Histological Staining and RNA in situ hybridisation

Upon collection, embryonic heads were fixed in 4% paraformaldehyde in PBS (PFA) overnight at 4 °C. For tissue collected for in situ hybridisation procedures, all solutions used were diethylpyrocarbonate (DEPC) treated. Tissue was dehydrated in increasing methanol concentrations and left overnight at 4 °C in Isopropanol/C0. Craniofacial sections were fixed in 4% paraformaldehyde in PBS (PFA) overnight at 4 °C. Sections were deparaffinised and rehydrated in decreasing ethanol concentrations in DEPC treated PBS. In situ hybridisation technique was carried out using a modified Wilkinson protocol (Wilkinson, 1995). Fgf7 (Mason et al., 1994), Fgf10 (Bellusci et al., 1997), Fgf2 (Peters et al., 1992) and Eda (Tucker et al., 2000) cDNA plasmid vectors and gene inserts used for riboprobe generation have been previously described.

3. Results

3.1. Fgf10 and Fgfr2 are expressed during nasal gland development

To understand the role of the FGF pathway in nasal gland development the expression of Fgf10 and Fgfr2 was investigated during embryonic stages of gland initiation and branching morphogenesis. At E14.5, prior to the branching of the distal Steno’s gland (Fig. 2A), Fgf10 expression was observed in the mesenchyme surrounding the extending Steno’s duct (Fig. 2B). Fgfr2 expression was found within the distal epithelial cells of the elongated Steno’s duct at E14.5 (Fig. 2C). During gland branching at E16.5 (Fig. 2D), Fgf10 expression was apparent throughout the mesenchyme surrounding the end buds of the Steno’s gland (Fig. 2E), while Fgfr2 mRNA was evident within the epithelial cells of the gland buds (Fig. 2F).

Fgf10 was expressed throughout the mesenchyme adjacent to the maxillary sinus gland (MSG) primordium at E14.5 (Fig. 2G and H), with Fgfr2 expression observed within the maxillary sinus epithelium from which the MSG buds (Fig. 2I). During MSG branching at E16.5 (Fig. 2J), Fgf10 expression was maintained throughout the mesenchyme adjacent to the branching MSG end buds (Fig. 2K). At this stage, Fgfr2 expression was lost within the maxillary sinus epithelium however it was apparent in the distal tips of the branching MSG end buds (Fig. 2L).

At E14.5 the duct of LNG2 had begun its elongation through the middle conchal mesenchyme (Fig. S1A) and the bud of LNG3 had emerged from the epithelium of the middle conchal lip (Fig. S1B) (May and Tucker, 2015). By E16.5, LNG2 and LNG3 were seen branching, close to the maxillary sinus cavity (Fig. S1C). At E14.5, Fgf10 was expressed in the conchal mesenchyme surrounding both the extending LNG2 (Fig. S1D) and the budding LNG3 (Fig. S1E). At E16.5, Fgf10 was expressed throughout the mesenchyme surrounding the developing LNG end buds (Fig. S1F). Fgfr2 was expressed in the ductal epithelial cells of the elongating LNG2 (Fig. S1G) and within the cells of the LNG3 bud (Fig. S1H) at E14.5. As LNG2 and LNG3 were branching at E16.5, Fgfr2 was expressed within the end bud epithelial cells of LNG2 and LNG3 (Fig. S1I). At E16.5, when the LNG4 duct was elongating beneath the nasal septum, Fgf10 was also expressed in the mesenchyme surrounding the extending duct with Fgfr2 within the ductal cells (not shown).

At E14.5, the duct of medial nasal gland (MNG)1 was seen to extend into the mesenchyme of the nasal septum (Fig. S2A) and by E16.5, the MNGs had branched adjacent to the vomeronasal organ (VNO) (Fig. S2B). Fgf10 was expressed throughout the mesenchyme of the nasal septum at E14.5 when the MNG ducts were elongating (Fig. S2C). At the branching stages of the MNGs at E16.5, Fgf10 expression surrounded the extending glandular branches (Fig. S2D). Fgfr2 expression was noted in the epithelial cells of the extending MNG1 duct at E14.5 (Fig. S1E) and Fgfr2 was expressed within the gland buds at E16.5 (Fig. S1F).

3.2. Fgf10 is critical for Steno’s and MSG development

To define the role of Fgf10 in anterior nasal gland development, we analysed the gland phenotype in wildtype (WT), Fgf10+/− and Fgf10−/− mice. At E12.5 the Steno’s gland duct arises from the RE and invaginates into the mesenchyme of the middle concha. At this stage an epithelial pit was observed in WT mice (Fig. 3A). By E17.5, the lumenized Steno’s duct was observed through a frontal section of the nasal region (Fig. 3B), and the majority of the elongated anterior nasal glands had branched, as evident in a
more caudal sagittal section (Fig. 3C). At E17.5, the MNGs had extensively branched throughout the nasal septum mesenchyme (Fig. 3D).

In Fgf10+/− mice, the epithelial invagination of the Steno’s gland had formed at E12.5, similarly to WT mice (Fig. 3E). At E17.5, the Steno’s gland developed in Fgf10+/− animals and its duct (Fig. 3F) elongated to the correct location underneath the maxillary sinus (Fig. 3 – yellow), however, the extent of branching was reduced (Fig. 3G). Similarly, branching of the MSG, LNGs, and MNGs was also noticeably reduced in Fgf10+/− mice (Fig. 3G and H) compared to that observed in WTs.

In Fgf10−/− embryos, no Steno’s duct pit was apparent at
E12.5 (Fig. 3I). This phenotype indicated that FGF10 signalling is critical for the initial invagination of the duct of the Steno’s gland. By E17.5, complete absence of the Steno’s duct (Fig. 3J) and gland (Fig. 3K – yellow asterisks) was observed in Fgf10+/− mice. Additionally, the MSG was absent with complete loss of Fgf10 (Fig. 3K – red asterisks). The LNGs were observed in Fgf10+/− mice at E17.5 (Fig. 3K). Their ducts budded and elongated to the correct locations when compared to WT specimens, however branching of the distal glands was significantly reduced (Fig. 3K). Furthermore, the MNGs were severely defective with truncated ducts and a considerable reduction in branching, following complete loss of Fgf10 (Fig. 3I).

3.3. Fgfr2b is critical for Steno’s gland, MSG, LNG4 and MNG development

Given that only a subset of glands failed to develop in Fgf10 mutants we decided to assess whether other FGF ligands, working through the same receptor as FGF10, were critical for development, such as FGF1 and FGF22. Multiple FGFs may therefore compensate for the development of these glands.

3.4. Fgf7 is expressed during medial nasal gland development

Considering the absence of the MNGs in the Fgfr2b−/− mouse, yet the presence of MNG ducts and primary branches in the Fgf10 homozygous embryo, we assessed the expression of Fgf7 during normal gland development. FGF7 is closely related to FGF10 and also binds to FGFR2b with high affinity (Zhang et al., 2006). Fgf7 was not found in the mesenchyme surrounding the Steno’s gland during any of the duct elongation stages (Fig. 5A) or gland branching (Fig. 5B). Fgf7 expression was observed surrounding the nasolacrimal duct (NLD) and this was used as a positive control of gene expression (Fig. 5B inset image). No Fgf7 expression was associated with LNG or MSG development (Fig. 5C–F). Fgf7 expression was observed throughout the septal mesenchyme at E14.5, close to where the medial nasal glands were forming (Fig. 5G). As the MNG ducts were elongating Fgf7 expression was maintained in the anterior septal mesenchyme close to the elongating ducts (Fig. 5H). These results suggest that MNG duct elongation may be reliant on Fgf7 or another FGF ligand with high affinity to FGFR2 such as FGF1 and FGF22. Multiple FGFs may therefore compensate for the development of these glands.
3.5. EDA signalling is essential for LNG and MNG development

Histological analysis has previously indicated that some of the nasal glands are defective in Tabby mutant mice (Grüneberg, 1971). We therefore decided to study the nasal glands of EdaTa/Y male and EdaTa/Ta female (Tabby) mice (referred to for simplicity as EdaTa) in more detail to compare to the Fgf mutants. (Fig. 6A–C). Despite expressing components of the EDA pathway, the Steno’s gland and MSG developed normally in EdaTa mice (Fig. 6D–I). Investigation of the LNG glands showed that only LNG3 and LNG8 develop in EdaTa mutants, while no other ducts of the other LNGs were found either in the lateral nasal wall (Fig. 6J–K) or the middle conchal lip (Fig. 6L–M). Similarly, to the Fgf2b knock-out mouse, LNG 4, beneath the nasal cartilage capsule, was absent in the EdaTa mutant (Fig. 6N). At a more rostral location, branching of LNG3 was observed to be severely defective in the EdaTa mouse compared to WT littermates (Fig. 6P–Q). Finally, the MNGs were completely absent in EdaTa mice (Fig. 6R–S).

Fig. 4. Fgf2b expression is critical for Steno’s gland, MSG, LNG 4 and MNG development. (A–B) The MSG develops from the maxillary sinus epithelium in WT animals however fails to develop in Fgf2b deficient mice. (C) The distal LNG2 and Steno’s gland develop in WT animals. (D) The Steno’s gland is completely absent in Fgf2b –/– mice. LNG2 is found in Fgf2b –/– animals however branching of the gland is reduced (D). (E) A branched LNG3 has developed by E18.5 in WT animals. (F) The LNG3 duct extends to the same location in Fgf2b –/– mice however branching of the distal gland is reduced (D). (G) The LNG3 duct extends to the same location in Fgf2b –/– mice however branching of the distal gland is reduced. (H–I) Both LNG4 glands are found below the nasal cartilage capsule in WT animals, however are completely absent with the loss of Fgf2b. (J–K) The MNGs are completely absent in Fgf2b –/– mice compared to their WT littermates, indicated by absence of the MNG ducts. Scale bar ≈ 100 μm.

4. Discussion

4.1. Fgf10 is essential for nasal gland branching morphogenesis

The anterior nasal glands provide a wonderful model for studying branching morphogenesis due to their prolonged duct elongation stage and subsequent gland branching. This allows the investigation of different pathways and signalling molecules involved in these distinct stages of organogenesis. In this study, it was elucidated that Fgf10 is essential for gland branching of all of the anterior nasal glands. Although branching of the glands occurs in an array of temporal locations, expression of Fgf10 mRNA was seen throughout the mesenchyme surrounding the gland end buds of all glands during their branching stages. This expression pattern of Fgf10 is similar to that observed during mammalian lung development where Fgf10 mRNA is localised to the mesenchyme surrounding newly developing lung buds (Bellusci et al., 1997). In the lung, Fgf10 has been shown to trigger cell proliferation and act as a chemoattractant (Bellusci et al., 1997; Park et al., 1998), and the expression pattern described in our study suggests a similar role in nasal SMG development. Examination of Fgf10 mutant mouse also emphasised that with one copy of Fgf10 present in the heterozygotes, branching of the nasal glands occurs however is reduced. In the complete absence of Fgf10 in the homozygotes, gland branching is seriously defective with only the presence of severely truncated end buds at the distal ductal tips. The
Fig. 6. EDA signalling is required for LNG and MNG development. (A–C) In situ hybridisation of frontal sections through the nasal chamber during development reveals Eda expression in the LNGs and MNGs (A), the Steno’s gland (B) and MSGs (C). At E17.5, the Steno’s duct (D, F), gland (E, G) and MSGs (H, I) have developed in Eda<sup>TA</sup> mice similar to WT littermates. Ducts of LNG11–13 are absent in the lateral nasal wall of Eda<sup>TA</sup> mice (J,K), and ducts of LNG2, 5 and 6 are absent in the medial conchal lip (L–M). LNG3 and LNG8 ducts develop normally in the Eda<sup>TA</sup> mouse (J–M). Beneath the cartilage of the nasal capsule, LNG4 is absent with the loss of EDA signalling (N–O). Branching of the distal LNG3 gland is reduced in (P–Q) and all of the MNGs are absent (R–S) in the Eda<sup>TA</sup> mouse. Scale bars = 100 μm.
heterozygous phenotype observed is consistent with the lacrimal gland and salivary gland aplasia present in the mouse model and human LADD syndrome (Entesarian et al., 2007; May et al., 2015).

4.2. FGF10 plays a heterogeneous role in early anterior nasal gland development

The complete absence of the Steno's gland in the Fgf10 –/– mouse indicates this growth factor's pivotal role in the development of this structure. This gland differs from the other nasal glands as it buds approximately 24 h earlier and the duct bud invaginates into the mesenchyme as an epithelial indentation, as opposed to a solid swelling of cells (May and Tucker, 2015). In this way the development is more akin to the development of the lung, where the lumen is an integral part of the invaginating epithelium, rather than the lacrimal or salivary glands, where the lumen forms later due to cavitation of a solid cord. The maxillary sinus gland is unusual in that it branches immediately from the maxillary sinus epithelium without formation of an extending duct, so here the loss of the gland is linked to the essential role of Fgf10 in branching morphogenesis. In contrast to these glands, the lateral nasal glands (LNG), despite expressing Fgf10 from early stages, had normal duct elongation in the Fgf10 –/– mice, while the medial nasal glands were also less severely affected. Due to the complexity of biological regulatory networks, removal of one or some of its elements does not necessarily contribute to its overall collapse (Jeong et al., 2000; Albert et al., 2000). Therefore, other signalling molecules appear to compensate for the loss of FGF10.

4.3. Other signalling molecules are required for lateral and medial nasal gland development

The loss of the medial nasal glands in the Fgfr2b –/– mice indicate that another FGF, working through this receptor, is able to compensate for loss of FGF10. A likely candidate is FGF7. The amino acid core of FGF7 shows over 60% sequence identity with that of Fgf10, making it the most structurally similar growth factor to Fgf10 (Yamasaki et al., 1996). Biological functions are also conserved between these two mesenchymally expressed Fgfs, emphasised by both the ligands having high affinity to Fgfr2b. During mouse lung development, Fgf7 is not expressed in the lung mesenchyme during early endoderm branching at E11.5 however Fgf7 transcripts are detected when the lung is undergoing extensive branching between E13.5 and E14.5 (Bellusci et al., 1997). Early studies using culture of mesenchyme-free endoderm with FGF7 protein showed that it stimulates endoderm stalk extension by inducing cell proliferation (Cardoso et al., 1997). While Fgf7 expression was not as evident as that of Fgf10 in the periocular mesenchyme during normal in vivo lacrimal gland development, application of an FGF7 bead to lacrimal gland explant cultures induced ectopic gland bud formation, similarly to FGF10 protein application, however not at as high a rate (Makarenkova et al., 2000). In comparison, culture of submandibular salivary glands with FGF7 only gave rise to moderate stalk extension and instead induced epithelial bud enlargement (Koyama et al., 2008). The localisation of Fgf7 mRNA in the nasal septum mesenchyme from E14.5 to E15.5 when the MNG buds are budding, elongating and beginning to branch suggest that Fgf7 function may be utilised by these developing glands in the absence of Fgf10. Fgf7 mutants do not display gland defects, suggesting that Fgf7 is able to compensate for loss of Fgf7 in those glands where both are expressed (Guo et al., 1996).

LNG2, LNG3 and LNG5 all bud and elongate as ducts to the presumptive branching location independent of FGR2b signalling. Due to the abundant amount of lateral nasal glands found in both rodents and humans, understanding the development of these glands is important in elucidating causes of nasal conditions such as rhinitis and sinusitis. Interestingly the lateral nasal glands, with the exception of LNG3 and 8, failed to form in the Eda mutants, while LNG3 had severely reduced branching. These lateral glands therefore rely more heavily on the EDA pathway for their development, with the pathway being important for both duct development and branching. The medial nasal glands were also missing, similar to the Fgfr2b –/–. These glands therefore require both EDA and FGF signalling for their correct development.

From this study we want to emphasise that nasal SMGS not only adopt contrasting temporal locations and methods of development, they each employ different signalling factors and intracellular cues for their tightly controlled duct elongation and glandular branching. This is important as we can assume defects in different subsets of nasal glands in patients with LADD syndrome and HED. LADD syndrome is caused by mutations in one copy of Fgfr2b or Fgf10, therefore the heterozygous mice are a good model for this disorder. Importantly branching morphogenesis of all nasal glands was reduced in the Fgf10 –/– mice, suggesting that a similar reduction in branching would be found in the nasal glands of LADD patients. XL-HED is caused by complete loss of EDA function, and our results suggest that the lateral and medial nasal glands would be particularly affected in these patients. Such a dramatic loss of these key glands, which cannot be compensated by FGF signalling, would explain the reported defects in this region (Al-Jassim and Swift, 1996; Dietz et al., 2013), although the anterior nasal gland (analogous to the Steno’s gland) would be expected to form normally in HED patients.

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Appendix A. Supplementary material

Supplementary data associated with this article can be found in the online version at http://dx.doi.org/10.1016/j.ydbio.2016.08.030.

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