**Highlights**

- Human neuromuscular junctions (NMJs) are morphologically distinct from rodent NMJs
- Human NMJs are remarkably stable across the adult lifespan
- Active zone proteins, including SNAP25, are differentially localized in human NMJs
- Significant divergence between the synaptic proteome of human and mouse NMJs

**Authors**

Ross A. Jones, Carl Harrison, Samantha L. Eaton, ..., Christian Soeller, Thomas M. Wishart, Thomas H. Gillingwater

**Correspondence**

t.gillingwater@ed.ac.uk

**In Brief**

Jones et al. reveal fundamental differences between synapses in humans and lower mammals. They show that human neuromuscular junctions (NMJs) are smaller and more fragmented than comparable synapses from mice, with a distinct molecular composition. In contrast to mice, human NMJs were also remarkably stable across the entire adult lifespan.
Cellular and Molecular Anatomy of the Human Neuromuscular Junction

Ross A. Jones,1,2 Carl Harrison,3 Samantha L. Eaton,4 Maica Llavero Hurtado,4 Laura C. Graham,4 Leena Alkhammash,1 Oladayo A. Oladiran,1 Andy Gale,1 Douglas J. Lamont,5 Hamish Simpson,1 Martin W. Simmen,1 Christian Soeller,1 Thomas M. Wishart,2,4 and Thomas H. Gillingwater1,2,7,*

1Edinburgh Medical School: Biomedical Sciences, University of Edinburgh, Edinburgh EH16 4SB, UK
2Euan MacDonald Centre for Motor Neurone Disease Research, University of Edinburgh, Edinburgh EH8 9AG, UK
3Physics and Astronomy, University of Exeter, Exeter EX4 4QL, UK
4Neurobiology, Roslin Institute, University of Edinburgh, Edinburgh EH25 9RG, UK
5Fingerprints Proteomics, University of Dundee, Dundee DD1 5EH, UK
6Department of Orthopaedic Surgery, University of Edinburgh, Edinburgh EH16 4SB, UK
7Lead Contact
*Correspondence: t.gillingwater@ed.ac.uk
https://doi.org/10.1016/j.celrep.2017.11.008

SUMMARY

The neuromuscular junction (NMJ) plays a fundamental role in transferring information from lower motor neuron to skeletal muscle to generate movement. It is also an experimentally accessible model synapse routinely studied in animal models to explore fundamental aspects of synaptic form and function. Here, we combined morphological techniques, super-resolution imaging, and proteomic profiling to reveal the detailed cellular and molecular architecture of the human NMJ. Human NMJs were significantly smaller, less complex, and more fragmented than mouse NMJs. In contrast to mice, human NMJs were also remarkably stable across the entire adult lifespan, showing no signs of age-related degeneration or remodeling. Super-resolution imaging and proteomic profiling revealed distinctive distribution of active zone proteins and differential expression of core synaptic proteins and molecular pathways at the human NMJ. Taken together, these findings reveal human-specific cellular and molecular features of the NMJ that distinguish them from comparable synapses in other mammalian species.

INTRODUCTION

Synapses play fundamental roles in the form and function of the nervous system both in health and during disease. Despite numerous important breakthroughs in our understanding of the cellular and molecular composition of synapses in animal models, both historic (Fatt and Katz, 1952; Couteaux and Pécout-Dechavassine, 1970; Nitkin et al., 1987) and recent (Oh et al., 2014; Wilhelm et al., 2014; Kasthuri et al., 2015), we know surprisingly little about the equivalent make up of synapses in humans. Current studies of synaptic connectivity at the cellular and molecular level have therefore relied heavily on “model” organisms, both vertebrate and invertebrate, working on the tacit assumption that the biological principles uncovered can ultimately be applied to humans.

The neuromuscular junction (NMJ) represents one major sub-class of synapse in the mammalian nervous system, critical for the transfer of information between the nervous system (lower motor neuron) and skeletal muscle. It also epitomizes a “model” synapse (Shi et al., 2012), both conveniently accessible within the peripheral nervous system and an early target in several neurodegenerative conditions, including amyotrophic lateral sclerosis and spinal muscular atrophy (Murray et al., 2010). Indeed, many of the fundamental principles governing synaptic form and function in the nervous system were discovered from early experiments examining NMJs in model organisms (Slater, 2015). More recently, the NMJ has been used to reveal core aspects of synaptic form and function in vivo, including the control of activity-dependent plasticity (Newman et al., 2017), as well as synaptic development and age-related decline (Liu et al., 2017).

Surprisingly, however, compared to extensive experimental data from animal models, there is currently a relative paucity of data concerning the cellular and molecular composition of the human NMJ. Ethical considerations and the logistics of obtaining biopsy material (in contrast to post-mortem sampling) from healthy individuals during life make it difficult to obtain tissue samples that are suitably well-preserved to facilitate high-resolution cellular and molecular analysis (Kay et al., 2013). Here, we report the development of a tissue harvesting and processing approach during surgical amputation that has allowed us to undertake a detailed cellular and molecular characterization of the healthy human NMJ across the adult lifespan.

RESULTS AND DISCUSSION

Tissue samples were obtained from surgical discard material from twenty patients undergoing lower limb amputation for a variety of clinical indications (for full patient details, see Experimental Procedures; summarized in Table S2), including complications of peripheral vascular disease (PVD) and non-PVD-related cases (e.g., for chronic pain following previous orthopedic surgery or chronic osteomyelitis refractory to antibiotic treatment). Importantly, samples were obtained from...
Cell Reports 21, 2348–2356, November 28, 2017

One area of research that is currently receiving significant interest concerns an apparent age-related decline in synaptic stability at the NMJ, manifesting as degenerative changes affecting both the pre-synaptic motor nerve terminal and the post-synaptic membrane. Here, we obtained morphological data from human NMJs across the lifespan, from infants to old age, and compared these to those of mice and rats. Our data revealed that NMJ morphology in humans is significantly smaller and more complex than in other mammals, and that the differences between humans and mouse NMJs are more pronounced than those between rodents and rats. We also found that NMJ morphology is inversely correlated with body size, and that NMJ stability is inversely correlated with age. These findings highlight the importance of considering the age-related decline in synaptic stability at the NMJ, and suggest that interventions aimed at preserving synaptic stability may be effective in improving neurological function.
post-synaptic motor endplate (Gonzalez-Freire et al., 2014; Liu et al., 2017). Although findings from animal models (Anis and Robbins, 1987; Balice-Gordon and Lichtman, 1990; Valdez et al., 2010; Willadt et al., 2016) suggest that NMJs are inherently unstable with age, it is unclear whether a similar phenomenon occurs across the longer human lifespan. We were able to address this important question as our human tissue samples incorporated patients from the fourth to the tenth decades of life, with the individual ages of patients distributed approximately evenly across the age range (Table S2).

Qualitative analyses of NMJs suggested conservation of synaptic structure across the entire lifespan in humans (Figure 2). The only change observed with increasing age was a modest increase in the size of the pre-synaptic axon and motor nerve terminal, overall synaptic morphology remained remarkably stable. Pearson and Spearman correlation.

****p < 0.0001, ***p < 0.001.
from equivalent changes in the muscle fiber, further supporting our finding that synaptic morphology is more closely correlated with the pre-synaptic neuron. Thus, the human NMJ remains remarkably stable across the adult lifespan, devoid of any of the age-related degeneration and/or remodeling changes that have been reported in other mammalian species occurring over a much shorter time scale (Valdez et al., 2010; Willadt et al., 2016).

Interestingly, these findings partially contradict an earlier study suggesting that the human NMJ undergoes changes over the adult lifespan (Oda, 1984). These differences are most likely explained by methodological disparities between the studies and a smaller sample size in the Oda (1984) study. For example, Oda used relatively low-resolution techniques (e.g., silver and cholinesterase staining) to study 12 autopsy samples obtained 6 hr after death. Our own preliminary experiments confirmed that we needed to harvest tissue quickly (e.g., within minutes) from freshly biopsied material (not post-mortem) in order to obtain accurate morphological measurements. Moreover, our findings are in agreement with another smaller study of human muscle samples where endplate size was found to remain stable with age (Wokke et al., 1990).

Super-Resolution (Direct Stochastic Optical Reconstruction Microscopy) Imaging of Active Zone Proteins at the Mouse and Human NMJ

Given the structural differences we observed between human and mouse NMJs, we next wanted to establish whether human NMJs were also distinct from the molecular perspective. In our initial morphological experiments, labeling of the synaptic vesicle protein SV2 appeared to be qualitatively different between human and mouse nerve terminals. Synaptic boutons in mice were characterized by relative homogeneity of labeling, whereas motor nerve terminals at human NMJs contained distinctive "hotspots" of fluorescence (particularly clear examples can be seen in the 2H3/SV2 greyscale panels for the 4th, distinctive "hotspots" of fluorescence (particularly clear exam-

The finding that dSTORM imaging could be used to reliably label and quantify SNAP25 distribution at the mouse NMJ prompted us to apply dSTORM imaging to compare SNAP25 localization between mouse and human NMJs. Parallel dSTORM imaging of human and mouse NMJs revealed clear differences in the distribution and intensity of SNAP25 between the two species (Figure 3). We quantified a total of 2,945 (human) and 10,666 (mouse) individual SNAP25 puncta, from 50 boutons (10 NMJs) of 3 individual patients/mice. All four core variables measured were found to be significantly greater in humans than in mice: the average area of individual SNAP25 puncta and their density within each bouton (both **p < 0.01), the total area of all puncta relative to that of each bouton (**p < 0.0001), and the intensity of SNAP25 labeling (***p < 0.0001).

Given that motor nerve terminals (and hence the "area of synaptic contact") at the human NMJ are significantly smaller than those in mice (Figure 1; Table S1), we calculated the total area of SNAP25 labeling per NMJ. This analysis revealed the total area to be identical in both humans and mice: approximately 15 μm² of SNAP25 per NMJ (Figure 3). Therefore, although the human NMJ is significantly smaller than the mouse NMJ, the total amount of SNAP25 protein (and, by extension, the amount of molecular active zone machinery) is similar between human and mouse NMJs, albeit packaged into significantly smaller synaptic boutons in humans. This observation suggests the possible presence of a homeostatic mechanism that preserves the functional architecture of the synapse in the face of significant morphological heterogeneity. In conjunction with the extensive post-synaptic junctional folding demonstrated previously (Slater et al., 1992), this pre-synaptic specialization could play a role in effectively maintaining neurotransmission at the smaller human NMJ. The application of super-resolution imaging to visualize active zone proteins at the human NMJ reported here paves the way for future studies that will be able to develop a more refined and detailed subcellular "map" of synaptic protein distribution and localization across different species. Such studies may also assist in addressing the apparent discrepancies that exist between the species-specific differences we report with respect to the molecular composition of active zones and previous freeze-fracture studies that suggested more consistent conservation of gross active zone structure between human and rodent synapses (for review see Rogers and Nishimune, 2017). Of note, we were unable to reliably label human NMJs with antibodies against Bassoon or Piccolo, which may point to species-specific differences in these antigens.

Molecular Profiling of the Human NMJ

To investigate potential differences in the broader species-specific molecular composition of the human NMJ, we next utilized state-of-the-art proteomic techniques (tandem mass tagging) to undertake comprehensive proteome-wide profiling of human and mouse NMJs. By establishing the proteomic profile of micro-dissected NMJ-enriched and NMJ-devoid skeletal muscle
samples (Figures 4 and S2), we were able to establish and compare the protein-level composition of NMJs and muscle fibers in human and mouse samples. Through a combined human/mouse database search we confirmed the identification of peptides associated with 6,737 proteins. Application of stringent filtering parameters in order to ensure reliability of protein identification subsequently yielded 5,026 proteins for bioinformatics analyses. This represents a high level of coverage from a single proteomic analysis and compares favorably with a recent database of human muscle proteins identified by mass spectrometry that lists 5,431 muscle proteins across 38 peer reviewed scientific publications from 2002–2017 (Gonzalez-Freire et al., 2017). Moreover, we were able to demonstrate the identification of synaptic and neuronal proteins within our NMJ-enriched dissections (Figures S3 and S4).

Comparative bioinformatics analysis of proteomic profiles from human and mouse skeletal muscle samples (devoid of NMJs) revealed clear molecular overlap (Figure 4; Table S3), with the majority (66%) of the 200 known metabolic cascades identified showing no significant species-dependent differences. In contrast, the expression profiles for the NMJ-enriched samples indicated a clear molecular variation between humans and mice (Figure 4). For example, *in silico* analysis identified 36 distinct nervous system-related molecular pathways known to impact on NMJ form and function (including a range of core synaptic signaling pathways, such as “integrin signaling,” “axonal guidance signaling,” and “CREB signaling in neurons”) where proteins were present in both human and mouse datasets. Surprisingly, 97% of these pathways showed statistically significant differences in protein expression levels between the two species (Figures 4 and S4). For example, major differences were observed in the levels of 24 individual proteins contributing to agrin signaling pathways at the NMJ (Figure S4). Importantly, each affected pathway included some proteins that were more abundant in human samples as well as other proteins that were more abundant in mouse samples, confirming that the differences observed were not simply an artifact of relative enrichment during tissue processing. Thus, these proteomics datasets provide evidence to suggest that human NMJs have a significantly modified molecular composition compared to analogous samples (Figures 4 and S2), we were able to establish and compare the protein-level composition of NMJs and muscle fibers in human and mouse samples. Through a combined human/mouse database search we confirmed the identification of peptides associated with 6,737 proteins. Application of stringent filtering parameters in order to ensure reliability of protein identification subsequently yielded 5,026 proteins for bioinformatics analyses. This represents a high level of coverage from a single proteomic analysis and compares favorably with a recent database of human muscle proteins identified by mass spectrometry that lists 5,431 muscle proteins across 38 peer reviewed scientific publications from 2002–2017 (Gonzalez-Freire et al., 2017). Moreover, we were able to demonstrate the identification of synaptic and neuronal proteins within our NMJ-enriched dissections (Figures S3 and S4).

Comparative bioinformatics analysis of proteomic profiles from human and mouse skeletal muscle samples (devoid of NMJs) revealed clear molecular overlap (Figure 4; Table S3), with the majority (66%) of the 200 known metabolic cascades identified showing no significant species-dependent differences. In contrast, the expression profiles for the NMJ-enriched samples indicated a clear molecular variation between humans and mice (Figure 4). For example, *in silico* analysis identified 36 distinct nervous system-related molecular pathways known to impact on NMJ form and function (including a range of core synaptic signaling pathways, such as “integrin signaling,” “axonal guidance signaling,” and “CREB signaling in neurons”) where proteins were present in both human and mouse datasets. Surprisingly, 97% of these pathways showed statistically significant differences in protein expression levels between the two species (Figures 4 and S4). For example, major differences were observed in the levels of 24 individual proteins contributing to agrin signaling pathways at the NMJ (Figure S4). Importantly, each affected pathway included some proteins that were more abundant in human samples as well as other proteins that were more abundant in mouse samples, confirming that the differences observed were not simply an artifact of relative enrichment during tissue processing. Thus, these proteomics datasets provide evidence to suggest that human NMJs have a significantly modified molecular composition compared to analogous samples (Figures 4 and S2), we were able to establish and compare the protein-level composition of NMJs and muscle fibers in human and mouse samples. Through a combined human/mouse database search we confirmed the identification of peptides associated with 6,737 proteins. Application of stringent filtering parameters in order to ensure reliability of protein identification subsequently yielded 5,026 proteins for bioinformatics analyses. This represents a high level of coverage from a single proteomic analysis and compares favorably with a recent database of human muscle proteins identified by mass spectrometry that lists 5,431 muscle proteins across 38 peer reviewed scientific publications from 2002–2017 (Gonzalez-Freire et al., 2017). Moreover, we were able to demonstrate the identification of synaptic and neuronal proteins within our NMJ-enriched dissections (Figures S3 and S4).

Comparative bioinformatics analysis of proteomic profiles from human and mouse skeletal muscle samples (devoid of NMJs) revealed clear molecular overlap (Figure 4; Table S3), with the majority (66%) of the 200 known metabolic cascades identified showing no significant species-dependent differences. In contrast, the expression profiles for the NMJ-enriched samples indicated a clear molecular variation between humans and mice (Figure 4). For example, *in silico* analysis identified 36 distinct nervous system-related molecular pathways known to impact on NMJ form and function (including a range of core synaptic signaling pathways, such as “integrin signaling,” “axonal guidance signaling,” and “CREB signaling in neurons”) where proteins were present in both human and mouse datasets. Surprisingly, 97% of these pathways showed statistically significant differences in protein expression levels between the two species (Figures 4 and S4). For example, major differences were observed in the levels of 24 individual proteins contributing to agrin signaling pathways at the NMJ (Figure S4). Importantly, each affected pathway included some proteins that were more abundant in human samples as well as other proteins that were more abundant in mouse samples, confirming that the differences observed were not simply an artifact of relative enrichment during tissue processing. Thus, these proteomics datasets provide evidence to suggest that human NMJs have a significantly modified molecular composition compared to analogous samples (Figures 4 and S2), we were able to establish and compare the protein-level composition of NMJs and muscle fibers in human and mouse samples. Through a combined human/mouse database search we confirmed the identification of peptides associated with 6,737 proteins. Application of stringent filtering parameters in order to ensure reliability of protein identification subsequently yielded 5,026 proteins for bioinformatics analyses. This represents a high level of coverage from a single proteomic analysis and compares favorably with a recent database of human muscle proteins identified by mass spectrometry that lists 5,431 muscle proteins across 38 peer reviewed scientific publications from 2002–2017 (Gonzalez-Freire et al., 2017). Moreover, we were able to demonstrate the identification of synaptic and neuronal proteins within our NMJ-enriched dissections (Figures S3 and S4).

Comparative bioinformatics analysis of proteomic profiles from human and mouse skeletal muscle samples (devoid of NMJs) revealed clear molecular overlap (Figure 4; Table S3), with the majority (66%) of the 200 known metabolic cascades identified showing no significant species-dependent differences. In contrast, the expression profiles for the NMJ-enriched samples indicated a clear molecular variation between humans and mice (Figure 4). For example, *in silico* analysis identified 36 distinct nervous system-related molecular pathways known to impact on NMJ form and function (including a range of core synaptic signaling pathways, such as “integrin signaling,” “axonal guidance signaling,” and “CREB signaling in neurons”) where proteins were present in both human and mouse datasets. Surprisingly, 97% of these pathways showed statistically significant differences in protein expression levels between the two species (Figures 4 and S4). For example, major differences were observed in the levels of 24 individual proteins contributing to agrin signaling pathways at the NMJ (Figure S4). Importantly, each affected pathway included some proteins that were more abundant in human samples as well as other proteins that were more abundant in mouse samples, confirming that the differences observed were not simply an artifact of relative enrichment during tissue processing. Thus, these proteomics datasets provide evidence to suggest that human NMJs have a significantly modified molecular composition compared to analogous
NMJs in mice. This finding is consistent with recent observations of species-specific gene expression in developing neurons from humans and mice (Qiu et al., 2016).

Taken together, our findings reveal human-specific features of the NMJ that distinguish them from comparable synapses in other mammalian species. These fundamental differences between synapses in humans and lower mammals must be taken into careful consideration when interpreting animal-based studies with respect to their applicability to humans.

**EXPERIMENTAL PROCEDURES**

Further details and an outline of resources used in this work can be found in Supplemental Experimental Procedures.

**Ethics**

Use of anonymous human tissue was granted by the Lothian NRS BioResource (SR719, 15/ES/0094); prospective tissue collection was approved by the Lothian Ethics Committee (REC 2002/1/22, 2002/R/OST/02) following internal (University of Edinburgh) and independent/external ethical review.

**Human Case Series**

Human muscle samples were obtained from patients following lower limb amputation surgery (see above for ethical/institutional approvals). In total, 21 sets of muscle samples were obtained from 20 patients (15 male, 5 female)—1 patient required a bilateral procedure. The clinical details for each patient are summarized in Table S2. The majority of patients (16 out of 20) underwent amputation for complications of peripheral vascular disease (PVD), typically either critical ischemia in a non-salvageable limb, or failure of previous vascular reconstruction. Most of these cases (12 out of 16) were below-knee amputations (BKA); only four patients required above-knee amputation (AKA). Of the four non-PVD-related cases, BKA was performed in two patients for chronic pain following previous orthopedic surgery (49F, 50M), in one patient for chronic osteomyelitis refractory to antibiotic treatment (42F) and in a final patient (34M) who required bilateral amputation for acute ischemia (secondary to thromboembolism from infective endocarditis).

Mean age at surgery was 67 years (range 34–92).

The choice of muscles was primarily dictated by the logistics and reproducibility of sampling, given the variation in level and quantity of discard material for each amputation, but with a view to including a range of muscle types (fast, slow, mixed). The original technique of motor point biopsy (for the peroneal muscles) as described by Coe¨rs and Woolf (1959) was used as a guide. For most of the case series, we were able to obtain a complete set of samples from the four muscles chosen. In total, 72 individual muscles were analyzed (EDL = 19, S = 18, PB = 18, PL = 17).

**Mice and Rats**

To allow direct comparison with human NMJs, equivalent muscles were dissected from both sides of three CD1 littermate mice (adult, ~12 weeks old) and wild-type rats (adult, ~16 weeks old). Animals were euthanized with isoflurane and the muscles dissected out within 30 min post-mortem and fixed.
in 4% PFA for 1 hr. All animal experiments were performed under the appropriate project and personal licenses granted by the UK Home Office.

**Statistical Analysis**

All statistical analyses were performed in GraphPad Prism. Individual statistical tests and significance levels are referred to in the relevant text sections and corresponding figure legends.

**DATA AND SOFTWARE AVAILABILITY**

The full raw proteomics data files from this study are freely available for download from: https://datashare.is.ed.ac.uk/handle/10283/23937.

**SUPPLEMENTAL INFORMATION**

Supplemental Information includes Supplemental Experimental Procedures, four figures, and three tables and can be found with this article online at https://doi.org/10.1016/j.celrep.2017.11.008.

**AUTHOR CONTRIBUTIONS**


**ACKNOWLEDGMENTS**

We are particularly grateful to Mr. Roderick Chalmers and the Vascular Department at the Royal Infirmary of Edinburgh for help in coordinating the tissue sampling and Frances Rae at Lothian NRS BioResource. This work was supported by small project grant funding from Biomedical Sciences (Anatomy) at the University of Edinburgh (T.H.G. and R.A.J.), the Darwin Trust of Edinburgh (T.H.G.), and the BBSRC (Institute Strategic Programme Funding; T.M.W., and T.H.G. planned experiments and data analysis. All authors drafted and approved the manuscript for submission.

**REFERENCES**


Slater, C.R., Lyons, P.R., Walls, T.J., Fawcett, P.R.W., and Young, C. (1992). Structure and function of neuromuscular junctions in the vastus lateralis of...