Guest editorial

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Guest Editorial: Families and Food: Marketing, Consuming and Managing

Teresa Davis, Margaret K. Hogg, David Marshall, Alan Petersen and Tanja Schneider

As we noted in the call for papers for this European Journal of Marketing Special Issue on Families and Food, the family is often presented in popular culture, media, and advertising as an immutable institution, enduring in its practices and symbolic functions. While the family remains an important consumption site and source of socialization into consumption practices in the marketplace, the constitution of the family has moved beyond the traditional suburban nuclear structure to encompass a variety of formations. This has made the sources of influence on family consumption increasingly complex and highly varied. There have been calls to focus on how this diversity (in structure, form, subculture, constitution, race, ethnicity) affects food consumption choices, practices and processes (Moore, Wilkie and Desrochers 2016). A better understanding of familial practices of managing and consuming food, and the related marketing practices, can help promote better dietary habits and patterns of consumption and thus support policy initiatives around health conditions such as obesity and diabetes. The focus in this special issue is on how ideas about family are constructed in relation to food and food consumption; and the associated marketing issues related to managing, governing and regulating food practices.

We were delighted with the response to this call for papers and would like to thank all those authors who took time to submit papers. The final selection reflects a truly international and interdisciplinary perspective on family and food practices.
We begin this special issue with an introductory viewpoint where we discuss a key theme that emerged from across the papers: the responsibilisation of family and food. We have organised the ten competitive research papers around the family lifecycle starting with the idea of eating as centred on routine and everyday practices (Dyen, Sirieix, Costa, Depezay and Castagna) and then going on to examine some of the tensions in intercultural couples (Rogan, Piacentini and Hopkinson). As the presence of children alters household dynamics so parents draw on their own experiences in a form of intergenerational reflexivity (Kharuhayothin and Kerrane) but children, in turn, exhibit their own food preferences and agency and we learn about the nuanced cultural biography of pet-stocking and the family dynamics around family pets ‘who’ end up on the family table as food (Bettany and Kerrane).

Then follows an examination of how the subjective wellbeing of Chinese teenagers is strongly tied to eating as a family rather than with peers (Veeck, Yu, Zhang, Zhu and Yu) and we learn how this can lead to sources of friction, among adult children, that can be resolved or mitigated through food practices outside the home (Yau and Christidi). Extending this theme of intergenerational socialisation into the older stages of the family life cycle, Trees and Dean examine the re-establishment and strengthening of familial links in old age when parents are cared for by their adult children. In a shift towards health and well-being we learn how the food well-being of women in poor rural families in India, while being constrained by entrenched gender and power hegemonies, can also be challenged by recognizing and remunerating women’s care work and encouraging men to participate in food work (Voola, Voola, Wiley, Carlson and Shridharan). The theme of intergenerational transfer of dietary knowledge, identified in several of the invited commentaries, is revealed as managed and negotiated by the dietary gatekeeper in a comprehensive, longitudinal study among Australian families (Wijayaratne, Reid, Westberg, Worsley and Mavondo). Finally,
completing the international perspective of the special issue, along with an interest in food traditions and practices, we see how one long established advertising campaign, through a process of iconisation and the symbolic invention of the ‘modern family’, successfully reinvented breakfast in Italy (Pirani, Cappellini and Harman).

The Special Issue ends with a section of four invited commentaries from five key scholars from different disciplinary streams and yet all working broadly in the area of family and food. Linda Price and Amber Epp open the commentaries with their comprehensive review of how food practices create, realise, and 'assemble' families. They invite more work on these ideas about how the intergenerational transfer of food practices make for family and family life. Peter Jackson, in his nuanced reading of an IKEA advertisement, reveals the ways in which even convenience and commercial fast food can be overlaid with emotional value to serve as a means of constructing, rebuilding, linking across generations and even reimagining the idea of family. His own research often affirms that the use of commercially produced food can 'cross back' over the commodity barrier to contribute to building and supporting family values. Charlene Elliott questions the very fluidity of our definitions around who might be called a 'child ', and considers the implications of this for family life as well as for the commercial and marketing worlds. Elizabeth Moore, similarly, looks at intergenerational influences across the life stages and lifecycle of the family itself and calls for more intergenerational research to examine the ways in which children's food preferences are shaped in terms of how parents choose which food practices to keep and which ones to discard.

We hope that this Special Issue stimulates discussion about how food serves to create and reinforce familial emotional structures and how inextricably and inherently the two are
linked. Across all of the papers food emerged as an emotional 'glue' during family life stage changes, recreating practices of 'familyness' and love in times of precariousness for the family structure (Jackson).

We acknowledge all the valuable work done by the reviewers for this Special Issue, and offer a sincere vote of thanks to them all

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Teresa Davis’s main research interests lie in two areas. The first is in children as consumers, particularly the relationship between advertising and marketing of food, especially in the online context. The second area is culture and consumption where her interests lie in examining 'cultures of transition' such as consumption of/in childhood and migrant groups. Teresa has published in Sociology, European Journal of Marketing, Journal of Marketing Management, Marketing Theory, International Journal of Consumption Studies, and Consumption Markets and Culture. Teresa is Co-
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Margaret Hogg’s research examines the relationship between identity, self and consumption. She has been Associate Editor (Buyer Behaviour) for the Journal of Business Research since 2013. Her work has appeared in the Journal of Advertising, Journal of Business Research, Journal of Services Marketing, the European Journal of Marketing, International Journal of Advertising and The Sociological Review. She is a co-author of the 7th European Edition of Consumer Behaviour: A European Perspective (Pearson, in press). In 2017 she won the Student-led Teaching Award for Postgraduate Teaching/Supervision at Lancaster University.

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David Marshall’s research centres on understanding consumer behaviour, as a key component of marketing. This includes work on the family around food choice and eating rituals, food access and availability of healthy food; and children’s discretionary consumption in relation to food advertising and marketing. Research projects have been funded by the ESRC; the Food Standards Agency, Scotland; and the Leverhulme Trust. He edited *Understanding Children as Consumers* (2010) and was co-editor on *The Practice of the Meal* (2016). He has published in *The Sociological Review, Journal of Marketing Management, Consumption, Markets and Culture, Appetite, International Journal of Epidemiology,* and *Journal of Human Nutrition.*

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Tanja Schneider’s research is situated at the intersections of science and technology studies
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