<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>09.00</td>
<td>Conference Registration and Exhibition Open</td>
<td></td>
</tr>
<tr>
<td>09.45</td>
<td>Welcome from Joanne McMeeking, Head of Improving Care Experiences, CELCIS and Conference Chair</td>
<td><strong>Keynote</strong> Laura Steckley, University of Strathclyde and Ruth Emond, University of Stirling</td>
</tr>
</tbody>
</table>
| 11.15     | Coffee break and move to workshops                                     | W1 Continuing Care and the developmental journey
Staf and CELCIS
W2 Achieving greater milestones: how developmental approaches lead to positive destinations
Perth and Kinross Council
W3 Getting it right for staff
St Mary’s Kenmure
W4 How does Scotland need to change for care experienced people to have a lifetime of equality, respect and love?
Who Cares? Scotland
| 13.00     | Lunch                                                                 |                                                                                                   |
| 14.00     | Plenary                                                               |                                                                                                   |
| 15.00     | Comfort break and move to workshops                                    | W5 Clearing the way for creativity
Arts in the City, Musicplus, The Sound Lab and CELCIS
W6 Re-writing the script: the great outdoors
Aberlour Sycamore Services
W7 Distorting child development: time to rebalance protective factors with risk
University of Strathclyde
W8 Claiming our space: influence through participation
South Ayrshire Champions Board and South Ayrshire Health and Social Care Partnership
| 16.30     | Exhibition & networking time                                          |                                                                                                   |
| 18.00     | Drinks reception                                                      |                                                                                                   |
| 18.30     | SIRCC awards ceremony                                                 |                                                                                                   |
| 20.00     | Conference dinner                                                     |                                                                                                   |

**Wednesday 6 June**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>08.45</td>
<td>Conference Registration and Exhibition Open</td>
<td></td>
</tr>
<tr>
<td>09.30</td>
<td>Welcome from Joanne McMeeking, Head of Improving Care Experiences, CELCIS and Conference Chair</td>
<td><strong>Keynote</strong> Dr Michael Smith, NHS Greater Glasgow and Clyde</td>
</tr>
</tbody>
</table>
| 10.45     | Coffee break and move to workshops                                     | W9 The new Standards: working with inspectors to achieve high quality residential care
Care Inspectorate
W10 FASD: a hidden developmental disorder
University of Edinburgh, Scottish Government and Adoption UK
W11 Education psychology services and you: what difference can partnership working make to outcomes for our young people?
Dundee City Council
W12 The cool graphic designer: engaging with children and young people in care
University of Edinburgh and the Good Shepherd Centre
| 12.30     | Lunch                                                                 |                                                                                                   |
| 13.00     | W13 A developmental approach to families
Parent Advocacy and Rights (PAR) |                                                                                                   |
| 13.30     | W14 Writing to the child: creating cultures, learning and developing in residential child care
Care Visions |                                                                                                   |
| 15.00     | W15 Putting a stop to stigma! Supporting our LGBTi young people in residential care
St Mary’s Kenmure |                                                                                                   |
| 15.00     | W16 Animal magic: enhancing compassionate and nurturing care
University of Stirling |                                                                                                   |
| 16.00     | Close of conference                                                   |                                                                                                   |

*Please note that this programme is provisional and titles of presentations and named speakers may be subject to change before the conference.*
Workshop 1  
**Continuing Care and the developmental journey**  
Young people’s journeys from care continue to be driven by timelines dictated by a bureaucratic system, in which aims laid out in policy and legislation are at odds with evidence, practitioner experiences and the young people themselves.  
Recent changes in policy are paving the way for change across the care landscape in Scotland, by ‘encouraging, enabling and empowering’ looked after young people to delay their transition and continue to thrive within positive care placements. Our workshop will explore these themes and issues, reflecting on current thinking and practice and will offer a place for creative and constructive conversation.  
**Presenter(s):** Kenny McGhee, CELCIS, Pamela Graham, Staf

Workshop 2  
**Achieving greater milestones: how developmental approaches lead to positive destinations**  
FYI (Fun Young Individuals) is a group of care experienced young people from Perth and Kinross who work together to create positive change in the care system. Over the course of a six-month period in 2017, FYI created a film called Milestones. They wanted it to reflect their lived experiences, and most importantly, they wanted the film to highlight that looked after young people are ambitious and capable of achieving their goals if a creative and developmental approach to their care is adopted early on in their journey.  
Join us to watch the film, hear about the aims and experiences of making it, and how you can consider your working relationships in response to the developmental aspects of children’s everyday lives.  
**Presenter(s):** Gary Brown, Jane Westall, Perth & Kinross Council, FYI members

Workshop 3  
**Getting it right for staff**  
For staff working with some of our most vulnerable children and young people, it is important we offer a structured framework of support, so that they are best placed to guide young people to follow and achieve their dreams. With the emergence of the impact vicarious trauma has on workers, both personally and professionally, it’s key for residential managers to go beyond the realms of ‘supervision’.  
Our workshop will take you on a journey through the development of an innovative and exciting framework which does just that, and is based on SHANARRI wellbeing indicators. We’ll share the early evaluation stage of the framework, along with other key areas of work which promote the mental wellbeing of our staff, such as mindfulness and CBT. You’ll learn how to use such a creative tool within your own service, as well as develop a deeper understanding of key issues affecting residential staff.  
**Presenter(s):** Carole Dearie, St Mary’s Kenmure

Workshop 4  
**How does Scotland need to change for Care Experienced people to have a lifetime of equality, respect and love?**  
This workshop will be led and facilitated by Who Cares? Scotland staff and membership representatives. Following a brief introduction to Who Cares? Scotland activity and model, our intention is to create space for personal reflection to consider the question in the work shop title. You’ll then engage with each other in groups of increasing size to generate the conditions for meaningful dialogue, where the ability to el-  

The end ‘product’ from the dialogue will be a response to the question in the form of a set of aspirations which will be crafted through discourse and collaborative thinking. At each stage participants will be asked to reflect on their experience of the process.  
**Presenter(s):** Craig McCreadie, colleagues and young people, Who Cares? Scotland
Workshop 5
Clearing the way for creativity
Join us as we explore the importance of music and creativity in developing meaningful relationships with young people, sharing a practical knowledge of working models and how these can be brought into your residential setting. The Scottish Music Centre, with Includem, The Sound Lab and Arts in the City is delivering a range of music workshops for care experienced young people, within and outwith residential facilities. The project is aimed at reducing the barriers that care experienced young people, particularly those from a residential background, can face in accessing creative opportunities.

Based around the young person, rather than a teacher-pupil type of tuition, it approaches each young person on an equal basis. Crucially, as well as inspiring young people, the project also aims to inspire the workers, so that music and creativity can be recognised as a positive engagement method. Our aim is for you to leave motivated to try out some of the activities in your practice.

Presenter(s): Moyra Hawthorn, Moyra Hawthorn, CELCIS, Sace Lockhart, Musicplus, Naomi Clark, The Sound Lab, Clare Macaulay, Arts in the City

Workshop 6
Re-writing the script: the great outdoors
At Aberlour Sycamore, our lifelong learning and residential teams work in partnership with the local community to provide fun and stimulating outdoor learning and play opportunities for our children and young people. From the beaches to the woodlands, from canal boats to kayaking, from rockpool ‘guddling’ to whale watching, we encourage our children to put down their Xboxes and experience the joy of play.

Join our workshop where we'll share how we have developed our outdoor programme and demonstrate how we link these experiences to the SHANARRI wellbeing indicators. We’ll also explore how the behaviour, confidence and self-esteem of our children and young people are improving.

Presenter(s): Daryl Bates, George Fisher, young people and residential staff, Aberlour Sycamore Services

Workshop 7
Distorting child development: time to rebalance protective factors with risk
Considering safety and risk is key in the day-to-day work of residential child care staff, yet, protective factors in child care are under-conceptualised and have been overshadowed by risk in social work assessments. We’ll explore the way professionals demonstrate critical thinking about protective factors when discussing young people who present a serious threat to other people. Findings from recent research data suggest that disconnect exists in professionals’ critical thinking between protective factors and risk, to the extent that the latter has deprioritised the former. This means that the assessment of risk has become an all-consuming activity that constrains the ability of professionals to protect young people and meet their needs in an informed way. Re-writing the script around protective factors will require less time spent on risk assessment and more on workers’ building trusting relationships with families and supporting them with problem solving.

Presenter(s): Gavin Heron, University of Strathclyde

Workshop 8
Claiming our space: influence through participation
Putting young people in the driving seat is a powerful example of a co-production approach, which places relationships at the very heart of delivering services. In South Ayrshire we’ve had an exciting few months designing and delivering training and awareness raising sessions for our Corporate Parents across South Ayrshire Council and Health and Social Care Partnership, hosting activity events for young people and their Corporate Parents which are informal, fun and dynamic and begin to build trusting relationships.

This workshop will take you on an exploration of participation using real stories and experiences to map the way. Participants will explore degrees of participation from tokenism to co-production through taking part in a range of activities set to open minds and broaden horizons.

Presenter(s): Olivia Khan, Alex Horne, Rose Donald, South Ayrshire Champions Board, Dawn Parker, South Ayrshire Health and Social Care Partnership
Workshop 9  
**The new standards: working with inspectors to achieve high quality residential care**

From April 2018, new Standards replace the National Care Standards published in 2002 and will be taken into account by the Care Inspectorate, Healthcare Improvement Scotland and other scrutiny bodies in relation to inspections, and registration, of health and care services. They are human rights based standards, underpinned by five principles: dignity and respect, compassion, be included, responsive care and support and wellbeing.

This workshop will consider what the new standards mean in practice for children living in, or moving on from, residential care, adults who support them, and those who manage or commission residential services.

**Presenter(s):** Henry Mathias, Charlotte Wilson, Young Inspectors, Care Inspectorate, Gordon Main, CELCIS

Workshop 10  
**FASD: a hidden developmental disorder**

In this workshop we’ll look at the developing brain and how it can be affected by alcohol at different stages of development. We’ll demonstrate and discuss the recently published Scottish Government Pathway for Diagnosis of FASD (Feotal Alcohol Spectrum Syndrome), particularly identifying how parents and carers and children and young people can initiate the process of assessment for this developmental problem. We’ll also look at what the diagnostic process involves practically, and what the experience would be for the person going through the process? We’ll finally discuss how having a diagnosis helps.

**Presenter(s):** Dr Patricia Jackson, University of Edinburgh, Dr Chris Steer, Scottish Government, representatives from Adoption UK

Workshop 11  
**Education psychology services and you: what difference can this make to outcomes for our young people?**

We’ll outline the partnership work between Dundee’s five residential child care settings and the Dundee Educational Psychology Service. The aims of the project include the implementation of a psychological approach to care planning, integrated across care and education; more effectively meeting young people’s mental health and wellbeing needs within their local communities; promoting and supporting school attainment and achievements; building the resilience of and helping maintain stability of placements; and providing a thorough understanding of the education system and all aspects of Additional Support Needs.

In our workshop, you’ll hear from residential staff about how this has changed their practice and we’ll share how this particular model of partnership working has influenced outcomes for young people.

**Presenter(s):** John Cooper, Caroline Corcoran, Jill Nixon, Dundee City Council

Workshop 12  
**The cool graphic designer: engaging with children and young people in care**

The workshop is aimed at engaging 9 to 15 year old young people, and the residential staff of services where they live. It’ll provide a demonstration of the construction of an online tool by directly engaging with children and young people in art and crafts activities and is aimed at designing the best interface and layout for the users. At the end of the workshop participants will be invited to a testing session of the online tool and to provide feedback.

Delegates will actively participate in the design of a tool used for research assessment as well as clinical practice. Young people will have the opportunity to have their say in the implementation of the design process and their contribution, if they give consent, will be acknowledged on the online platform hosting the questionnaire, as part of an online gallery of the contributors.

**Presenter(s):** Eleni Geragidi, Simona Di Folco, Dr Emily Taylor, University of Edinburgh, Alienor Lemieux-Cumberledge, Good Shepherd Centre
Workshop 13
A developmental approach to families
Delegates will have the opportunity to hear from parents about their experiences of care for their children: their feelings about not being able to look after their children, the good and bad experiences they have had, and how best to work with parents for the child’s best interests. Some parents in PAR have resumed care of their children, some have adult children who were on no contact, or supervised contact and on permanence orders throughout their care experience, and some are still working to regain contact. Some parents are care experienced themselves and feel that they are judged negatively for their own childhood experiences.
You’ll be encouraged to reflect on your own practice, and to use the workshop to explore how you might deepen and improve your engagement with parents and families. Delegates will be encouraged to reflect on their own practice, and to use the workshop to explore how they might deepen and improve their engagement with parents and families.

Presenter(s): Maggie Mellon, independent social work representatives and parents from PAR (Parent Advocacy and Rights)

Workshop 14
Writing to the child: creating cultures, learning and development in residential child care
There is a paradox at the core of how residential workers construct their professional identity. When residential teams were asked to reflect on the impact that writing to the child in daily case notes has had, a number responded that, “it required more thought.” When case notes have been reviewed by service and external managers it was noted that the tone and language was more accessible. It was also evident that staff were showing a higher degree of self-awareness, taking ownership of being an active participant in events of the day and an overarching sense of sharing the lived experienced of the young people in the service. The workshop is an opportunity to reflect on the impact of writing to the child and to consider what opportunities this could afford.
You’ll learn about the impact of how and what we write about our young people in the present and their future, what this says about values and beliefs in the service, and how we can create a space for staff to reflect on the events of the day and report on these in a contained and considerate way.

Presenter(s): Pam Hutchison, Suzanne Henderson, Lisa Veitch, young people and care leavers, Care Visions

Workshop 15
Putting a stop to stigma! Supporting our LGBTi young people in residential child care
Details to be confirmed

Presenter(s): Carole Dearie, St Mary’s Kenmure

Workshop 16
Animal magic: enhancing compassionate and nurturing care
We’ll share some of the messages from looked after children that having animals in their lives is important to them. We’ll link these messages to the health and social care standards, in particular, the principle of compassion.
We’ll also explore some of the research and evidence that for many looked after children contact with animals provides something special and magical, in addition to human interaction. This will be an interactive session, and will include footage of young people with pets and animals. They’ll describe the difference these animals make. Our young inspector volunteers will broaden out the discussion.

Presenter(s): Mary Morris, Gemma Watson, Young Inspector Volunteers, Care Inspectorate