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App Law Within: rights and regulation in the smartphone age

Dr Daithí Mac Síthigh
Lecturer in Digital Media Law
daithi.mac.sithigh@ed.ac.uk
Abstract
This paper assesses the regulation of smartphone ‘app stores’. At the outset, the adoption of smartphones and apps is noted, alongside the ways in which scholars and journalists have used these markets as the basis for the discussion of legal and economic issues. The importance (commercially and as a study in governance and control) of the iOS App Store (Apple) is highlighted. Part 2 deals with the relationship between Apple and app developers; three themes of Apple’s Guidelines are identified (content, development and payments), and the ways in which control can be challenged (through jailbreaking, ‘web apps’ and regulatory intervention) are scrutinised. Part 3 considers three ways in which apps are already regulated by law: the protection of consumers (particularly through the UK system for ‘premium rate services’), user privacy, and (in brief) the regulation of video games and video-on-demand services in Europe. Finally, in part 4, the tension between comparatively ‘open’ and ‘closed' app stores is highlighted; the problems of applying general provisions to emerging formats are emphasised. It is concluded that the emerging status of non-carrier app stores as neither retailer nor platform means that it is not yet possible to identify the form of regulation that is in operation, but that some steps are available to legislators that could shift the balance between closed and open models.

Keywords
smartphones, app stores, Internet regulation, e-commerce
1. Introduction

We're really trying our best to create the best platform in the world for you to express your talents and make a living too. If it sounds like we're control freaks, well, maybe it's because we're so committed to our users and making sure they have a quality experience with our products. Just like almost all of you are too

(iOS App Store Review Guidelines)

‘Smartphones’ (Internet-connected devices with both telephone and computing functions, typically equipped with a touch screen or keyboard) have come to prominence in the mobile phone market over a short period. In the US and in some European states, close to half of all ‘phones’ are smartphones, and the proportion has exceeded half in the UK.1 Younger users are adopting smartphones at a faster rate than others,2 and around 60% of current smartphone owners in the UK acquired their first smartphone within the last year.3 Some smartphones use an operating system devised by the manufacturer (e.g. Apple’s iPhone and iOS), but many devices share a third-party operating system (e.g. the range of devices running the Android OS). The Android OS is now the most widely used operating system, although the iPhone remained the most popular single device. Smartphones also form a part of the shift in Internet access from fixed to mobile. Already, the total number of mobile broadband subscriptions (including smartphones) in the world is twice the total of fixed broadband subscriptions4 (although a fixed connection may be shared with multiple users and/or be able to offer higher speeds). Not surprisingly, there are a range of user

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1 Lecturer in Digital Media Law, University of Edinburgh. Email: daithi.mac.sithigh@ed.ac.uk. Thanks to Emily Laidlaw, Eric Goldman, Lilian Edwards, Morten Hviid, Robert Sugden, Richard Cadman, Judith Rauhofer, Lisa Ramsay and Michael Froomkin for comments. Presented at the 2011 Policy Forum of the Society for Computers & Law, the 2012 Internet Law Scholars Works-in-Progress workshop at New York Law School, the ESRC Centre for Competition Policy, and as a guest lecture at the University of Strathclyde.


3 Ofcom (the regulatory agency for broadcasting and telecommunications in the UK) reports that a quarter of phones in use in the UK are smartphones, but that proportion rises to half in the case of users aged 16-24: Ofcom, ‘Communications Market Review 2011’ http://stakeholders.ofcom.org.uk/binaries/research/cmr/cmr11/UK_CMR_2011_FINAL.pdf 47-8, accessed 24 September 2012.

4 ITU, ‘Global ICT developments’ (last updated December 2011) http://www.itu.int/ITU-D/ict/statistics/ accessed 24 September 2012; the current estimate is 8.5 fixed wired broadband subscriptions per 100 inhabitants and 15.7 active mobile broadband subscriptions per 100.

guides on how to get the most out of your new smartphone, and journalist Brian Chen has recently published a thorough book on the legal, cultural and commercial significance of the iPhone.

Academic authors, too, use the smartphone as a tool for exploring new markets, business models, competition problems and the limits of intellectual property. Zittrain’s exploration of generativity takes the iPhone as a key case study, discussing its launch on its first page and returning to it as a quintessentially ‘tethered’ appliance; Grimmelmann and Ohm, in turn, reviewed Zittrain’s book and discussed the symbolic role of the iPhone within the theory of generativity and the reception of the book. Chen recognises at the outset of his book the tensions that the success of the iPhone illustrates. It is ‘the first gadget to come close to fulfilling our dream of the perfect device’ (incidentally, the core claim of Levy’s text on the iPod), yet ‘we give up some individuality, creative freedom and, inevitably, some privacy’ in adopting it. Naughton pursues a similar theme; the iPhone is ‘functional, enjoyable and perhaps even beautiful - but wholly or largely under someone else's control’. Separately, the role of the smartphone in relation to both media and information industries is a popular topic; Martin proposes that, from a marketing point of view, the smartphone is a ‘third screen’, after the first (television) and second (personal computer) screens. Even the UK tax authorities have had to consider the classification of smartphones, exploring the boundary between phones and computers.

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10 Chen (n 6) 10.
11 Chen (n 6) 6.
13 Chuck Martin, *The Third Screen: marketing to your customers in a world gone mobile* (Nicholas Brealey, Boston 2011) xvi.
14 HMRC, ‘Revenue & Customs Brief 02/12’ (20 February 2012) <http://www.hmrc.gov.uk/briefs/income-tax/brief0212.htm> accessed 24 September 2012. It previously treated smartphones as PDAs rather than mobile phones, which meant that they could not benefit from an exemption from benefit-in-kind provisions, because they were not ‘devices that are designed or adapted for the primary purpose of transmitting and receiving spoken messages and used in connection with a public electronic communications service’: Income Tax (Earnings & Pensions) Act 2003, s. 319(4). It now states that that approach is incorrect, and accepts that because ‘many modern consumer PDAs are now also likely to be smartphones’, smartphones (with both telephony and Internet functions) meet the criteria to be considered as mobile phones, although pure PDAs will not.
But a key consequence of this shift from phone to smartphone has been the development of the market for ‘apps’, which is the subject of this article and an opportunity to consider alternative responses to Zittrain’s provocation on the choice between open and closed models. For present purposes, the simple definition of apps is adopted, i.e. applications (including those developed by third parties) which run on a smartphone. In general, they are distributed through large retail platforms such as the Apple App Store or the Android Market. Some apps are free, others require the payment of a fee for download, and an important third category is apps that are free to download but require or permit in-app payment for additional content or functionality. There are currently over a million apps available, including 550,000 in the iOS app store and 450,000 on the Android Market. Apple has ‘celebrated’ (with great fanfare) its 25th billionth download, and it is also estimated that 29 billion app downloads (across all platforms) were recorded in 2011.

In his work on control and the DVD platform, Gillespie described the sector as being difficult to criticise because ‘no single element of this arrangement is solely responsible for its consequences, or for its missteps’. This is an apt description of the multi-facteted strategy of Apple, which relies, as will be shown, on statute, contract and more in order to be effective, and as such, Gillespie’s approach of looking at the exercise of control through different tools and upon different players (e.g. the network of relations between users, developers, manufacturers, and others). No more than for DVD, Apple’s strategy is not a free market one, but instead depends on law in order to protect a particular vision for the smartphone and app platforms. So although the marketplaces for apps are successful and many opportunities are available for developers to promote and sell their products, this does not negate the need for the relationship between store operators and app developers to be scrutinised (the subject of part 2 of this paper), nor the degree to which the success of apps prompts the consideration of the relevance of consumer and privacy laws (part 3), in order to achieve the goal of a truly critical analysis of freedom and control in the app ‘space’.

The models of regulation presented in this paper, particularly those pertaining to electronic programme guides and for premium rate telephone services (PRS), can contribute to the debate on the role of the iOS App Store and other app stores, although the technological and cultural differences between the app market and markets such as PRS mean that the objective of this exercise is to understand regulatory goals and tools rather than fitting apps within an existing category. The

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suggestion that existing tools in relation to consumer and privacy rights be used or extended is made in order to ascertain how public authorities could promote open platforms, or more precisely to minimise the (non-natural) advantage of closed platforms. As closed platforms already rely upon certain laws so as to remain closed, and apps on both open and closed platforms are already subject to various laws, it would not be a case of an unregulated space falling under new State control. Instead, this article will argued that laws could be used to promote user and developer rights, even if harm to competition is not demonstrated to the extent that a competition remedy would be appropriate.

2. Developer-focused issues

2.1 Introduction

In the ecosystem of the smartphone, as with the mobile phone before it, control matters. The manufacturer of the device benefits from implementing a controlled environment for apps, so that the user is reassured by their experience of using the smartphone. Close links with third-party developers may have financial consequences, too.\footnote{Mark de Reuver, ‘Governance of mobile service innovation after the walled gardens’ (2011) 13 info 43, 44.}

Nonetheless, there can be many ways in which disputes arise between the manager of a platform and the third-party developers who would wish to provide apps to users of that device. These proceed along various (and sometimes overlapping) lines. The focus in this section will be Apple’s iOS App Store and (primarily) the iPhone. As Apple has taken a deliberate, conscious decision to ‘police’ its store, its decisions have been the most visible contests over control and power in the public arena. Just as the rhetoric of new media has overstated the idea of disintermediation, without due regard to the persistence of intermediary control over content and commerce\footnote{Jack Goldsmith & Tim Wu, Who controls the Internet? Illusions of a borderless world (OUP, New York 2006).} or the combination of personalisation and bias that replaces one filter with another,\footnote{Eli Pariser, The filter bubble: what the Internet is hiding from you (Viking, London 2011).} tributes to the new opportunities presented by app platforms run the risk of playing down the significance of Apple’s role.

The App Store operates a preapproval process (enforced by a Developer Agreement and explained through Review Guidelines and Human Interface Guidelines), and it is this process which frequently triggers media coverage of the ‘rejection’ of an app. An iPhone, without modification, can only be used to download or run applications made available to App Store, so acceptance of an app in the iOS App Store is a critical part of any developer’s strategy. If approved, the revenue from an app is split, with 30% retained by Apple and 70% passed to the developer.

Apps are particularly important to the market success of the iPhone and a key feature in both purchase decisions and actual usage.\footnote{Martin (n 13) 34.} Because Apple’s system benefits from
integration with the pre-existing iTunes Store, credit card details are already stored, making the decision to purchase an app a very straightforward one, requiring no more than occasional re-entry of an existing password. Finally, because of the success of the iPhone, developers may find themselves complying with the more restrictive policies of Apple in respect of all their activities, i.e. promoting for practical and financial reasons an ‘App Store safe’ version on other platforms rather than creating separate versions for each.

Of course, other platforms are available, and indeed there are app stores with less detailed approval guidelines (e.g. Android Market) or without a preapproval process. To some extent, non-Apple smartphones are challenging Apple’s early success. However, they can themselves be criticised for being ‘too open’, when problems with spam or fraud are detected, this theme will be considered in part 3.

2.2 Markets and carriers

Prior to the development of the smartphone, mobile data access was concentrated in carrier-provided ‘walled gardens’. The term ‘carrier’ is used here to denote the provider of the mobile phone telecommunications service (e.g. o2 or Vodafone in the UK). Some secondary sources use ‘operator’ instead and this phrasing has been left intact where necessary. All carriers have billing arrangements (post- or pre-paid) with end users; most will operate a telecommunications network (interconnected with other networks), although some virtual operators will use the network of another carrier. A carrier may also be present in retail markets, e.g. high street stores. Carriers are typically regulated by telecommunications law and national regulatory authorities, and may be restricted by conditions associated with the grant of spectrum or of a licence to provide an electronic communications network or service.

As de Reuver puts it in a comprehensive reflection on the age of the walled garden, “the main advantage walled gardens offer to end-users is a consistent end-user experience, because all content has the same look and feel. In addition, billing, security and customer support are centralized at the operator to reduce complexity for end-users. From an operator point of view, walled gardens guarantee a large share of the revenues and reduce the risk to become mere connectivity providers”. Yet how much of this can also describe the iOS App Store? De Reuver’s first point, a consistent end-user experience, is a key part of Apple’s strategy. As well as the Review Guidelines discussed in this paper, many of which are clearly directed at consistency of user experience, Apple also sets out very detailed Human Interface Guidelines. The second point, of the centralisation of billing, security and customer support is more complex. Billing is indeed centralised in Apple’s case, through the

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26 Chen (n 6) 96.


29 Nicola Green & Leslie Haddon, Mobile communications: an introduction to new media (Berg, Oxford 2009) 146.
user’s single account, although there is a separation between this billing and the carrier’s billing system (i.e. the mobile bill of the user).\(^{30}\) Indeed, it was noted in 2010 that the key advantage of (hitherto less successful) carrier-operated app stores was that they could make use of the existing billing relationship between the carrier and the customer.\(^{31}\) Apple enforces security policy through its review guidelines (as discussed below), although customer support is divided between Apple and the developer of a given app. On de Reuver’s final argument, that walled gardens assist carriers in diversifying revenue streams, this too is applicable in the case of Apple, although of course it is ensuring that it is not just a hardware provider – appropriate, perhaps, for the company which dropped the ‘Computer’ from its title some years ago.

It can be observed, therefore, that Apple shares some tools and objectives with carriers. By doing so, it may diminish the role of the carrier.\(^{32}\) However, this is not a like-for-like replacement, for two reasons. The first is that a number of the features of an carrier’s walled garden (probably the smaller part) may not be ‘inherited’ by Apple. The second and related reason is that for an iPhone (although not an iPod Touch), it is not currently possible to sideline a carrier entirely, given the nature of mobile phone networks. Indeed, the iPad is available with a mobile network SIM card. So Apple and carriers compete for influence over the user experience.

Indeed, Apple’s role is defended by some developers through comparing it with the former role of carriers. The CEO of Rovio (responsible for Angry Birds) explains that smartphones have an advantage over previous generations of phones-as-platforms, as the phone company has much less influence over the range of games that are available;\(^{33}\) he criticises the former system as a ‘carrier-dominated Soviet model’. A commentator on mobile marketing argues that smartphone apps allow a direct relationship to be built between user and brand, instead of it being subject to the control of the carrier.\(^{34}\) A more nuanced approach is found in the view of a vice-president of Skype, who noted that the customer experience is enhanced, despite some developer frustration with the process, by ‘having certain processes in place to approve apps is important, otherwise it will be a total free for all’.\(^{35}\)

Carriers cannot yet be written out of the picture, either. A number of reports have (with varying degrees of credibility) argued that carriers are losing out to app-based and other alternatives to its own services, such as smartphone-based instant messaging replacing billed SMS and MMS,\(^{36}\) and are considering possible responses.

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\(^{30}\) The significance for regulation of different billing models is considered in part 3, below.

\(^{31}\) ——, ‘Mobile industry focuses on apps’ (Screen Digest March 2010) 77.

\(^{32}\) It has been argued that contrary to criticism of the power of carriers (by those who, for example, favour wireless net neutrality), the success of Apple in negotiations demonstrates that this power is limited: Robert Hahn and others, “The economics of ”wireless net neutrality”” (2007) 3 Journal of Competition Law & Economics 399, 430.

\(^{33}\) Peter Cohen, ‘Angry Birds CEO: we really have Apple to thank’ (LoopInsight 28 February 2011) <http://www.loopinsight.com/2011/02/28/angry-birds-ceo-we-really-have-apple-to-thank/> accessed 24 September 2012.

\(^{34}\) Martin (n 13) 3

\(^{35}\) Russ Shaw, speaking at Westminster eForum, ‘Smartphones, tablets and apps’ (London, 1 March 2011), transcript on file with author. Declaration of interest: this comment was made in response to a question put by the author.

In a less adversarial fashion, developers may wish to foster relationships with carriers. Facebook, for example, is reaching out to carriers who could, as the New York Times put it, ‘help it make money from its hundreds of millions of mobile users buying games or music on the social network’. Indeed, Facebook has a particular need for a payment platform; it would struggle, for example, to use Apple’s payment systems for functions of this nature, and an integrated payment platform across Facebook (whether on a website, smartphone, etc) would surely be popular.

App developers more generally may, particularly if a significant number of platforms succeed in becoming established, see the benefits of developing a single app and making it available on multiple platforms. We even have a word for this already, a buzzword already associated with electronic media: ‘crossplatform’. This may not be straightforward, though, where there are differences between review guidelines and payment mechanisms, so it may be more like the ‘porting’ of games from one restricted platform to another.

It is possible to point to the diversity of available apps as evidence that a controlled environment can still promote innovation, and opponents of net neutrality argue that non-neutral platforms such as the iOS App Store are valuable for consumers and innovators. However, criticism of the store and of Apple should not turn on innovation alone, particularly in relation to freedom of expression. We can now look at these guidelines in more depth.

2.3 Review Guidelines

Controversial aspects of the iOS App Store Review Guidelines can be divided into three overall ‘themes’: rejection on content grounds (including some competition-driven restrictions), rejection on development grounds, and the regulation of transactions.

2.3.1 Theme 1

From launch, the App Store required compliance with content restrictions as a condition of an app being made available in the store. The system of prior scrutiny applies to all apps provided by parties other than Apple, whether they are free or charged for. In 2010, the guidelines were published (to developers), accompanied by a press statement from Apple, and they have become available on the Web through republication.

Some requirements go to the function of the app, particularly where that is linked with the use of the smartphone itself. A good example is guideline 2.4, prohibiting the use of the phone’s location features to control vehicles or aircraft. Others are about the app in its own right. Guideline 2.11 allows duplicates to be rejected, while the following guideline 2.12 allows for ‘not very useful’ apps or those not providing any

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37 Ibid.
‘lasting entertainment value’ to be rejected too. Here, we see Apple’s role as very different to that of an open platform, inserting a quality threshold rather than providing a platform open to all who comply with requirements of legality. Indeed, it goes further than the typical ‘taste’ requirements of many standard terms of use of web 2.0 hosting services, who may decide to go beyond the requirements of the law and restrict certain legal but controversial content, but otherwise not be concerned with the usefulness or value of the uploaded material.

The guidelines do include the forms of content regulation akin to that of codes of practice utilised in the media and new media more generally. This process is understandably controversial, with early reports discussing the rejection of a book-reading app which allowed access to the Kama Sutra and a ‘baby shaker’ game, which was at first approved and subsequently removed. In early 2010, the original restrictions were made more restrictive, at a time where they had not yet been published.

Apps that are ‘defamatory, offensive, mean-spirited, or likely to place the targeted individual or group in harms way’ will be rejected. Of course, while defamation may be an issue for litigation, mean spirits (without more) are unlikely to trouble the courts. In reaction to controversial incidents, such as the pre-Guidelines rejection of a cartoon app by Mark Fiore (memorably reported by Wired as Apple banning a ‘Pulitzer-winning satirist for satire’ and a frequently-used illustration of Apple’s approach to censorship), the current guidelines provide, curiously, that ‘professional political satirists and humorists are exempt from the ban on offensive or mean-spirited

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commentary’. One wonders how professional is to be interpreted in this context and there is no clause of this nature to be found in approval guidelines elsewhere. Of particular significance to the games sector (which is considered further, below) is guideline 15.3, which prohibits in-game ‘enemies’ from being a real government or corporation.

With the launch of the iPad, further problems arose regarding Apple’s policies on appropriate content; the iOS guidelines remained the same, but the new opportunities presented to developers by the functions and screen size of the iPad was a new opportunity for conflict. Even an application based on James Joyce’s Ulysses, no stranger to censorship at the time of its first release as a work of literature a century ago, found itself the subject of restrictions.

New applications of the guidelines continue to be seen. Showing perhaps a further lack of understanding of irony, the Phone Story app (which criticised the manufacturing of iPhones and the labour practices of Apple’s contractors in China) was rejected, because it violated guidelines including the prohibition of "violence or abuse of children" (15.2), and "excessively objectionable or crude content" (16.1); again, reports focused on the decision as a signal of the power exercised by Apple and the significance of the guidelines, as well as its availability on other platforms.

The guidelines now appear to have entered a period of stability, although there are occasional changes. One which demonstrates the use of the Guidelines as a response to the perceived threat of regulatory intervention is new guideline 22.8 on the publication of drink-driving checkpoint information, inserted in response to criticism from senators in the United States.

2.3.2 Theme 2

The desire for developers to make an app available on more than one platform is easy to understand. This was hampered, though, by guidelines introduced in early 2010, which required the use of Apple tools. This was seen as a particular blow to Adobe, which had promoted development tools where an application could be created within that tool and then ported with little extra effort to appropriate formats for various stores. The FTC is reported to have been interested in this matter, but the criticised

52 Chen (n 6) 98.
clauses in the Developer Agreement are no longer in force.\textsuperscript{53} These clauses also attracted the attention of the European Commission, which opened an investigation into the programming requirements, which the Commission noted ‘could have ultimately resulted in shutting out competition from devices running platforms other than Apple’s’.\textsuperscript{54} It too closed its investigation after the changes of September 2010.

More generally, it is very difficult to use the iPhone for the purpose of writing software. The much-praised Scratch application (used to teach principles of programming within computer education) could not be approved,\textsuperscript{55} as its very nature (creating code which runs within the application rather than by utilising Apple’s systems) violated the then Developer Agreement.\textsuperscript{56} This was criticised by a number of programmers as a long-term risk to promoting ‘tinkering’ and the development of computer skills by young or inexperienced users.

2.3.3 Theme 3

Along with the iPhone and the iOS App Store, a third integrated feature of the app economy is the In App Purchase system. IAPs use the same user account (and stored card details), but are subject to two complementary restrictions. Guideline 11.2 requires all in-app purchases (e.g. for buying content for use within the app, or to unlock a level in a game) to use IAP, while guideline 11.3 prohibits the use of IAP for goods and services to be used outside the application. The workaround used by some (most obviously Amazon) of providing a link (in the app) to a website for purchase\textsuperscript{57} has been blocked by Apple, with guideline 11.14 (formerly 11.13) preventing the approval of an app which contains a ‘buy’ button linking to the non-app purchase of content for use within the app. However, it remains possible, in accordance with guideline 11.13 for content bought outside of an app to be used within an app without using IAP, but the user must find their own way to purchasing it, and this only applies to magazines, newspapers, books, audio, music, and video. A requirement for such purchases to be available within the app at the same price or better is no longer included.

Again, the cumulative effect of these rules may present an obstacle to crossplatform strategies, although the benefit for Apple (and perhaps the consumer) is that iOS transactions are directly linked with the existing Apple account of the user. IAPs, of course, engage the 30%/70% revenue split, which has not gone unnoticed by content providers.

Even more controversial are the implications for subscriptions. This is a significant part of the business model for some apps, such as those launched by certain news

\textsuperscript{53} In particular, we are relaxing all restrictions on the development tools used to create iOS apps, as long as the resulting apps do not download any code. This should give developers the flexibility they want, while preserving the security we need.’ Apple (n 39).


\textsuperscript{55} Chen (n 6) 102-3.

\textsuperscript{56} The current provision (‘an Application may not download or install executable code. Interpreted code may only be used in an Application if all scripts, code and interpreters are packaged in the Application and not downloaded’) still presents an obstacle, and the development of an alternative app for Android is making use of Flash, so would also not be suitable for the iPhone.

providers. Although not originally covered by the guidelines, the subsequent extension of the purchase restrictions to subscriptions makes it difficult to provide a non-IAP system for subscribing to content. The objections of newspapers are not just to the financial link with Apple but also the loss of control over the data (e.g. contact information) of (in-app) subscribers – a long-standing source of importance to newspapers. As discussed below, this has led to some drastic measures being taken by publishers.

It has been shown how the Review Guidelines play a significant role in governing the development of apps. The main observation of this section has been that the guidelines pursue multiple objectives, and are modified in connection with objections and observations from various parties. With this exercise of power in mind, then, we can turn to the ways in which the guidelines can be circumvented or disregarded, should an objection not be dealt with through amendment.

2.4 Challenges to the Guidelines

2.4.1 Jailbreaking

The reason that the Review Guidelines matter so much is that the iPhone, by design, will only download and run applications from the iOS App Store. By modifying the operating system (so-called ‘jailbreaking’), a user will be able to download and run other (unapproved) applications. However, there are a number of obstacles to the widespread adoption of this approach. It may invalidate the user’s warranty. An update of the operating system will probably undo the modification; the update could be blocked, but this may create a security risk or make some functions or apps difficult to use.

The status of modification under copyright law also makes it a less attractive proposition than it would otherwise be. In the US, the circumvention of technological protection measures that controls access to protected works is prohibited. However, a periodic rulemaking procedure allows for specified uses to be approved by the Library of Congress. In 2010, this procedure led to an exemption, proposed by the Electronic Frontier Foundation, for enabling operability of lawfully obtained apps with mobile phones. For the latest review, the EFF has proposed renewal of the ‘smartphone app’ clause (revised to include tablets, too) as well as a new provision on modification of game consoles, and another organisation has proposed a general clause on installation of lawfully obtained software on any personal computing device

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59 Chen (n 6) 104.
61 17 USC 1201.
62 37 CFR 201: “Computer programs that enable wireless telephone handsets to execute software applications, where circumvention is accomplished for the sole purpose of enabling interoperability of such applications, when they have been lawfully obtained, with computer programs on the telephone handset.”
(including tablets and e-readers). The lack of a process of this nature is a significant weakness of the European regulation of DRM.

Cases regarding the modification of computer game consoles have seen a demonstrable widening of the scope of copyright law, which adds to the doubt outside of the US. In the UK, the weaker anti-circumvention provisions in respect of computer software, as compared with other works protected by copyright), has been effectively eroded through identification of the impact of modification on the protection of underlying works. This can entail arguing that the works of visual art in a game are ‘copied’ to a screen, and therefore that modification facilitates infringement of exclusive rights in artistic works. Findings in favour of ‘modchips’ in Australia have been abrogated by statutory change. With this in mind, the restrictions on the development or commercial exploitation of ‘devices, products or components’ which have a primary purpose of circumvention hamper the growth of jailbreaking.

2.4.2 Alternatives to apps

Developers may still choose to make their products available to iPhone users outside of the App Store without needing the user to modify the device, often as a ‘web app’, i.e. a website available in the usual way but added to the home screen by the user alongside actual apps. Apple also advises that apps are ‘different than books or songs, which (it does) not curate’, remarkably advising those who want to describe sex to ‘write a book or a song, or create a medical app’ and those who want to criticise religion to ‘write a book’.

The Financial Times took the ‘web app’ route, expressly to avoid having to comply with Apple’s payment requirements. However, this decision may still require serious consideration of what is being gained and lost. It was alleged in 2011 that ‘web apps’ promoted for running from the home screen would run slowly, because of the lack of priority given to the JavaScript engine on the iPhone. Apps may also be able to run more efficiently through local storage of data and some functions may

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67 R v Gilham [2009] EWCA Crim 229 [24], [28]
71 Martin (n 13) 10 (discussing cars.com)
simply ‘work better’ in apps than as a web page.\textsuperscript{72} Non-app solutions do depend to some extent on the adoption of standards for smartphone websites; Facebook has recently noted its support for this campaign, with the New York Times noticing the strategic implications, explaining the issue as one of enabling browser-based apps ‘instead of going through Apple’s and Google’s stores’.\textsuperscript{73} However, Facebook itself appears to have noted the shortcomings of the HTML5 route and adopted a native approach.\textsuperscript{74}

Furthermore, Apple has taken a hard line against the use of Flash,\textsuperscript{75} which among other things is the method by which a significant part of the web-based ‘casual games’ sector operates. Although this may represent missed sales,\textsuperscript{76} and other smartphones support Flash,\textsuperscript{77} the late Steve Jobs explained that allowing Flash would cause problems ranging from battery life to security to the difference between touch- and mouse-based operating systems. Jobs’ statement praises the openness of HTML5 as compared with the ‘100% proprietary’ Flash. The praising to openness is of particular interest, in the light of the approach to the App Store discussed in this paper.

\textbf{2.4.3 Opening up the app store (I)}

There are various tools by which individual decisions and the overall approach of Apple can be challenged. At the decision level, Apple has recently introduced a ‘Review Board’ for developers to seek the review of a decision. This does not (as compared, say, with the PEGI rating system for games across the European Union)\textsuperscript{78} appear to provide for non-developer appeals. Discussion of rejections on the Internet is also not unusual, and there are sporadic attempts to catalogue rejections,\textsuperscript{79} although Apple discourages this approach: ‘(if) you run to the press and trash us, it never helps’.

Rejection decisions are never published by Apple; this is a notable difference to content rating preapproval systems (e.g. for films and games) and complaint-driven systems (e.g. for advertising), although as Apple is acting alone rather than as an industry-wide self-regulatory body, it is not entirely unsurprising. It remains


\textsuperscript{73} Prodhan (n 36).


\textsuperscript{78} Damien Tambini and others, Codifying Cyberspace : communications self-regulation in the age of Internet convergence (Routledge, London 2007) 190-198.

interesting to note that some Web enterprises have made great steps in taking a more open approach to externally-driven decisions to remove content, without applying the same (laudable) philosophy to its own decisions. Twitter has joined Google in publishing DMCA takedown notices on the Chilling Effects website, which means that we know an awful lot about when, why and which rightsholders affect what we see on Twitter, but as little as ever about how Twitter affects what we see on Twitter.

2.4.4 Opening up the app store (2)

Occasional issues of competition and telecommunications law also point towards potential regulation of the iOS App Store. The cause celebre here is that of the Google Voice app, which was not approved (but not rejected either!) in the earlier days of the store. The FCC investigated the matter, but during the investigation, the app was accepted.80

Walden and da Correggio Luciano argue that the management of the App Store is the ‘equivalent of a printer manufacturer only allowing cartridges made by it or approved by it to be used in its printers since only Apps approved by Apple may be downloaded from the App Store to non-jailbroken iPhones’.81 It is an interesting choice of analogy, particularly as the question of cartridges has been the subject of mixed treatment in European law.82

However, their subsequent statement that ‘if considered dominant in the market, Apple’s conduct could be considered abusive as it reduces the choice of consumers’ demonstrates the caution with which this question is approached. One must, for example, consider at an early stage of analysis which ‘market’ is referred to: is it the market for iPhones smartphones, for operating systems, or the market for iPhone apps? In French cases regarding arrangements between Apple and Orange, it was found that the combination of design and features made the iPhone distinct from other smartphones; lower courts had found that the market in question was smartphones (not all phones).83

80 Croft (n 72); Jason Croft, ‘Mobile computing: why you may never see some great apps’ (2010) AIPLA Antitrust News <http://ssrn.com/abstract=1601089> accessed 24 September 2012 (both arguing that the FCC would have good reason to find against Apple); David Waterman & Sujin Choi, ‘Non-discrimination rules for ISPs and vertical integration: lessons from cable television’ (2011) 35 Telecommunications Policy 970, 977 (drawing a parallel between this investigation and the wider consideration of net neutrality); Grimmelmann & Ohm (n 9) 949 (as an example of where there is ‘plenty still wrong with the iPhone’ despite moves towards generativity).


82 E.g. the earlier Pelikan/Kyocera and Info-Lab/Ricoh decisions, where the conclusion was that consumers could consider the aftermarket when choosing between products on the (competitive) upstream market, and the more recent EFIM decision, in which the complaints of third party manufacturers were rejected by the Commission and a subsequent appeal dismissed by the General Court in November 2011: Decision C(2009) 4125, affirmed by Case T-296/09, EFIM v Commission. See further discussion in Cleary Gottlieb Steen & Hamilton, ‘EC Competition Report October-December 2009’ <http://www.cgsh.com/files/Publication/b3d3755c-64dd-4080-b11a-7a7e58d9ff5e/Presentation/PublicationAttachment/4d8cea1c-4b49-4a47-93af-7b77094bf0a/EC%20Comp%20Report%204Q%202009.pdf> accessed 24 September 2012.

83 Cox (n 7) 18.
In general, the application of overarching competition law principles (e.g. abuse of dominance) may be difficult, not relevant for all apps, and is not the primary concern of this paper – although the lack of a competition remedy may itself be the basis of a critique of the appropriateness of this system for information technology or justify a particular approach. We therefore consider other regulatory approaches that are not dependent on general principles of competition policy.

Spectrum licensing in the 700MHz range subject to openness requirements is also presenting an opportunity for challenge, although even if successful, this would not have any application to app stores accessed through other carriers, as the specific requirements in 700MHz were new and, by definition, suggest that they are not required of carriers in general.

The regulation of electronic programme guides (EPGs) in the European Union may provide an interesting model for those concerned about the approval guidelines of the iOS App Store or of app stores more generally. EPGs facilitate user selection of TV services (and increasingly video-on-demand services too) through platforms such as cable and satellite. They are a significant part of the consumer experience of digital television: a good one is ‘more than just a useful tool’, as viewers can choose from a wide range of options and look at what is to be broadcast at later dates. In European Union telecommunications law, EPGs are a special case, with member states

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85 da Correggio Luciano & Walden (n 81) 10: ‘In the cloud computing sector, where, in the same way as in the ICT sector as a whole, network effects are likely to be strong, the non-applicability of competition law until dominance is attained could prejudice the goals of competition law’

86 Cox (n 7) 12: ‘Any (in my view erroneous) delineation of the relevant market which renders the upstream supplier a non-dominant undertaking might in the future lead to anti-competitive behaviour remaining outside the scope of EU competition law’

87 Francesco Liberatore, ‘Perspectives on mobile regulatory issues in the United States and European Union’ (2011) 32 ECLR 303, 307 (as part of a trend towards open access); Steven Levy, In the plex: how Google thinks, works, and shapes our lives (Simon & Schuster, New York 2011) 222-4 (explaining how Google’s policy goals of neutrality were achieved although it did not – and perhaps did not want to – win the auction); Gerald Faulhaber & David Farber, ‘The Open Internet: a customer-centric framework’ (2010) 4 International Journal of Communication 302, 331 (arguing that because the ‘open’ block reached a lower price than other blocks, the value of the spectrum was depressed by the commitment)


permitted by article 5(1)(b) of the Access Directive\textsuperscript{91} to impose access conditions (fair, reasonable and non-discriminatory – ‘FRAND’) on the provision of EPGs (in general, not just those with significant market power under telecommunications law or in a dominant position under competition law).

The implementation in the UK is through section 310 of the Communications Act, and a code of practice drawn up by the regulator, Ofcom.\textsuperscript{92} There are three key principles in the Code: ‘appropriate prominence’ for public service broadcasters, adjustments for disabled users, and most relevant for present purposes, that EPG operators make FRAND arrangements with broadcasters for inclusion in an EPG. This is not a right to be included, nor price regulation per se (although one operator is so regulated because of its market power), but a requirement to behave in a particular fashion when dealing with. The EPG codes of UK operators are easily available\textsuperscript{93} and the statutory provision and code have been considered before a court when a claim (for breach of contract) has been project by a television service provider against an EPG operator.\textsuperscript{94}

Of course, Apple already has guidelines (albeit not truly publicly available), and its pricing policy is clear (through its ‘cut’), but the overall safeguard of FRAND (itself a familiar approach in European IP and competition law) might be a more significant departure in practice. European law also regulates (in the context of digital television) conditional access systems (i.e. payment and encryption for subscription TV channels) and APIs.

2.4.5 Conclusion

The power of Apple in respect of the iOS App Store is tempered by the ability to ‘jailbreak’ and the opportunity to reach audiences through ‘web apps’. However, these responses are limited, and will require a certain degree of developer and user action. In terms of regulation, no obvious avenue for intervention has emerged, although it has been argued here that the (consumer-focused) European model of EPG regulation could be considered, particularly as competition law may not provide a remedy that satisfies the critics of Apple’s approach to control. In the next section, more directly consumer-facing remedies will be considered.


\textsuperscript{93} \text{http://www.dmol.co.uk/_data/assets/pdf_file/0012/76899/DMOL_LCN_Policy_V5_30_July_2012.pdf} (DTT Multiplex Operators, for the ‘Freeview’ digital terrestrial television platform); \text{http://corporate.sky.com/documents/pdf/20c24d2e1c62406594e1a79de5f917db/Allocating_listings_EPG} (Sky, satellite platform); \text{http://www.virginmedia.com/about/working-with-us/epg-listing-policy.php} (Virgin Media, cable platform)

\textsuperscript{94} \textit{JML Direct v Freesat UK} [2009] EWHC 616 (Ch); affirmed in [2010] EWCA Civ 34.
3. Citizen- and consumer-focused issues

3.1. Introduction

Smartphones and apps continue to develop as tools for ecommerce (i.e. beyond the purchase of the app itself). It has been observed that, so far, smartphones are more likely to be used for looking up prices or information rather than purchases, although there are plenty of examples of innovative use, ranging from paying for pizza in a restaurant through an app (charged to card or PayPal) to the continuing growth of ‘virtual goods’ in games and social networking sites. Perhaps the observation that smartphones are devices for consumption is an apt one, although combined with the management of platforms like the iOS App Store, this would suggest that the ‘generative’ PC model is a very distant one. This section will demonstrate how it is stores other than the iOS App Store that attract most attention in terms of consumer and privacy issues, and that across all app stores – the scope for game and broadcast regulation governing apps is beginning to become apparent.

3.2 Electronic commerce and premium rate services

Regulation of the app economy is under ongoing consideration in the UK, in terms of the law on premium rate services (PRS). PRS regulation is a departure from the overarching European framework for the regulation of telecommunications, which is no longer based on licensing, instead using a system of general conditions and ‘authorisation’ of services. The system is backed by statute (section 120 Communications Act 2003) but managed by an independent regulatory body, PhonepayPlus. It applies to content services provided through an electronic communications network or service, where there is a charge for the service, paid in the form of a charge for use to the provider of the communications network or service (e.g. on a phone bill) through which the service is provided. The regulatory scheme is primarily in terms of consumer protection (e.g. fairness in rates, maximum charges, dialing scams). Provisions also exist on harm and offence (less interventionist than in the case of broadcasting but more so than for telecommunications or Internet services in general), and on access by under-18s.

Interested parties have for some time been reviewing how the remit of PhonepayPlus can be effective when PRS is just one of a number of forms of ‘micropayment’. In a letter to the Secretary of State for Culture, Media and Sport, PhonepayPlus and a number of trade associations (AIME, MEF and UKCTA) argued that the PRS model could be useful for other forms of micropayment, that there were risks associated with

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98 ‘Content consumption will increase on mobile devices because they’re naturally geared towards consumption rather than creation’: Yaron Galai, founder of Outbrain, quoted in Martin (n 13) 91.
having different systems (framed in terms of weaker consumer protection and barriers to innovation). 99

The primary issue here is that there is a range of ways in which payments can be made, but only some of them fall within the terms of PRS regulation, and popular others (including many app stores) are clearly not covered. A report commissioned by PhonepayPlus and published in 2011 100 noted the trend towards fragmentation (i.e. in the different forms of payment in the market), but emphasised the particular importance of apps, which ‘will create significant new opportunities for micropayments, both for purchasing apps, and for purchases of digital content and services within apps’. 101 In the case of mobile, it identified risks of non-delivery of content (or poor instructions on how to download), susceptibility to unauthorised purchases, poor disclosure of terms and conditions or data charges, and cancellation problems. 102

PhonepayPlus has issued guidance 103 on the application of PRS regulation to app payments (in three categories: for download, in-app payments and ‘freemium’ models which combine free download with optional later payment). However, this only applies to payments that qualify as PRS, i.e. are charged to a phone bill or pre-paid account, but not payments ultimately taken from a credit, debit or pre-paid card. The guidance deals with familiar PRS issues, such as making the charge and future charges clear, as well as emerging issues, such as the application of consumer protection provisions to virtual currency (e.g. provision of information on exchange rates, expiry dates). Notably, though, it is carefully tailored to the app environment, with provisions on consent and receipts for in-app purchases, negotiating the need to protect the consumer with the developer’s desire to integrate something like a ‘power-up’ in a game into the overall game. A warning is also issued that ‘informing consumers of the price of extra items at the start of a video game or virtual world, and then charging them without further consent as soon as their avatar makes contact with extra items within the service’ needs positive, auditable advance consent (including the likely charges), if a finding of breach is to be avoided.

Ofcom (as the parent regulator) has had to consider whether charges to mobile phone bills for ‘portal’ content (i.e. paid by the user to the carrier) should be treated as PRS (as it met the statutory test); it determined (subject to further consultation) that these services should not be regulated in this fashion. 104 Services which allow third parties


101 Ibid 31.

102 Ibid 76.


to provide content to users, with the charge ultimately appearing on the phone bill, would continue to be considered PRS; the main service in the UK is known as Payforit. Although beyond the scope of the consultation in question, it is clear that payments to typical app stores (including in-app payments), on the other hand, will fall outside of the current approach to PRS without more, as the app store is not the provider of the communications service (the carrier is).

Furthermore, Ofcom in its capacity as broadcasting regulator has scrutinised the use of apps as payment mechanisms for audience participation. The reason for this is that the use of PRS in connection with broadcasting is now the subject of tight regulation in the UK, with an unusually specific condition included in broadcast licences, even requiring third party verification (as compared with the general approach of making compliance with the Broadcasting Code the condition and setting out the details of regulation in the Code). This resulted from a series of scandals in relation to the use of PRS, including quiz shows that appeared to do no more than raise revenue through ethically dubious questions, and phone-in voting that operated (and charged the caller) after the decision had already been made.

Illustrations of harm to consumers associated with apps emerges from both PhonepayPlus decisions and consumer complaints reported in the media. A number of examples of the former are available in the database of PhonepayPlus adjudications. The first significant case is that of Battery Booster UK, an Android app which after (free) download proceeded to send SMS messages to a premium rate shortcode. The terms and conditions of the app included the ability to send and receive SMS messages, but the document contained no reference to the premium rate service ‘subscribed’ to (for video clips). The PhonepayPlus tribunal found multiple violations of its Code and imposed a fine of £135,000. This particular business model has been at issue in other cases and has been highlighted by PhonepayPlus as a developing problem. Another serious case dealt with an app where agreeing to download the app (through two pages, the first the correct Android page and the second designed by the provider) triggered a chargeable text message with little notice to the consumer that any charge would apply; multiple breaches were recorded and a fine of £50,000 and other remedies determined. Fake battery boosters appear to be a particular source of difficulty, with another ‘free’ app, Battery Super Charger, being the subject of a later case, 300 complaints, and a fine of £75,000.


105 Broadcast Bulletin 169 (8 November 2010) 5-6; Broadcast Bulletin 186 (18 July 2011); Broadcast Bulletin 188 (22 August 2011).


107 Case 852607 mBlox (9 June 2011). This and all other decisions are available through the search service at http://www.phonepayplus.org.uk.

108 Case 01921 Echovox (1 September 2011).

109 Written evidence to the House of Lords Science & Technology Committee on malware and cybercrime, <http://www.publications.parliament.uk/pa/cm201012/cmselect/cmselectech/1537/1537vw.pdf> accessed 24 September 2012; see also section 7.2. of the PhonepayPlus app guidance (n 103).

110 Case 06161 Connect Ltd t/a SMSBill (16 August 2012).

111 Case 06655 Sight Mobile (2 August 2012).
A 2012 case dealt with errors in an Android video-on-demand app (TV2Go) where content was paid for by SMS; the result was a small fine and formal reprimand, but it does demonstrate that the choice of SMS payment (popular on Android where payment details may not be stored, but difficult on the iPhone due to Apple’s policies) means that formal external investigation of consumer complaints will be possible, where it would not be so possible for other payment methods. Further cases, with further fines and requirements to submit future offerings for preapproval involving (in part) the same payment provider (regarding compliance failures in subscription and unsubscription procedures) reinforce the importance of the available of this remedy.

Indeed, in-app payments continue to provoke a certain degree of public interest. This was best demonstrated in relation to the Smurfs’ Village app, which attracted complaints from parents after children made substantial in-app purchases of ‘smurfberry’, with bills of over $1000 being reported. This is a mainstream application (one of the highest ‘grossing’ in the iOS App Store) and, even after the original disclosure, continues to be the subject of news reports across the world and is held up as a case study for app-related consumer risk.

The clear objection to further use of a PRS-like system for apps is that it would create an artificial line between apps and the Internet more generally. However, if PRS or a version thereof is already appropriate for certain apps and for websites using Payforit, the artificial line is already present, and would just be adjusted rather than created anew.

3.2 Privacy

3.2.1 Privacy policies

A range of interesting issues in relation to smartphones and privacy have also been observed. Chen discusses the extent to which the Fourth Amendment protects (or does not protect) information stored on a smartphone, finding that law enforcement bodies have substantial opportunities to gain ‘access to a treasure trove of personal information’. The collection of location information by Google and Apple has also

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112 Case 02896 txtNation (19 January 2012).
113 Case 06717 Mobegen (2 August 2012); Case 08458 txtNation (16 August 2012).
117 e.g. Analysys Mason (n 100) 95.
118 Chen (n 6) 184-6.
been criticised. But the recent focus of attention has been the actions of app developers (and indirectly, the conduct of app stores and those responsible for operating systems). These issues have been characterised by regular ‘incidents’ of media interest, but also a developing interest in the question of apps and privacy by regulators.

Some of these interventions are based on overarching principles of privacy and the Internet. The Federal Trade Commission, for example, surveyed a range of apps and criticised widespread failures to comply with the Children’s Online Privacy Protection Act (COPPA) and the related rules, and has started to take action. However, the strategy and publicity can highlight the application of these provisions to apps. A further example of this phenomenon is the agreement between the Attorney-General of California and six app platform operators (including Apple and Google). The statement noted that the California Online Privacy Protection Act “requires operators of commercial web sites and online services, including mobile apps, who collect personally identifiable information about Californians to conspicuously post a privacy policy”, with app-specific detail that users will be able to view (from a consistent place on the relevant download page) a privacy policy before downloading the app.

The agreement also includes commitments to user education and reporting tools, but the most interesting facet, for the purposes of this article, is the commitment for the platform operators to include a field for privacy statements or links in the application submission / approval process for apps. This is a prudent recognition of the significance of the approval process, but a less benevolent reading is that it points towards the regulation of the approval process in the same way that other intermediaries are regulated so as to secure the objectives of various laws and policies. Indeed, the FTC is far from subtle in this regard, arguing that while the iOS App Store and Android Market provide ‘the basic architecture’ for communicating information to users, they ‘should provide a more consistent way for developers to display information’ on data collection and interactivity, perhaps in the store itself, because ‘as gatekeepers of the app marketplace, the app stores should do more’.

3.2.2 Apps behaving badly

The other feature of ‘app privacy’ is the regular highlighting of new or anticipated privacy problems in relation to apps. Frequently, these problems relate to the use of other information stored on the smartphone by an app, which recalls the very reasons for the success and importance of the smartphone, i.e. as a single, multifunctional

120 ——, ‘Mobile apps for kids: current privacy disclosures are disappointing’ (FTC Staff Report, February 2012).
121 Business and Professions Code, section 22575.
123 FTC Staff Report (n 120) 3.
device. Facebook has been criticised\textsuperscript{124} for developing apps that have the ability to access and send SMS messages on Android smartphones, although it responded that the function in question was part of the testing of SMS integration.\textsuperscript{125}

It will not be hugely surprising that this would not be possible on an iPhone, due to the restrictions associated with Apple's system.\textsuperscript{126} However, apps on the iPhone can, in terms of technology, access information stored on the smartphone such as a contact list (name, phone number, etc). This is restricted by the Developer Agreement, which requires consent to be sought before this information is accessed or uploaded, and the Review Guidelines, which provide (17.2) that 'apps cannot transmit data about a user without obtaining the user’s prior permission and providing the user with access to information about how and where the data will be used'. It has been suggested that greater protection could be ensured by building in the requirement for consent into the Apple API used for access to this data,\textsuperscript{127} and while a number of members of Congress were beginning to consider the matter, Apple agreed to do so in the near future.\textsuperscript{128} A social networking app, Path, was the subject of adverse media coverage for failure to comply with this requirement,\textsuperscript{129} provoking comprehensive reviews of the actions of a range of apps.\textsuperscript{130}

The privacy risks associated with the use of apps are clearly touching a nerve of sorts at the moment. The FTC has recognised this through the publication of new marketing guidelines\textsuperscript{131} and there are indications that privacy fears are having an impact on smartphone and app usage.\textsuperscript{132} Whether a clear theme has been identified is not easy to say. The situations discussed in this section, though, do point to the role of

\begin{itemize}
\item \textsuperscript{124} Robin Henry & Cal Flynn, ‘Smartphone apps that cash in on your privacy’ (\textit{Sunday Times} 26 February 2012) 10.
\item \textsuperscript{127} Chris Foresman, ‘Developers say Apple needs to overhaul iOS user information security’ (\textit{Ars Technica} 15 February 2012) <http://arstechnica.com/apple/news/2012/02/developers-apple-needs-to-overhaul-ios-user-information-security.ars> accessed 24 September 2012.
\item \textsuperscript{128} ‘Apps that collect or transmit a user’s contact data without their prior permission are in violation of our guidelines. We’re working to make this even better for our customers, and as we have done with location services, any app wishing to access contact data will require explicit user approval in a future software release.’ (Tom Neumayr, spokesperson for Apple, quoted in John Paczkowski, ‘App Access to Contact Data Will Require Explicit User Permission’ (\textit{AllThingsD} 15 February 2012) <http://allthingsd.com/20120215/apple-app-access-to-contact-data-will-require-explicit-user-permission> accessed 24 September 2012.
\item \textsuperscript{130} Dieter Bohn, ‘iOS apps and the address book: who has your data, and how they're getting it’ (\textit{The Verge} 14 February 2012) <http://www.theverge.com/2012/2/14/2798008/ios-apps-and-the-address-book-what-you-need-to-know> accessed 24 September 2012.
\item \textsuperscript{131} ——, ‘Marketing your mobile app: get it right from the start’ (FTC, 5 September 2012) <http://business.ftc.gov/documents/bus81-marketing-your-mobile-app> accessed 24 September 2012.
\end{itemize}
the app store in whatever solution emerges. With the Californian scheme relying to a
great extent on the store as a protector of privacy, and the affordances of the store
being a key factor in the extent of potential breaches more generally, there may be
some support for an interventionist approach to app approval, in so far as doing so
would protect user privacy. The problems of definition or medium specificity that are
highlighted in the discussion of ecommerce, above, are not apparent in the case of
privacy. Yet there is still a certain difficulty in reconciling the desire for store-based
regulation with the weaknesses of such an approach, as considered in part 2, above.
The paradox remains that a trade-off between self-protection and rights to expression
is the theme of the iOS App Store,133 but even if appropriate, the growth of the App
Store means that the ‘benefits’ of security may be lessened, as will be discussed in
part 4 of this paper.

3.3 Game and media regulation

In the consideration of consumers and citizens, we can finally develop the idea that
app regulation (in terms of the interests of the consumer and of the wider notion of
protection of the public) is a site of conflict between regulation through law and
regulation by Apple and others, through consideration of content regulation.

Smartphones are a popular platform for video games, without a doubt. The appeal of
Angry Birds (even to middle-aged prime ministers)134 is a visible manifestation of
games as apps and iPhones as gaming devices – although Angry Birds has gradually
expanded to other platforms, ranging from other smartphones to Facebook to board
games. This comes as a further development to a broader shift within gaming in what
Juul calls a ‘casual revolution’.135 Juul was writing before iPhone games took off, but
his identification of online Flash games in particular assists in explaining why the link
between gaming and apps is so important. Games and entertainment are the most
popular categories in the iOS App Store,136 while casual gaming developers are
already seeing the majority of their games available through app stores rather than
mobile carriers.137 This shift from mobile carriers to the Internet recalls the discussion
of carrier-developer relationships in part 2, although it also reduces the influence of
mobile-specific rating bodies, such as the Independent Mobile Classification Body,
IMCB. Yet the direct relationship between manufacturer and game developer is not a
new one, and Apple is just the latest manufacturer to play this role. Nintendo
developed the Nintendo Entertainment System (NES) as a family-friendly console
with significant restrictions in its early days of any depiction of drugs, ‘foul
language’, smoking and alcohol,138 and it can be observed that Apple’s approach
echoes this – although Nintendo has reduced its restrictions over time, to the extent

133 MacKinnon (n 46) 130: ‘In governing our access to and use of applications, Apple provides a
valuable service by shielding us from malicious criminals. But it also shows troubling disregard for our
political rights as citizens.’
(MA) 2010).
136 Tom Chatfield, Fun, Inc.: Why Games Are the 21st Century’s Most Serious Business (Virgin,
London 2010) 213.
137 ———, ‘Strong growth for Gameloft in 2009’ (Screen Digest March 2010) 55.
138 Dominic Arsenault, ‘The Nintendo Entertainment System’ in Mark Wolf (ed), The Video Game
Explosion: A History from Pong to Playstation and Beyond (Greenwood, Westport (CT) 2008) 109-
112, 111.
that the controversial *Manhunt 2* (at first, refused classification in the UK) is available on its Wii.  

Existing statutory schemes struggle to deal with apps, thus demonstrating the important role played by the private schemes. In the UK, the Video Recordings Act 1984 (which provides that some games require statutory classification) does not extend to games other than those supplied in physical format (e.g. on a disc or cartridge). Although the degree for exemption from the Act (excluding less problematic games e.g. those suitable for younger children) has been substantially reduced through amendment (adopted in 2010 and implemented in 2012), no change has been made to the position of games in the form of apps. The voluntary, European Commission-supported PEGI Online system does include some games not within the scope of UK legislation, but the focus is online version of existing console systems. The body that classifies games under the self-regulatory system in the United States, the Entertainment Software Ratings Board (ESRB), has suggested that its system should be used for games in the App Store. Recently, an agreement between the ESRB and the CTIA (a trade association for mobile phone carriers) provides for the use of ESRB ratings on carrier game stores (and Microsoft’s), but this does not apply to the iOS App Store or to app stores not associated with the participating parties (in particular, the Android Market). As such, the lack of participation by Apple and the Android Market may mean that the ESRB will have limited influence over apps more generally. Apple’s app rating scheme (assigned automatically in response to a ‘matrix’ filled out by a submitting developer) is one of four categories: 4+, 9+. 12+ and 17+, while the Android Market uses four categories (assigned in the same way) of Everyone, Low Maturity, Medium Maturity and High Maturity; neither can be aligned to any of the statutory or non-statutory schemes discussed here.

Australia’s elaborate scheme for the regulation of media content across platforms also demonstrates the difficulty of app regulation. Games are subject to statutory classification under a National Classification Scheme, while Internet content is also regulated through a regulatory authority (with the potential for it being ‘refused

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142 The new system was implemented and came into force on 30 July 2012, through amending the relevant amendments to the Video Recordings Act (SI 1164/2012 and SI 1766/2012), adopting new provisions on labelling (SI 1767/2012) and transitional provisions (SI 1764/2012) and the formal designation of the GRA by the Secretary of State. See further [http://www.videostandards.org.uk/GRA](http://www.videostandards.org.uk/GRA).
145 FTC Staff Report (n 120) 6.
classification’ i.e. banned, albeit not based on preclearance). It was determined in 2011 that ‘mobile and online games be treated similarly to other online content’ i.e. capable of being made available and complained about but not requiring the use of the games rating system unless the game was subsequently classified. Legislation to this end was introduced in late 2011, creating a category of ‘exempt online game’ for a two-year period, but is still under consideration by the Senate. In the meantime, the position of games and apps more generally has been considered during the major reviews of Australian media law.

Another class of apps, small in number but potentially associated with major media enterprises, may fall under the auspices of the Audiovisual Media Services Directive, because the app is the means of access to ‘TV-like’ audiovisual content, i.e. an on-demand audiovisual media services. In essence, the requirements under national law transposing the Directive relate to advertising, identification, and content (a prohibition on incitement to hatred and a need to ensure that programmes which ‘might seriously impair the physical, mental or moral development of minors are only made available in such a way as to ensure that minors will not normally hear or see’ the content). ‘Online games’ are excluded from the Directive, but a video-on-demand service distributed through any electronic communications network (including the Internet) can fall within the scope of regulation, if certain tests (e.g. on editorial responsibility) are met. While the regulatory system will vary from state to state, the UK authority ATVOD requires service providers to notify it of the provision of a service; it is not the app that is the subject of notification, but the content that is made available through it (although if a service is available on multiple platforms, a single notification is sufficient). Of particular relevance for apps is the requirement that material unsuitable for minors (according to the test set out above) must only be available when subject to a content access control system such as initial

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150 Mac Síthigh (n 89) section 4.3; Rachael Craufurd Smith, ‘Media convergence and the regulation of audiovisual content’ (2007) 60 Current Legal Problems 238, 250-253.


152 Authority for Television on Demand, <http://www.atvod.co.uk>; designated by Ofcom under part 4A Communications Act 2003 (as inserted by SI 2979/2009).

153 Confirmed in a report by Ofcom: Ofcom, ‘Sexually explicit material and video on demand services’ (4 August 2011).
age verification (certain credit card systems, or checks off the electoral register, may be appropriate) backed up by PIN or password protection for return visits. This means that additional protections (above and beyond those built in to an App Store) may be required in the case of a small number of apps.

4. Analysis

The relationship between developers and the platform operator may ultimately be judged by what it is compared with. This is not surprising, as the user experience of an app store is somewhere between that of a host like YouTube (where you can visit one site and browse and choose from a range of content uploaded by third parties who bear primarily responsibility for it) and a retailer like WalMart (where the options are determined by WalMart but primarily manufactured by third parties who deal with WalMart and not the end user). In terms of liability, though, retail and host models are far apart. In the case of the developer, those involved in the mainstream games industry will have plenty of experience of approval processes, such as those utilised by Nintendo, which for many years refused approval to games that did not match the image it wished to present of the family-friendly Nintendo consoles. But those who are more accustomed to working through hosts, where there is unlikely to be pre-approval and subsequent scrutiny with a lighter touch (particularly if the liability regime does not require hosts to intervene in order to protect immunity from legal action), will naturally struggle with the type of supplier-retailer relationships that farmers supplying milk to supermarkets are more than familiar with. Of course, both paradigms are strongly influenced by the applicable legal arrangements, including specific, sectoral regulation as well as general principles of inter alia competition law.

This problem, while making the formulation of recommendations difficult, does remind us that main theme in the analysis of the governance model of the iPhone app store is tied to the iPhone’s designation as, in Zittrain’s terms, a tethered device. In contrast, while not quite the exemplar of generativity, alternatives such as the Android platform are less tethered, but allegedly suffer from problems in relation to fraud and abuse. However, this analysis can only ever describe a particular point in time, and is inherently unstable. This is shown by the emerging criticism of quality control of the iOS App Store, which Business Week called ‘anarchy in the App Store’. The argument is that recent problems in relation to the App Store is a consequence of its popularity and the existence of competition: ‘as the Apple Store has grown to include more than 600,000 apps, and with Apple facing pressure from Google and Android, some worry that the company is becoming less vigilant about monitoring app developers, exposing users to unnecessary risks and shoddy apps’. If the closed platform turns out to be risky after all, then the trade-off does not operate, at least


from the point of view of the consumer, and indeed certain developers. The result would be either a higher baseline of risk (i.e. all users are exposed to a certain amount of risk), or a reaction from the platform operator that makes it even more closed than before (i.e. tighter rules to restore user and consumer confidence). The latter may be difficult given the attention that is now paid to Apple’s actions, by regulators, developers, and observers. Being the archetype of non-generativity (or post-generativity) means that those who support generativity or wider concerns of openness will not hesitate to criticise changes in control, as we have seen over the past years.

It has been argued in this article that law has a key role to play in support of Apple’s chosen model, in a number of areas. This can be summarised as three interlocking factors:

(1) copyright law (combined with the ability to contract out of a warranty in an enforceable, valid fashion) shores up Apple’s strategy of discouraging jailbreaking,

(2) competition and telecommunications law are valid methods of controlling Apple’s actions (albeit not in all circumstance), so the non-exercise of these powers is a factor, and

(3) apps themselves are not beyond the law, meaning that app stores are not truly free markets, although there is a certain lack of consistency regarding which legal provisions apply.

An alternative strategy for regulation can therefore be posited. To understand it, we must revisit Zittrain’s dichotomy of open and closed systems. There is an aspect of this debate which can be readily and legitimately manipulated by public authorities, namely user rights. Although less apparent in the United States, the focus of Zittrain’s work, a European perspective makes the position clearer. The extensive legislative schemes for data protection and consumer rights in the EU (both founded on the need to harmonise law in the internal market but increasingly justified and developed as legislative vindication of fundamental rights) reduce the risk to the user. By doing so, the stark choice between closed and open platforms can become a less crucial one. Where user rights exist, developers are not completely free to develop any app (as legal requirements must be complied with), so the theoretical concept of generativity is a direction rather than an observable state in any event. However, developers (even where few legal requirements apply) are already accustomed to dealing with regulation, just through Apple rather than public authorities.

Nonetheless, this solution would depend on the nature of consumer and privacy laws that are in place. It is not just the appreciable legal wrongs of misleading the consumer as to the nature of a particular charge that may be alleged to be associated with an open platform; non-legal issues (such as stability) and issues difficult to prohibit even if proscribed (such as spam) are also relevant. There is also an appreciable difference between intervention to protect the interests of the consumer (regarding, for example, transparency in billing) and protecting the interests of the developer (which may in turn protect the interests of the consumer through supporting services demanded by users or facilitating competition). In particular, the former may be capable of being justified by reference to the inequality of arms between the platform operator and the end user or the vulnerable position of some consumers, whereas the category of developers includes some who would be considered the
‘equals’ of the operator, such as major social networking services or news providers. The policy argument for including developer concerns (in their own right) within this proposal is restricted by the problem set out above of finding the appropriate comparator, although it is surely the case that future work on ‘creative industries’ and stimulating growth within the software, animation and game sectors should consider these issues in the same way that the allocation of rights or the structure of tax incentives already are. With these words of caution in mind, though, it can still be concluded that an approach of using existing provisions of law, including those borrowed from cognate sectors, to shift the balance between open and closed models and thus the degree of generativity in the smartphone and app sectors, would be legitimate and capable of having a demonstrable impact on the position of the end user.