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Removal of alleles by genome editing (RAGE) against deleterious load

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Abstract

Background: In this paper, we simulate deleterious load in an animal breeding program, and compare the efficiency of genome editing and selection for decreasing it. Deleterious variants can be identified by bioinformatics screening methods that use sequence conservation and biological prior information about protein function. However, once deleterious variants have been identified, how can they be used in breeding?

Results: We simulated a closed animal breeding population that is subject to both natural selection against deleterious load and artificial selection for a quantitative trait representing the breeding goal. Deleterious load was polygenic and was due to either codominant or recessive variants. We compared strategies for removal of deleterious alleles by genome editing (RAGE) to selection against carriers. When deleterious variants were codominant, the best strategy for prioritizing variants was to prioritize low-frequency variants. When deleterious variants were recessive, the best strategy was to prioritize variants with an intermediate frequency. Selection against carriers was inefficient when variants were codominant, but comparable to editing one variant per sire when variants were recessive.

Conclusions: Genome editing of deleterious alleles reduces deleterious load, but requires the simultaneous editing of multiple deleterious variants in the same sire to be effective when deleterious variants are recessive. In the short term, selection against carriers is a possible alternative to genome editing when variants are recessive. Our results suggest that, in the future, there is the potential to use RAGE against deleterious load in animal breeding.

Background

Deleterious load is an unavoidable fact of genetics that has a sizeable impact on the fitness of populations [1]. Most individuals have de novo deleterious mutations due to errors in DNA replication [2–4] and inherit many more from their ancestors. Reducing the number of deleterious variants in livestock populations could improve fitness traits, with subsequent benefits for animal welfare and profitability. In this paper, we use simulation of deleterious variants in an animal breeding program to evaluate the efficiency of genome editing and selection against carriers for improving fitness traits in livestock.

Deleterious variants can have large or small effects. Recessive lethal variants are the most obvious symptoms of large-effect deleterious mutations [5–12]. However, estimated distributions of the effects of deleterious mutations from several species indicate that most of the deleterious load is due to many variants each with a small effect [13–16]. In practice, large-effect variants that cause recessive lethality are easier to identify and manage. However, this raises the question: what can be done about polygenic deleterious load?

Deleterious variants of large and small effect can be identified by bioinformatics screening methods that use sequence conservation and biological prior information about protein function [17–21]. Such approaches have been applied to whole-genome sequence data to detect deleterious variants in crop plants [22–24], livestock [25–27], and humans [28, 29]. With the decreasing cost of genome sequencing, and the large initiatives to sequence livestock animals, we can anticipate that screening of...
sequence variants will become a routine part of animal breeding.

Once deleterious variants are discovered, there are two obvious ways to incorporate them into breeding programs: genome editing or selection. Genome editing is a suite of methods to modify the genomic DNA of an organism that allows not just insertion and deletion but replacement of sequences with a higher efficiency than previous methods, which involved difficult procedures such as microinjecting DNA into the nucleus of zygotes that produces engineered embryonic stem cells for implantation into chimeric embryos (reviewed by [30, 31]). Genome editing has shown theoretical promise for improving breeding progress by promoting favorable alleles [32, 33], and for managing recessive lethal variants [34]. Selection against carriers is the strategy of choice for removing monogenic recessive deleterious variants from animal breeding populations [5, 35]. Analogously, one could select against deleterious alleles at many loci by avoiding selection candidates with a high deleterious load. We regard this as a natural extension of avoiding sires that carry alleles for monogenic defects.

The aim of this paper was to compare the efficiency of genome editing and selection against carriers for decreasing deleterious load in an animal breeding program. We simulated polygenic deleterious load that is subject to natural selection in a simulation of a closed animal breeding population that is artificially selected for a quantitative trait representing the breeding goal. We compared removal of alleles by genome editing (RAGE) to selection against carriers using genotypes at deleterious variants. We compared strategies for prioritizing variants for editing and individuals for selection based on deleterious allele and genotype frequencies, and evaluated how they improved the fitness of the population.

Methods
We used simulations to compare genome editing and selection against carriers using genotypes at deleterious variants. The population was similar, in terms of its size and pedigree structure, to a single breeding line of pigs. We simulated artificial selection for a quantitative trait representing the breeding goal, and natural selection for a fitness trait representing reduced probability of survival due to deleterious variants. The fitness trait was polygenic with multiplicative fitness effects and an effect size distribution that was inspired by estimates of the distribution of deleterious effects in human populations [13].

In summary, the simulations consisted of 50 replicates of:

1. coalescent process simulation to create ancestral haplotypes;
2. setting up a quantitative trait and a fitness trait;
3. 15 generations of natural selection against deleterious variants, the first five using 1000 random matings per generation and the following 10 using 500 random matings per generation;
4. 20 generations of historical breeding with natural selection and simultaneous selection on true breeding value for the breeding goal trait;
5. and finally 10 generations of future breeding, where we evaluated scenarios with genome editing or selection against carriers.

Figure 1 shows an overview of this workflow. We also tested a longer (25 generations) historical breeding phase, and a shorter historical breeding phase (10 generations of natural selection instead of 15, followed by 5 generations of historical breeding).

Simulation of whole-genome sequence data and historical evolution
We used the Markovian coalescent simulator [36] to generate ancestral haplotypes. We modelled a genome consisting of 10 chromosomes each one Morgan long with $6.75 \times 10^8$ bp. The chromosomes were simulated using a mutation rate of $1.6 \times 10^{-8}$ per site, and an effective population size that changed over time to reach a final size of 100. The effective population size
was set to be $10^6$ at 190,000 generations ago, 100,000 at 100,000 generations ago, and 100 at current time, with linear decreases (on the $4 \times N_e \times$ time scale) in between. We also tested the simulation of founder haplotypes by using a constant effective population size of 100 individuals.

**Simulation of quantitative and fitness traits**

To capture artificial selection for the breeding goal and natural selection against deleterious variants simultaneously, we modelled a quantitative breeding goal trait and a fitness trait.

The breeding goal trait was a polygenic quantitative trait with additive effects. We randomly assigned 10,000 segregating sites (1000 per chromosome) as quantitative trait variants for the breeding goal trait with additive effects drawn from a normal distribution. We also tested drawing the additive effects from a gamma distribution, and then randomly choosing a sign with equal probability of a positive and a negative effect. We used a shape parameter of 11, based on the estimate for pigs from [37].

Fitness was a polygenic multiplicative trait that represented probability of survival prior to artificial selection. We randomly assigned 10,000 segregating sites as fitness variants (again 1000 per chromosome) as quantitative trait variants for the breeding goal trait, choosing variants that had allele frequencies lower than 0.01 in scenarios in which variants were codominant, and 0.1 in scenarios in which variants were recessive. The fitness variants were chosen independently of the quantitative trait variants. The deleterious effect size was expressed as a selection coefficient $s$ against the mutant allele, ranging from 0 (no deleterious effect) to 1 (a lethal allele). The fitness of each genotype was 1 for the homozygous wildtype, $1−hs$ for the heterozygote, and $1−s$ for the mutant homozygote, where $h$ is a dominance coefficient. Dominance coefficients were either 0 for recessive variants or 0.5 dominant variants. We assumed multiplicative effects, so that the fitness of an individual was the product of the contribution of each fitness variant. The effect sizes were drawn from a mixture of three uniform distributions with one-third of the variants being small ($0<s<10^{-4}$), one-third intermediate ($10^{-4}<s<0.1$), and one-third large ($0.1<s<1$). These proportions were chosen based on the estimated distribution of deleterious effects in humans [13].

Deleterious mutations occurred randomly during natural selection and historical breeding with a mutation rate of $10^{-4}$ per locus, to give a deleterious mutation rate of 1 per individual and genome. This is a conservative estimate for the deleterious mutation rate in mammals. No back-mutation was allowed, meaning that only wild type alleles could mutate. Quantitative trait variants for the breeding goal trait did not mutate, except during the initial coalescent simulation to create ancestral haplotypes.

**Pedigree structure and selection for the breeding goal trait**

At each generation during the historical and future breeding, we first applied natural selection for fitness, then artificial selection for the breeding goal trait on the remaining individuals. For natural selection, we drew a uniformly distributed random number between 0 and 1 for each individual. If the number was larger than the fitness value for that individual, the individual was removed from the population before selection. For artificial selection, we selected 25 sires and a variable number of dams based on true breeding value for the breeding goal trait. Mating between sires and dams was random. Each dam had 10 progeny. We selected the number of dams required to reach a population of 5000 individuals at the average level of deleterious load at the start of historical breeding.

**Deleterious variant discovery**

To simulate the discovery of deleterious variants, we selected a random fraction of the deleterious variants that segregated at the end of historical breeding and assumed them to be discovered. We used a discovery rate of 0.75 for the main scenarios, but also tested discovery rates of 0.1, 0.5 and 1. To simulate imperfect detection of deleterious variants, we chose neutral segregating variants as false positives at random. We added false positives so that the total number of variants detected was equal to the number of segregating deleterious variants, and if discovery rate was $d$, a fraction $1−d$ were false positives. These discovered variants were allowed to be edited or used for selection against carriers subsequently.

**Genome editing**

For the future breeding scenarios that used removal of alleles by genome editing, we simulated editing of discovered deleterious variants in selected sires. That is, first we selected sires on the breeding goal trait, and then applied genome editing for the fitness trait to all the 25 sires. For variants for which a sire was not already homozygous wild type, we edited the genotype to homozygous wild type, until a set number of variants had been edited. We assumed that editing was accurate, such that it always produced wild type homozygotes, and had no deleterious off-target effects. We edited 1, 5, or 20 variants per sire. We only edited variants that were segregating in the population.
Mortality
To simulate mortality during genome editing, we randomly removed edited sires, according to a given mortality rate, and replaced them with lower-ranked candidate sires from the population. The replacement sires were not genome-edited. We applied no mortality rate for the main scenarios, but also tested mortality rates of 0.1, 0.25, and 0.5. The mortality rate parameter represents both direct mortality during the editing process, and also failures of editing that would introduce unwanted, presumably deleterious, alleles and lead to culling the sire.

Scenarios
Removal of alleles by genome editing (RAGE)
During future breeding, we removed alleles by genome editing at discovered deleterious variants in selected sires. We used five strategies for prioritizing variants for editing. These strategies were based on information that would be available from genotyping the sires at discovered deleterious variants, namely the deleterious allele and genotype frequencies. We assumed that the deleterious effect size was unknown. The strategies were:

- Based on high frequency, removing variants in decreasing order of deleterious allele frequency. The rationale for this strategy was that recessive deleterious variants cause more damage when they are common, and therefore removing high-frequency variants, first, might be beneficial.
- Based on low frequency, removing variants in increasing order of deleterious allele frequency. The rationale for this strategy was that since deleterious variants are removed by natural selection, low-frequency variants are more likely to be damaging.
- Based on lack of homozygotes, removing variants in decreasing order of the difference between observed and expected deleterious allele homozygotes. The rationale for this strategy was that scanning for a deficit of homozygotes is a way to detect recessive lethal individuals [6], and might therefore help identify variants that are more damaging.
- Based on intermediate frequency, removing variants in decreasing order of deleterious allele frequency after applying a threshold to exclude variants with an allele frequency higher than 0.25. The rationale for this strategy was to remove recessive variants that are common, while filtering out variants with allele frequencies that are too high to have large negative effects.
- Random, in random order, using the same random order for all sires. The rationale for this strategy was to serve as a control.

For comparison, we also ran a baseline scenario without genome editing, starting from the same initial populations after historical breeding.

Selection against carriers
During future breeding, we performed selection against carriers in sires by identifying carriers with a high deleterious load and removing them before selection. We avoided the 100, 250, or 500 individuals with the highest load when selecting sires.

We used three strategies for selecting carriers. These strategies were based on information that would be available from genotyping the sires at discovered deleterious variants, namely the deleterious allele frequencies, genotype frequencies, and individual numbers of deleterious alleles. The strategies were:

- Total load, avoiding individuals that carry the largest number of deleterious alleles, summing over the discovered variants. The rationale for this strategy was to use all the available information for selection.
- Heterozygous load, avoiding individuals that carry the largest number of deleterious alleles in the heterozygous state. The rationale for this strategy was that focusing on heterozygotes might be beneficial, because large-effect deleterious variants are rarely homozygous.
- Homozygous load, avoiding individuals that carry the largest number of deleterious alleles in the homozygous state. The rationale for this strategy was to serve as a control.

For comparison, we also ran a baseline scenario without selection against carriers, starting from the same initial populations after historical breeding.

Metrics and statistical analysis
We evaluated the simulated scenarios by the improvement in average fitness of the individuals in the population. By an individual’s fitness, we mean the genetic value for the fitness trait. We calculated the average change in fitness from the first to the tenth generation of future breeding, and compared it to the change in fitness in a baseline condition without genome editing and selection against carriers, reporting mean and standard error of the mean.

We evaluated the effect of total number of fitness variants in the genome and their dominance coefficients on
the number of segregating variants, the frequencies of deleterious alleles, and the deleterious load. By number of segregating variants, we mean the number of fitness variants that remained variable in the population after natural selection and historical breeding. By deleterious load, we mean the number of deleterious alleles that are carried by an individual. When considered separately, heterozygous load means the number of deleterious alleles that are carried in the heterozygous state, and homozygous load means the number of deleterious alleles that are carried in the homozygous state.

We performed simulations using AlphaSimR which was modified to allow for fitness traits. AlphaSimR runs on the R statistical environment [38], and uses Rcpp and Armadillo [39–41]. We calculated summary statistics in the R statistical environment, and made graphs with ggplot2 [42]. The simulation scripts are available from https://bitbucket.org/hip MIX/organization/rage/.

Results
We simulated a closed animal breeding population under selection for a breeding goal trait, which was affected simultaneously by deleterious load consisting of either codominant or recessive variants. Our results show that both genome editing of deleterious alleles and selection against carriers can reduce deleterious load in some cases, but is inefficient at reducing it in other cases. The efficiency of genome editing and selection against carriers, and which variant prioritization strategy is the most efficient, depend on whether the deleterious variants are codominant or recessive.

Deleterious allele frequencies and load in simulated populations
The simulated populations had on average 4444 (standard deviation SD = 217) segregating deleterious variants in the codominant case, and 3634 (SD = 177) in the recessive case. Each individual carried on average a load of 52 (SD = 7.6) deleterious alleles in the codominant case and 89 (SD = 9.7) deleterious alleles in the recessive case. Figure 2 shows violin plots of the deleterious load carried by individuals at both levels of dominance. The distribution of deleterious alleles was affected by dominance. The scatterplots in Fig. 2 show the relationship between effect size and frequency of deleterious alleles after historical breeding. When deleterious variants were codominant, most deleterious variants were rare. When deleterious variants were recessive, there were more deleterious alleles that included even large-effect variants at intermediate frequencies, which are candidates for removal by genome editing.

We also tested varying population parameters to assess the sensitivity to assumptions. We varied the total number of fitness variants in the genome, tested a breeding goal trait with gamma-distributed effects rather than normally-distributed effects, and varied the length of the historical breeding phase. The resulting average fitness and the distribution of deleterious allele frequencies and load were broadly similar (see Additional file 1: Table S1, Additional file 2: Figure S1 and Additional file 3: Figure S2). The exception was in the case of a shorter historical breeding, which resulted in lower deleterious allele frequencies and load.

**Fig. 2** Deleterious allele frequencies and load in simulated populations when deleterious variants are either codominant or recessive. The violin plot shows individual deleterious load broken down into heterozygous and homozygous load with codominant or recessive variants. The scatterplots show the relationship between deleterious allele frequency and deleterious effect size. The effect size ranges from 0 to 1, where an effect size of 0 means a harmless variant, and of 1 a lethal variant (see “Methods”)
Comparison of RAGE and selection against carriers

The difference in the distribution of deleterious allele frequencies induced by codominant and recessive variants translates to differences in the efficiency of RAGE and selection against carriers. Figure 3 shows a comparison of genome editing using the best-performing variant prioritization strategy, and selection against carriers using total deleterious load. When deleterious variants were codominant, the best-performing strategy prioritized low-frequency variants for removal by editing, and selection against carriers was inefficient. When deleterious variants were recessive, the best-performing strategy prioritized variants with an intermediate frequency for removal by editing, and selection against carriers was efficient. When deleterious variants were recessive, the best-performing strategy prioritized variants with an intermediate frequency for removal by editing, and selection against carriers was inefficient. When deleterious variants were recessive, the best-performing strategy prioritized variants with an intermediate frequency for removal by editing, and selection against carriers was inefficient. When deleterious variants were recessive, the best-performing strategy prioritized variants with an intermediate frequency for removal by editing, and selection against carriers was inefficient. When deleterious variants were recessive, the best-performing strategy prioritized variants with an intermediate frequency for removal by editing, and selection against carriers was inefficient.

Fig. 3 Comparison of the effect on average fitness of genome editing and selection against carriers, using the best-performing editing strategies for each dominance level. The baseline condition is selection for the breeding goal trait with no effort to reduce deleterious load. The discovery rate was 0.75, meaning that 75% of the deleterious variants that segregated after historical breeding were discovered and could be edited. The lines show averages across 50 replicates.

In the next paragraphs, we present first the effects of different variant prioritization strategies on RAGE, then the effect of selection strategies on selection against carriers, and finally the impact of the ability to detect deleterious variants accurately.
Effect of variant prioritization strategy on RAGE

The efficiency of genome editing for improving fitness was affected by the number of variants edited per sire, and the strategy for prioritizing variants for editing. Figure 6 shows trajectories of fitness across generations of genome editing, by varying the number of variants edited, and by prioritizing variants at low frequency, variants at high frequency, or randomly chosen deleterious variants for editing. Figure 7 shows the trajectories of fitness during future breeding using variant prioritization strategies that were devised for recessive variants: prioritizing variants with an intermediate frequency by applying an allele frequency threshold of 0.25, and editing variants based on their deficit of homozygotes. For both levels of dominance, fitness improved more by prioritizing low-frequency variants for editing than by editing in random order, or prioritizing high-frequency variants. When variants were recessive, fitness was most improved by prioritizing variants with an intermediate allele frequency. Prioritizing variants with a deficit of homozygotes did not improve efficiency compared to prioritizing variants with an intermediate allele frequency.

The variant prioritization strategies also differed in how many distinct variants were edited. Table 1 shows the average number of distinct variants edited during 10 generations of future breeding with genome editing. Prioritizing low-frequency variants for editing resulted in the largest number of distinct variants being edited, using random order and intermediate allele frequency strategies resulted in an intermediate number of distinct variants being edited, and prioritizing high-frequency variants for editing led to the smallest number of distinct variants being edited. Thus, when variants were codominant, the greatest improvement in fitness came from editing rare large-effect variants carried by few individuals, but when variants were recessive, the greatest improvement came from removing a relatively smaller number of deleterious variants with an intermediate frequency.

Effect of selection strategy on selection against carriers

The efficiency of selection strategies against carriers also varied with the number of males that were avoided, selection strategy, and dominance (see Additional file 4: Figure S3). When deleterious variants were codominant, selection against carriers was inefficient regardless of the strategy. When deleterious variants were recessive, selection on total load was the most efficient selection strategy. In no case was selection on only heterozygous or homozygous load better.
Effect of the ability to discover deleterious variants
The efficiency of genome editing and the relative performance of variant prioritization strategies was affected by the discovery rate. Figure 8 shows fitness trajectories by varying how many of the deleterious variants could be discovered and edited. Concentrating on the best-performing strategies, when deleterious variants were codominant and low-frequency variants were prioritized, fitness improvement increased with discovery rate. When deleterious variants were recessive and variants with an intermediate frequency were prioritized, editing was inefficient when discovery rate was low (0.1), but there was little difference between a discovery rate of 0.5 and 0.75. Thus, RAGE was susceptible to false positives, but when variants were recessive, whether the false positives made up 25% or 50% of the detected variants had less impact.

When variants were recessive, a high discovery rate changed the relative ranking of variant prioritization strategies, making the high-frequency strategy more efficient than the intermediate-frequency strategy, which was not the case at lower discovery rates. To illustrate this, Fig. 9 shows fitness trajectories when all segregating deleterious variants were discovered with no false positives (i.e., a discovery rate of 1). Taken together, this means that the presence of false positives affects the strategies that use allele frequency information for variant prioritization, differently.

Effect of additional mortality during editing
The effect of additional mortality during editing on fitness improvement was also affected by dominance. Figure 10 shows fitness trajectories by varying mortality rate during editing. When deleterious variants were codominant and low-frequency variants were prioritized, fitness improvement decreased with mortality. However, when deleterious variants were recessive and variants with an intermediate frequency were prioritized, there was little effect of additional mortality on the fitness improvement.

Discussion
In this paper, we simulated deleterious load in an animal breeding program, and compared the efficiency of genome editing and selection for decreasing it. We found that both removal of alleles by genome editing and selection against carriers can reduce deleterious load in some scenarios. Dominance of deleterious variants affects the efficiency of genome editing and selection against carriers, and determines which variant prioritization and
selection strategy are the most efficient. In the light of these results, we discuss (1) deleterious load in animal breeding populations, (2) the efficiency of different variant prioritization and selection strategies, (3) the factors that improve the efficiency of genome editing of deleterious variants, (4) the assumptions that underlie the
simulations, and (5) the implications for applications of RAGE and selection against carriers in breeding.

Deleterious load in animal breeding populations
The deleterious loads in the simulated populations were comparable to the observed loads of putative loss-of-function variants in mammals, but they were much smaller than the numbers of deleterious single nucleotide variants predicted with sequence bioinformatics-based methods. Humans are estimated to carry an average load of around 100 [43, 44] or 150 [45] putative loss-of-function variants in protein-coding genes. The average load of loss-of-function variants observed in cattle is 65 [46]. The load of deleterious variants in our simulations (around 90 deleterious alleles per individual when variants were recessive) was comparable to these numbers. However,
Fig. 8 Effect of discovery rate. Average fitness over ten generations of future breeding with 10,000 deleterious variants, 5 edited variants per sire, and discovery rates of 0.1, 0.5, 0.75, and 1. The lines show averages across 50 replicates. The baseline scenario is with no editing.
observed loads of deleterious nonsynonymous single nucleotide variants that are predicted by bioinformatics methods are much larger: i.e. ranging from 300 to 800 in humans [47, 48], and ~656 in a pig population [49]. This suggests that our assumptions about the distribution of the size of the effect of deleterious variants or genomic deleterious mutation rate may be conservative, and the actual deleterious load may be larger.

Efficiency of different variant prioritization and selection strategies

Dominance of deleterious variants affected the distribution of allele frequencies of deleterious alleles, and therefore determined which variant prioritization strategy and selection strategy was the most efficient.

When deleterious variants were codominant, large-effect deleterious variants were rare. Because codominant deleterious alleles are expressed even if they are in the heterozygous state, they are more exposed to purifying selection and their frequency decreases more quickly than that of recessive variants (which is consistent with results from deterministic single-locus population genetic models [50]). Therefore, the best variant prioritization strategy was to prioritize low-frequency variants for editing.

In contrast, when deleterious variants were recessive, there were substantial numbers of large-effect variants at intermediate frequencies. This happens because of the inefficiency of natural selection against recessive variants. Because recessive deleterious variants are expressed only if they are in the homozygous state, the more common they are the more likely they are to cause damage. In spite of this, in the presence of false positives, the best variant prioritization strategy was to prioritize variants with an intermediate frequency for editing. Because false positives are neutral variants, on average they will have higher frequencies than genuine deleterious variants. Therefore, the high-frequency variant prioritization strategy is especially susceptible to false positives. Prioritizing variants with an intermediate frequency for editing balances these effects, at least when the number of edits per sire is small. On the one hand, it avoids false positives by excluding variants at frequencies that are implausibly high for large-effect deleterious variants. On the other hand, among the remaining variants, it prioritizes high-frequency variants, which, when variants are recessive, cause more damage. Another benefit of prioritizing intermediate-frequency variants, or randomly selected variants, for editing is that this strategy requires fewer distinct variants to be edited, and therefore fewer
Fig. 10  Effect of mortality due to editing on fitness. Average fitness over ten generations of future breeding with 10,000 deleterious variants, 5 edited variants per sire, a discovery rate of 0.75, and mortality rates of 0, 0.1, 0.25, and 0.5. The lines show averages across 50 replicates. The baseline scenario is with no editing.
proven editing constructs to be developed and tested, compared to prioritizing low-frequency variants.

Our simulations showed no benefit from prioritizing recessive variants for editing based on a deficit of homozygotes. The strategy was inspired by the method of VanRaden et al. [6] to discover recessive lethal haplotypes, who compared the number of observed and expected homozygotes. This and related methods have been successfully used to detect recessive lethal haplotypes in livestock. Its failure as a variant prioritization method may be because the simulated deleterious variants had variable effects, most of these having each a small effect or because many variants were rare and thus led to small numbers of expected homozygotes. Furthermore, the extremely widespread use of a few sires in cattle populations [6] may give more power to detect deficits in homozygosity.

In real populations, we should expect deleterious variants that persist to be at least partially recessive, as suggested by studies of model organisms [51–53], and the ubiquity of inbreeding depression and heterosis [54, 55]. Therefore, our results suggest that we should prioritize the editing of deleterious variants with intermediate frequencies, or avoid carrier males based on their total deleterious load.

Factors that will improve the efficiency of RAGE
According to our simulations, the most important factor for increasing the efficiency of the removal of deleterious alleles by genome editing is the ability to edit multiple variants per individual. Currently, it is not possible to produce germline-edited livestock with multiple alleles edited, but genome editing technologies are progressing rapidly. Multiplex genome editing has been performed in cells and model organisms [56–60].

The ability to accurately discover deleterious variants is also important. Methods for detecting deleterious variants predict variant consequences (e.g., stop codons and frame shifts) based on the genetic code [61, 62], or measure evolutionary conservation or constraint in multiple sequence alignments [17, 19, 20], or train statistical models to classify variants based on known deleterious variants and various predictors, possibly including variant consequences and evolutionary constraint, or functional genomic and protein structure data [18, 21, 28, 63, 64]. We expect the latter approach to become more accurate as machine-learning methods improve and as access to continually larger datasets of genetic variants and genomic data increases, and thus, it will be possible to train models on livestock rather than human data.

Additional mortality during editing decreased the efficiency of RAGE when deleterious variants were codominant, but, perhaps unexpectedly, had little impact on fitness improvement when deleterious variants were recessive. The explanation is that when a sire to be edited is lost and replaced, the replacement sire is unlikely to be also a carrier for the deleterious variant in question. However, since it will be necessary to fall back on sires with lower breeding values, genetic gain will decrease and there will be potentially some time lag. Across 10 generations, a 50% mortality rate would lead to the cumulative loss of 125 sires, on average. Given that editing would be done in vitro, this number includes discarded embryos that carry failed genome edits, which means that this would not actually amount to the culling of that many sires with potentially impaired welfare, but high mortality rate would still be costly and problematic. The development of methods to safely and efficiently perform multiplex editing of embryos will be important for future implementation in practice.

Our simulations assumed that there was no information on the effect size of the predicted deleterious variants. This is a conservative assumption because, in fact, it may be possible to stratify predicted deleterious variants by predicted impact. For example, protein-coding variants are likely to have larger effect sizes than non-coding variants [65, 66], and loss-of-function variants are likely to have larger effect sizes than nonsynonymous single nucleotide variants. Recombination rate variation may also impact variant prioritization. In regions of low recombination rate, such as pericentromeric regions and sex chromosomes, selection against deleterious variants is less efficient due to Hill–Robertson interference [67]. This phenomenon may lead both to accumulation of deleterious variants and reduced selection for beneficial variants that are located there. Therefore, it may also be beneficial to prioritize variants in regions of low recombination rate for genome editing [68, 69].

Assumptions underlying the simulations
Assumptions about the genetic architecture of deleterious load in these simulations include: the number of fitness variants in the genome, independent genetic architectures of the breeding goal trait and fitness, a genomic deleterious mutation rate of 1, and equal dominance coefficients for all variants. In real genomes, we expect that many more than 10,000 sites can give rise to deleterious mutations, but since the number of segregating variants was little affected by the total number of fitness variants in the genome, this assumption seems to have little impact on the resulting distribution of fitness, load, and deleterious allele frequencies. Similarly, using a gamma distribution for the breeding goal trait, thus allowing for quantitative trait loci with larger effects, did not have a major effect on the distribution of deleterious variants. However, shortening the historical breeding
period led to lower frequencies of recessive deleterious variants, since the variants have less time to drift to intermediate frequencies. We simulated fitness as independent of the selected performance trait. In real populations, we expect that fitness is, to some extent, already part of the breeding goal in the form of survival, fecundity, and health traits. The level of correlation between fitness traits and the breeding goal will depend on both the genetic architecture of fitness traits and the purpose of the breeding line. This might affect the level of load within populations, but also means that it will be possible to validate deleterious variants by phenotypic means, and to include them in genomic selection models [24].

We assumed a genomic deleterious mutation rate of 1, but this is a conservative estimate, given that deleterious mutation rates for humans are often estimated to be higher (e.g., 1.6–3) [2–4]. We assumed equal dominance coefficients for all variants: either 0.5 (codominant) or 0 (recessive). In real populations, there could be a range of dominance coefficients, but recessive variants are expected to persist longer in the population.

We assumed that it was possible to apply genome editing to sires after selection, so that we could select and edit only the top sires, and have the edits be transmitted to their offspring. As discussed by Bastiaansen et al. [33], this may be achieved through cloning the top sires, or by a procedure that combines genome editing with in vitro genomic selection as considered by Visscher et al. [70], and by Goddard and Hayes [71]. One alternative that was modelled by Bastiaansen et al. [33], is to apply editing to all the offspring of elite individuals. In that case, the number of edits needed would be multiplied by the average number of offspring per sire. In any case, RAGE will require the development of advanced reproductive techniques, and it will be necessary to evaluate their use with empirical data from both the economic, ethical and animal welfare perspectives.

Implications for breeding

We found that genome editing of deleterious alleles reduced deleterious load, but that when variants were recessive, simultaneous editing of multiple deleterious variants in the same sire was necessary for the approach to be competitive with selection against carriers. When accurate multiplex genome editing becomes available, RAGE will have the potential to improve fitness to levels that are impossible to attain by selection against carriers. This is a formidable undertaking, but a possible long-term goal. The long-term benefits of genome editing to remove deleterious variants over selection against carriers include both the possibility of higher gains in fitness, and the ability to improve fitness without sacrificing selection intensity for the breeding goal trait.

In the short-term, selection against carriers based on their total deleterious load is a possible alternative to genome editing. It is ineffective against codominant variants, but when variants are recessive, it is more effective at alleviating deleterious load than editing one variant per sire, but it is less effective than multiplex editing. The cost of multiplex genome editing is unknown, but it is assumed high. Therefore, it appears that selection against carriers will remain superior for some time. The downside of selection against carriers is that the number of sires available for selection is reduced, with associated risks of inbreeding and loss of genetic variation. Van Eenennaam and Kinghorn [72] and Cole [34, 73] have extended mate selection schemes to penalize the use of carrier animals or to prevent matings between carriers. It is possible that such methods could be extended to use genome-wide deleterious load while maintaining diversity in other parts of the genome and maximizing the response to selection for production traits.

To perform selection against carriers in practice, it will be necessary to include deleterious load in the selection index and to give it an economic weight to balance it with the breeding goal, and make sure that selection against deleterious load does not affect other traits unfavorably. Unfavorable correlations between estimated deleterious load and estimated breeding values for traits could arise either from false positives, pleiotropy, or linkage disequilibrium. Deleterious variant prediction methods may mistakenly classify beneficial variants as deleterious because they change protein function. In fact, they may have been even deleterious in the wild, but beneficial in a modern farm environment, such as the loss-of-function mutations in myostatin [74] that cause double muscling in beef cattle breeds. Deleterious variants may also have pleiotropic effects, as is the case with several recessive lethal haplotypes that are found at unexpectedly high frequencies in cattle breeds [75, 76]. In all these cases, it may be possible to use marker estimates from genomic selection models to prune the set of deleterious variants associated with large beneficial effects on other traits before calculating deleterious load.

Conclusions

When accurate multiplex genome editing becomes available, removal of alleles by genome editing has the potential to improve fitness to levels that are impossible by selection against carriers. This is a formidable undertaking, but a possible long-term goal. RAGE requires simultaneous editing of multiple deleterious variants in the same sire to be effective. Priorities in the development
of RAGE should be safe and accurate multiplex genome editing, and gathering large whole-genome sequencing datasets to estimate deleterious allele frequencies, deleterious load, and the correlations of deleterious load with traits under selection. Our results suggest that, in the future, there is potential to use RAGE against deleterious load to improve fitness traits in animal breeding populations.

Additional files

**Additional file 1: Table S1.** Fitness, deleterious load, and number of segregating variants for different scenarios. Mean and standard deviation of fitness, deleterious load, and number of segregating variants for codominant (h = 0.5) and recessive (h = 0) variants with 5000, 10,000, and 15,000 of fitness variants in the genome, breeding goal traits drawn from a gamma distribution rather than a normal distribution, a shorter historical breeding (10 generations of natural selection and 5 generations of historical breeding), a longer historical breeding (25 generations), or a simpler population history (constant effective population size of 100). The numbers are based on 10 replicates.

**Additional file 2: Figure S1.** Distribution of deleterious allele frequencies and effects. Distributions of deleterious allele frequencies, and deleterious effect sizes for codominant (h = 0.5) and recessive (h = 0) variants with 5000, 10,000, and 15,000 of fitness variants in the genome, breeding goal traits drawn from a gamma distribution rather than a normal distribution, a shorter historical breeding (10 generations of natural selection and 5 generations of historical breeding), a longer historical breeding (25 generations), or a simpler population history (constant effective population size of 100).

**Additional file 3: Figure S2.** Deleterious load for different scenarios. Deleterious load, broken down in heterozygous and homozygous load, for codominant (h = 0.5) and recessive (h = 0) variants with 5000, 10,000, and 15,000 of fitness variants in the genome, breeding goal traits drawn from a gamma distribution rather than a normal distribution, a shorter historical breeding (10 generations of natural selection and 5 generations of historical breeding), a longer historical breeding (25 generations), or a simpler population history (constant effective population size of 100).

**Additional file 4: Figure S3.** Effect of selection against carriers. Average fitness over ten generations of future breeding with different selection strategies, and avoiding 100, 250, or 500 males when choosing sires. The discovery rate was 0.75. The lines show the average across 50 replicates.

Authors’ contributions

JMJ conceived the study. JMJ and MJH designed the study. MJH performed the analysis. MJ and MJH wrote the manuscript. RCG, JJ, GG, and DdK helped interpret the results and refine the manuscript. All authors read and approved the final manuscript.

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Competing interests

The authors declare that they have no competing interests.

Availability of data and materials

Data sharing is not applicable to this article since no datasets were generated or analyzed during the current study.

Consent for publication

Not applicable.

Ethics approval and consent to participate

Not applicable.

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