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LIVER DISEASE

Critical role of c-jun (NH2) terminal kinase in paracetamol-induced acute liver failure


Background: Acute hepatic failure secondary to paracetamol poisoning is associated with high mortality. C-jun (NH2) terminal kinase (JNK) is a member of the mitogen-activated protein kinase family and is a key intracellular signalling molecule involved in controlling the fate of cells.

Aim: To examine the role of JNK in paracetamol-induced acute liver failure (ALF).

Methods: A previously developed mouse model of paracetamol poisoning was used to examine the role of JNK in paracetamol-induced ALF.

Results: Paracetamol-induced hepatic JNK activation both in human and murine paracetamol hepatotoxicity and in our murine model preceded the onset of hepatocyte death. JNK inhibition in vivo (using two JNK inhibitors with different mechanisms of action) markedly reduced mortality in murine paracetamol hepatotoxicity, with a significant reduction in hepatic necrosis and apoptosis. In addition, delayed administration of the JNK inhibitor was more effective than N-acetylcysteine after paracetamol poisoning in mice. JNK inhibition was not protective in acute carbon tetrachloride-mediated or anti-Fas antibody-mediated hepatic injury, suggesting specificity for the role of JNK in paracetamol hepatotoxicity. Furthermore, disruption of the JNK1 or JNK2 genes did not protect against paracetamol-induced hepatic damage. Pharmacological JNK inhibition had no effect on paracetamol metabolism, but markedly inhibited hepatic tumour necrosis factor-α (TNF-α) production after paracetamol poisoning.

Conclusions: These data demonstrated a central role for JNK in the pathogenesis of paracetamol-induced liver failure, thereby identifying JNK as an important therapeutic target in the treatment of paracetamol hepatotoxicity.
buffered saline (PBS) and warmed to 42°C as described previously, with carbon tetrachloride (CCl₄) at a ratio of 1:3 with olive oil at a dose of 1 µl/g body weight as described previously or with anti-Fas antibody (0.5 µg/g body weight; BD Pharmingen, UK). Two JNK inhibitors were used in this study: SP600125 (anthr[1,9-cd]pyrazol-6(2H)-one) purchased from Calbiochem (San Diego, California, USA) and D-JNKI1 (c-Jun N-terminal kinase peptide inhibitor 1, a stereoisomer) inhibitor purchased from Axxora (Nottingham, UK). The vehicle control for SP600125 was 40% polyethylene glycol (PEG; Sigma, UK) in PBS. The control for D-JNKI1 was D-TAT control peptide (Axxora) in PBS. In experiments utilising delayed JNK inhibition, pharmacological inhibitors or appropriate controls were administered IP 5 h after paracetamol injection.

**Analysis of liver injury**

After IP injection, groups of mice were scored as follows by a blinded observer for signs of systemic illness: clinically well (0 points), presence of piloerection (1 point), with additional hunched posture (2 points) and lack of spontaneous movement (3 points) 24 h after injection. Serum was stored at −80°C until use for determination of alanine aminotransferase (ALT) levels by an automated enzyme assay (Olympus 20700 analyser (Olympus UK Ltd, Southall, UK)). Two lobes from each liver were fixed in 4% paraformaldehyde before routine histological processing. Histological grading of hepatic necrosis was performed by two blinded observers using H&E-stained sections as follows: <30% of the total area necrotic (1 point); 30–60% of the total area necrotic (2 points); >60% of the total area necrotic (3 points). Ten random fields were counted independently by two blinded observers to determine the number of apoptotic cells. Whole-liver homogenates were prepared and the Cell Death Detection ELISA (Roche, Welwyn Garden City, UK; quantitative detection of histone-associated DNA fragments in mononucleosomes and oligonucleosomes) was used as per the manufacturer’s instructions.

**Protein analysis**

Paraffin-wax-embedded sections were deparaffinised and subjected to microwave antigen retrieval in citrate buffer. The primary antibodies were rabbit polyclonal anti-phospho-JNK (Biosource, Nivelles, Belgium) and antiparacetamol–protein adduct antibodies (HyCult Biotechnology, Uden, Netherlands). Species-appropriate isotype control antibodies were also used for each experiment. Western blot analysis was undertaken by using the following primary antibodies: rabbit polyclonal anti-phospho-JNK 1&2 [pTpY183/185] (Biosource), rabbit polyclonal anti-phospho-p38 antibody [pTpY180/182] (Biosource, Belgium) and rabbit polyclonal anti-β-actin antibody (Sigma, Gillingham, UK). JNK activity was measured as described previously. Liver was homogenised in PBS with a protease inhibitor cocktail (Roche), and levels of immunoreactive tumour necrosis factor α (TNFα), and interferon γ (IFNγ) were measured in the supernatants by ELISA according to manufacturer’s instructions (R&D systems, Abingdon, UK).

**Statistical analysis**

Results are presented as means (SEM). Significance of the differences between means was assessed using one-way analysis of variance or two-tailed Student’s t test. Values of p<0.05 were considered significant. Unless stated otherwise, studies were performed on 3–6 independent occasions using 6–8 mice per group.

**RESULTS**

Paracetamol induces hepatic JNK activation in human and murine liver and precedes the onset of hepatocyte death

To determine whether JNK activity is increased during paracetamol-induced liver injury, we examined phospho-JNK expression. In a normal human liver, constitutive JNK phosphorylation occurs in areas surrounding the central veins (fig 1A). Cytoplasmic and dense nuclear staining was observed within hepatocytes. After paracetamol-induced ALF, there was a marked increase in hepatocyte cytoplasmic and nuclear phospho-JNK staining compared with the control normal liver (fig 1B; n = 8 cases in each group). We also examined JNK activation in a murine model of paracetamol-induced hepatic injury. Phospho-JNK expression was negligible in the control mouse liver (fig 1C). Similar to human cases, paracetamol-injured mouse liver demonstrated marked upregulation of phospho-JNK in the hepatocyte nuclei and cytoplasm in the areas surrounding the central veins (fig 1D). The time course of JNK activation after paracetamol-induced injury was examined: hepatic JNK activity drastically increased after paracetamol administration, with peak activity 2 h after injection (fig 1E and inset). JNK activity then returned towards baseline levels by 24 h. Comparison with the time course of biochemical liver injury (determined by serum ALT) showed peak ALT 5 h after paracetamol injection (fig 1F).

Pharmacological inhibition of JNK activity in vivo markedly reduces murine mortality and liver injury

To assess the pathogenic significance of the observed increase in JNK activity, we used two pharmacological inhibitors of JNK that differ in their mechanisms of action. SP600125 is a small-molecule reversible ATP-competitive inhibitor, whereas D-JNKI1 is a peptide inhibitor that inhibits the interaction of JNK with its substrates. Immunohistochemistry for hepatic phospho-JNK demonstrated potent inhibition of JNK phosphorylation by SP600125 2 h after paracetamol treatment compared with control (fig 2A,B) and was confirmed by radioactive kinase assay (fig 2C) and western blotting for phospho-JNK (fig 2D). Importantly, pretreatment with SP600125 did not inhibit phosphorylation of the other major stress-activated protein kinase in the liver, p38 (fig 2D). To determine the potential clinical significance of JNK activation after paracetamol poisoning, the JNK inhibitors (or control) were injected 1 h before paracetamol administration, and mortality was assessed over 72 h. Inhibition of JNK activity with either SP600125 or D-JNKI1 drastically reduced mortality compared with the vehicle control (fig 2E). In addition, sickness scores were assessed at 24 h, and the SP600125 and D-JNKI1 inhibitor groups showed significantly lower sickness scores than the vehicle control group (fig 2F).

To further evaluate the striking survival benefit of JNK inhibition after paracetamol administration, liver injury was assessed after JNK inhibition. SP600125 or D-JNKI1 dramatically reduced histological liver injury and hepatic necrosis scores compared with vehicle control (fig 3A,B). Furthermore, hepatocyte necrosis, as assessed by serum ALT release, was also reduced in the JNK inhibitor groups compared with vehicle control (fig 3C). Hepatocyte apoptosis may occur during paracetamol toxicity in the human and murine liver.

Aptotic cells were clearly visible in the control group 5 h after paracetamol administration; however, apoptotic cells were less abundant in the JNK inhibitor groups at this time point (fig 3D). Counting of morphologically apoptotic cells confirmed this finding, with a significant reduction in the number of apoptotic hepatocytes in the inhibitor groups compared with the control, 5 h after paracetamol administration (fig 3E).
Further assessment of apoptosis by cell death ELISA using whole-liver homogenates also demonstrated a significant reduction in apoptosis in the JNK inhibitor groups 1, 2 and 5 h after paracetamol treatment compared with the control (fig 3F, \(p<0.01\)).

**Delayed administration of JNK inhibitor is more effective than NAC in limiting liver injury**

An important clinical problem in the management of paracetamol poisoning is the group of patients who present \(>15\) h after the overdose when the antidote, NAC, is much less effective. We have previously used NAC in a mouse model of paracetamol toxicity\(^ {35}\) and demonstrated that beyond 5 h NAC is no longer effective in preventing liver injury. Therefore, we investigated whether delayed administration of the JNK inhibitor is more effective than NAC when given after a paracetamol overdose. Histological liver injury was less in the NAC and SP600125 groups (fig 4A). Furthermore, SP600125 was significantly more effective than NAC in limiting liver injury after paracetamol poisoning when given 5 h after an overdose, as assessed by hepatic necrosis scoring (fig 4B) and serum ALT release (fig 4C). However, JNK inhibition was no longer effective 8 and 24 h after paracetamol poisoning.

**JNK inhibition is not protective in acute CCl\(_4\)-mediated or anti-Fas antibody-mediated hepatic injury**

To determine whether JNK inhibition is protective in other forms of acute liver injury, we examined JNK inhibition in acute CCl\(_4\) and anti-Fas antibody-induced hepatic damage. Similar to paracetamol, CCl\(_4\) is a hepatotoxin metabolised in the liver by the cytochrome system, leading to the release of toxic free radicals and oxidant-mediated hepatic injury. Also, CCl\(_4\) injection increases JNK activity in the whole liver in vivo.\(^ {37}\)

To assess the effect of JNK inhibition in CCl\(_4\)-mediated liver injury, mice received CCl\(_4\) (at a ratio of 1:3 with olive oil at a dose of 1 \( \mu l/g\) body weight) 1 h after treatment with control, SP600125 or \(\beta\)-JNKI1. Similar histological liver injury was observed in all groups (fig 5A), and there was no significant difference in hepatic necrosis scores (fig 5B) or biochemical liver injury at 24 h (fig 5C). Further experiments were also undertaken using CCl\(_4\) at a ratio of 1:3 with olive oil at a dose of 0.5 \( \mu l/g\) body weight, with no protection provided by JNK inhibition.

Previous studies have suggested that the Fas death pathway may play a role in the pathogenesis of paracetamol-induced liver injury.\(^ {38-40}\) Therefore, we specifically examined the role of JNK inhibition in the anti-Fas antibody model of hepatic injury. Administration of anti-Fas (Jo-2) antibody directly ligates and...
Mice received anti-Fas antibody at a dose of 0.25 mg/g body weight, with no protection provided by JNK inhibition (data not shown).

**Disruption of the JNK1 or JNK2 genes does not protect against paracetamol-induced liver injury**

The JNK protein kinases are encoded by three genes. The liver expresses two of the three known JNK genes—JNK1 and JNK2.

To discuss in further detail the role of JNK1 and JNK2 in paracetamol-induced hepatic failure, we studied JNK1−/− and JNK2−/− mice (JNK1+2 double-null mice are embryonic lethal). Liver histology showed no protection in the JNK1−/− and JNK2−/− mice compared with WT mice (fig 6A), and no significant difference in hepatic necrosis scores (fig 6B) or biochemical liver injury between groups (fig 6C).

**JNK inhibition does not affect synthesis of paracetamol–protein adducts, but markedly inhibits TNFα production in the liver after paracetamol-induced hepatic injury**

Ingestion of paracetamol results in metabolism to NAPQI, which is effectively detoxified by conjugation with glutathione. However, in paracetamol poisoning, cytosolic and mitochondrial glutathione becomes depleted, allowing covalent binding of NAPQI to hepatocellular proteins (paracetamol–protein adducts). Although the exact mechanisms mediating paracetamol hepatotoxicity remain elusive, recent data have highlighted the important regulatory role of the immune system and cytokine networks in determining outcomes after paracetamol-induced liver injury. No paracetamol–protein adducts were seen in normal mouse liver (fig 7A). However, the formation of paracetamol–protein adducts (visible in hepatocytes around the central veins) was similar in all groups 5 h after paracetamol administration (vehicle control, SP600125 and α-JNKII groups; fig 7B–D).

We also explored in vivo which inflammatory cytokines may be modulated by JNK inhibition in our model of paracetamol-induced liver injury. Previous studies have implicated interferon γ (IFNγ) in the pathogenesis of paracetamol-induced liver injury. Hepatic IFNγ levels were increased in all groups 2 h after paracetamol administration compared with the control, and remained increased throughout 24 h. No significant difference in hepatic IFNγ levels was observed between the treatment groups at any of the time points studied (fig 7E).

TNFα is an inflammatory cytokine that may play a significant pathogenic role in paracetamol hepatotoxicity, although conflicting data have been reported. In vitro studies show that TNFα induces JNK activation in hepatocytes. In addition to the role of TNFα in apoptotic hepatocyte death, perhaps more relevant to paracetamol-induced liver injury, the JNK/AP-1 signalling pathway can also mediate TNFα-induced necrotic hepatocyte death. JNK activation can also induce TNFα expression via AP-1. Therefore, we examined whether the protective effect of JNK inhibition in paracetamol hepatotoxicity is mediated by modulation of TNFα expression. Hepatic TNFα levels were significantly increased in the vehicle control group 2 and 5 h after paracetamol administration compared with baseline (0 h). However, there was significantly less hepatic TNFα production in the JNK inhibitor groups 2 and 5 h after paracetamol administration compared with the vehicle control (fig 7F).

**DISCUSSION**

We have shown a central role for JNK in the pathogenesis of paracetamol-induced ALF, thereby identifying JNK as a potential therapeutic target in the treatment of paracetamol hepatotoxicity. Our data indicated that: (1) paracetamol-induced liver injury results in hepatic JNK activation in human and murine tissue, which precedes the onset of hepatocyte death; (2) pharmacological inhibition of JNK in vivo markedly improved survival in a mouse model of paracetamol-induced ALF and decreased both hepatic necrosis and apoptosis. The protective effect of JNK inhibition was specific for paracetamol hepatotoxicity as the inhibitors were not protective in acute...
**Figure 3** c-Jun (NH2) terminal kinase (JNK) inhibition in vivo reduces hepatic necrosis and apoptosis in paracetamol-induced acute liver failure. Mice were injected intraperitoneally (IP) with vehicle control, SP600125 (30 mg/kg) or DJNKI1 (C-jun NH-terminal kinase peptide inhibitor 1, b-stereoisomer; 30 μg/mouse) 1 h before paracetamol administration (350 mg/kg; n = 6 mice in each group). (A) Liver histology at 24 h after paracetamol. Scale bar 200 μm. (B) Hepatic necrosis scores at 24 h after paracetamol administration (*p<0.001). (C) Serum alanine aminotransferase (ALT) release at 24 h after paracetamol administration (**p<0.05). (D) Liver histology at high magnification (×200) 5 h after paracetamol administration demonstrating apoptotic cells (arrowed) in the control vehicle-treated group. (E) Time course of apoptotic cells/high power field (HPF; ***p<0.01). (F) Time course of apoptosis assessed by cell death ELISA (quantitative detection of histone-associated DNA fragments in mononucleosomes and oligonucleosomes) from whole-liver homogenates (**p<0.01).

**Figure 4** Delayed administration of c-jun (NH2) terminal kinase (JNK) inhibitor is more effective than N-acetylcysteine (NAC) in limiting liver injury after paracetamol poisoning in mice. Mice were treated with paracetamol (350 mg/kg intraperitoneally) and 5 h later administered control vehicle, NAC or SP600125 (30 mg/kg; n = 6 mice in each group). (A) Liver histology at 24 h after paracetamol administration. Scale bar 200 μm. (B) Hepatic necrosis scores at 24 h after paracetamol administration (*p<0.05). (C) Serum alanine aminotransferase (ALT) release 24 h after paracetamol administration (*p<0.05).
CCL₄-mediated or anti-Fas antibody-mediated hepatic injury; (3) delayed administration of JNK inhibitor is more effective than NAC in limiting liver injury in mice; (4) disruption of either the JNK₁ or JNK₂ genes was not protective; and (5) inhibition of the JNK had no effect on paracetamol metabolism, but inhibited hepatic TNFα production after paracetamol-induced ALF.

Paracetamol poisoning is the most common cause of ALF in the UK and USA, causing significant morbidity and mortality in predominantly young people. Many patients present outside the therapeutic window for the commonly used antidote, NAC. Our data demonstrated that delayed administration of the JNK inhibitor is more effective than NAC after paracetamol poisoning in mice. Although NAC can be administered up to 15 h after a paracetamol overdose in clinical practice, we found limited efficacy 5 h after paracetamol administration in the mouse model. This is in keeping with our previously published data, and relates to the truncated time course of liver injury in mice compared with humans. Metabolic activation of paracetamol and the histological liver injury produced in mice is similar to that observed in humans; however, the variability in terms of the clinical context in which the paracetamol overdose is taken and the genetic background of humans limits direct extrapolations of our results to the treatment of patients. Despite these limitations, our data indicate that further studies of JNK activation in cases of paracetamol poisoning in humans may lead to the development of new treatments and that pharmacological inhibition of JNK may be of particular clinical use in patients with delayed presentation after paracetamol overdose.

Our data show prolonged hepatic activation of JNK after paracetamol overdose in both the human and murine liver. Interestingly, in the normal human liver phospho-JNK staining was observed in hepatocytes surrounding the central veins, the area in which paracetamol is preferentially activated by the hepatic cytochrome P450 system. Hepatic JNK activation may be a consequence of the oxidative stress produced during paracetamol metabolism. ROS are widely recognised to induce increased and/or prolonged JNK activation, possibly because of inactivation of cellular phosphatases. Although ROS alone can activate JNK, hepatic TNFα expression is increased in paracetamol-induced liver injury. TNFα is a potent inducer of...
both JNK and ROS. Therefore, in the hepatic cytokine milieu induced by paracetamol, a positive amplification loop may exist whereby paracetamol-induced ROS leads to JNK activation and TNFα expression via AP-1, resulting in further prolonged massive JNK activation in the liver via TNF receptor signalling.

To investigate the potential pathogenic role of JNK activation in the development of paracetamol-induced hepatic necrosis, we used two different JNK inhibitors with different mechanisms of action (SP600125 and D-JNKI1). Both inhibitors have been widely studied both in vivo and in vitro. Although the specificity of pharmacological inhibitors can be questioned, we found no reduction in the hepatic activation of another stress-activated protein kinase, p38, after administration of the JNK inhibitor and paracetamol. Furthermore, despite different mechanisms of action, both JNK inhibitors conferred significant survival benefit and profound protection against paracetamol-induced hepatic necrosis.

Several studies have shown the mechanistic importance of the hepatic cytokine network in paracetamol-induced liver injury. To investigate the mechanisms underlying the protective effect of JNK inhibition in paracetamol hepatotoxicity, we measured the hepatic expression of IFNγ and TNFα. Both these cytokines are induced in the liver after paracetamol poisoning. Furthermore, IFNγ knockout mice are resistant to paracetamol-induced liver injury. However, in our model, JNK inhibition had no significant effect on hepatic IFNγ. By contrast, JNK inhibition significantly reduced hepatic TNFα expression. We and others have shown increased TNFα expression in the peripheral circulation and liver after paracetamol poisoning. In the studies reporting a protective effect of TNFα inhibition in paracetamol-induced liver injury, the degree of protection was similar to that observed with JNK inhibition in our study. Alternatively, some have shown attenuated liver injury in mice lacking TNF receptor 1 (TNFR1) expression, while others, using a different strain of mice, have shown increased liver injury in TNFR1 knockout mice. Our data suggest that JNK inhibition may limit liver injury via reduced TNFα expression, although in view of the
Shaulian E reported that JNK inhibition limited paracetamol-induced liver injury, possibly by interfering with translocation of members of the Bcl2 family into the mitochondrial membrane. This study reported that JNK inhibition protects TNFR1 knockout mice from paracetamol-induced hepatic injury. However, TNFα expression levels were not measured in this study. These data do not invalidate our postulated mechanism as TNFα can also induce cell death via TNFR2 signalling. Further studies are required to fully understand the roles of TNFα-induced TNFR1 and TNFR2 signalling via JNK in paracetamol-induced liver failure.

The protective effect of JNK inhibition in paracetamol-induced liver injury was not translated into protection in other models of liver injury. JNK inhibition was not protective after Fas ligation and CCl₄ injection, which confirms previous reports. Similar to paracetamol hepatotoxicity, TNFα has been implicated in CCl₄-mediated liver injury, but again conflicting published data exist. Injection of soluble TNF receptors limits CCl₄ hepatotoxicity; however, pre-injection of anti-TNF antibodies has no protective effect. Furthermore, studies of TNF receptor 1, 2 or double-knockout or TNFα-knockout mice have demonstrated either no effect or protection after CCl₄-mediated liver injury. In contrast with our data on JNK inhibition in the context of paracetamol hepatotoxicity, we observed no reduction in hepatic TNFα expression after JNK inhibition and CCl₄ injection (data not shown).

JNK induces the expression of TNFα in several cell types. Transfection of liver-specific macrophages (Kupffer cells) with constitutively active adenovirus expressing the upstream JNK-kinase, MKK-7, induces TNFα production, and JNK inhibition reduces leptin-induced TNFα production in the same cell type. In view of our data, it is noteworthy that a functional redundancy of JNK genes in TNFα production from macrophages has been reported. We speculate that pan-inhibition of the JNK signalling pathway down regulates TNFα expression by Kupffer cells and reduces paracetamol-induced liver injury. However, this may be difficult to study in vivo as Kupffer cell-depleted mice are protected from paracetamol-induced hepatic necrosis. Therefore, future studies with conditional cell-specific JNK knockouts in the liver may aid further analysis in this regard.

The liver expresses two JNK genes—JNK1 and JNK2. Although complete JNK inhibition by SP600125 or d-JNKIα was protective, liver injury was similar in JNK1−/− and JNK2−/− mice compared with WT mice. Others have recently reported partial limitation of paracetamol-induced liver injury in JNK2−/− mice or in mice treated with JNK2 antisense RNA, but this protection was not as effective as pan-JNK inhibition with either pharmacological inhibitors or JNK antisense RNA. The context and cell-specific effects of JNK1 or JNK2 knockout on cell death have been reported. Our data suggest redundancy between the JNK1 and JNK2 signalling pathways in the context of paracetamol-induced liver injury. We were unable to directly address this further in our study as JNK1−/− mice are embryonic lethal, and therefore future studies with conditional knockouts in the liver may aid further analysis of the relative roles of these genes in paracetamol-induced hepatic necrosis.

In summary, we found a massive increase in hepatic JNK activity during paracetamol-induced hepatic failure in a murine model. Inhibition of hepatic JNK with either a pharmacological or peptide inhibitor significantly reduced liver injury and mortality without affecting paracetamol bioactivation, and confirms and expands recently published data. The hepato-protective effect of JNK inhibition may be by a specific reduction in hepatic TNFα expression. From a clinical standpoint, we have shown that JNK inhibition is more efficacious in reducing liver injury at later time points when the traditional antidote NAC is no longer effective. These data demonstrate that JNK plays a crucial role in hepatocyte death after paracetamol poisoning, and suggest that JNK inhibition may provide final applications in patients who present late after overdose or in whom the timing of the overdose is unclear.

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