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Multiple high risk HPV infections are common in cervical neoplasia and young women in a cervical screening population

K S Cuschieri, H A Cubie, M W Whitley, A L Seagar, M J Arends, C Moore, G Gilkisson, E McGoogan

ORIGINAL ARTICLE

Aims: If human papillomavirus (HPV) testing is to be included within cervical screening programmes, the importance of multiple HPV infections in cervical neoplasia needs to be determined. This study investigated the diversity of multiple HPV types in a routine cervical screening population, and assessed associations with cervical neoplasia.

Methods: Overall HPV prevalence, type specific prevalence, and extent of multiple infection were assessed in residual material from 3444 liquid based cytology samples, using real time GP5+/GP6+ polymerase chain reaction for screening and linear array assay for genotyping. HPV status was studied in relation to age and concurrent cytological evidence of dyskaryosis.

Results: Twenty per cent of samples were HPV positive. HPV type diversity was broad, and multiple HPV infections occurred in half of the HPV positive samples. Younger women were significantly more likely to harbour multiple high risk HPV (HR-HPV) infections. Infections with multiple HR-HPV types were found in 3.4% of samples negative for neoplasia and in 33.3%, 41.8%, and 40.4% of samples with borderline, mild, or high grade dyskaryosis, respectively. Single HR-HPV infections were found in 4.9%, 38.6%, 45.0%, and 51.1% of negative, borderline, mild, or high grade dyskaryosis samples, respectively.

Conclusions: Multiple HR-HPV infections were most prevalent in young women. Multiple HR-HPV infections were not more frequent in high grade than in low grade cervical neoplasia, reflecting common sexual transmission of multiple HR-HPV. Prospective cohort studies linking sequential loss or gain of HPV types with cytological analysis are required to assess the impact of multiple HR-HPV infections on neoplastic progression.

The implementation of cytology based cervical screening programmes has reduced the incidence of cervical carcinoma world wide. Consequently, the development of improved cytological preparation methods such as liquid based cytology (LBC) and thin layer slide preparation has been welcomed. The addition of high risk human papillomavirus (HR-HPV) testing may further enhance the accuracy of screening programmes. Accumulating evidence suggests that detection of persistent infection with the same HR-HPV type would highlight individuals at greater risk of disease progression, yet the extent and importance of multiple HR-HPV infections in the progression of cervical neoplasia and its management remain unknown. To investigate these issues it is necessary to use genotyping methods that can track the persistence of specific HPV types and detect infections with multiple HR-HPV types.

"Accumulating evidence suggests that detection of persistent infection with the same high risk human papillomavirus (HR-HPV) type would highlight individuals at greater risk of disease progression, yet the extent and importance of multiple HR-HPV infections in the progression of cervical neoplasia and its management remain unknown."

A recent directive issued by the Scottish Executive has promoted the roll out of cervical LBC for use throughout primary care in Scotland. The residual material from LBC specimens is an ideal template for HPV testing. We have investigated the prevalence and diversity of HPV infection in a routine cervical screening population in Scotland using residual material from LBC specimens. The extent of multiple HPV infections was assessed and compared with cytological assessment of neoplasia. The results constitute the baseline data of a longitudinal study designed to investigate the impact of HPV detection, multiple HPV infection, and HPV type specific persistence on progression of cervical neoplasia.

MATERIALS AND METHODS

Sample collection and subjects

LBC has been in place since 1999 for 15 primary care practices in Edinburgh and, to date, over 23 000 specimens have been received. The technique differs from the traditional Pap smear in that after the cervical sample is taken, rather than being deposited on a glass slide, it is rinsed into a vial containing an alcohol based cytological preservative solution. A small volume of the resulting cellular suspension is then processed by a robotic device to produce a flat layer slide. The technique has been claimed to enhance the accuracy of cytological assessment. It also has the advantage that the residual suspension, not used for cytology, can act as a template for microbiological testing. Local research ethics committee approval was granted for microbiological testing and informed consent was obtained. In 2000, we chose a subset of 3444 randomly selected specimens (age range, 16.5–78 years; mean age, 36.6) to determine HPV prevalence.

Abbreviations: HIV, human immunodeficiency virus; HPV, human papillomavirus; HR, high risk; LBC, liquid based cytology; LA, linear array; LR, low risk; PCR, polymerase chain reaction.
HPV detection and genotyping

Briefly, automated nucleic acid extraction of cellular pellets was performed on a BioRobot 9604® (Qiagen Ltd) using the 96 well silica column plates and reagents supplied within the QIAamp® DNA Swab BioRobot kit. The robotic protocol, which is optimised for LBC samples, was carried out as described previously.1 HPV detection was performed by real time polymerase chain reaction (PCR) using GP5+/GP6+ consensus PCR primers with the LightCycler™ apparatus, as described previously.4 Genotyping of HPV positive samples was performed via linear array (LA) hybridisation assay,1 which involved the hybridisation of PCR products to a strip containing two levels of β globin control probes, 18 HR-HPV probes (16, 18, 26, 31, 33, 35, 39, 45, 51, 52, 55, 56, 58, 59, 68, 73, 82, 83), and nine low risk HPV (LR-HPV) probes (6, 11, 40, 42, 53, 54, 57, 56, 66, 84) (E McGoogan, unpublished data, 2003).4 An HPV type was described as “type X” if a sample was positive by real time PCR yet negative by the LA assay.

Prevalence measurements

Women were stratified according to their concurrent cervical cytology grade, age, detection of LR-HPV or HR-HPV type(s), and presence of multiple HPV infections. The proportion of multiple HR-HPV infections was assessed in relation to the severity of cervical neoplasia and compared with data from patients harbouring a single HR-HPV type. HPV genotypes were ranked according to the frequency of detection in all positive samples, and then according to their frequency in cytologically negative, borderline dyskaryosis, mild dyskaryosis, and high grade dyskaryosis samples. Samples classified as having high grade dyskaryosis displayed either moderate or severe dyskaryosis, or evidence of suspected invasion.

Statistical analysis of data

When determining the prevalence of HR-HPV and LR-HPV types, women were counted more than once if they harboured a multiple infection with a mixture of both. The prevalence of individual HPV types was determined as they appeared as either single or within multiple infections. Multiple HPV infection was defined as two or more HPV types detected. Multiple HR-HPV infection was defined as two or more HR-HPV types, with or without additional LR-HPV types. To examine the relation between HPV infection and the severity of cytological grade of cervical neoplasia, and to assess whether the difference in age between HPV positive and negative groups was significant, χ² tests for linear trend and Mann-Whitney U tests were performed. The strength of association of multiple HR-HPV infections, as opposed to single HR-HPV infection, with cytological grade of cervical neoplasia was analysed by a χ² test. All statistics were performed using SPSS v11 software.

RESULTS

Cytological analysis of cervical samples

Of the 3444 cervical samples analysed by HPV testing and cytological assessment of dyskaryosis, approximately 10% exhibited some degree of cytological neoplastic abnormality, including 3.3% borderline dyskaryosis, 3.7% mild dyskaryosis, and 2.7% high grade dyskaryosis. Only 0.5% of samples were graded unsatisfactory for cytological assessment (table 1).

HPV prevalence

HPV DNA was detected in 705 of 3444 samples tested (20%). Of the HPV positive samples, 114 (16%) were classified as type X. Thus, distribution trends of HR-HPV and LR-HPV types within the population were drawn from the remaining 591 that could be identified by the LA assay. Eligibility of the samples for HPV testing was confirmed by positive β globin results.

As detailed in table 1, overall, HR-HPV types were more prevalent than LR-HPV types, even in individuals who had no cervical neoplasia detected. LR-HPV and HR-HPV types were detected in 187 (26.5%) and 540 (76.6%) of all 705 HPV positive individuals, respectively (representing 5.5% and 15.7% of the overall population of 3444, respectively). LR-HPV types were detected in only 10 of 94 (10.6%) of those with high grade dyskaryosis, always as part of a mixed infection with at least one other HR-HPV type. No exclusively LR-HPV infections were found in those with high grade dyskaryosis. The prevalence of unknown/untypable HPV types was high, but the majority of these samples could be identified by the LA assay.

Table 1 Prevalence of HPV in Edinburgh and Lothian’s routine cervical screening population

<table>
<thead>
<tr>
<th>Prevalence of HPV</th>
<th>No. tested (% population)</th>
<th>HPV –ve (%)</th>
<th>HPV –ve (%)</th>
<th>HR-HPV –ve (%)</th>
<th>HR-HPV –ve only (%)</th>
<th>LR-HPV –ve (%)</th>
<th>LR-HPV –ve only (%)</th>
<th>Unknown HPV type (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dyskaryosis</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Negative</td>
<td>3089 (97.7)</td>
<td>392 (12.7)</td>
<td>2697 (87.3)</td>
<td>257 (8.3)</td>
<td>200 (6.5)</td>
<td>93 (3.0)</td>
<td>36 (1.2)</td>
<td>99 (3.2)</td>
</tr>
<tr>
<td>Borderline</td>
<td>114 (3.3)</td>
<td>97 (85.1)</td>
<td>17 (14.9)</td>
<td>82 (71.9)</td>
<td>53 (45.6)</td>
<td>38 (33.3)</td>
<td>9 (7.9)</td>
<td>6 (5.3)</td>
</tr>
<tr>
<td>Mild</td>
<td>129 (3.7)</td>
<td>124 (96.8)</td>
<td>5 (3.2)</td>
<td>112 (86.4)</td>
<td>72 (55.8)</td>
<td>46 (35.7)</td>
<td>4 (4.9)</td>
<td>6 (4.6)</td>
</tr>
<tr>
<td>High grade</td>
<td>94 (2.7)</td>
<td>88 (93.6)</td>
<td>6 (6.4)</td>
<td>86 (91.5)</td>
<td>76 (80.8)</td>
<td>10 (10.6)</td>
<td>0</td>
<td>2 (2.1)</td>
</tr>
<tr>
<td>U/S</td>
<td>18 (0.5)</td>
<td>4 (22.2)</td>
<td>14 (77.8)</td>
<td>3 (16.6)</td>
<td>3 (16.6)</td>
<td>0</td>
<td>0</td>
<td>1 (5.5)</td>
</tr>
<tr>
<td>Age</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>&lt;25</td>
<td>734 (21.3)</td>
<td>308 (42.0)</td>
<td>426 (58.0)</td>
<td>260 (35.4)</td>
<td>171 (23.3)</td>
<td>111 (15.1)</td>
<td>22 (2.9)</td>
<td>26 (3.5)</td>
</tr>
<tr>
<td>25–35</td>
<td>935 (27.2)</td>
<td>211 (22.6)</td>
<td>724 (77.4)</td>
<td>158 (17.0)</td>
<td>127 (13.6)</td>
<td>44 (4.7)</td>
<td>13 (1.4)</td>
<td>40 (4.3)</td>
</tr>
<tr>
<td>35–45</td>
<td>893 (25.9)</td>
<td>116 (13.0)</td>
<td>778 (87.0)</td>
<td>80 (9.1)</td>
<td>69 (7.7)</td>
<td>20 (2.2)</td>
<td>9 (1.0)</td>
<td>27 (3.0)</td>
</tr>
<tr>
<td>45–55</td>
<td>603 (17.5)</td>
<td>55 (9.1)</td>
<td>548 (90.9)</td>
<td>33 (5.5)</td>
<td>29 (4.8)</td>
<td>8 (1.3)</td>
<td>4 (0.7)</td>
<td>18 (3.0)</td>
</tr>
<tr>
<td>Total</td>
<td>3444</td>
<td>705</td>
<td>2739</td>
<td>540</td>
<td>404</td>
<td>187</td>
<td>51</td>
<td>114</td>
</tr>
</tbody>
</table>

HPV –ve, all who tested HPV DNA positive (includes any individual who tested positive for HR-HPV and or LR-HPV type(s)), in addition to those who were positive by PCR but untypable by the LA assay; HR-HPV –ve, all who did not test HPV DNA positive; HR-HPV –ve only, all who tested positive for at least 1 HR-HPV type (mixed infections with low risk types are included); LR-HPV –ve only, all who tested positive for a HR-HPV type or types only; LR-HPV –ve, all who tested positive for at least 1 HR-HPV type (mixed infections with high risk types are included); LR-HPV –ve only, all who tested positive for a LR-HPV type or types only. Unknown HPV type, all who tested positive for HPV using real time PCR but hybridised to none of the 27 probes in the LA assay.

HPV, human papillomavirus; HR, high risk; LA, linear array; LR, low risk; PCR, polymerase chain reaction; U/S, unsatisfactory.
infections when assessed separately from HR-HPV infections did not correlate with age or cytological status (table 1).

With increasing severity of cytological grade of dyskaryosis, there was an increasing prevalence of HR-HPV (p < 0.001), with HR-HPV detected in 86 of 94 (91.5%) of those with high grade dyskaryosis, compared with 112 of 129 (86.8%) of mildly dyskaryotic and 82 of 114 (71.9%) of borderline dyskaryotic samples (table 1). When LR-HPV and unknown HPV types were included in the HPV positive group, there was an association between the presence of HPV ("any" type) and evidence of dyskaryosis. Detection of HPV decreased with increasing age, with the highest prevalence (either HR-HPV, or LR-HPV, or "any" HPV) being found in women < 25 years. The median ages of those who tested HPV positive (26.610 years) and negative (37.490 years) were significantly different (p < 0.001).

Multiple HPV infections

The prevalence of multiple HPV infections in this population was high, with 43.3% of samples that were HPV positive hybridising to more than one HPV type on the LA assay (table 2; fig 1). The most common type of multiple HPV infection was HR-HPV types only (table 3), with 164 of 705 (23.3%) (705 being the total number of HPV positive infections detected overall) falling within this category. HR-HPV and LR-HPV types were found together in 136 of 705 (19.3%), whereas exclusively LR-HPV multiple infections were only detected in six of 705 (0.8%). Infections with multiple HR-HPV types were found in 105 of 3089 (3.4%) samples negative for neoplasia, and in 38 of 114 (33.3%), 54 of 129 (41.8%), and 38 of 94 (40.4%) samples with borderline, mild, or high grade dyskaryosis. There was no increased association (by χ² test) between multiple HR-HPV infection and severity of neoplasia when compared with single HR-HPV infections, which were identified in 152 (4.9%) of negative samples, but in 44 (38.6%), 58 (45.0%), and 48 (51.1%) patients with borderline, mild, or high grade dyskaryosis, respectively. Just under half of the HR-HPV infections were positive for more than one HR-HPV type across all cytological grades of dyskaryosis (fig 1). The prevalence of multiple HPV (all types) infections and multiple HR-HPV infections was also found to decrease with increasing age (p < 0.001) (table 2).

HPV type specific detection

A broad diversity of infecting HR-HPV types was revealed with every HR-HPV type on the LA assay detected (table 4). Overall, the most abundant HR-HPV types were 16 > 18 > 51 > 31 > 52, with HPV-16 detectable in 222 of 705 (31.5%) HPV positive individuals, constituting a prevalence of 6.4% of the overall population. In contrast, HPV types 18, 51, 31, and 52 were detected in smaller proportions of samples, ranging from 2.2% to 1.8% of the overall population. When HR-HPV type specific infection was stratified by cytological grade of dyskaryosis, HPV-16 exhibited prevalences of 105 of 3089 (3.4%), 69 of 243 (28.0%), and 46 of 94 (48.9%) within samples with negative, low grade (borderline and mild dyskaryosis samples combined), and high grade dyskaryosis, respectively, whereas HPV-18 showed prevalences of 1.4%, 9.5%, and 11.7% for these three groups. HPV-31 was the second most prevalent HR-HPV type in high grade dyskaryosis (17 of 94; 18.0%). Interestingly, HPV-73 was found in 10.6% of high grade, but in only 5.8% of high grade dyskaryosis samples (table 3).

DISCUSSION

Because of the very low percentage (0.5%) of cytologically unsatisfactory reports in this population, this work lends support to the use of LBC for cervical screening. Additional work on grading 17 880 LBC samples collected from the same cervical screening population revealed only 0.6% as unsatisfactory, in contrast to 10% unsatisfactory samples when 8670 conventional Pap smears from the previous year were assessed (E McGoogan, unpublished data, 2003). These data imply that LBC screening can lead to reduced primary care

### Table 2 Prevalence of multiple HPV infections according to cytological grade of dyskaryosis and age

<table>
<thead>
<tr>
<th>Cytology</th>
<th>Total single HR-HPV +ve</th>
<th>Total multiple HR-HPV +ve</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dyskaryosis</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Negative</td>
<td>139 (4.5)</td>
<td>152 (5.0)</td>
</tr>
<tr>
<td>Borderline</td>
<td>50 (43.8)</td>
<td>44 (38.6)</td>
</tr>
<tr>
<td>Mild</td>
<td>73 (56.6)</td>
<td>58 (44.9)</td>
</tr>
<tr>
<td>High grade</td>
<td>43 (45.7)</td>
<td>48 (51.1)</td>
</tr>
<tr>
<td>U/S</td>
<td>1 (5.5)</td>
<td>2</td>
</tr>
</tbody>
</table>

Values are numbers of samples and percentages in parenthesis. Multiple HPV infection, sample tested positive for >1 HPV type by LA assay. Total single HR-HPV +ve, sample tested positive for a single HR-HPV infection, either alone or with other LR-HPV types present. Total multiple HR-HPV +ve, samples tested positive for >1 HR-HPV type (sample could have contained LR-HPV types also).

### Table 3 Distribution of multiple infection containing HR-HPV types exclusively, LR and HR-HPV types, and LR-HPV types exclusively

<table>
<thead>
<tr>
<th>Dyskaryosis</th>
<th>HR-HPV only</th>
<th>HR-HPV and LR-HPV</th>
<th>LR-HPV only</th>
</tr>
</thead>
<tbody>
<tr>
<td>Negative</td>
<td>77 (2.5)</td>
<td>57 (1.8)</td>
<td>5 (0.2)</td>
</tr>
<tr>
<td>Borderline</td>
<td>20 (17.5)</td>
<td>29 (25.4)</td>
<td>1 (0.9)</td>
</tr>
<tr>
<td>Mild</td>
<td>33 (25.6)</td>
<td>40 (31.0)</td>
<td>0</td>
</tr>
<tr>
<td>High grade</td>
<td>33 (55.1)</td>
<td>10 (10.6)</td>
<td>0</td>
</tr>
<tr>
<td>U/S</td>
<td>1 (5.5)</td>
<td>0</td>
<td>0</td>
</tr>
</tbody>
</table>

Values are numbers of samples and percentages in parenthesis.

HR-HPV, human papillomavirus; LR, low risk; U/S, unsatisfactory.
Multiple high risk HPV infections in cervical neoplasia

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Prevalence of HR-HPV types in the Edinburgh and Lothian routine cervical screening population, stratified according to cytological grade of dyskaryosis

Table 4

<table>
<thead>
<tr>
<th>Sample type (N)</th>
<th>Overall distribution of HR-HPV types</th>
</tr>
</thead>
<tbody>
<tr>
<td>All samples (3444)</td>
<td>222 (6.4)</td>
</tr>
<tr>
<td>Negative for dyskaryosis (243)</td>
<td>105 (3.4)</td>
</tr>
<tr>
<td>High grade dyskaryosis (94)</td>
<td>68 (28.0)</td>
</tr>
</tbody>
</table>

Values are numbers of samples and percentages in parenthesis. Because of the existence of multiple HPV infections, where appropriate, women have been counted more than once. Specific HR-HPV types are listed in increasing order of prevalence according to cytological grade of dyskaryosis. Borderline and mild cases have in this instance been combined to evaluate type specific HR-HPV infection in low grade dyskaryosis cases, cumulatively. Although the HPV type specific HR-HPV, high risk human papillomavirus.

From a global perspective, Edinburgh comprises a stable, largely white population with a low incidence of cervical cancer, estimated at 4.3 deaths/100 000. However, the overall prevalence of all HPV types in the population was quite high (20%) and is close to that detected in “high risk” populations such as Colombia (14.9%) and Paraguay (20%). However, estimates of HPV prevalence vary considerably, as shown in a USA study where 39.2% of 3863 women aged 18–40 attending a routine gynaecological clinic were HPV positive. The apparent disparity in prevalences strengthens the case for epidemiological evaluation on a population by population basis.

As with HR-HPV prevalence, LR-HPV prevalence was significantly higher in younger women, who usually have higher levels of sexual activity. A second peak of HPV prevalence in peri-menopausal women was not evident in this population (as has been described previously) and contrary to the findings of Chan et al, most HPV infections in this age group were not LR-HPV.

HR-HPV types were detected more frequently than LR-HPV types in women of all ages and grades of dyskaryosis. The diversity of HPV types was broad, and approximately 9.3% of the population tested positive for an HR-HPV type other than HPV-16 (found in 6.4% of the population). Most of these infections were found in younger women and many are likely to be cleared. Yet, even in HPV positive women with high grade neoplasia, over 50% contained an HPV type or types other than HPV-16. More specifically, 29 of 1775 (1.6%) women who were over 35 years within our study exhibited high grade neoplasia. Of these, 12 were infected with HPV-16, 14 had an HR-HPV type or types other than HPV-16, and three were infected with type X, confirming a high prevalence and diversity of oncogenic HPV types.

“We found that HPV-26, previously described as probably carcinogenic, was the only type to be detected exclusively in cytologically abnormal samples, thereby supporting this classification”

Unexpectedly, HPV-31 was found more commonly than HPV-18 in high grade dyskaryosis. HPV-73 was found in a similar proportion to HPV-18 in high grade neoplasia, consolidating its “high risk” status, as described in a recent article by Muñoz et al. In addition, we found that HPV-26, previously described as “probably carcinogenic”, was the only type to be detected exclusively in cytologically abnormal samples, thereby supporting this classification. If HPV testing is to become incorporated into screening programmes, a broad spectrum test should be implemented until the true impact of the persistence of less common HR-HPV types in neoplastic progression is established.

The most striking feature that we noted was the high prevalence of multiple HR-HPV infections in all grades of cervical neoplasia. Currently, there is a lack of consensus within the literature about the extent and implications of multiple HPV infections, with reported prevalences varying from 17.5% in a gynaecological referral clinic population, to 46% in cancer biopsies, and 58.9% in women with low grade dysplasia. Human immunodeficiency virus (HIV) positive individuals are often infected with multiple HPVs, with reported figures of up to 80%. Indeed, the detection of multiple HPV infections has been proposed by one group as a prognostic indicator for high grade neoplasia in HIV infected individuals.
Take home messages

- There was a high prevalence of multiple high risk human papillomavirus (HR-HPV) infections in both high grade and low grade cervical neoplasia, reflecting common sexual transmission of multiple HR-HPV types.
- Multiple HR-HPV infections were more prevalent in younger women, suggesting that greater sexual activity is associated with sexual transmission of multiple HR-HPV types.
- Prospective cohort studies that link sequential loss or gain of HPV types with cytological analysis are required to assess the impact of multiple HR-HPV infections on neoplastic progression.

Cross sectional analysis of our data indicated that the detection of multiple HPV infections with HR-HPV types was not a significantly better predictor of high grade cervical neoplasia than single HR-HPV infection. Furthermore, multiple HR-HPV infections were more frequently found in younger women, who are more likely to be infected with HPV per se, suggesting that greater sexual activity is associated with sexual transmission of multiple HR-HPV types, perhaps more commonly than was previously thought. Thomas et al showed that no two HPV types were more or less likely to be acquired concurrently than any other two types. Rousseau et al suggested that persistence of HPV infection may be independent of coinfection with multiple HPV types at baseline, and Chaouki et al suggested that different HPV types did not act cooperatively in neoplastic transformation. Therefore, the key finding here of a high prevalence of multiple HR-HPV types in all grades of cervical neoplasia emphasises the lack of a cooperative carcinogenic relation between particular pairs or groups of HR-HPV types.

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